



WORKBOOK

TRACING *letters* 1

LETTERS DIE JE VISUALS
LATEN KNALLEN.

VISUAL STORYTELLER-
PAULINE

Tracing letters

Geschreven door: Pauline Waals

Illustraties door: Pauline Waals

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Auteur en idee Pauline Waals

www.visualstoryteller-pauline.nl

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Disclaimer: Dit boek is vol passie en overgave geschreven. Door mijn dyslexie vinden taal- en spelfouten het helaas soms toch nog fijn om hierbij aanwezig te zijn.

Welkom bij dit Tracing Letters werkboek!

Dit is niet zomaar een boek vol letters. Dit is je gereedschap om je visuals te laten spreken!

In dit e-book vind je 237 pagina's vol letters om te traceren en te oefenen. Want soms gaat de stift zijn eigen gang ;).

Elke letter die je maakt, helpt je stift en hand vloeiender bewegen én voegt kracht en expressie toe aan je visuals. Door te oefenen ontdek je hoe grafische handlettering je beelden verrijkt en je verhalen sterker maakt.

Gebruik de dunnere stiften voor de kleine letters en de dikke stiften voor de grote letters. Plak ze eventueel achter flipoverpapier om ze over te trekken – zo train je niet alleen je hand, maar je hele arm.

Zet je stift op papier, laat je hand en brein meebewegen, en ontdek hoe letters je visuals tot leven brengen.

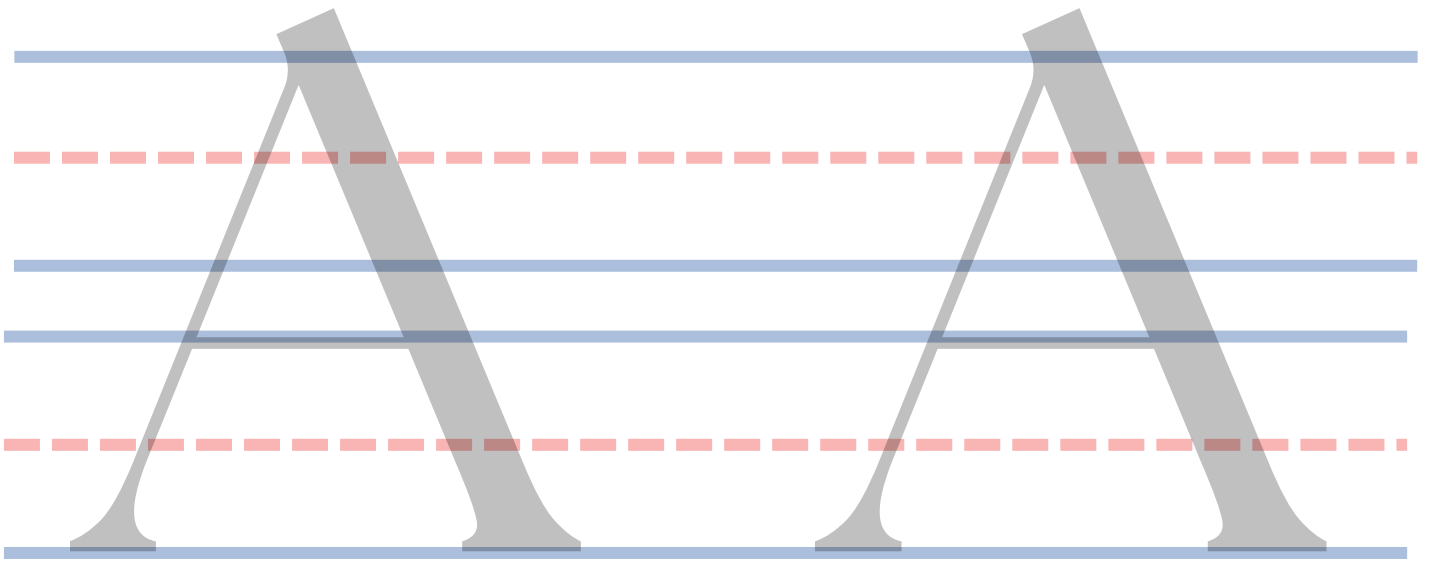
Veel plezier met oefenen en creëren.
Laat jouw visuals spreken!

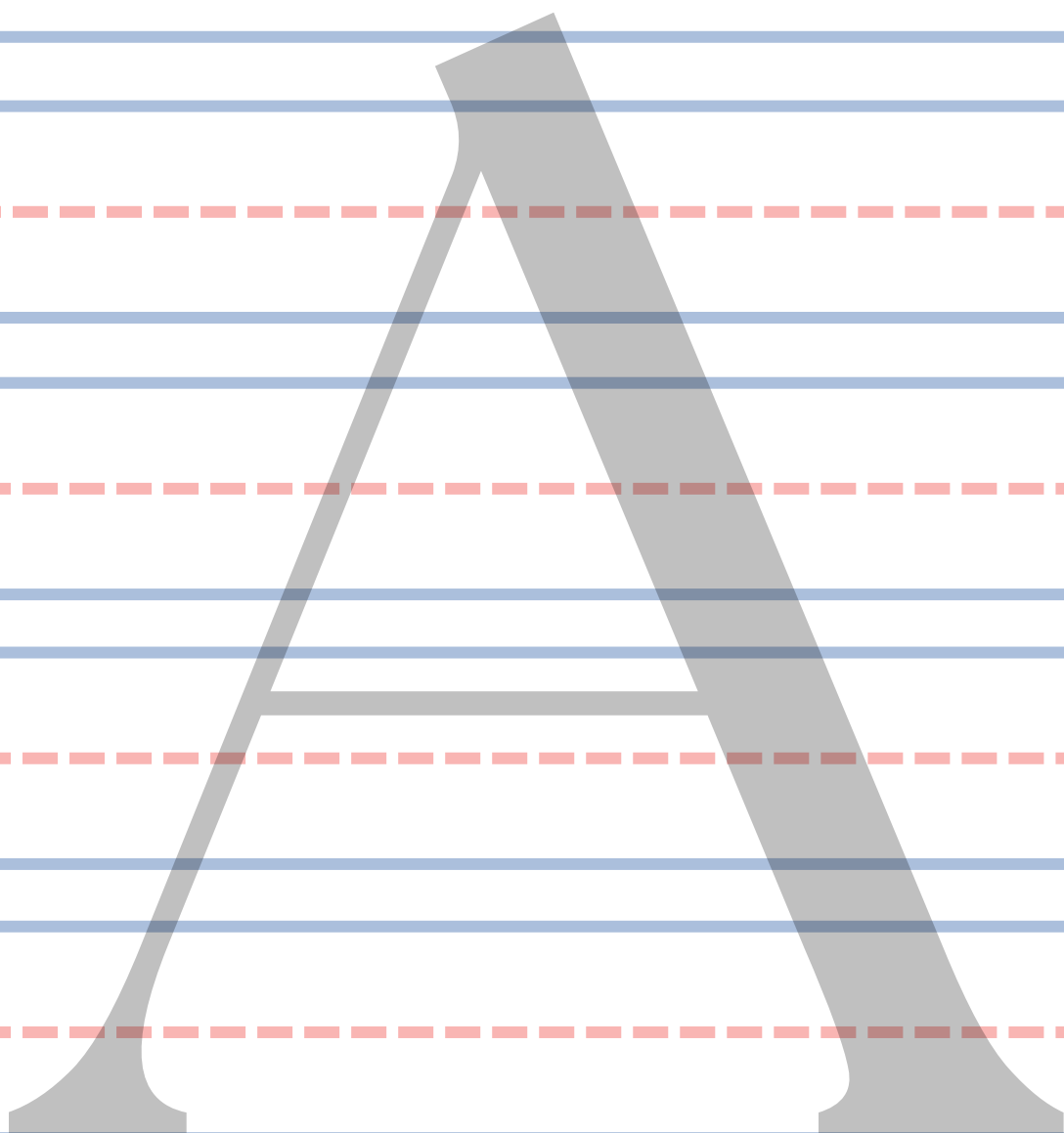
*Liefs.
Pauline*

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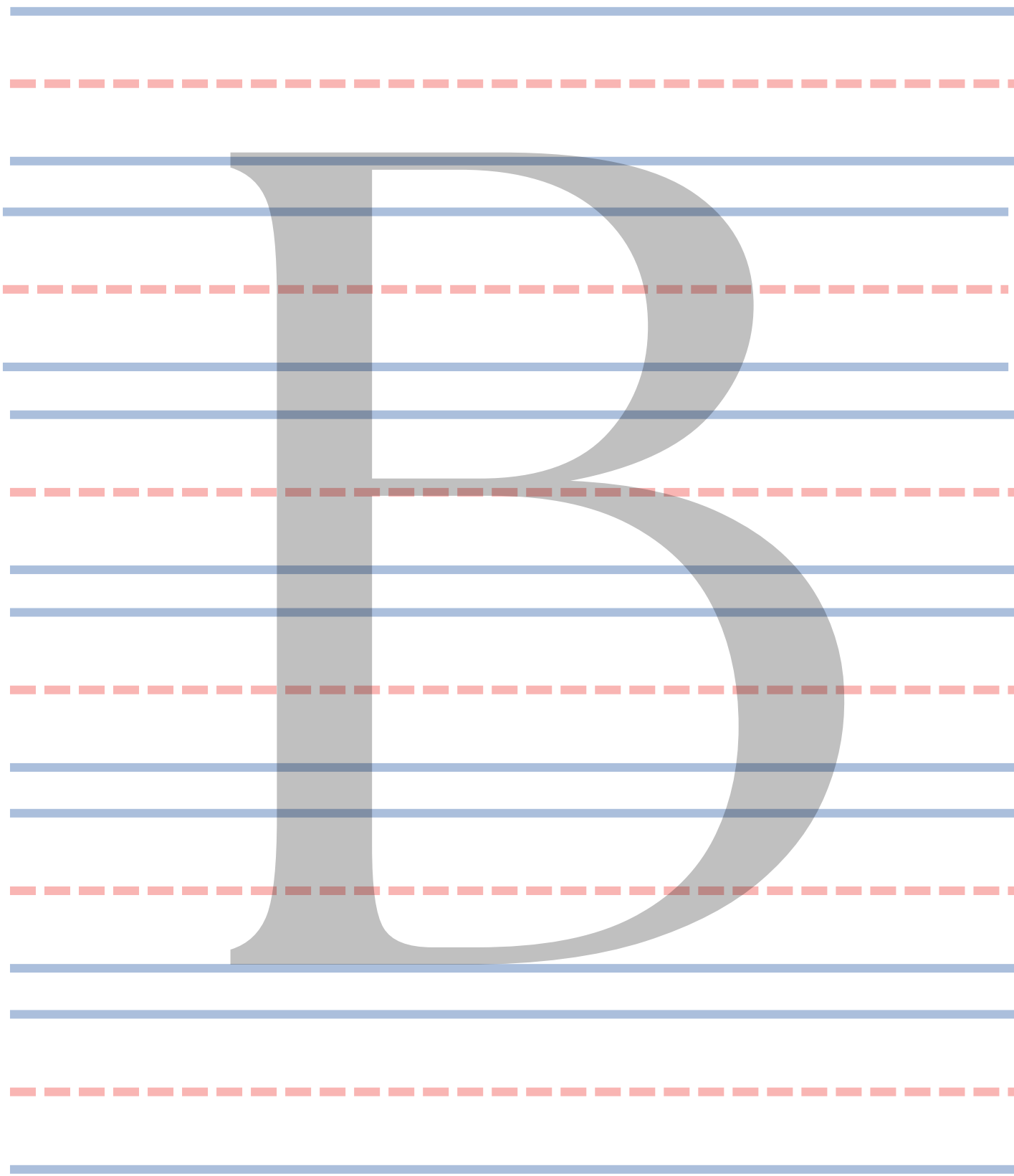
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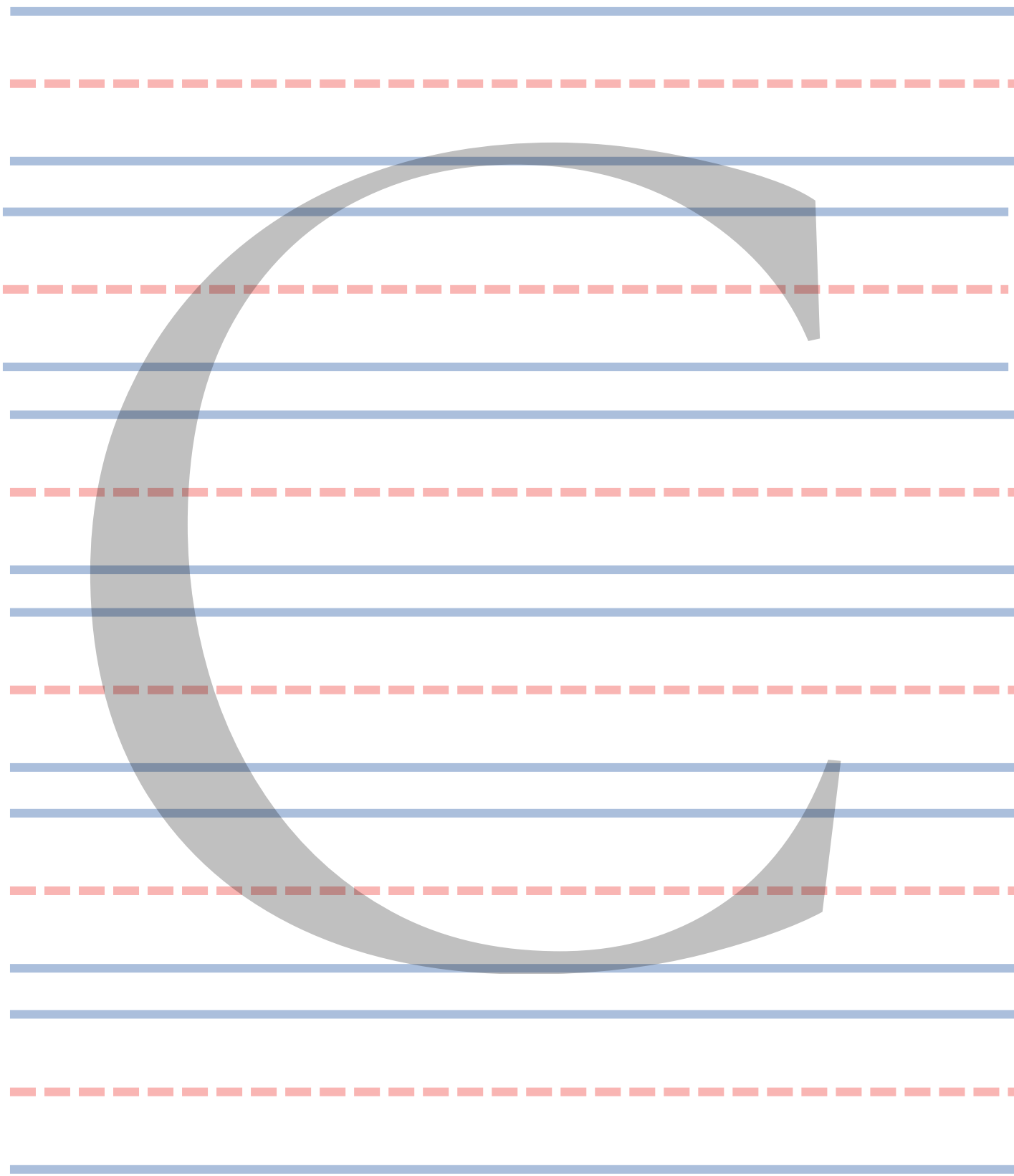
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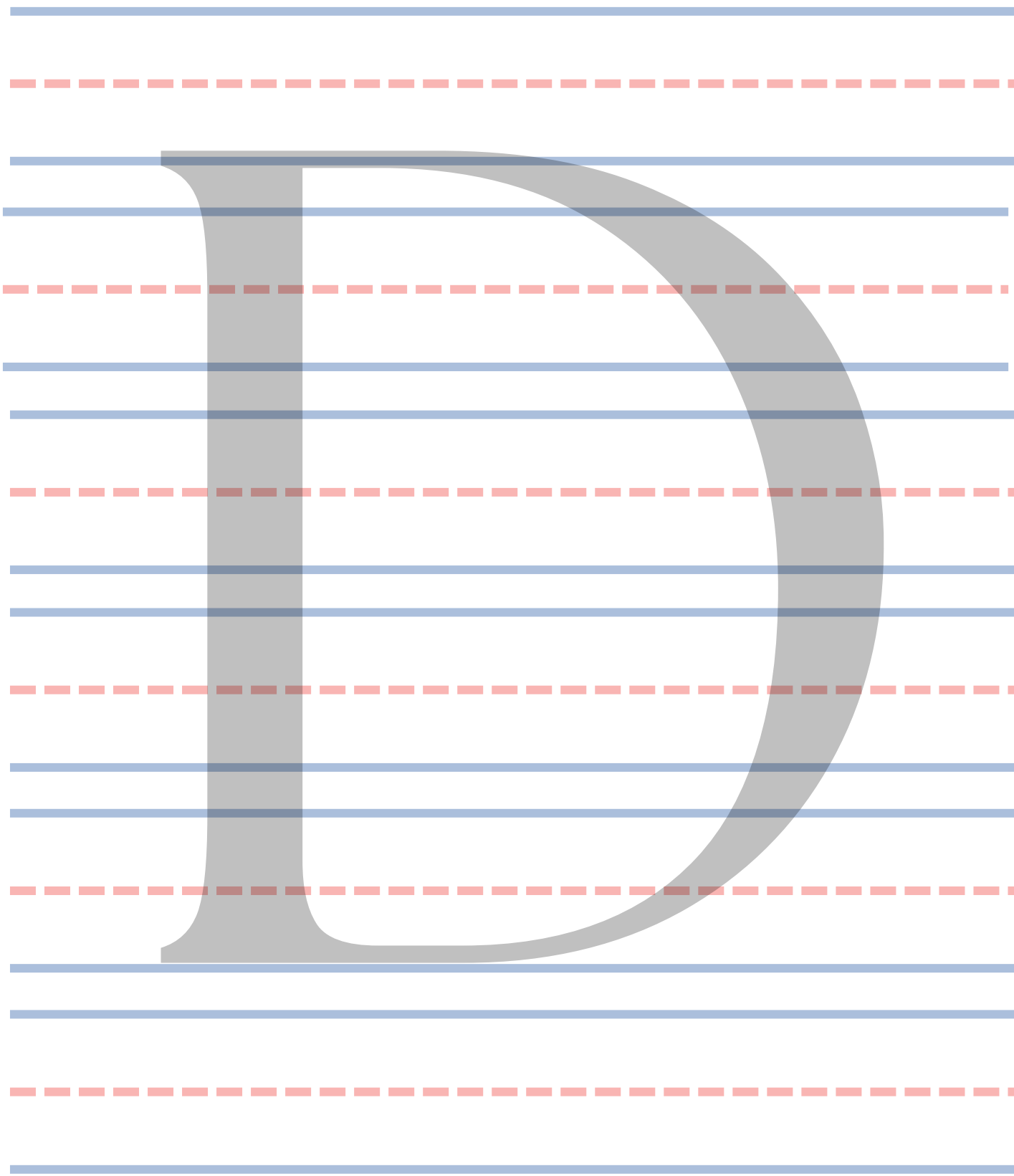
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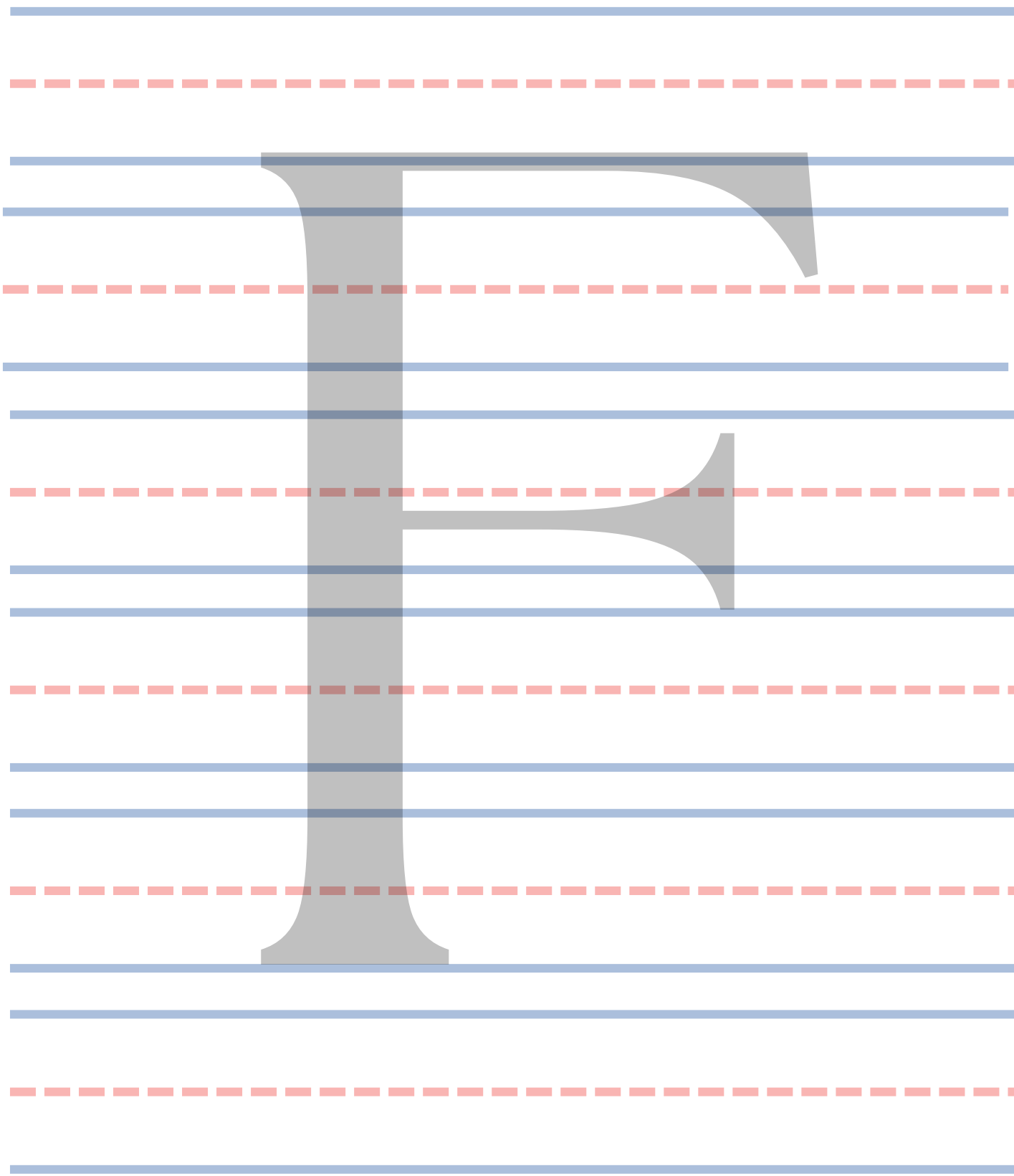
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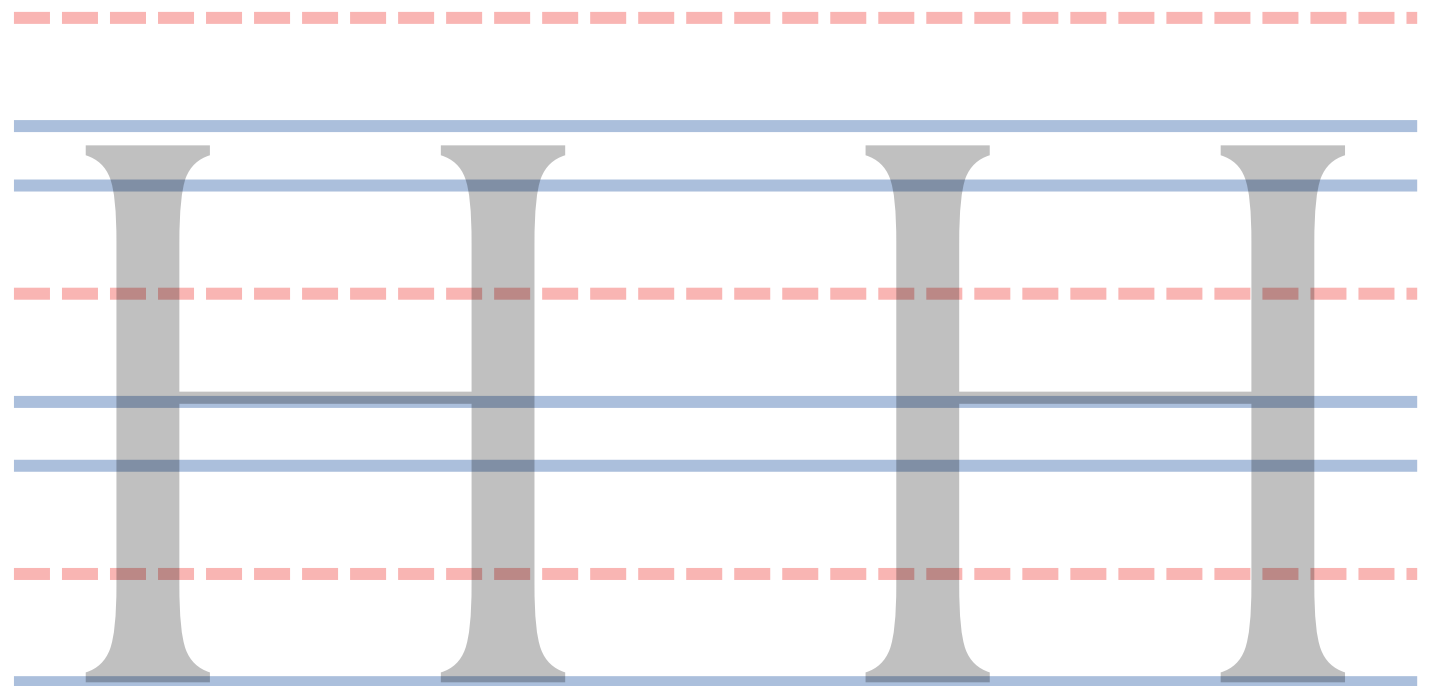
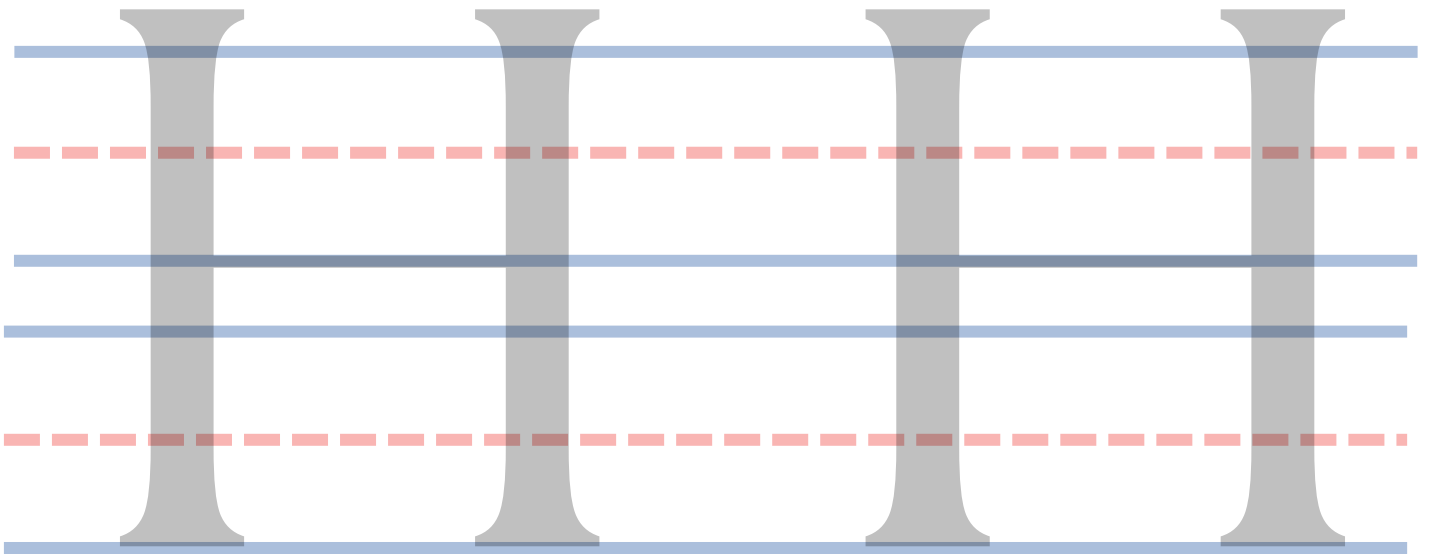
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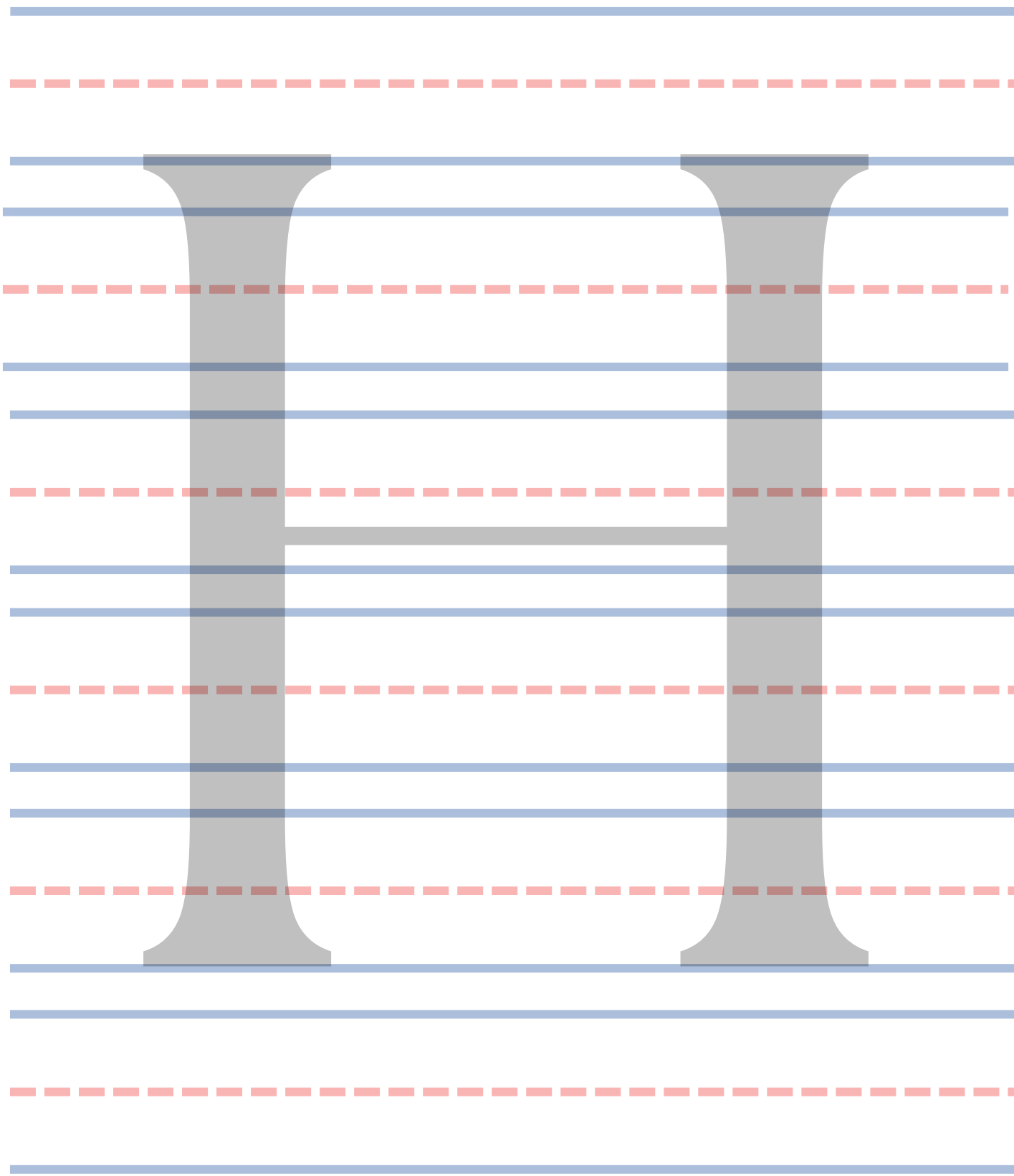


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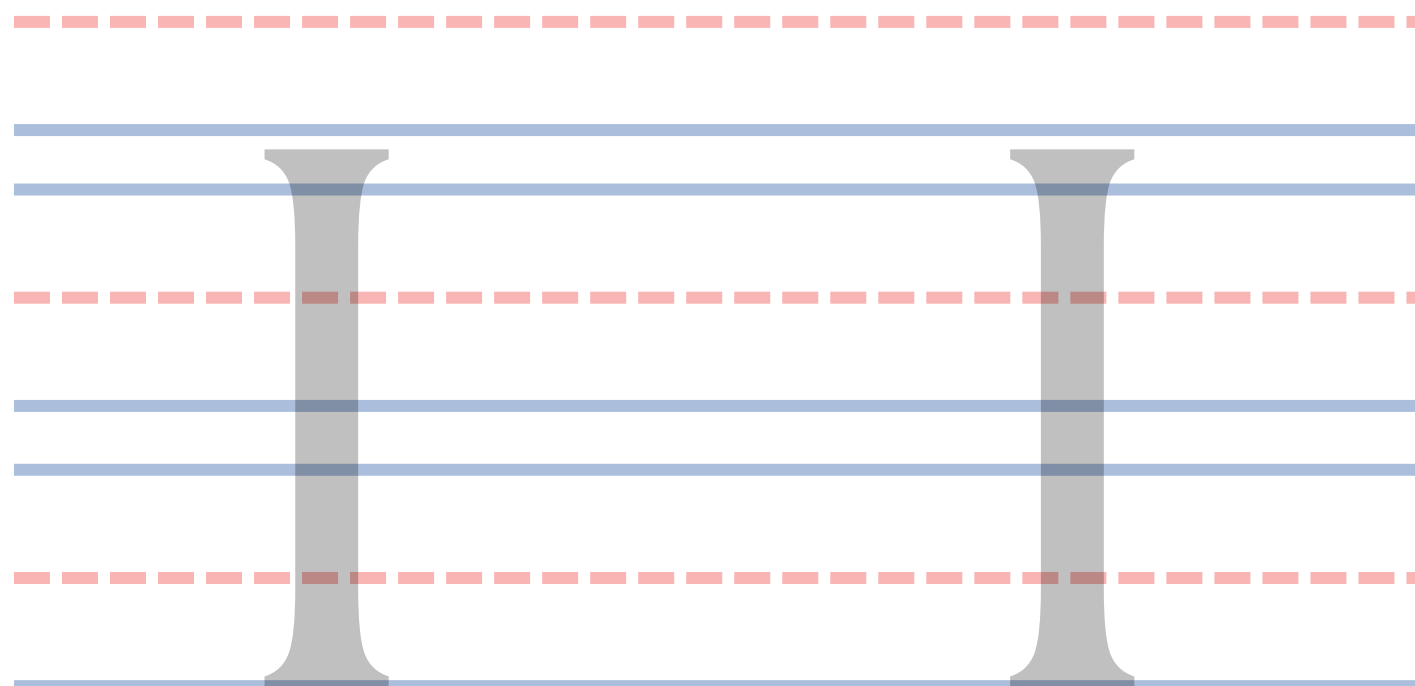


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Blank handwriting practice lines consisting of three sets of blue solid top and bottom lines with a red dashed midline.



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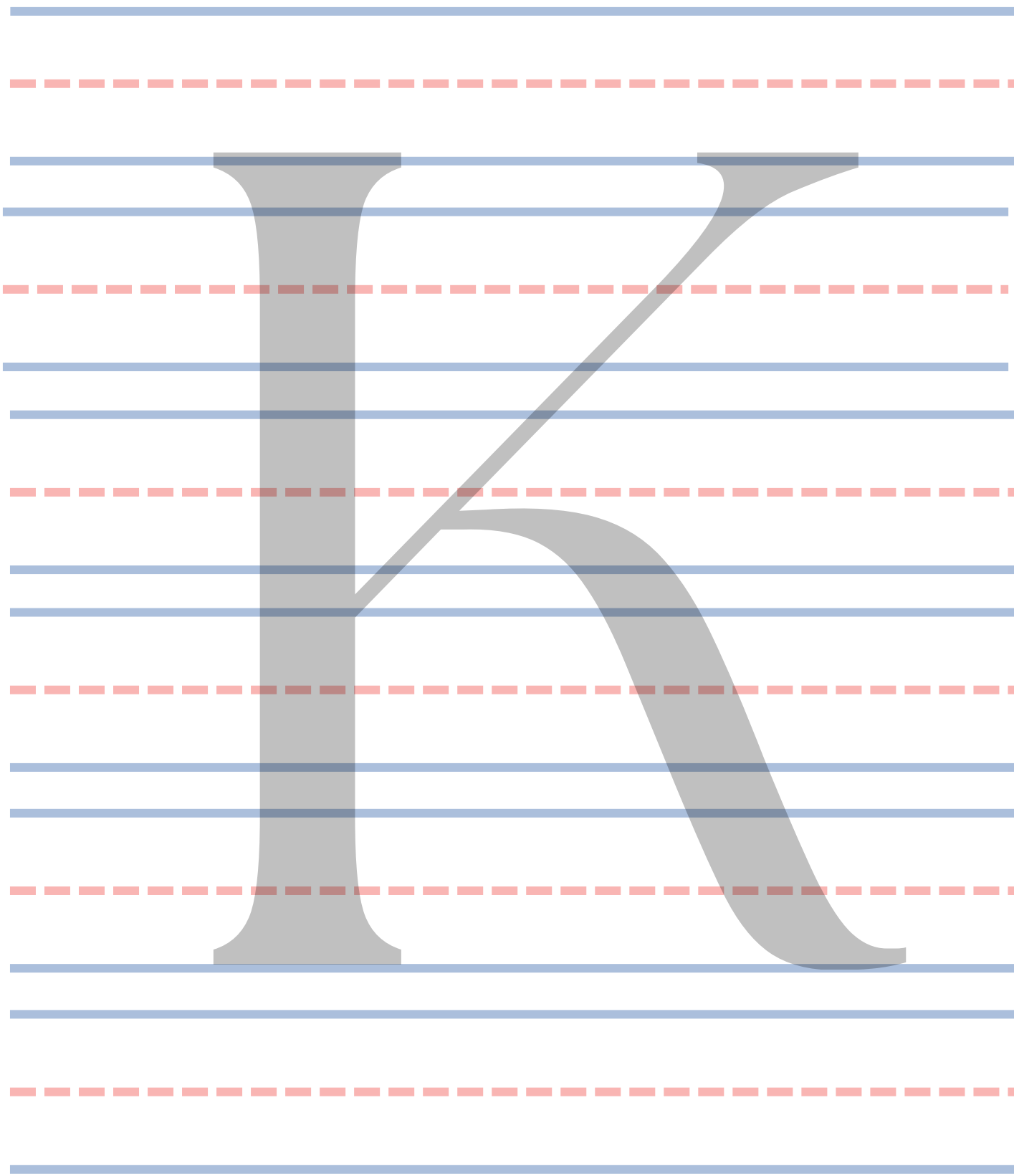
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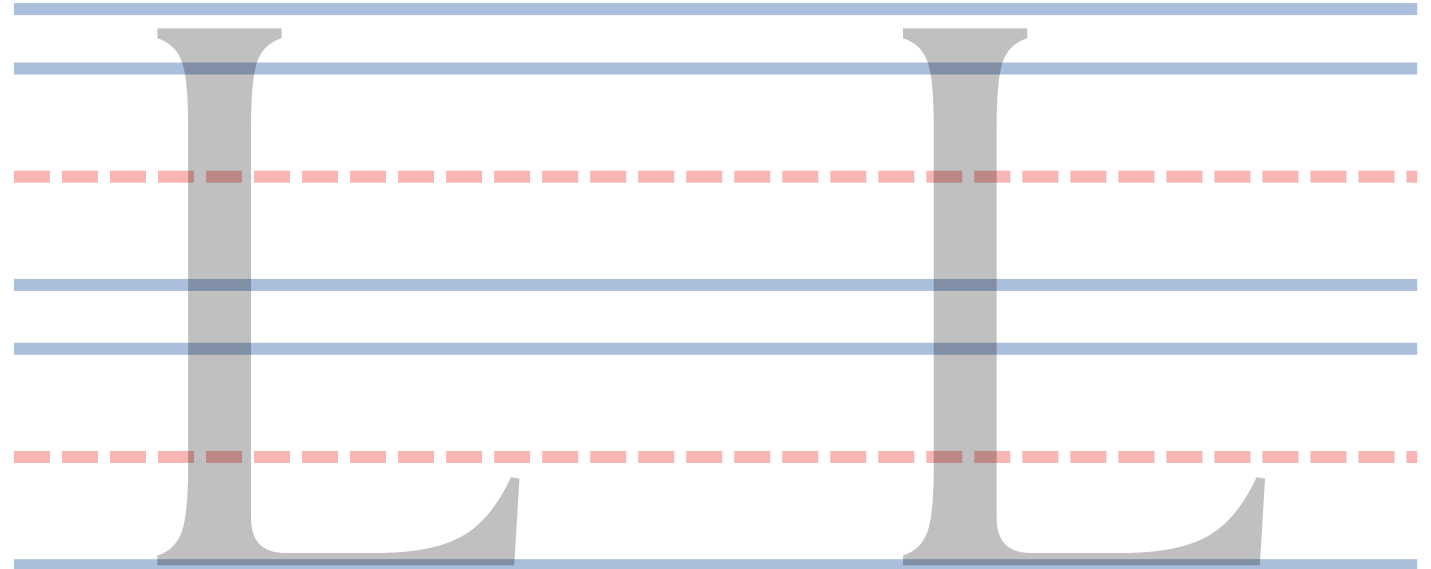
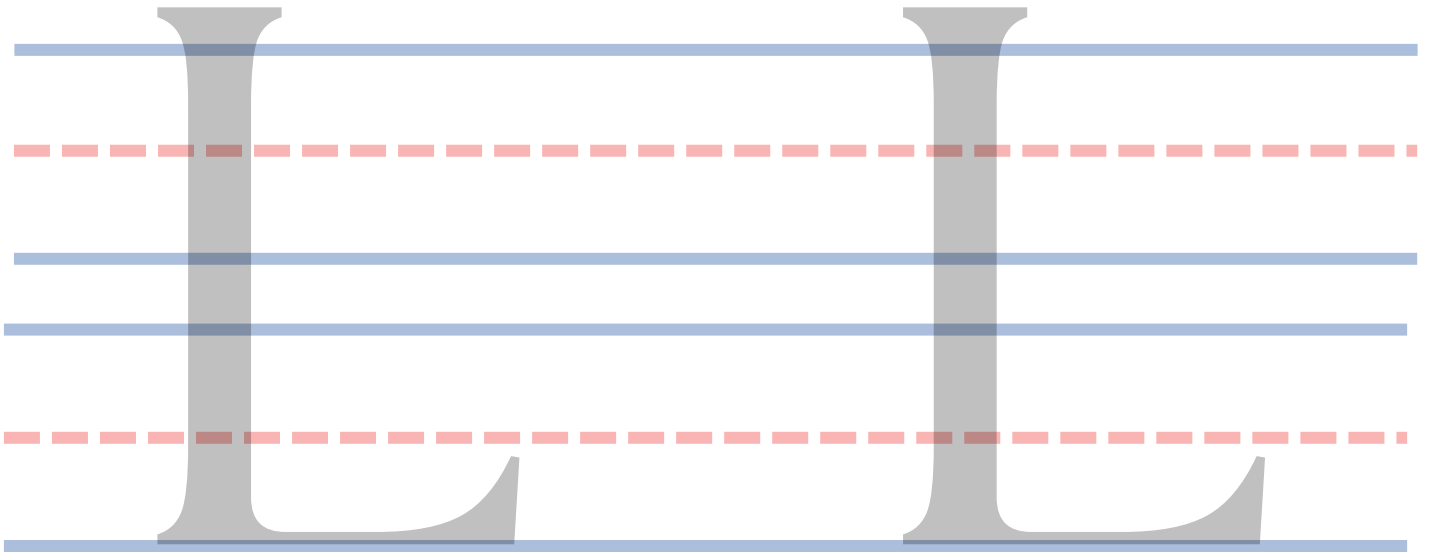
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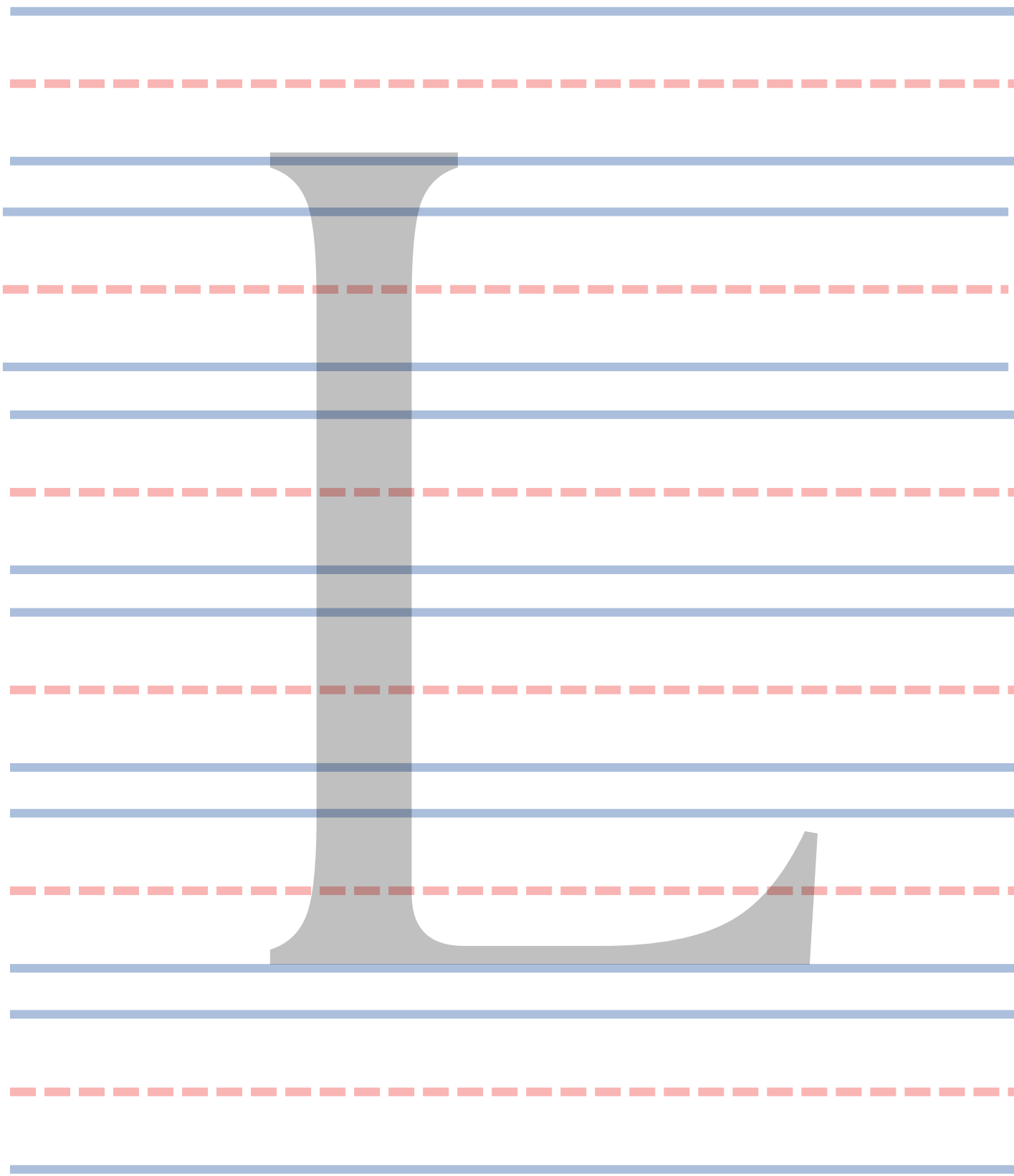


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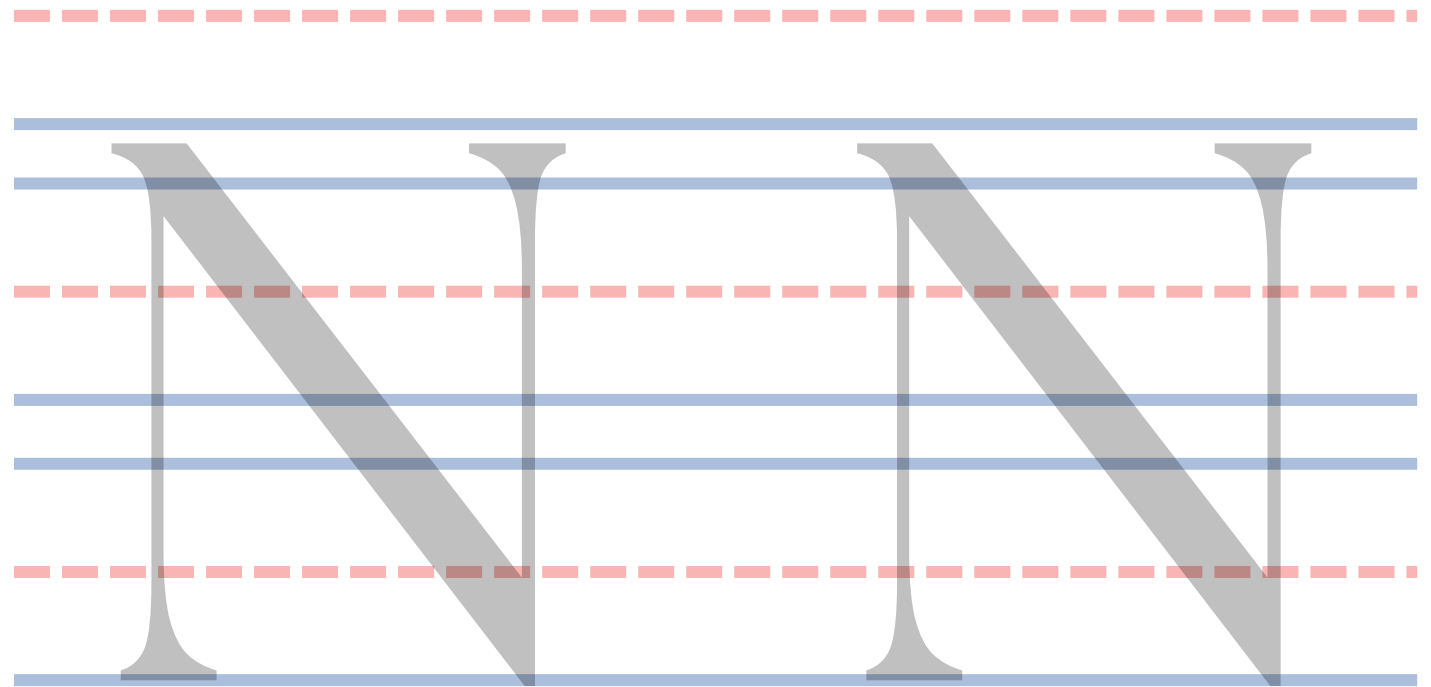
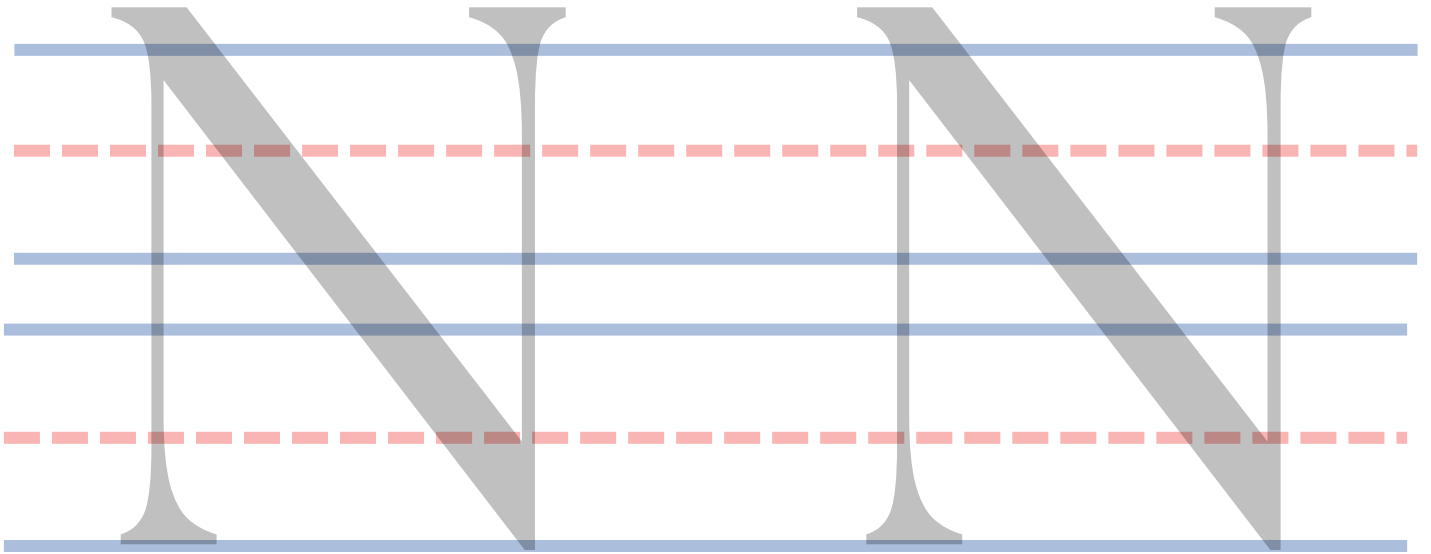
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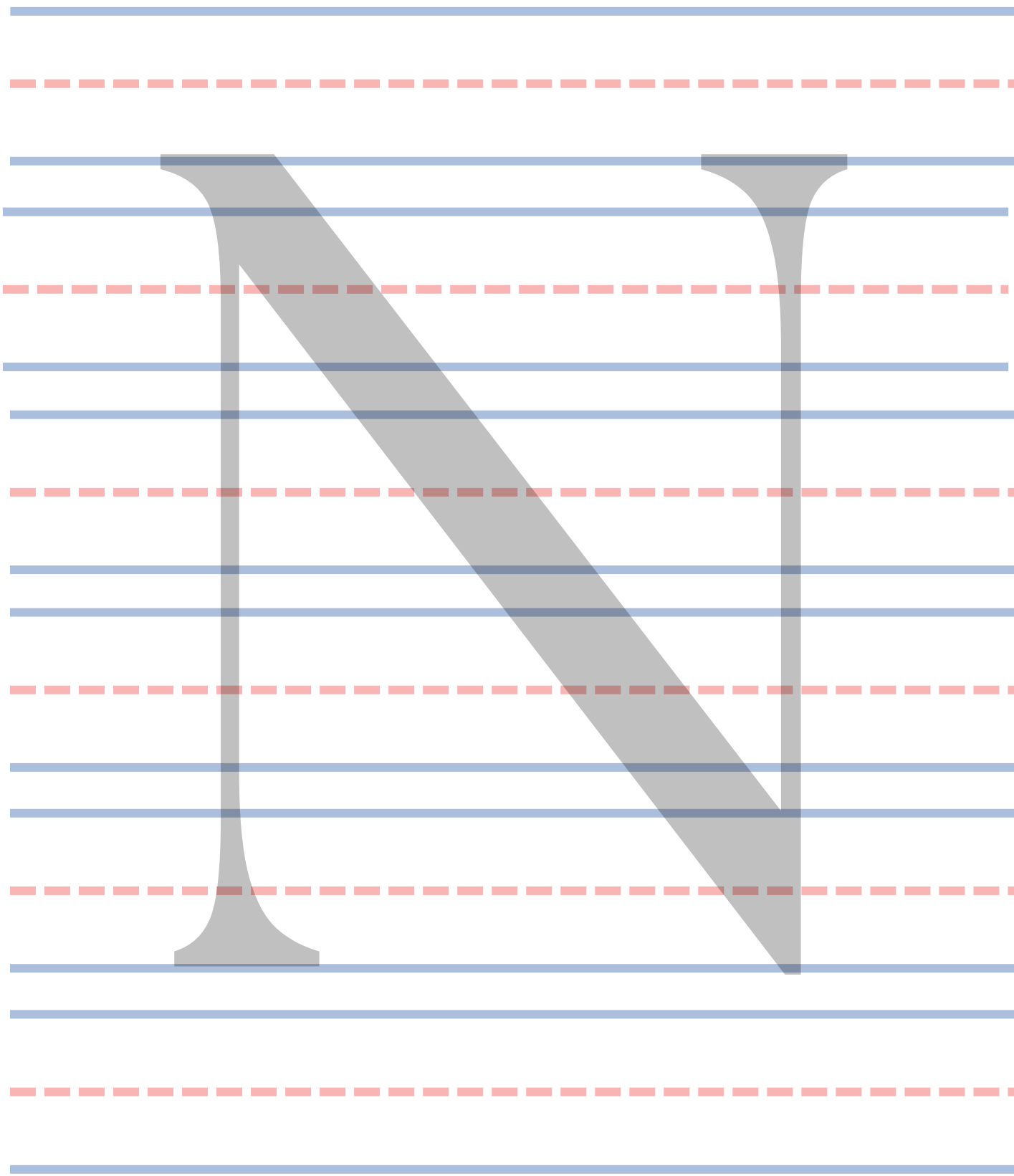
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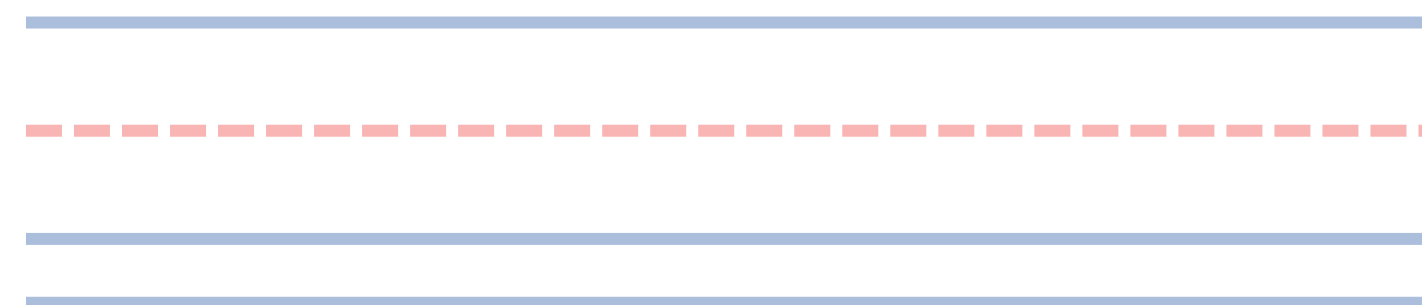
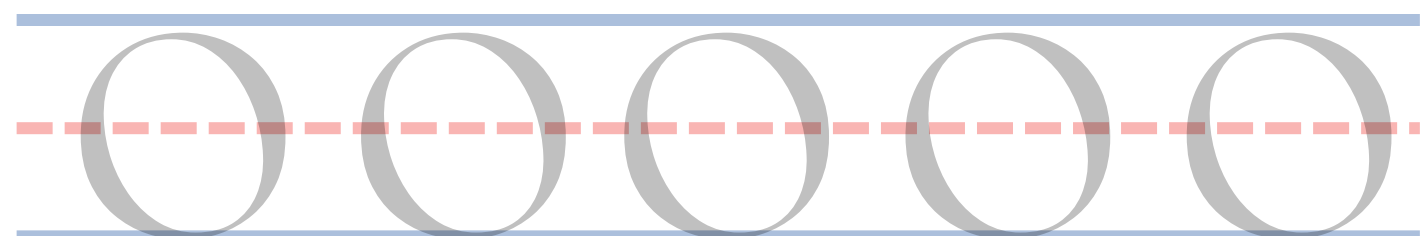
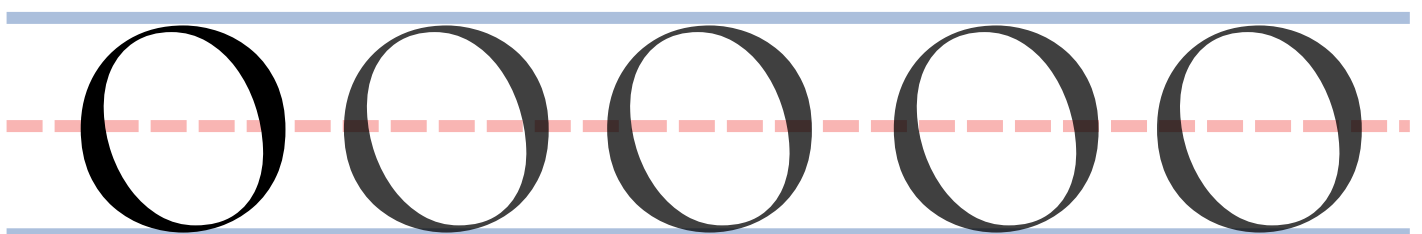
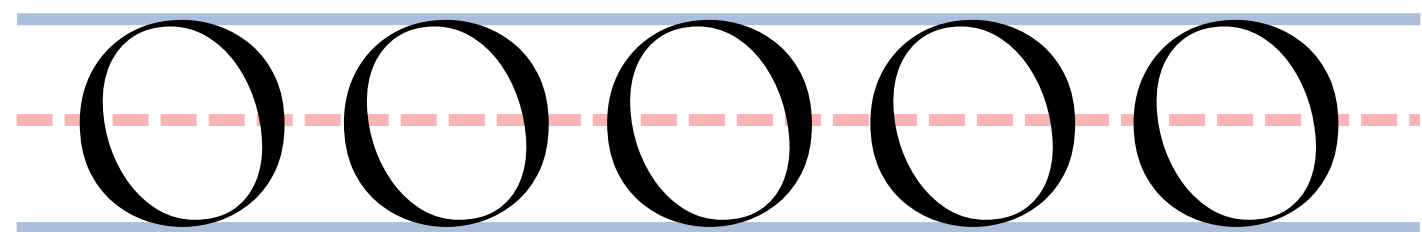
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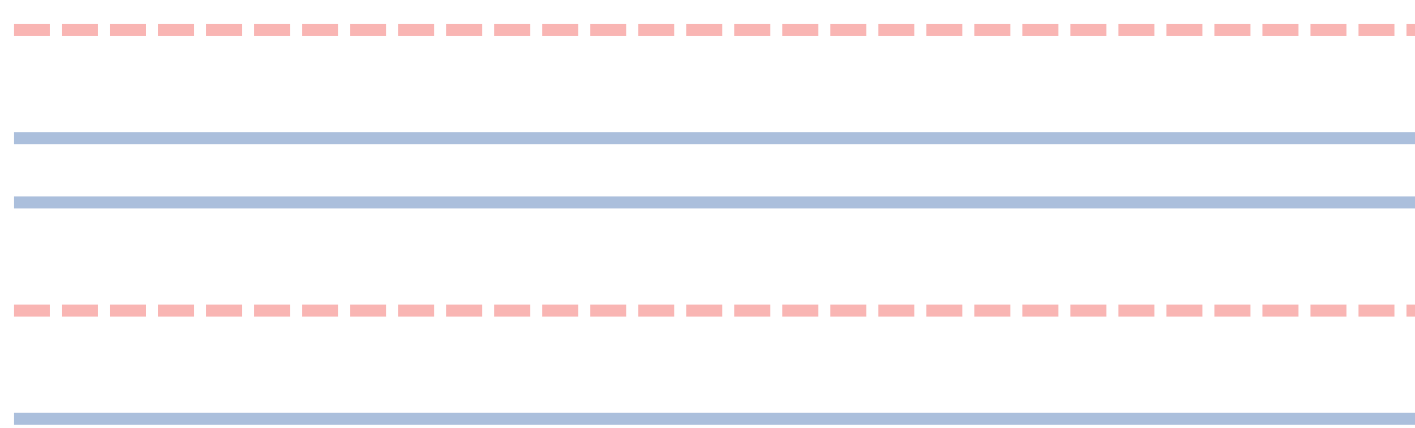
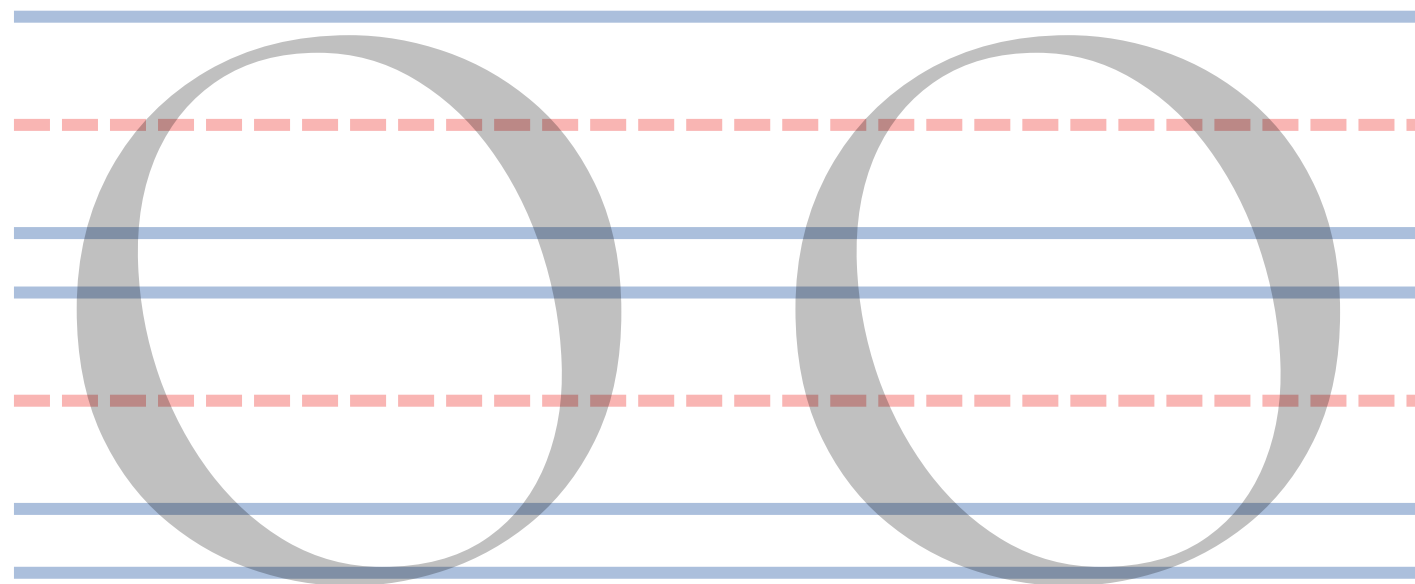
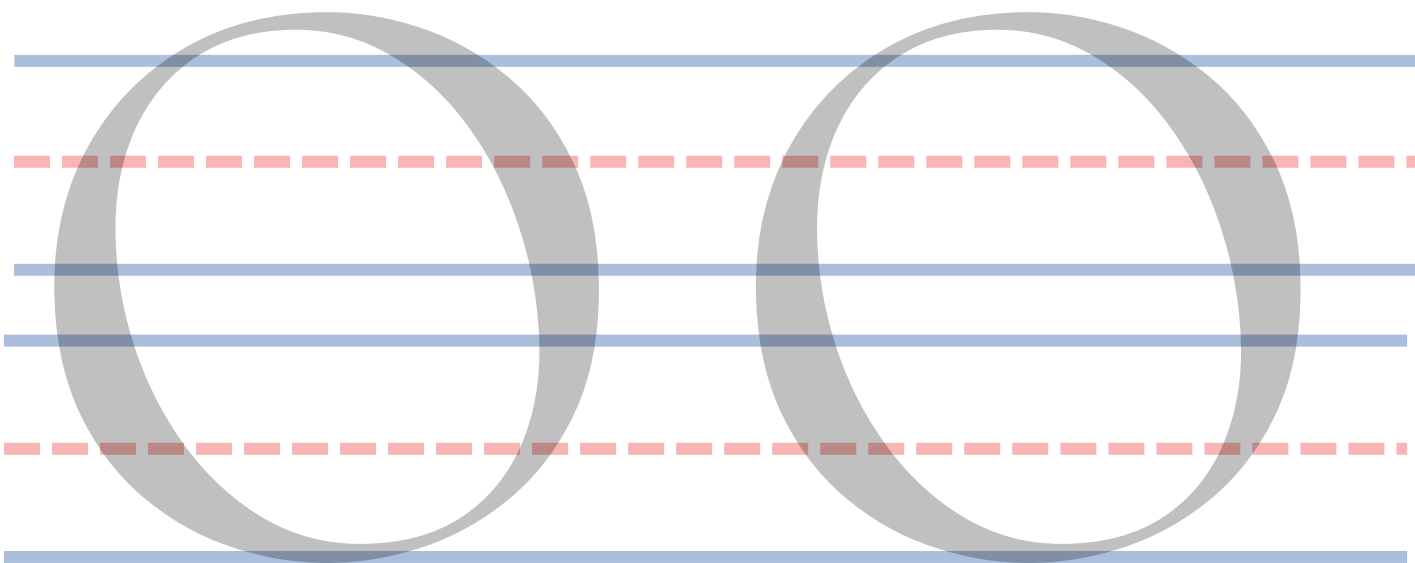
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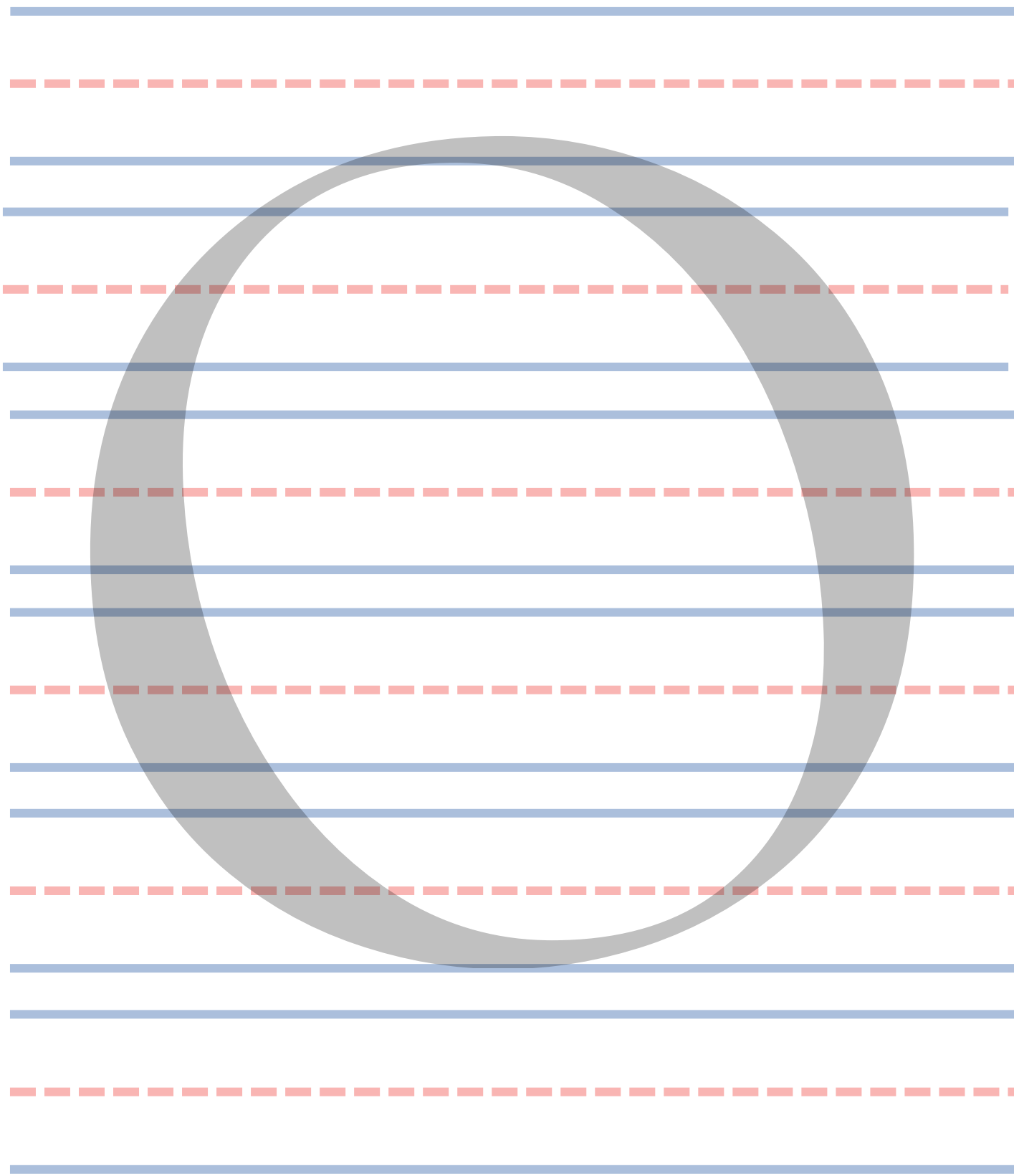
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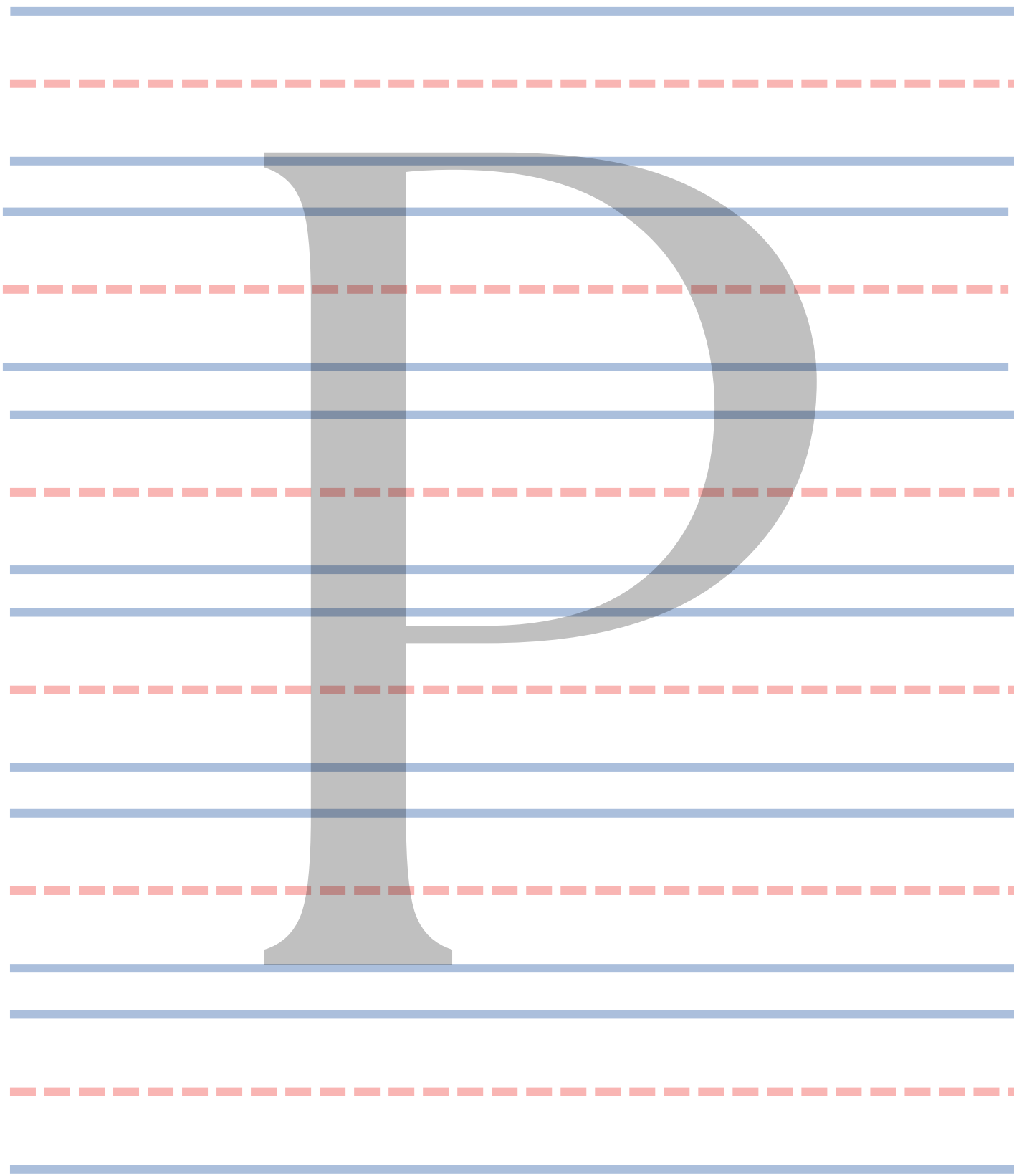
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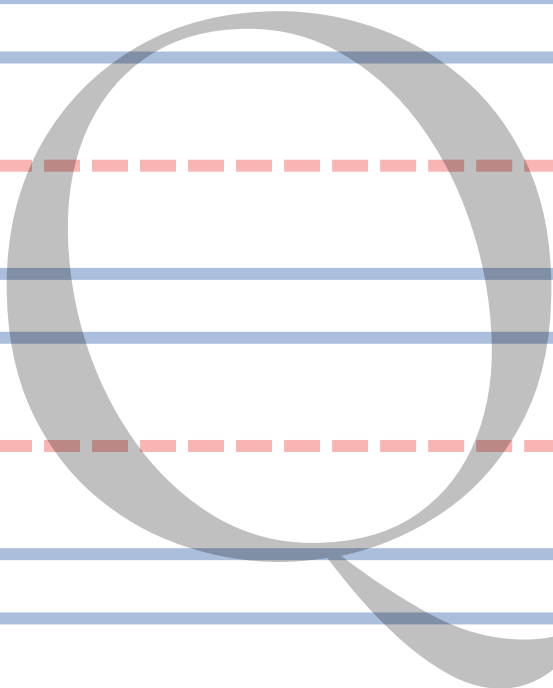
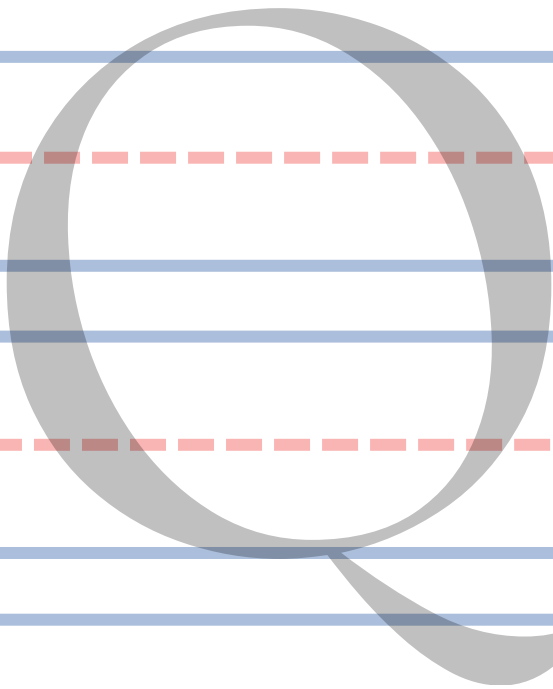
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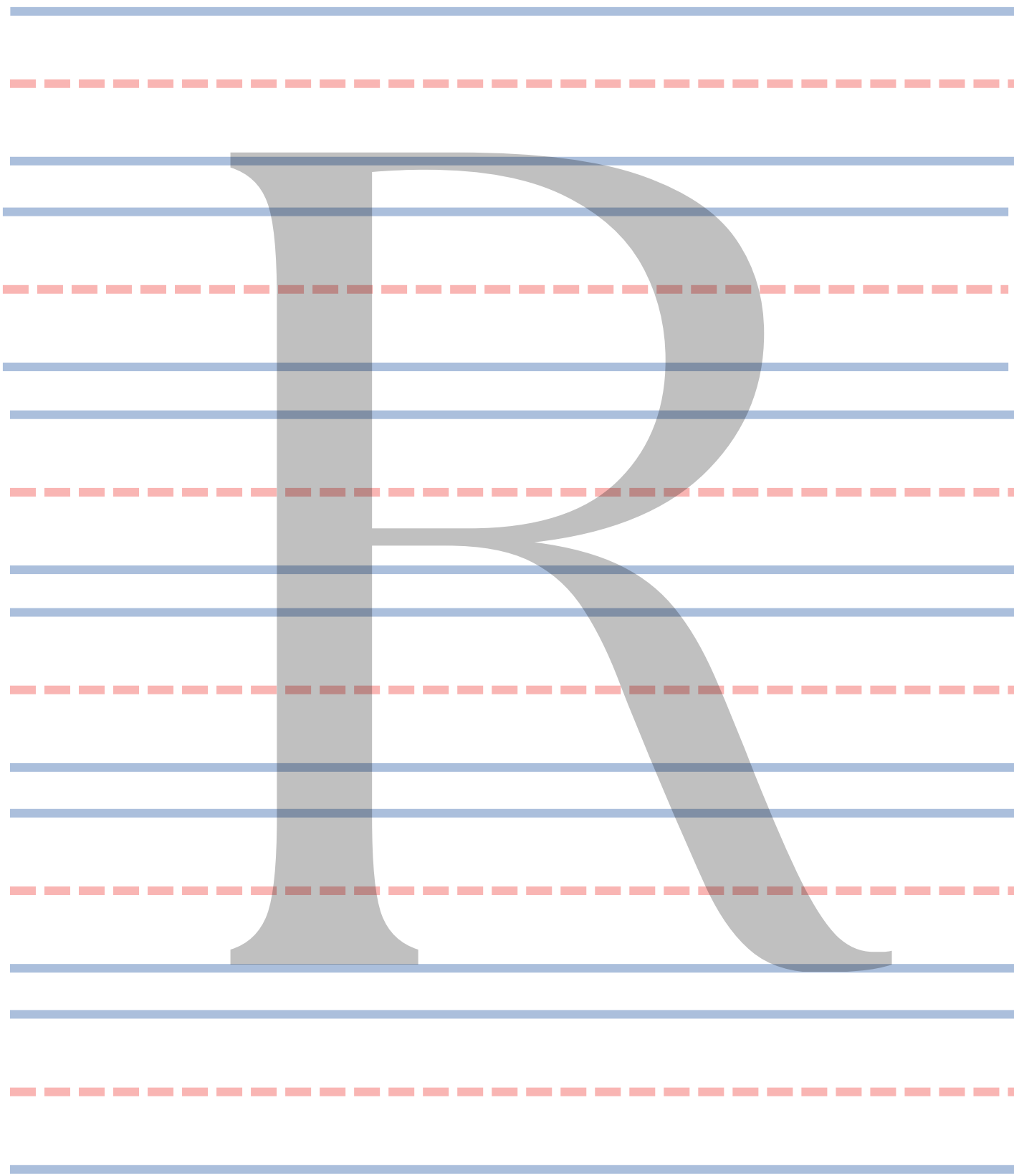
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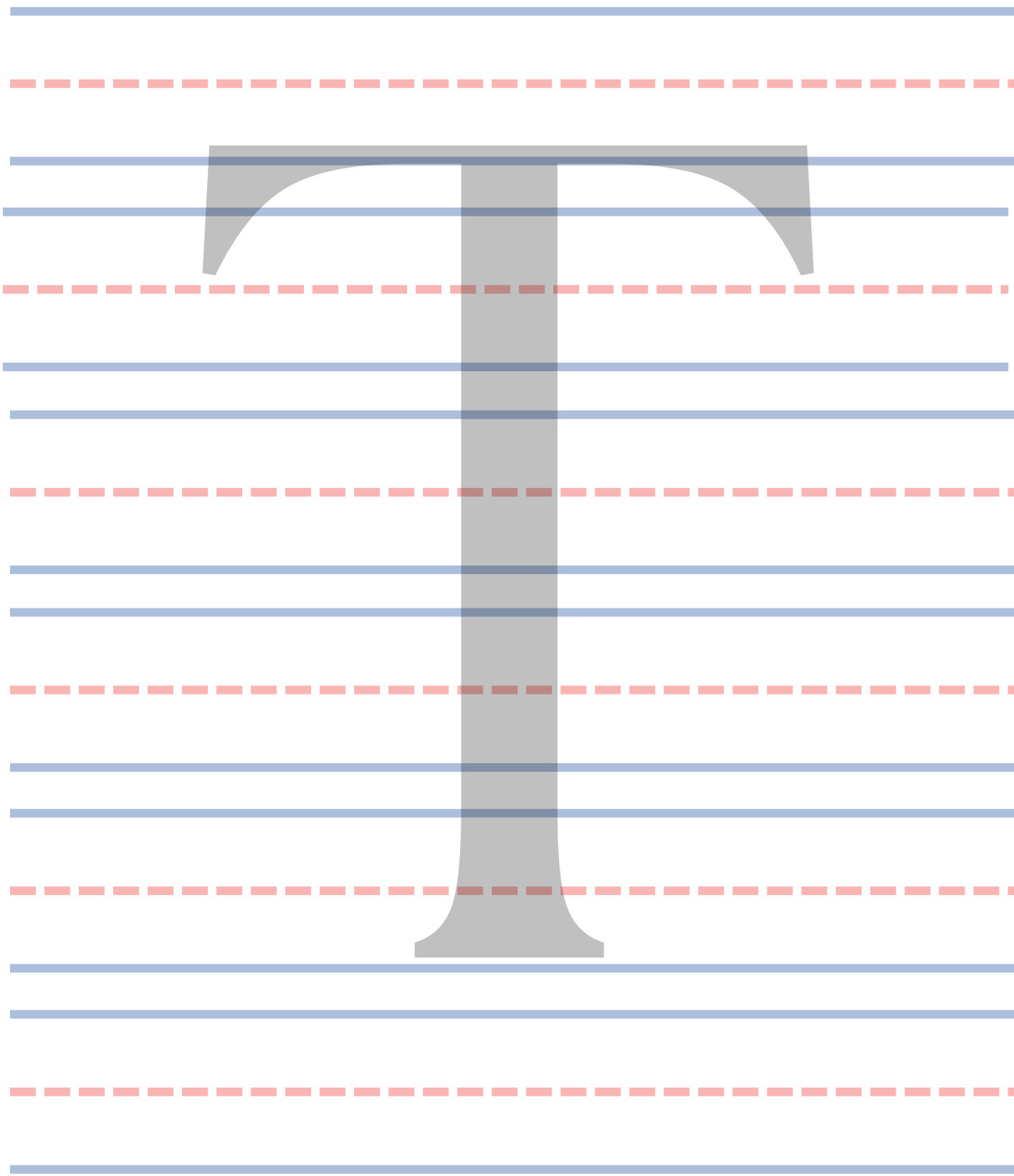
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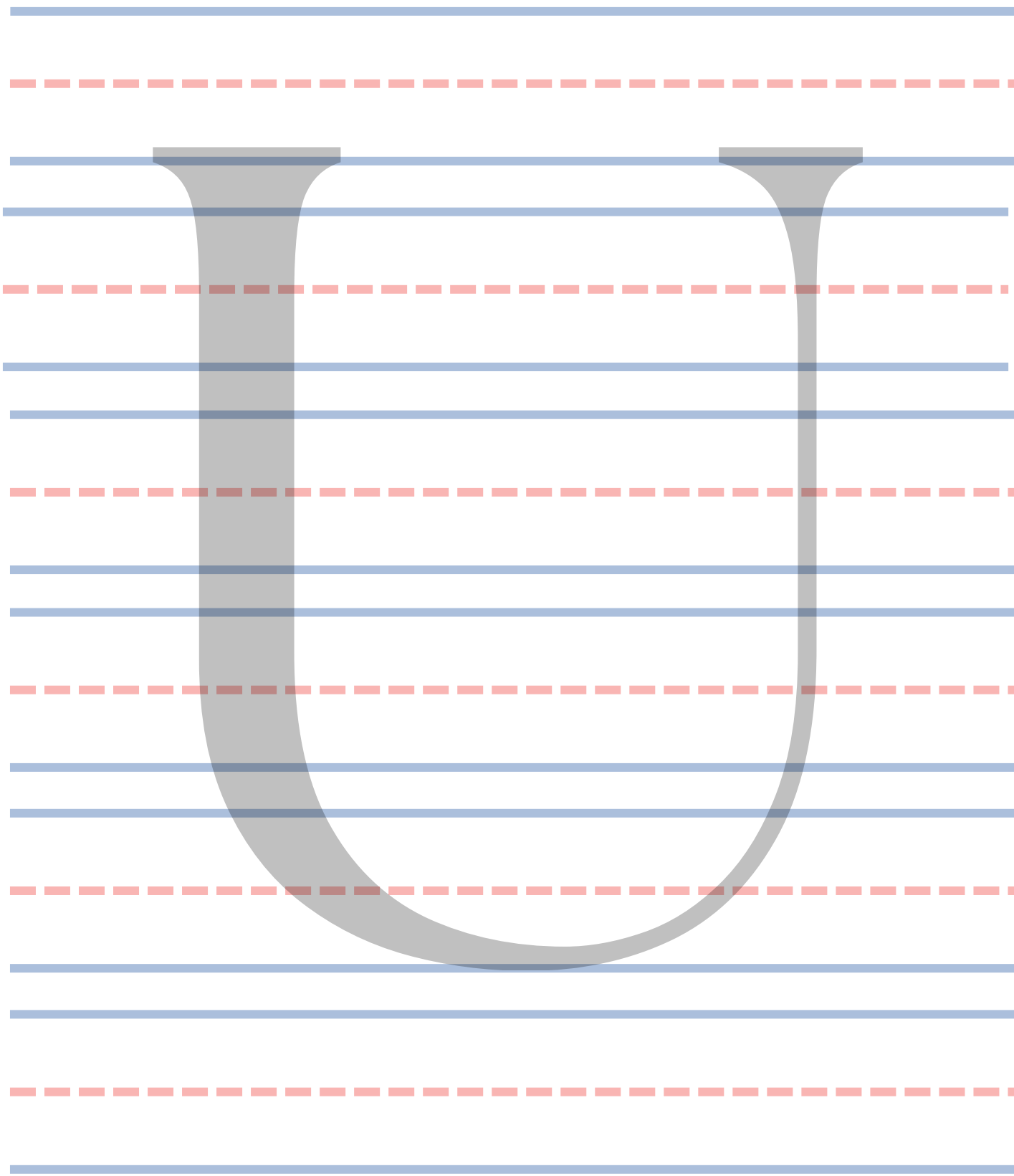
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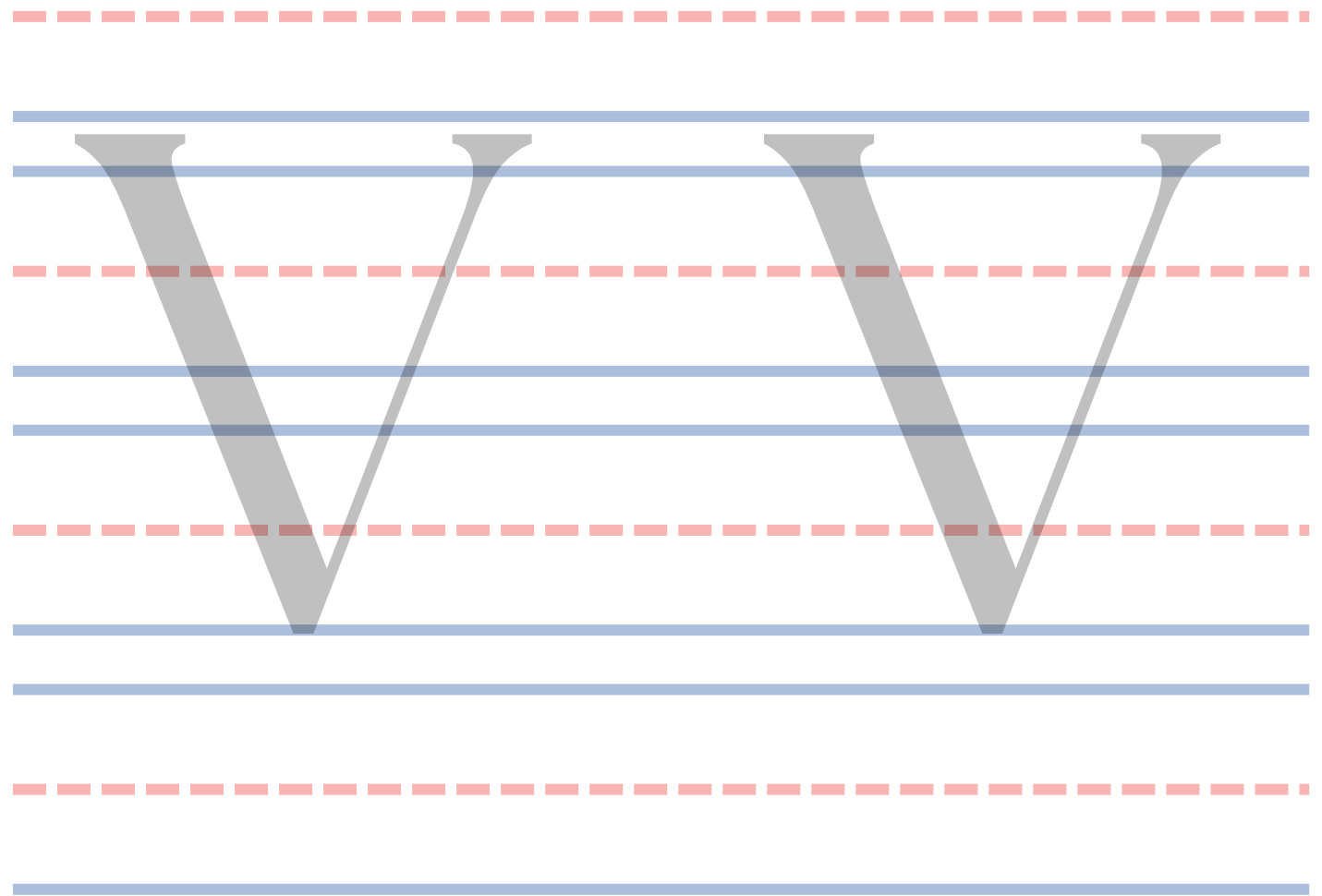
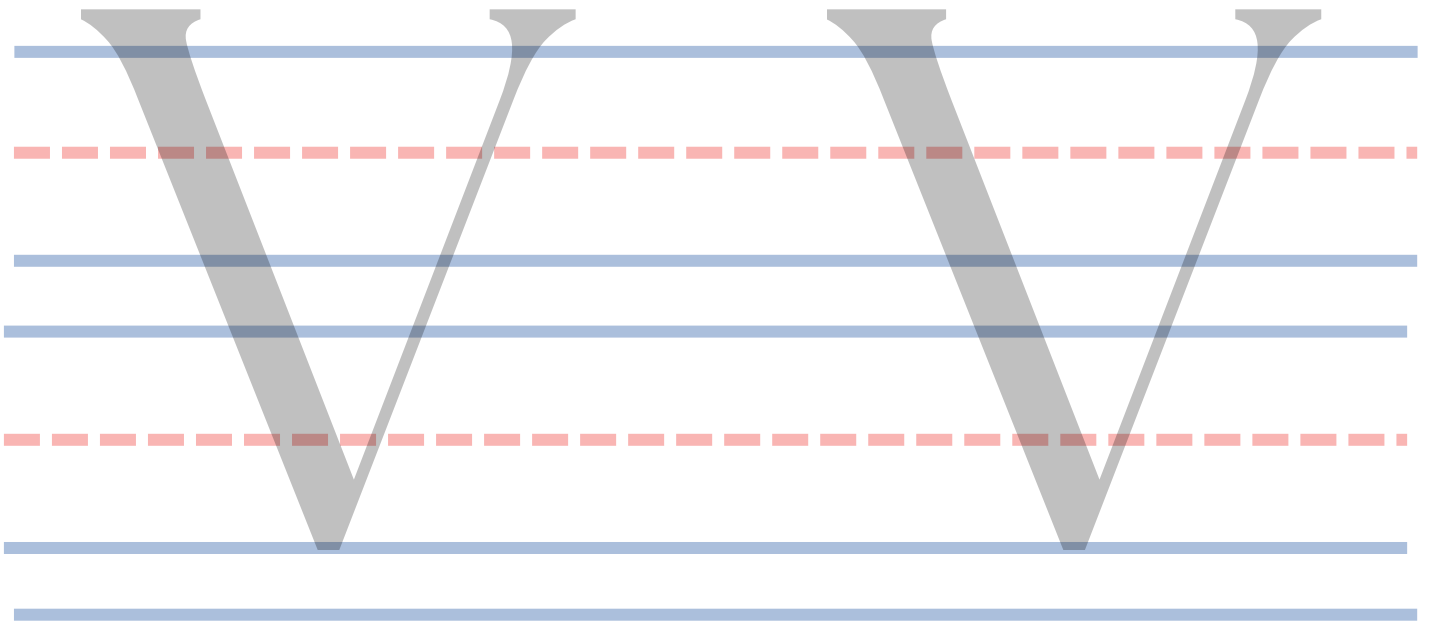
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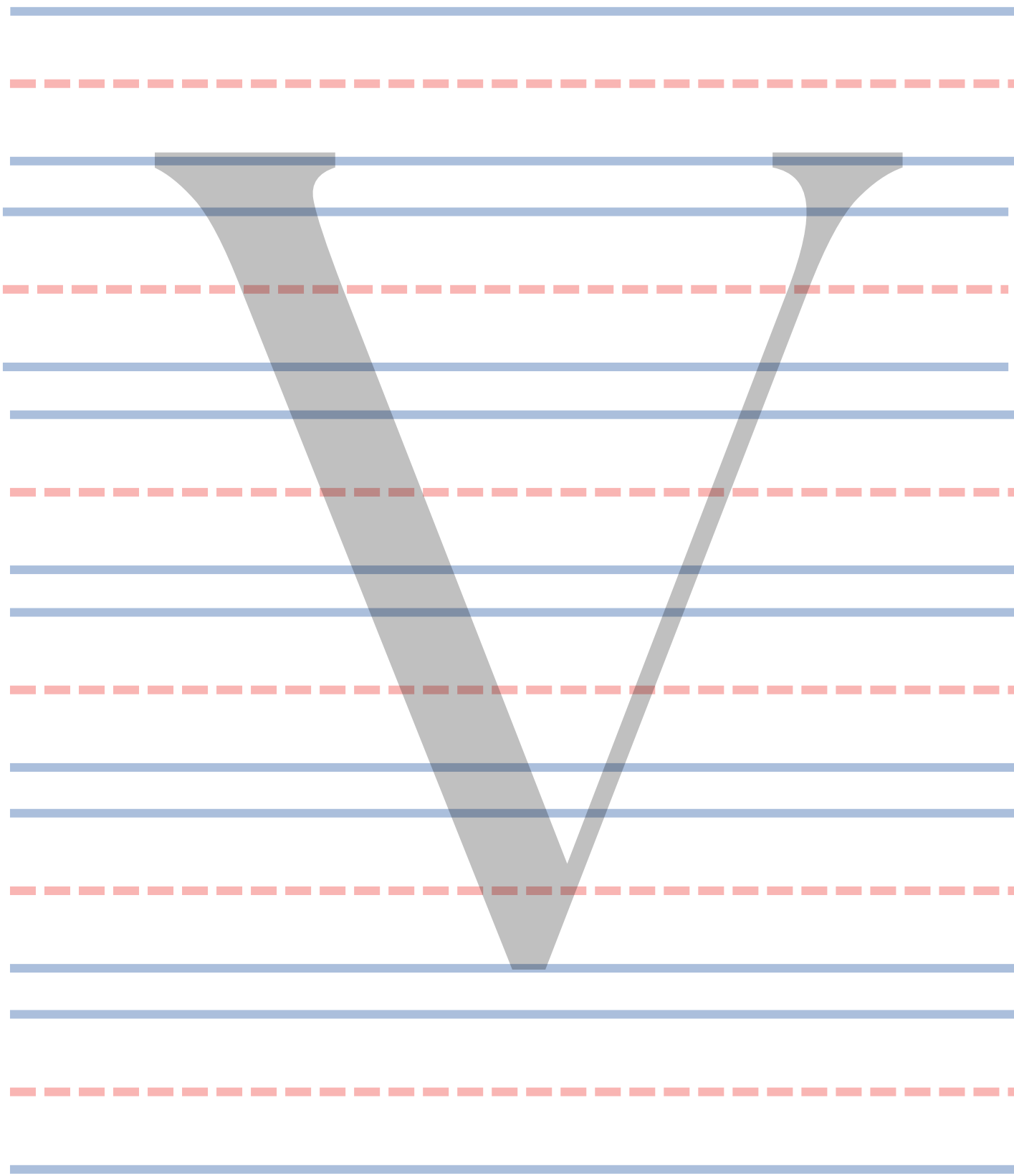


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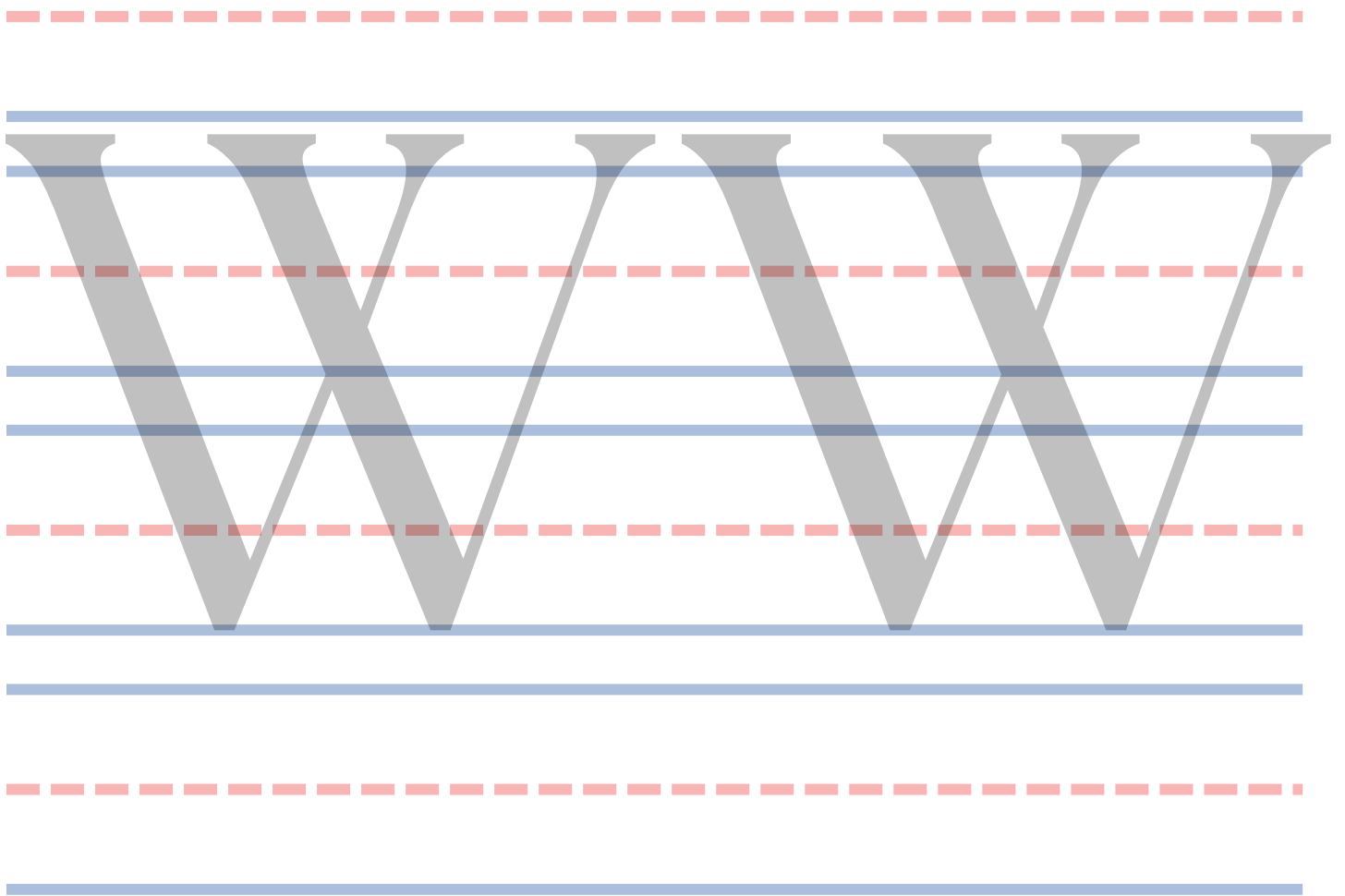
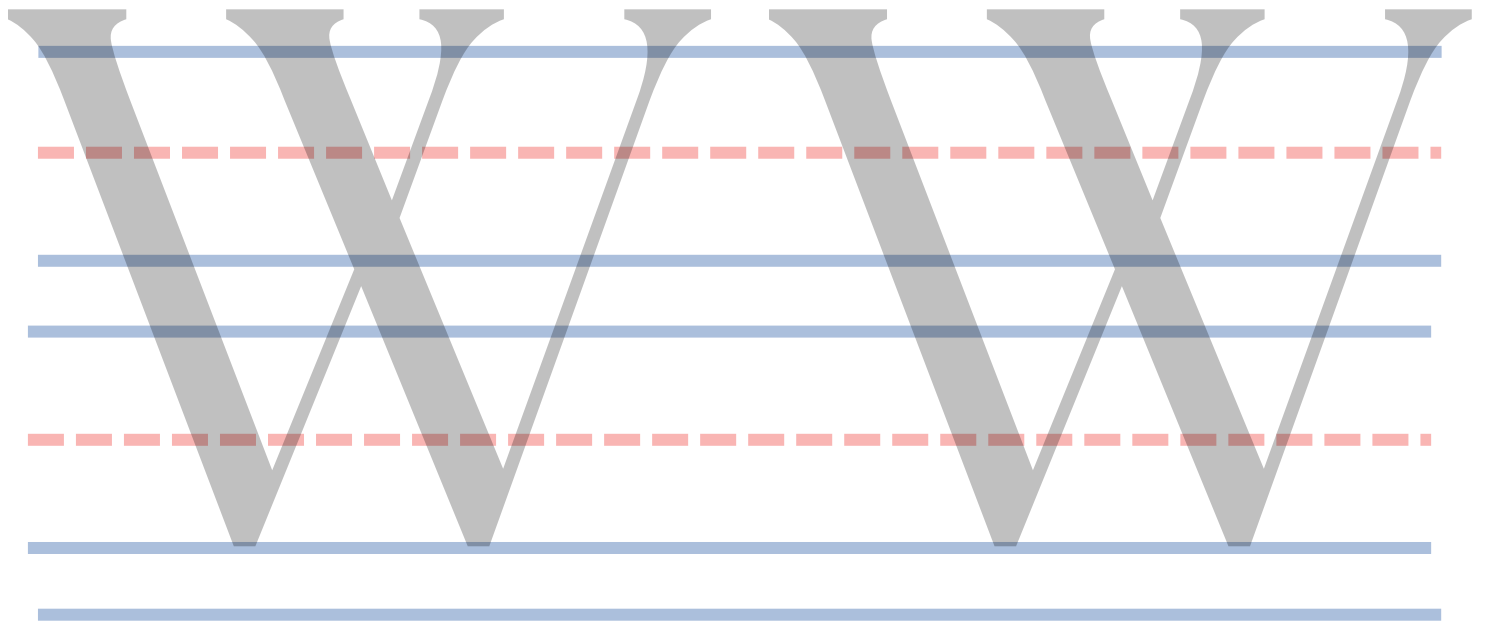


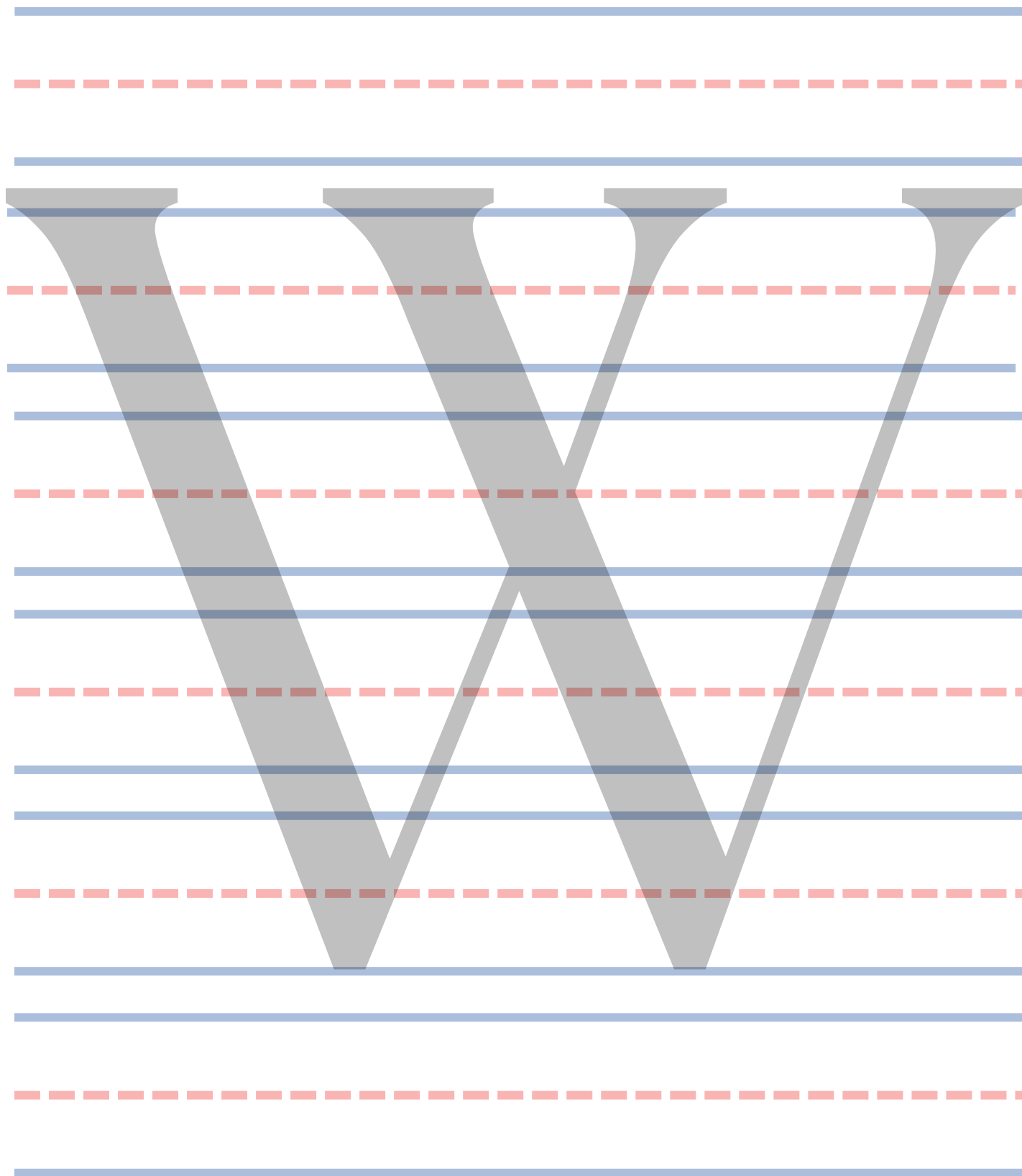


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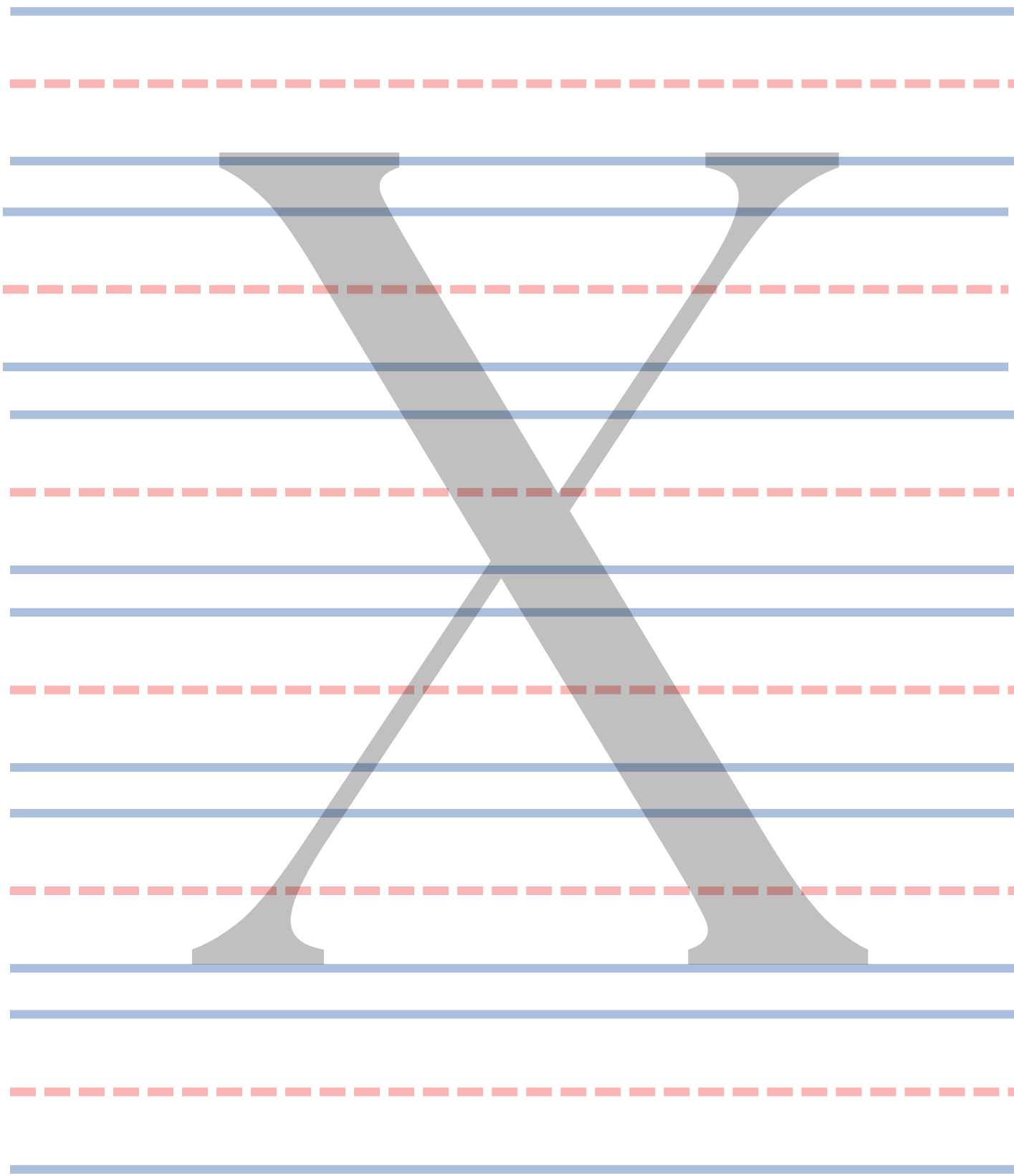
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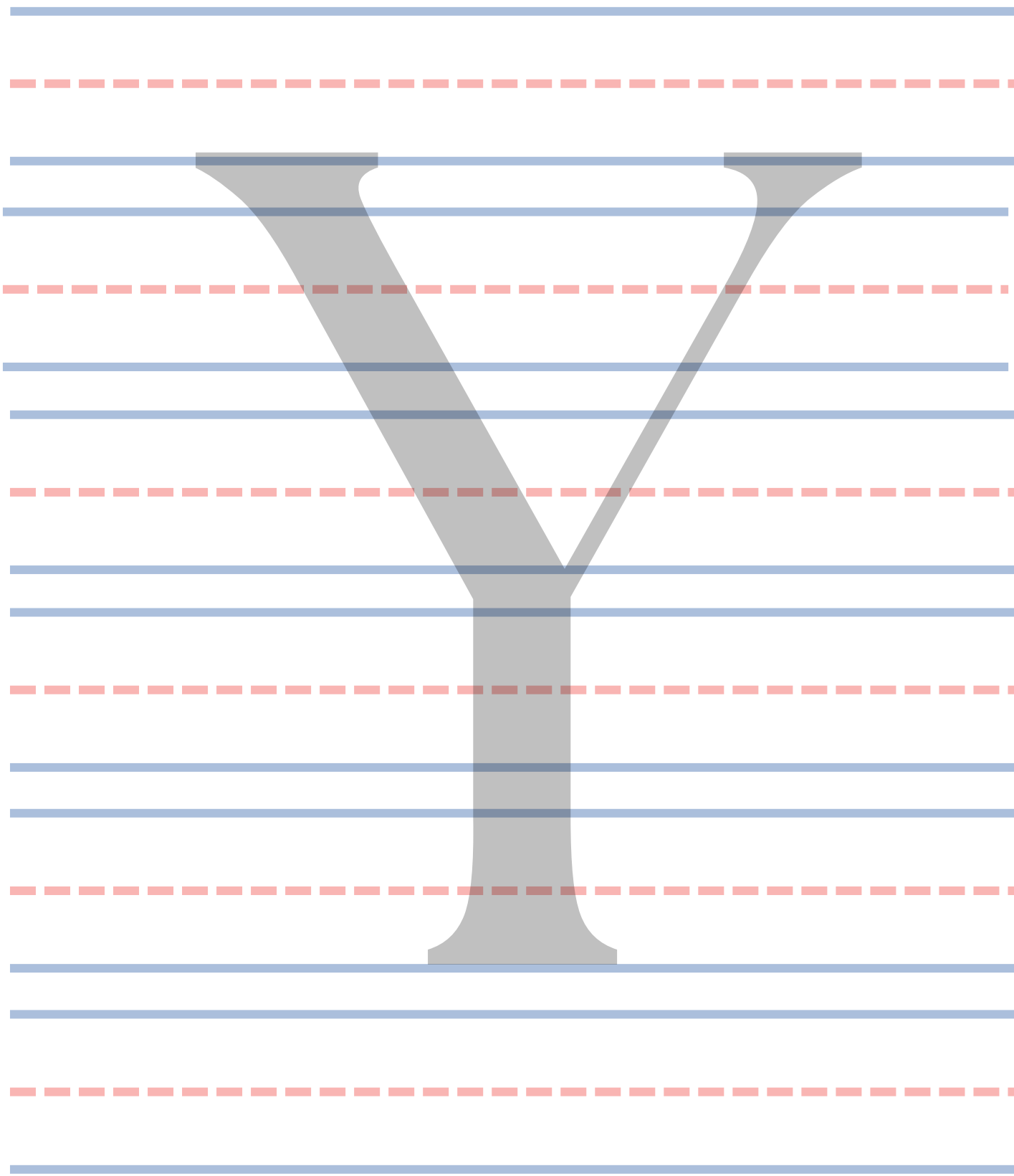
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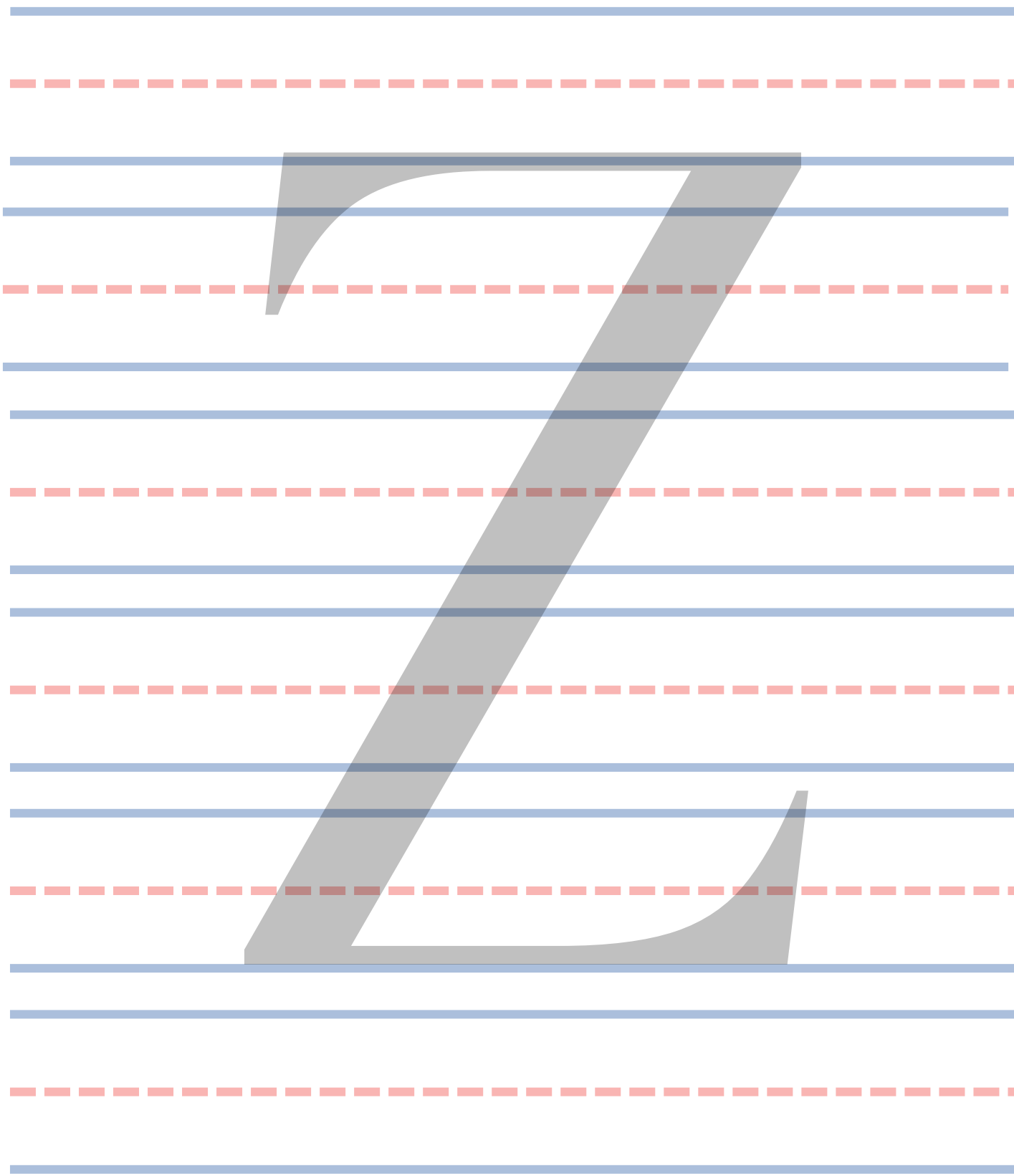
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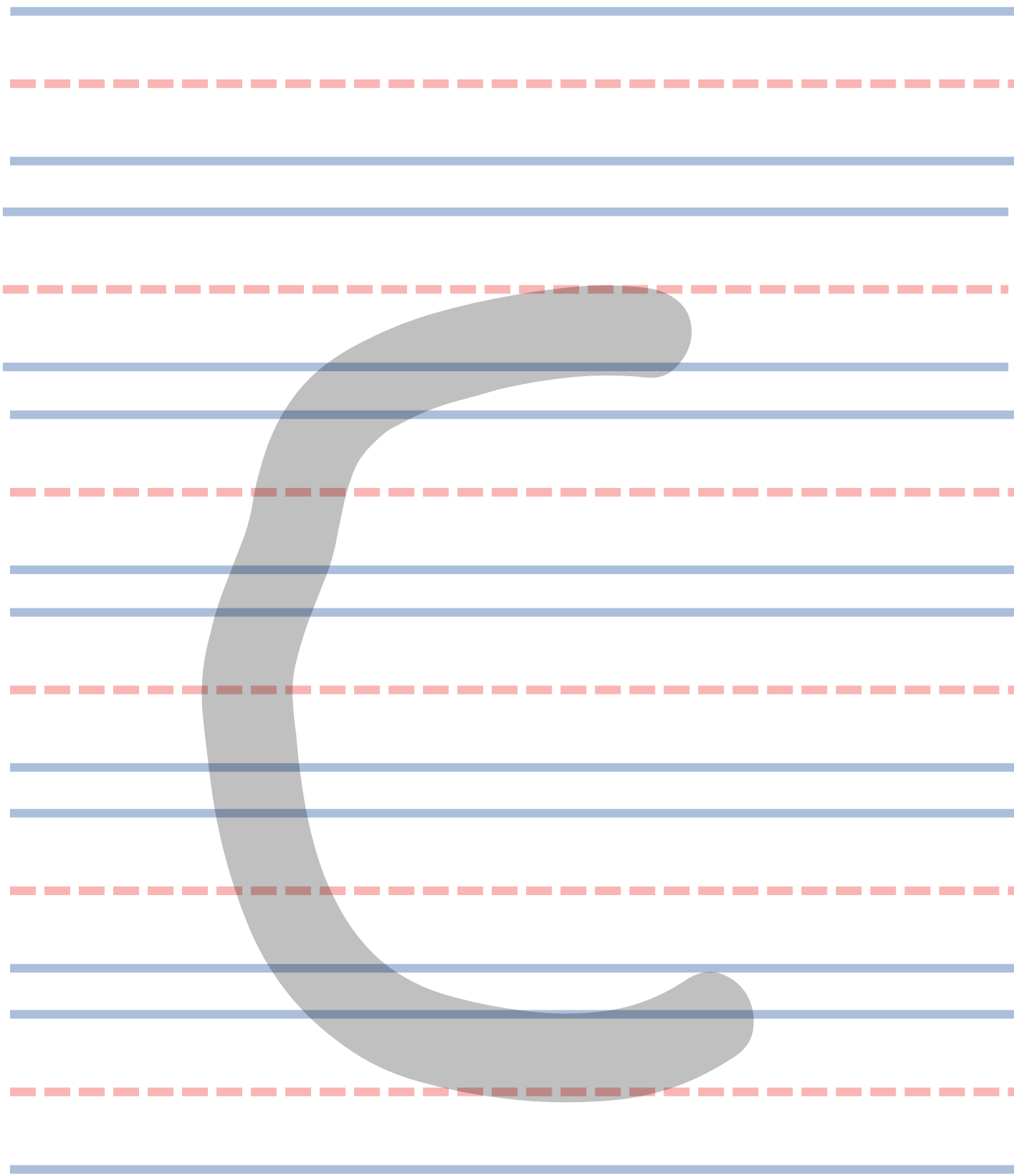
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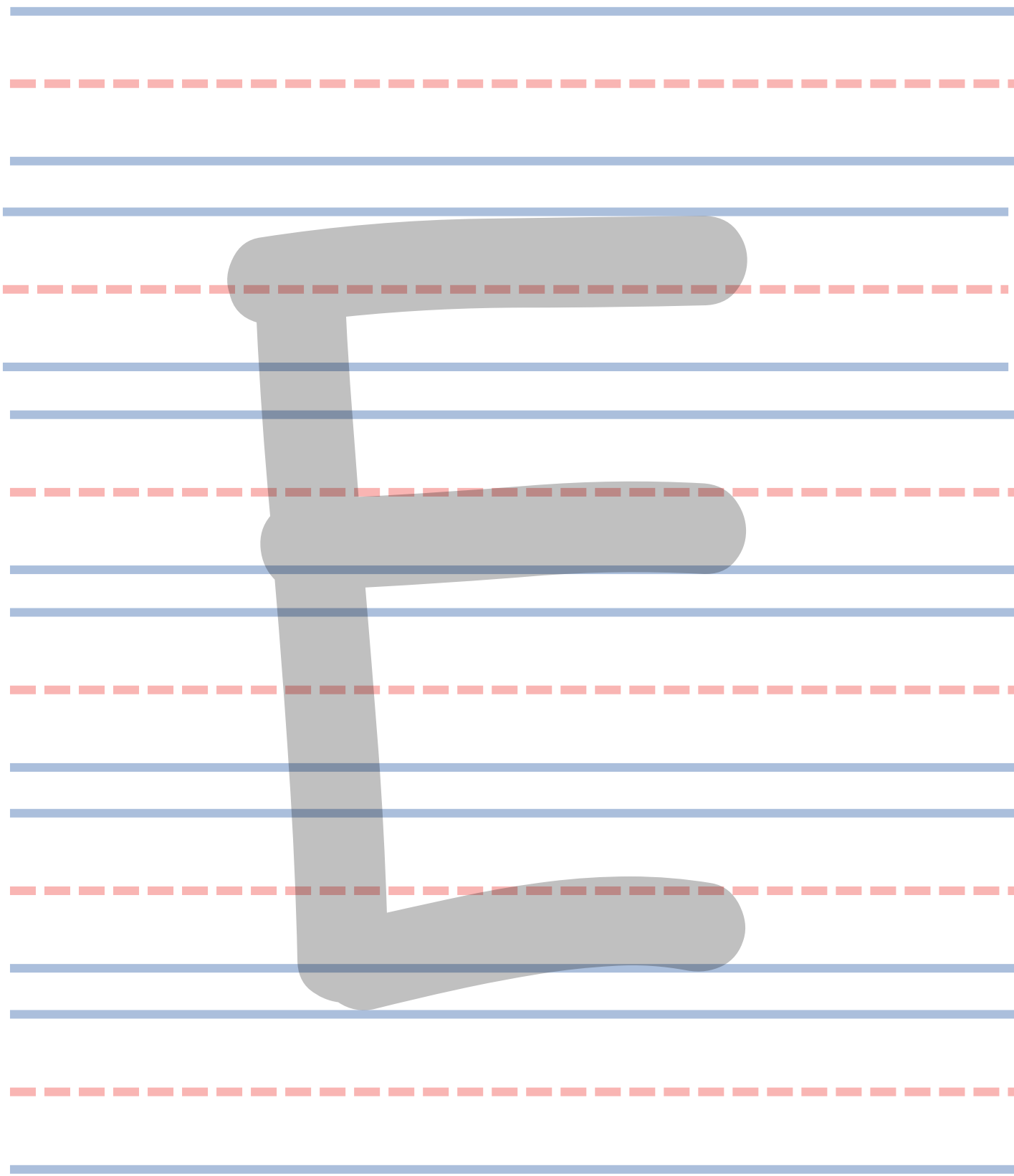
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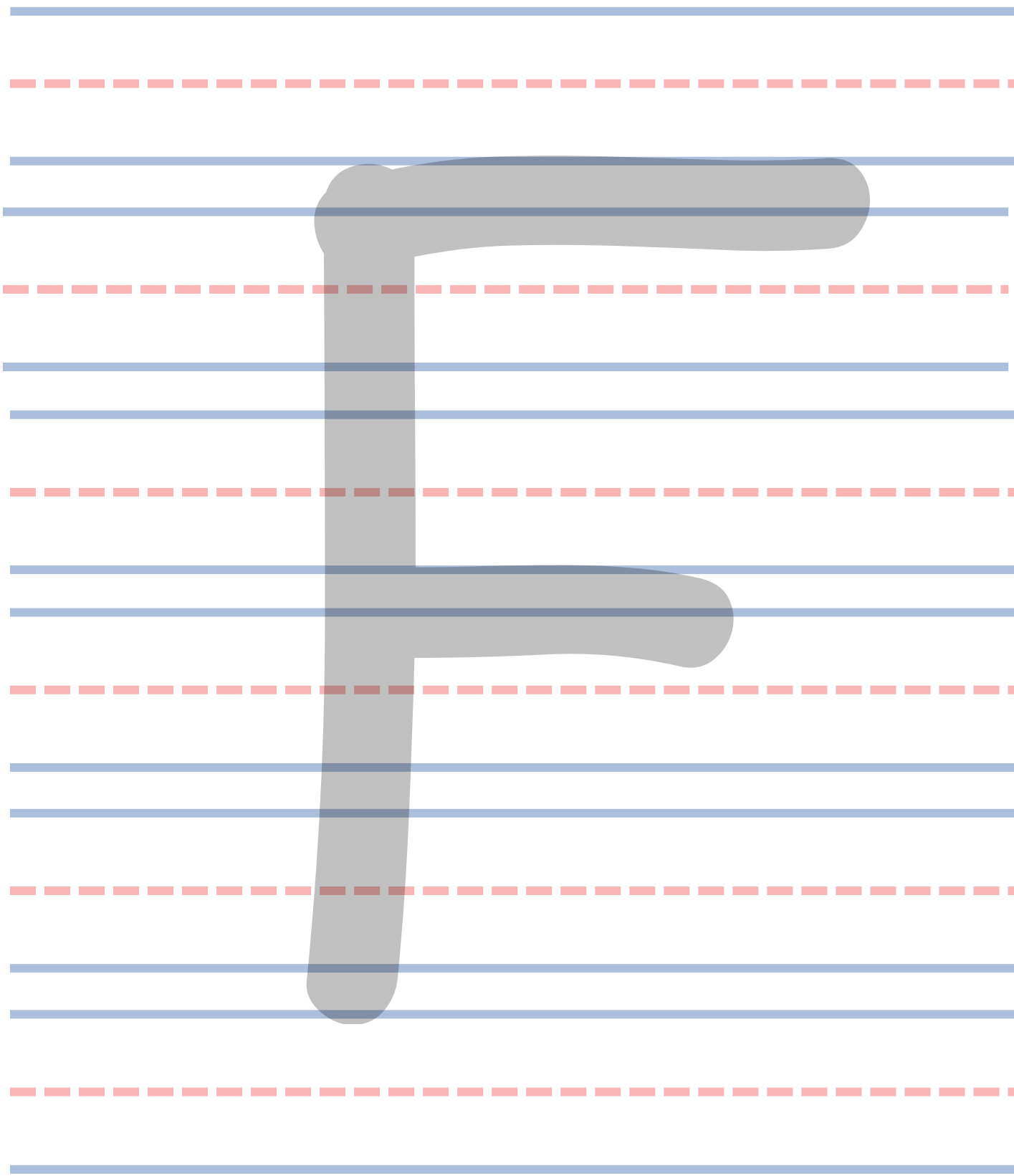
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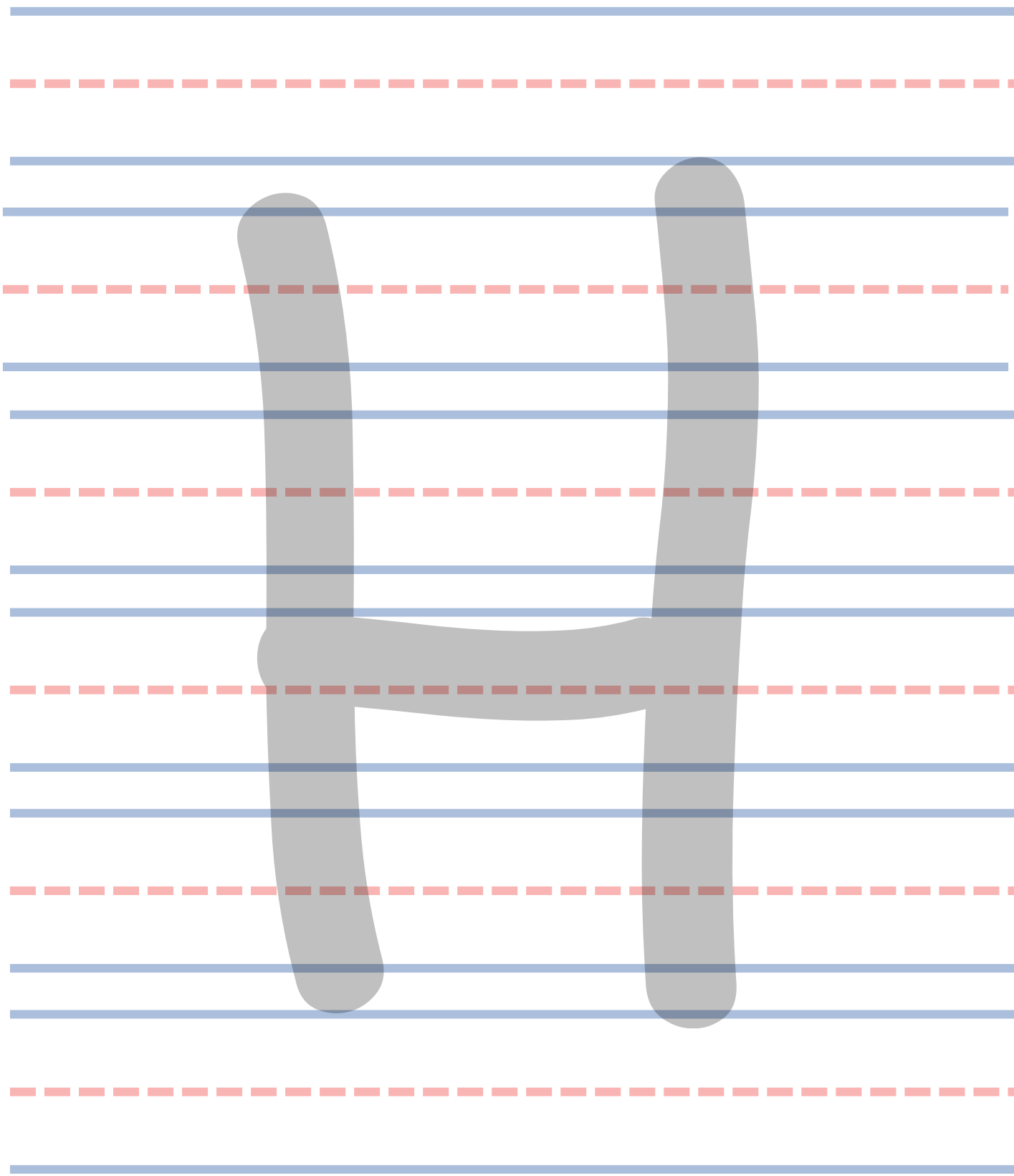
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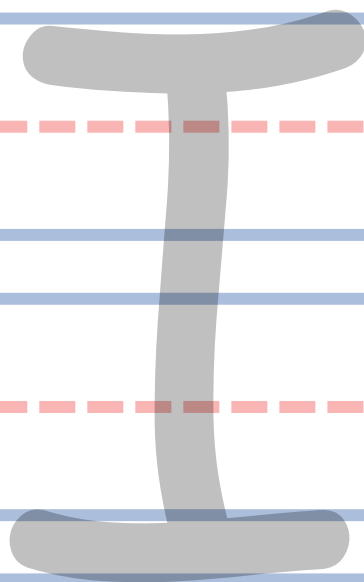
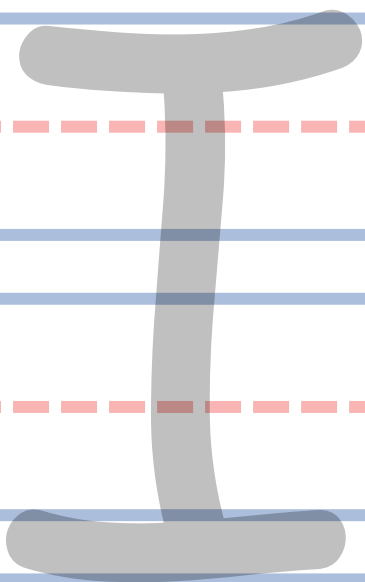
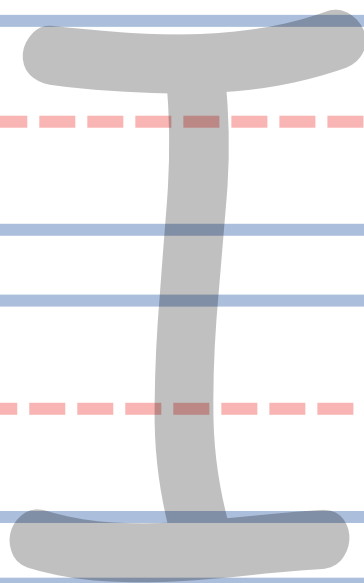
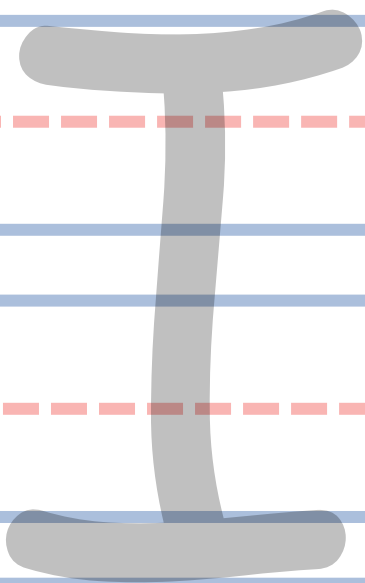
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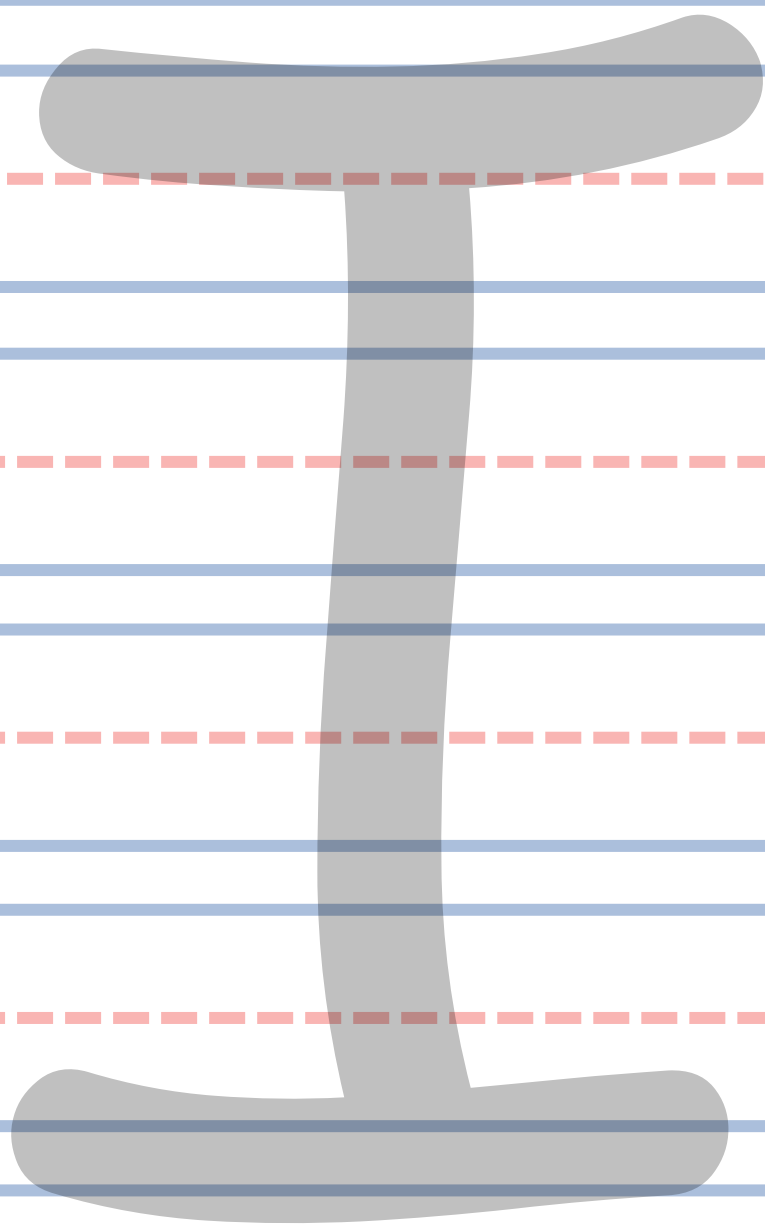
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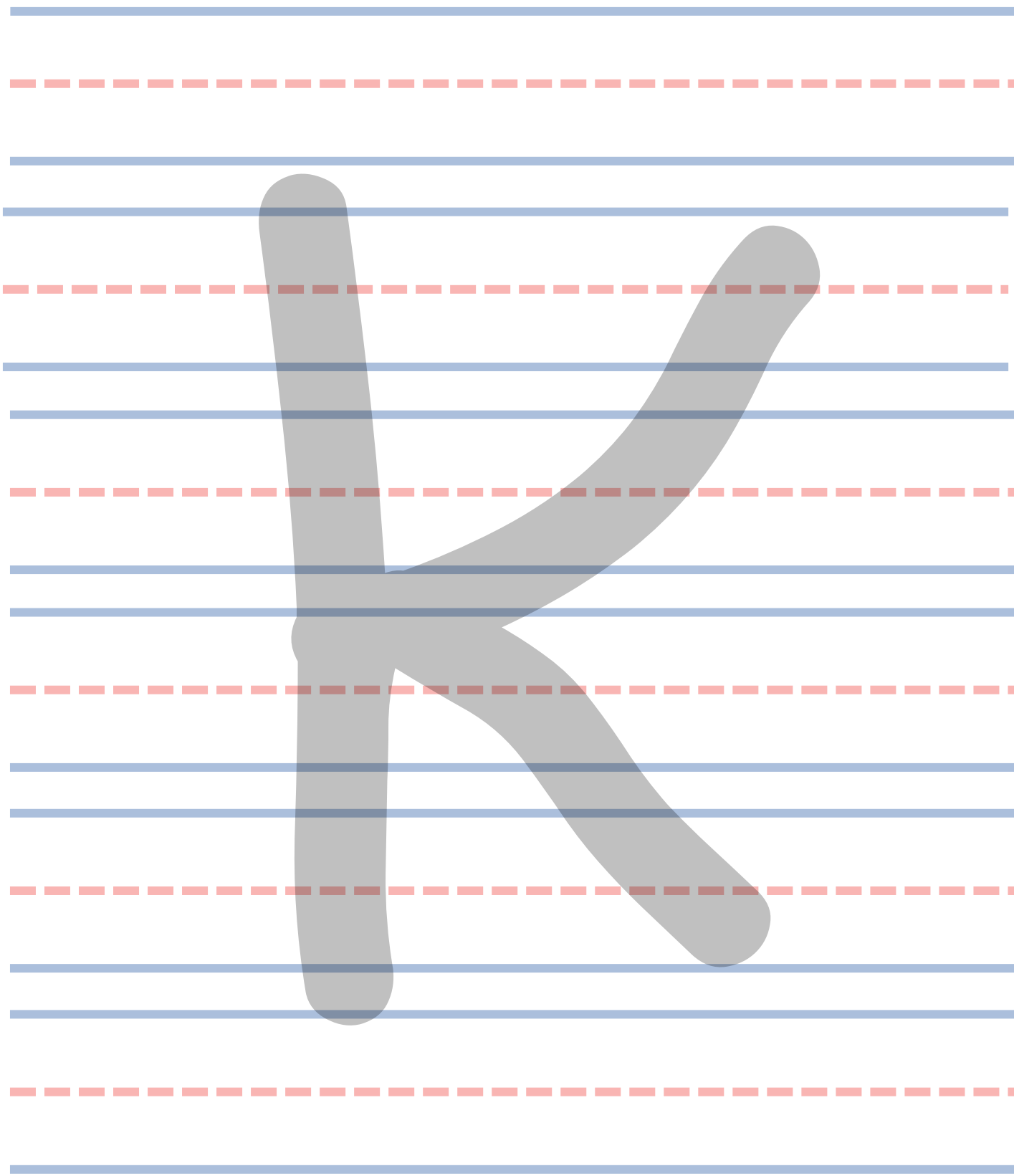
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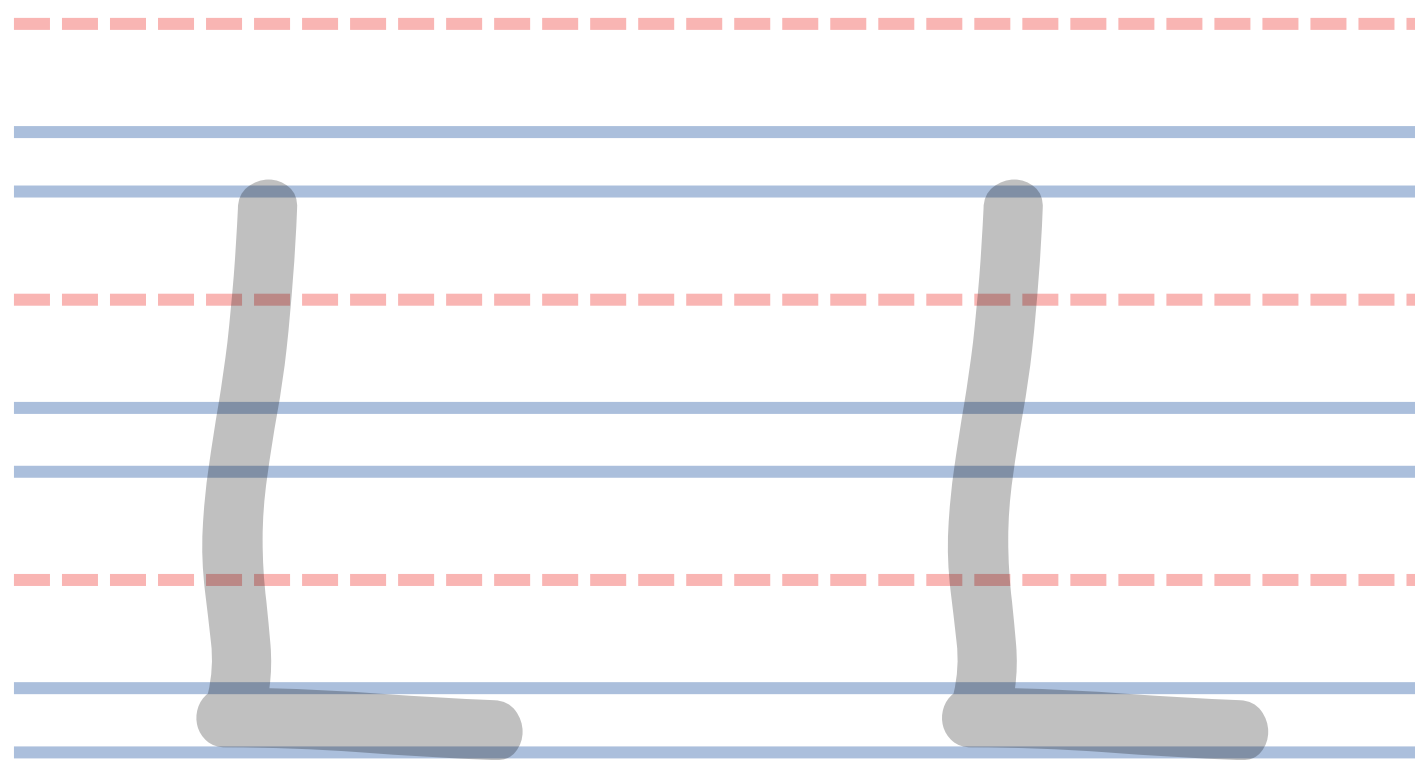
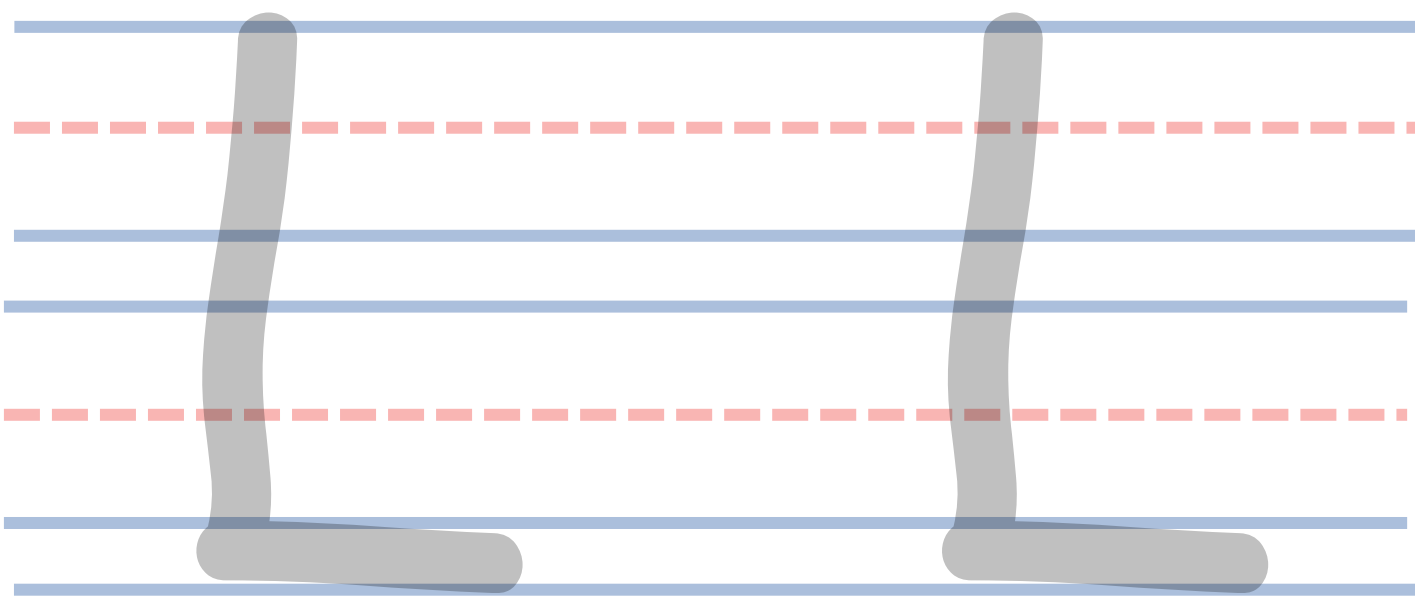
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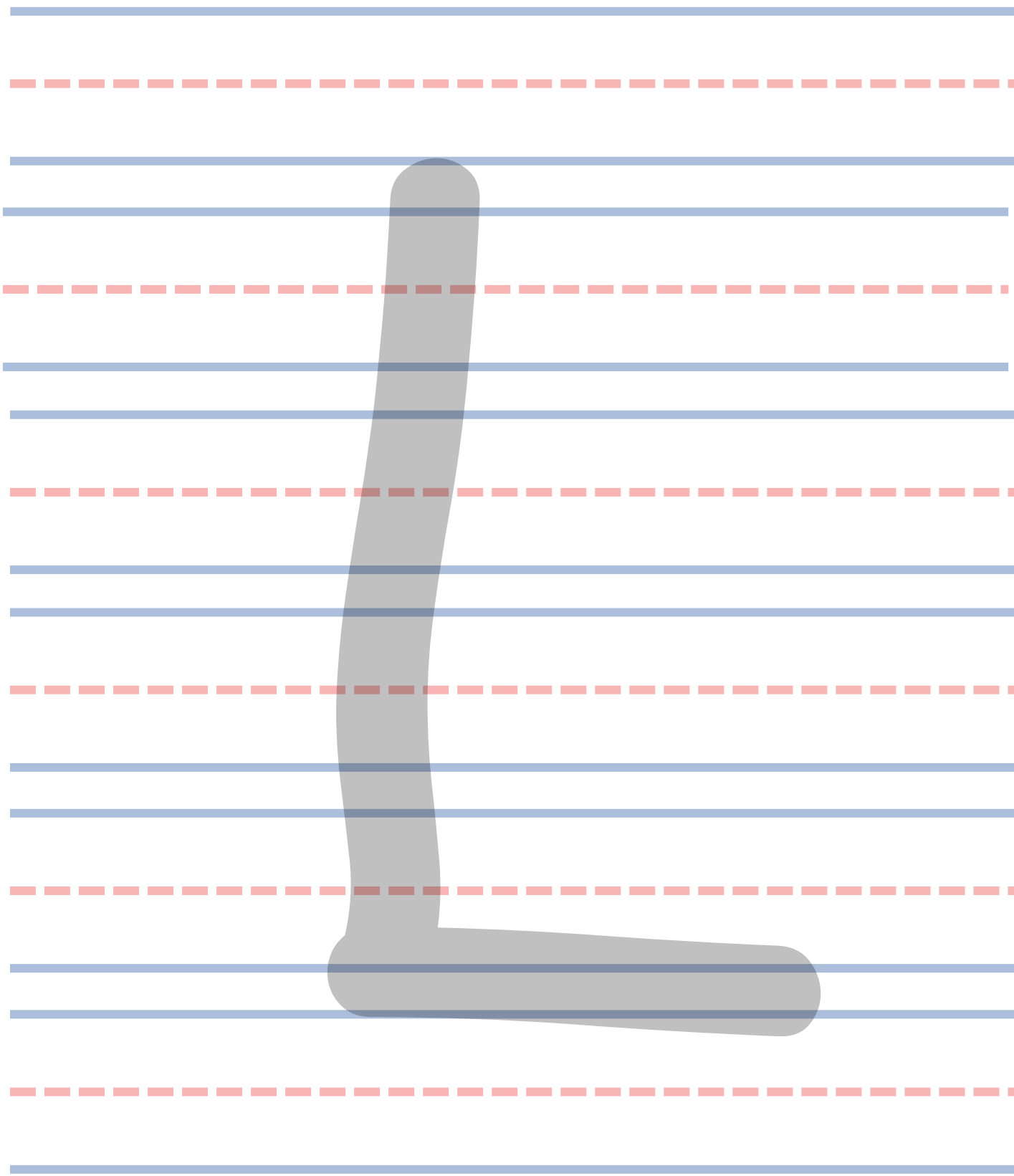


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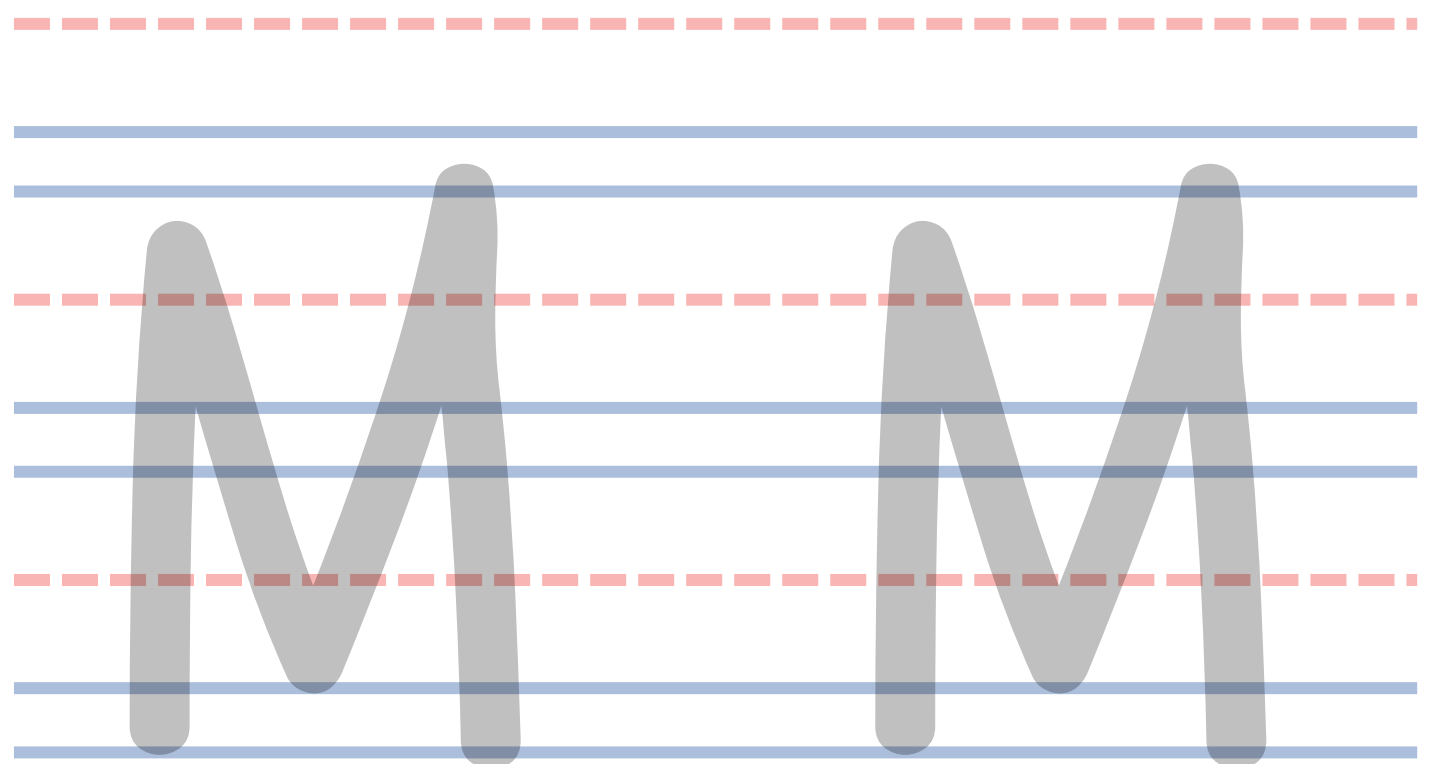
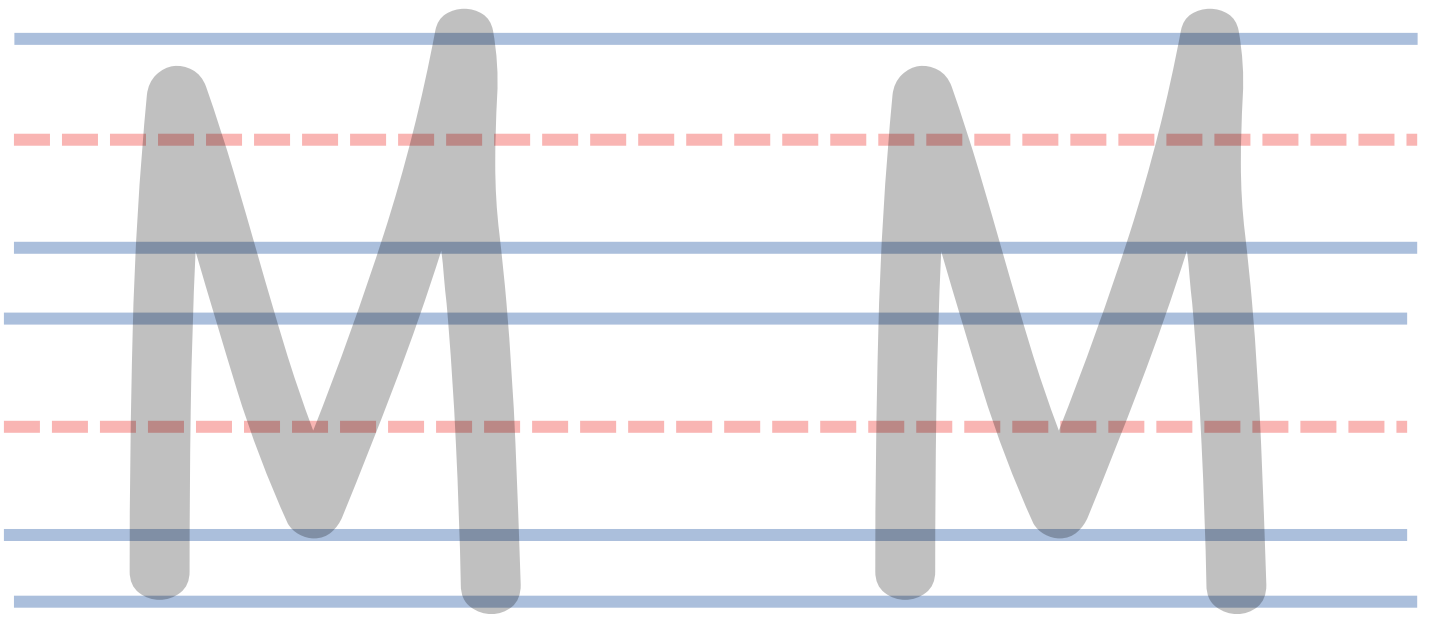


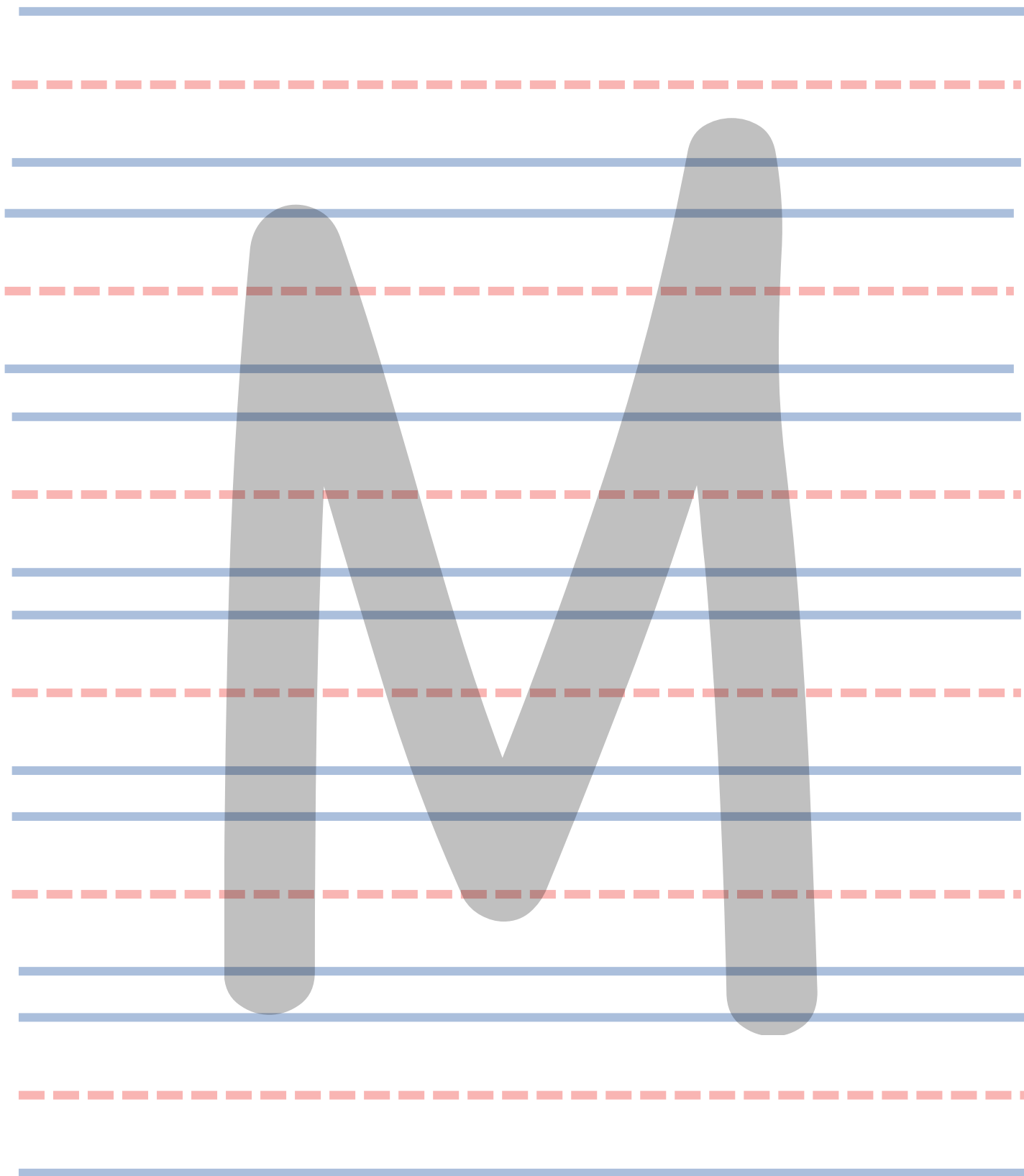


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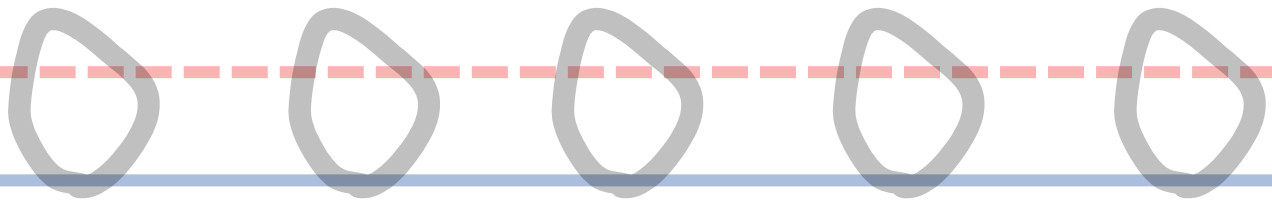
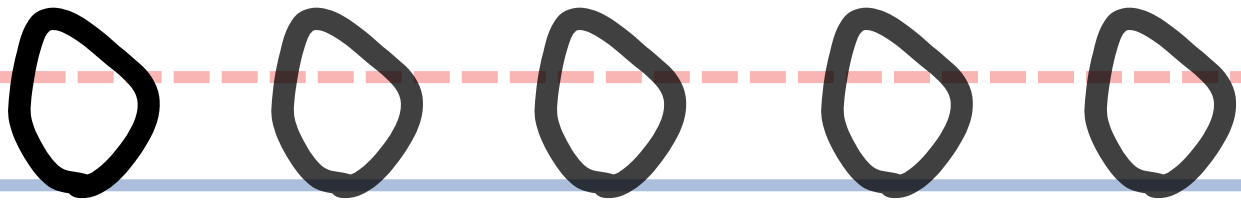
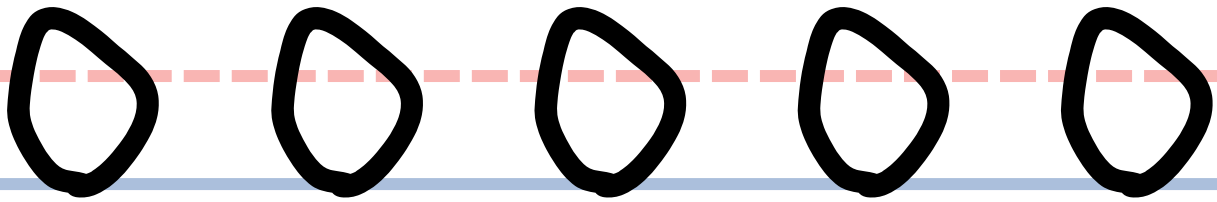
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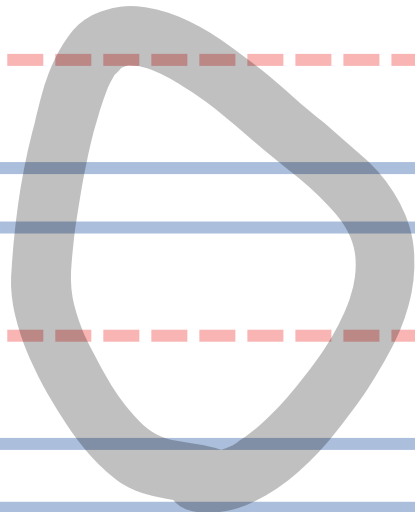
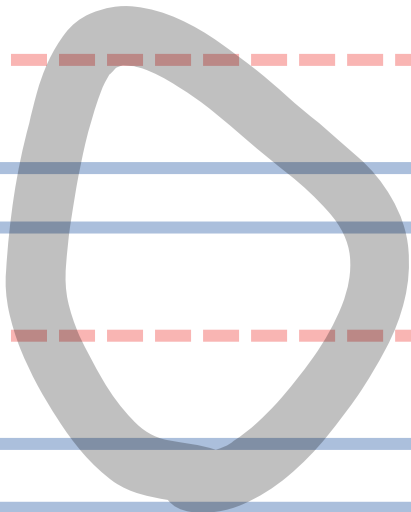
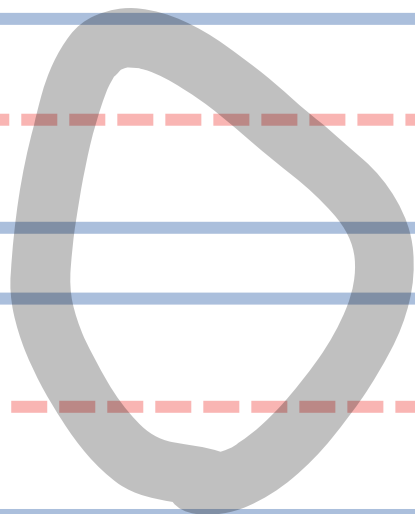
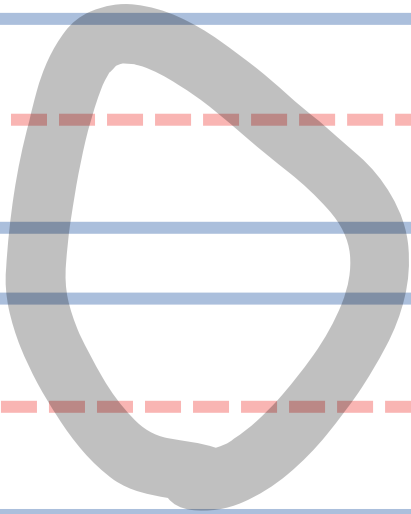
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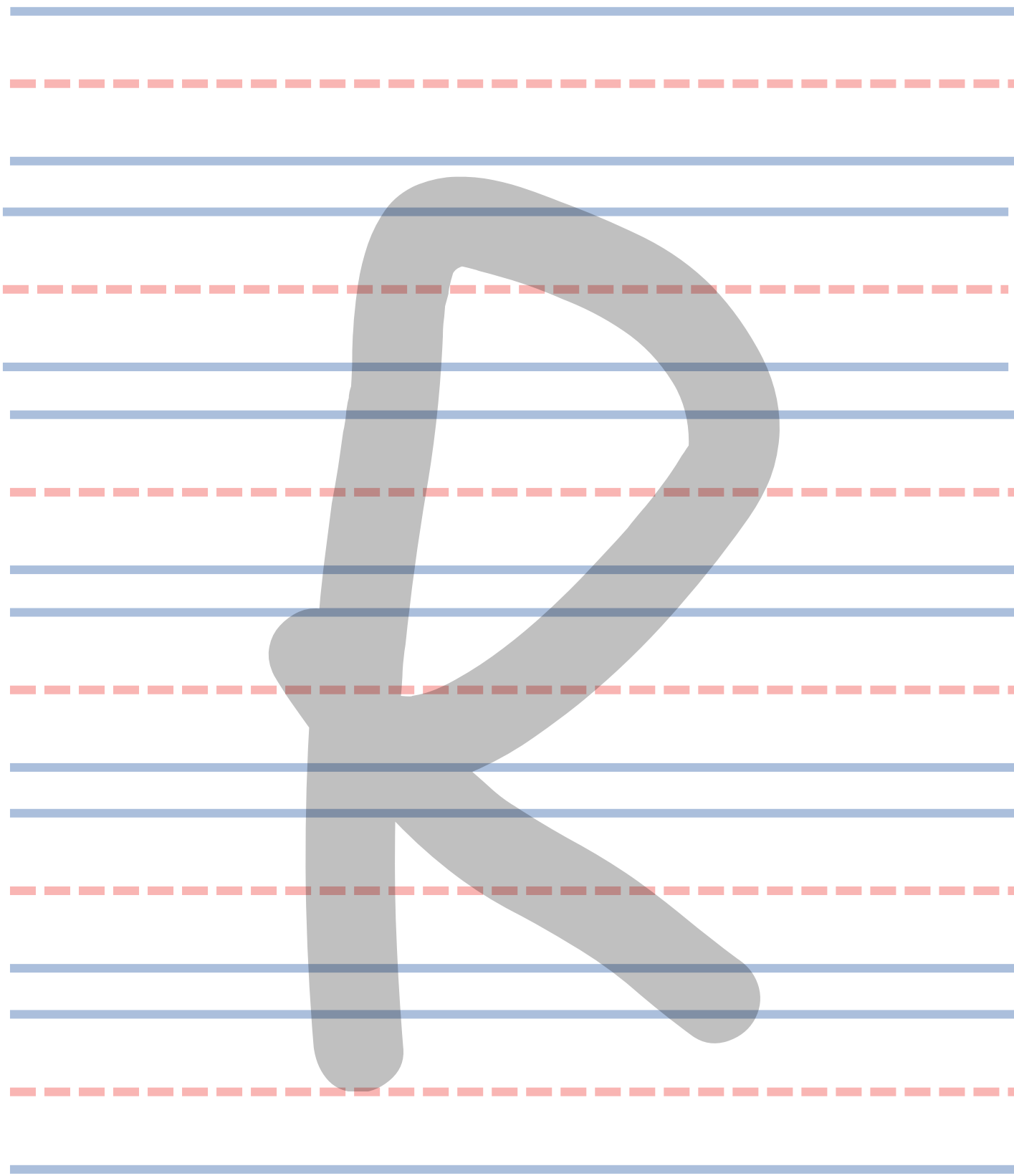
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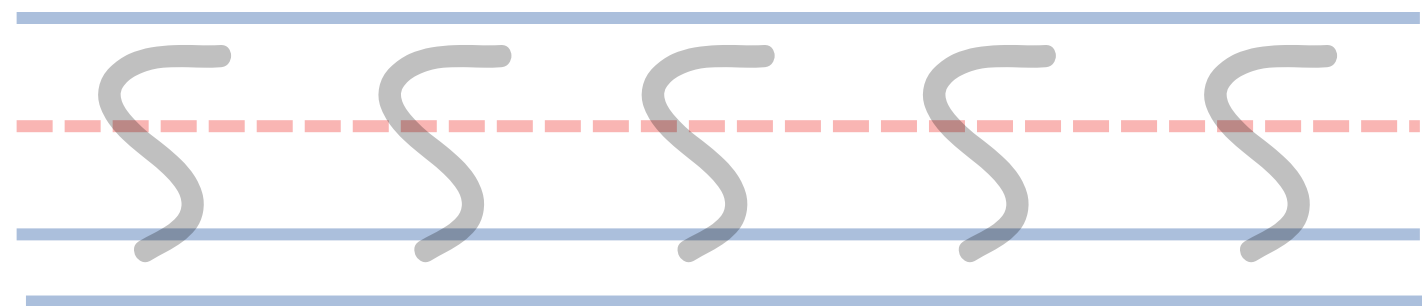
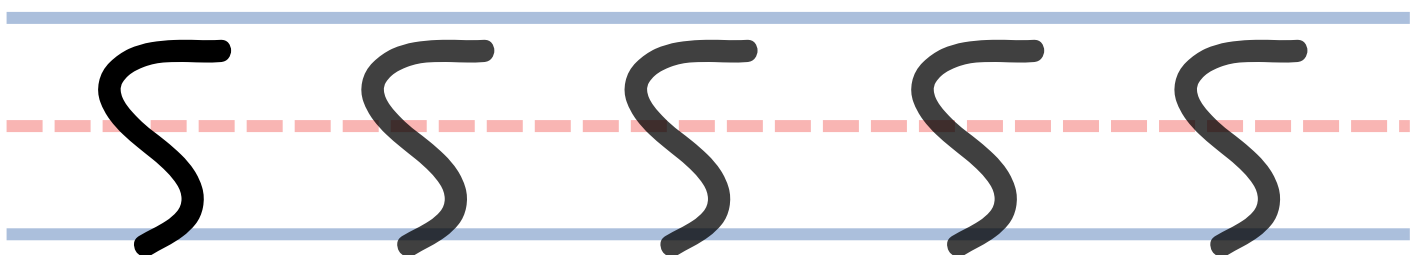
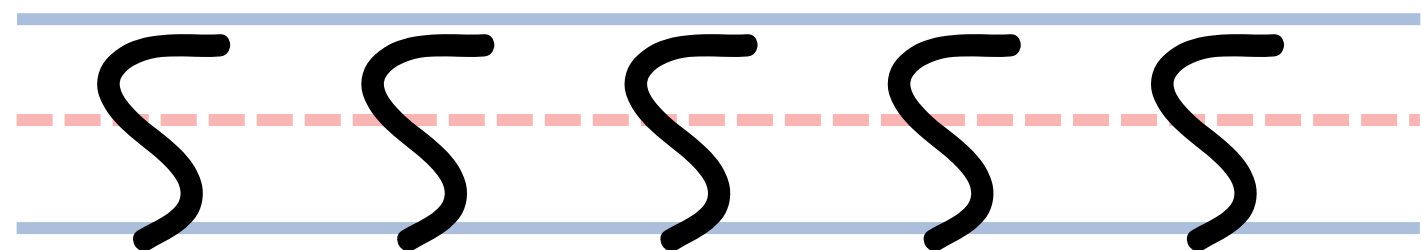
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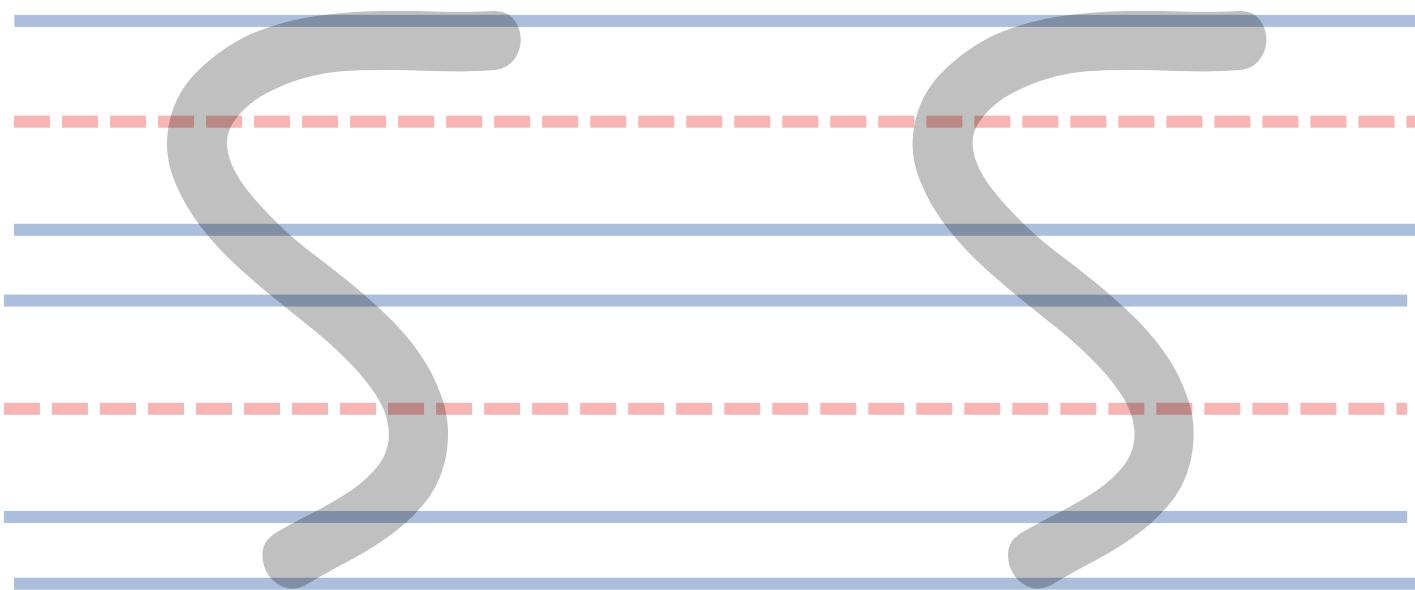
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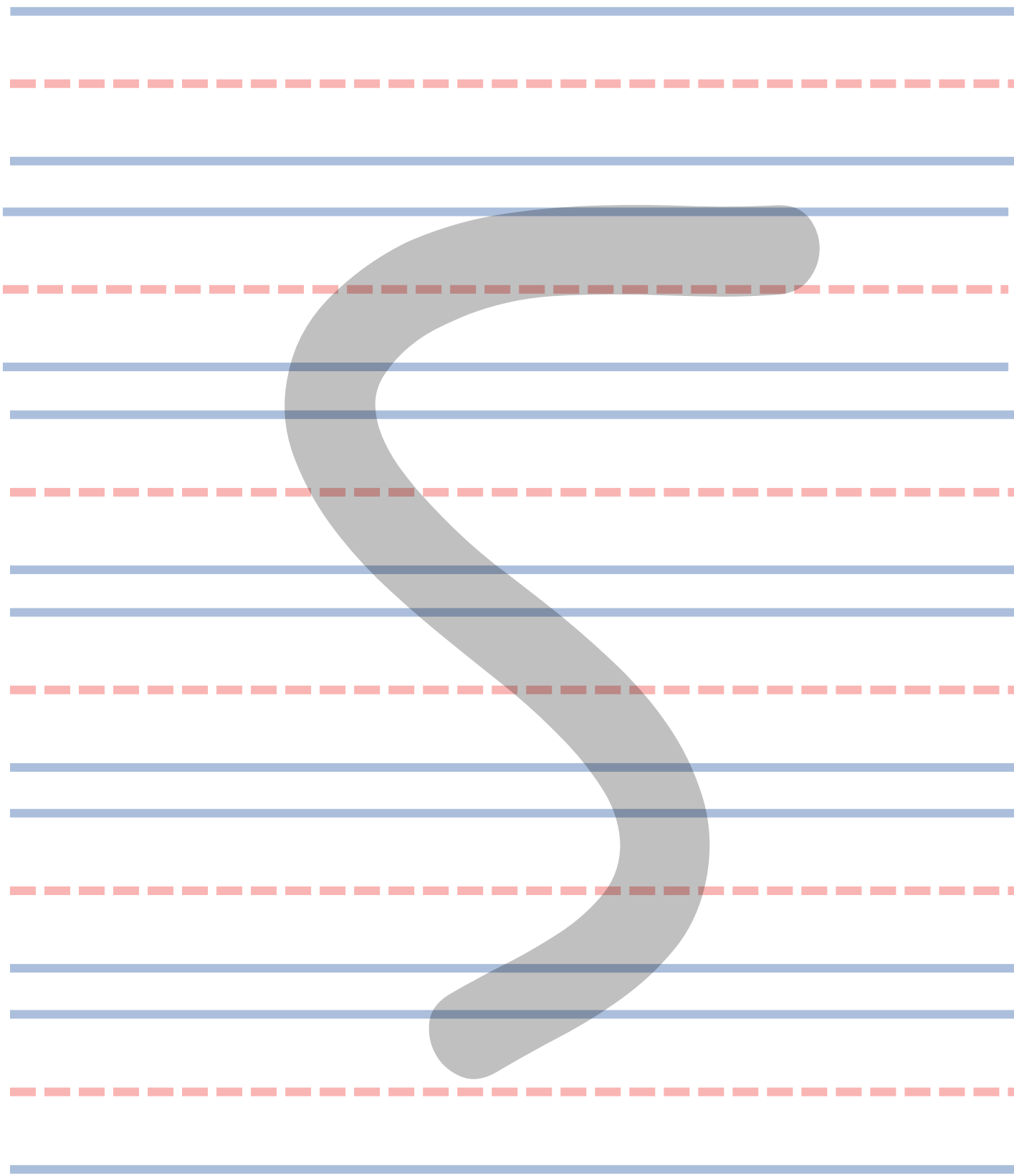
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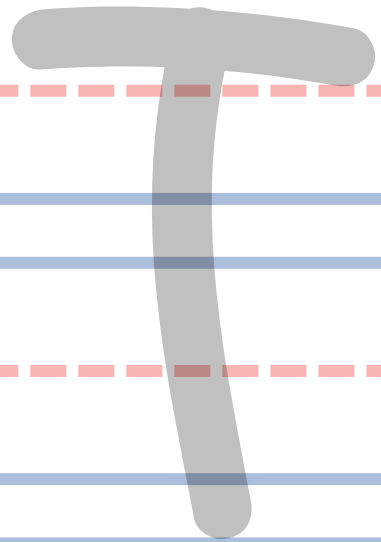
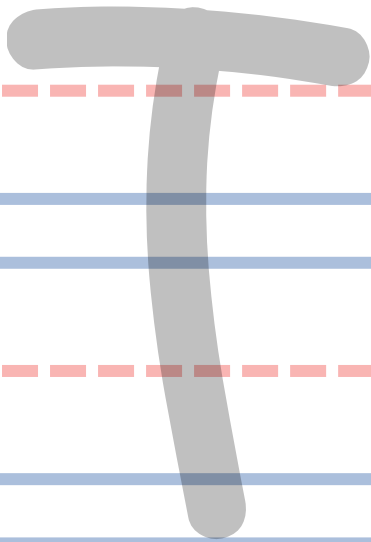
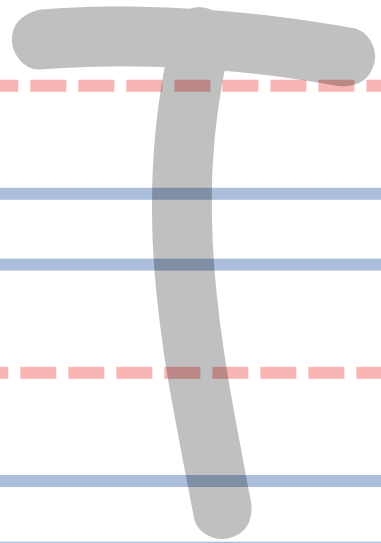
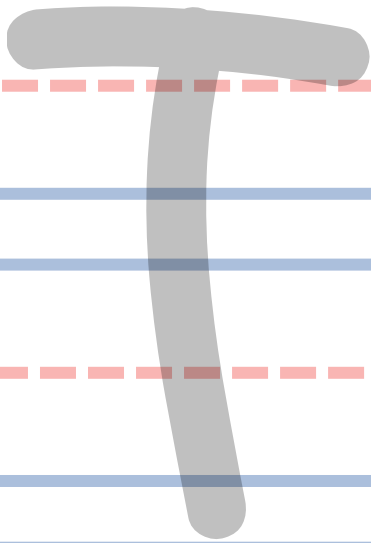


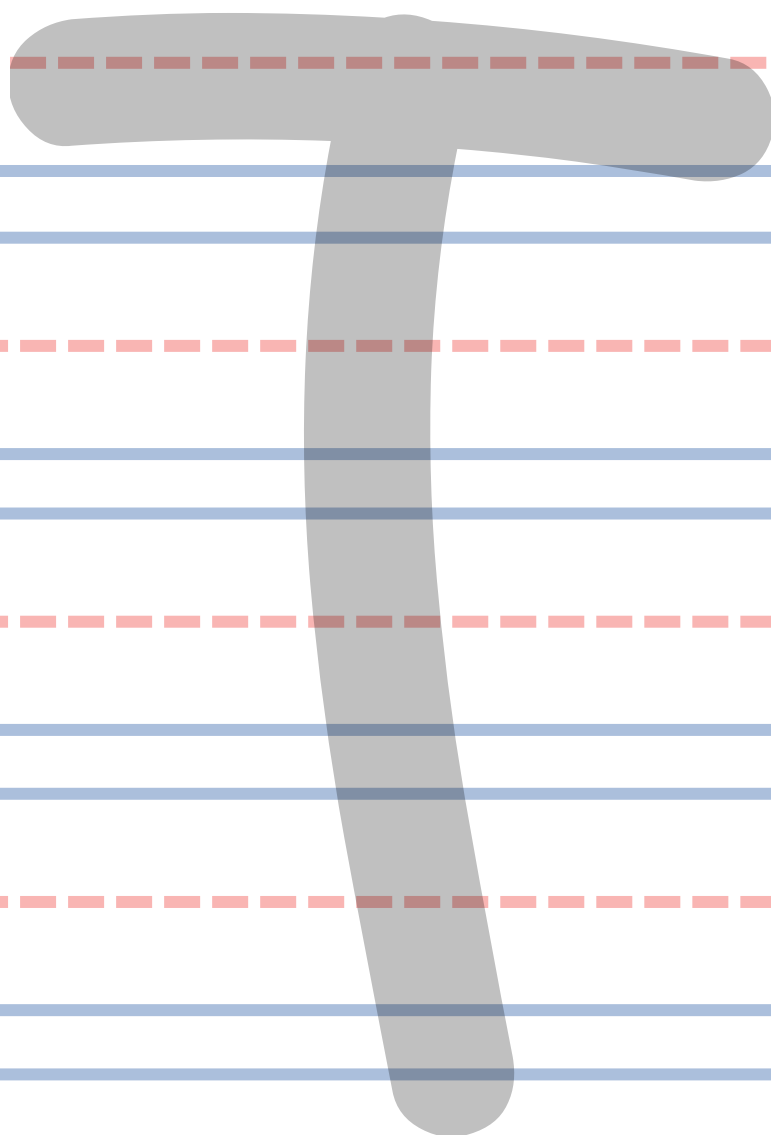


T T T T T

T T T T T

T T T T T

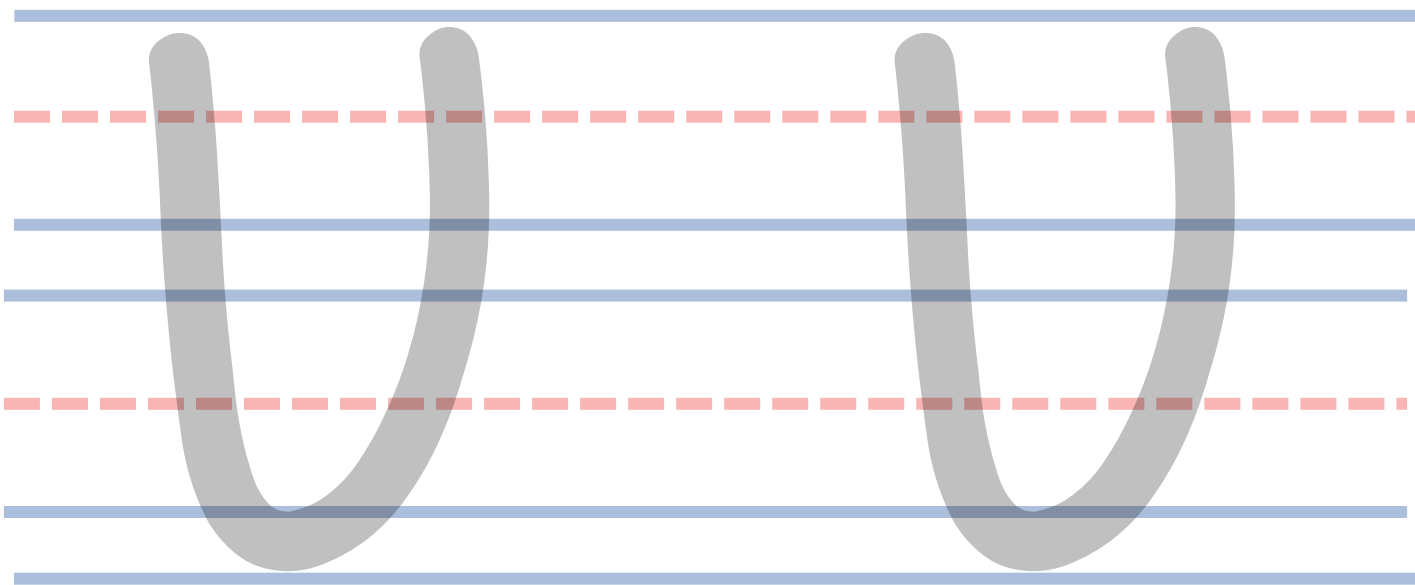


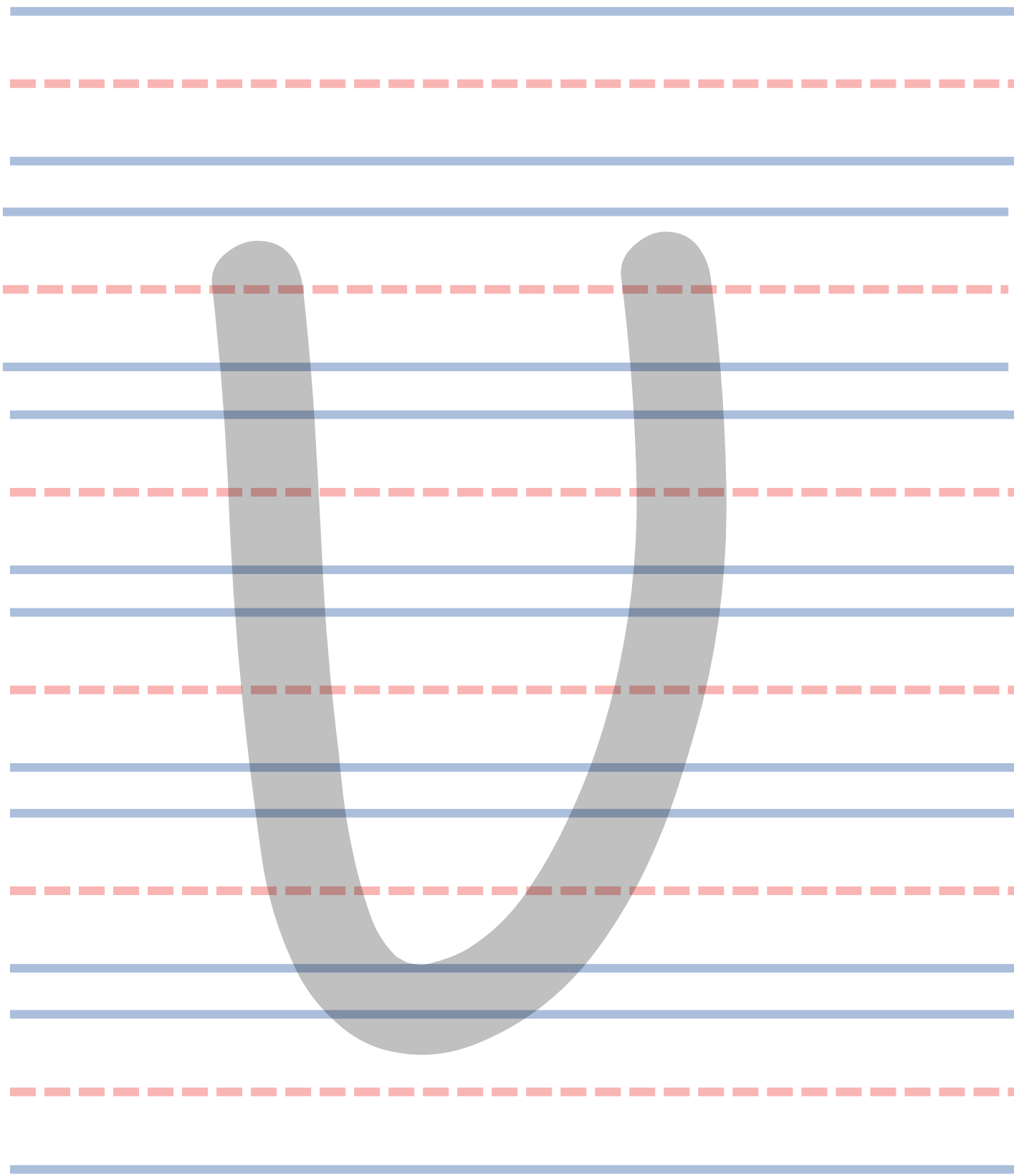


U U U U U

U U U U U

U U U U U





V V V V V

V V V V V

V V V V V

v

v

v

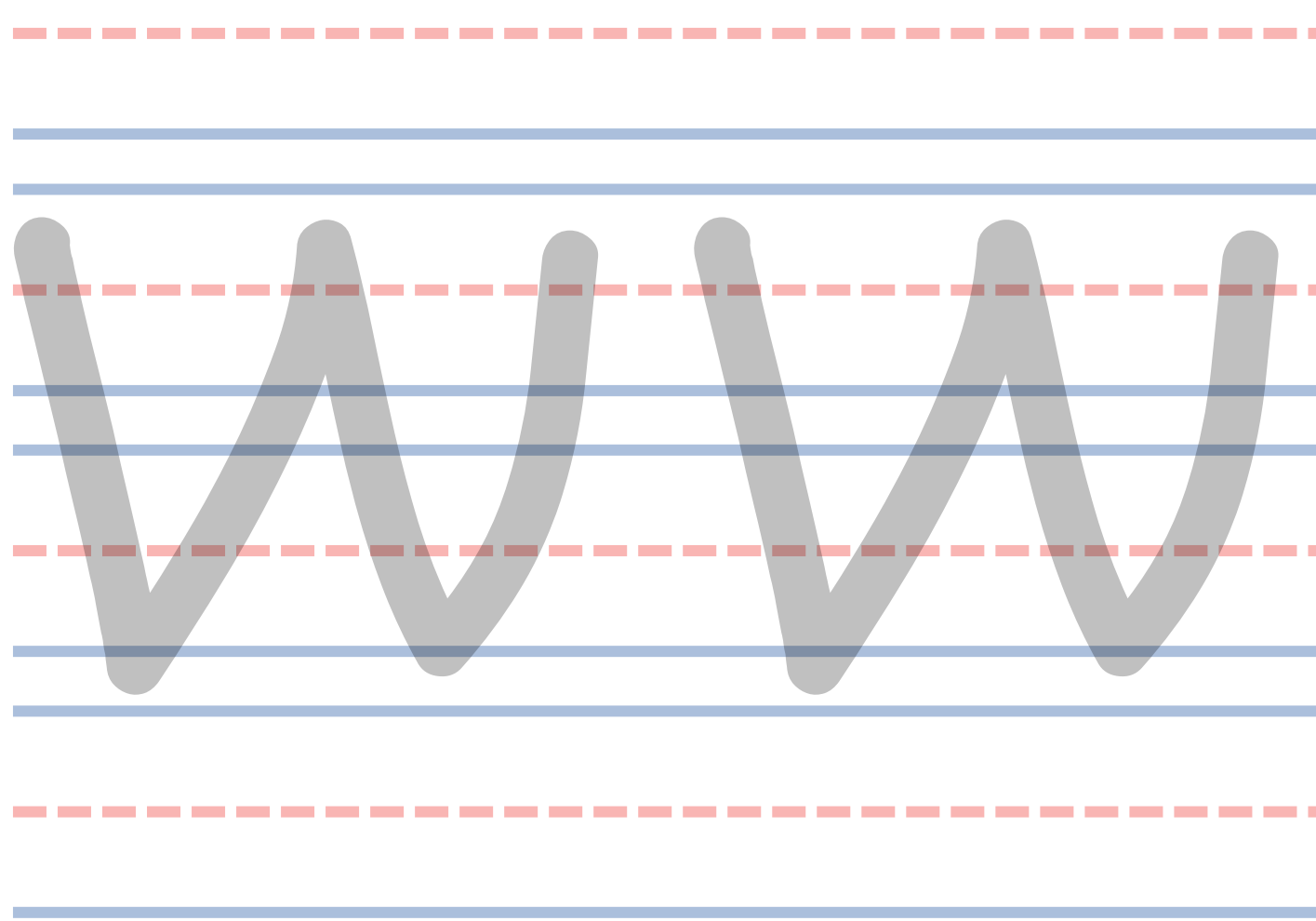
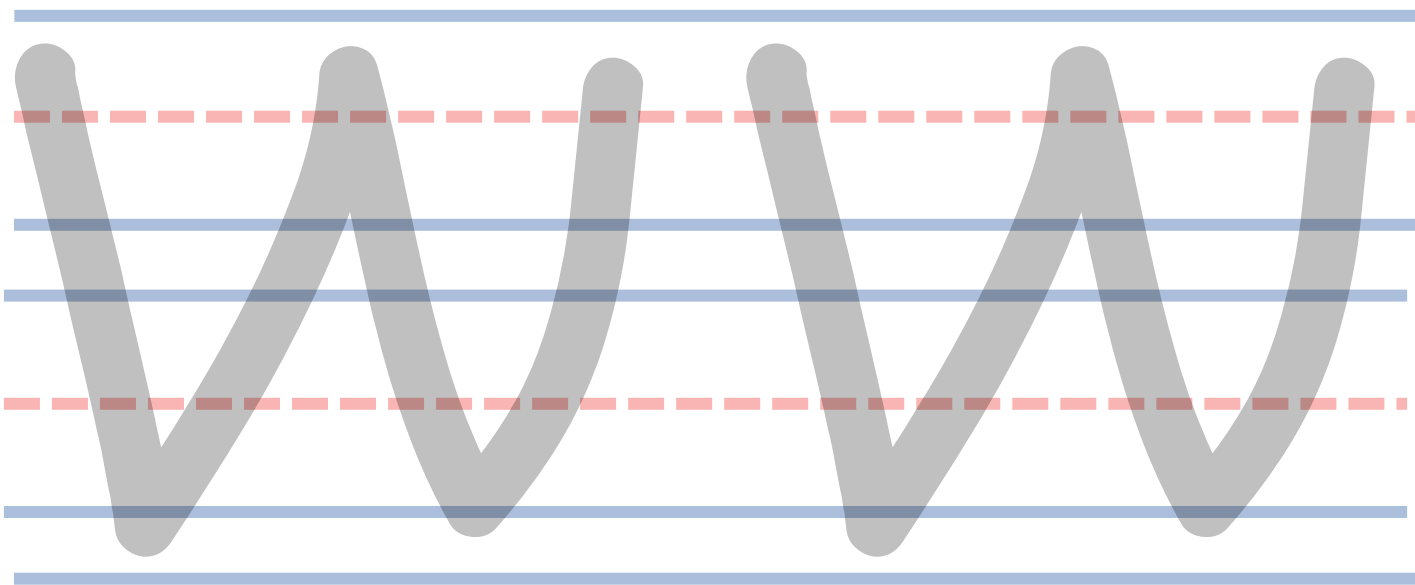
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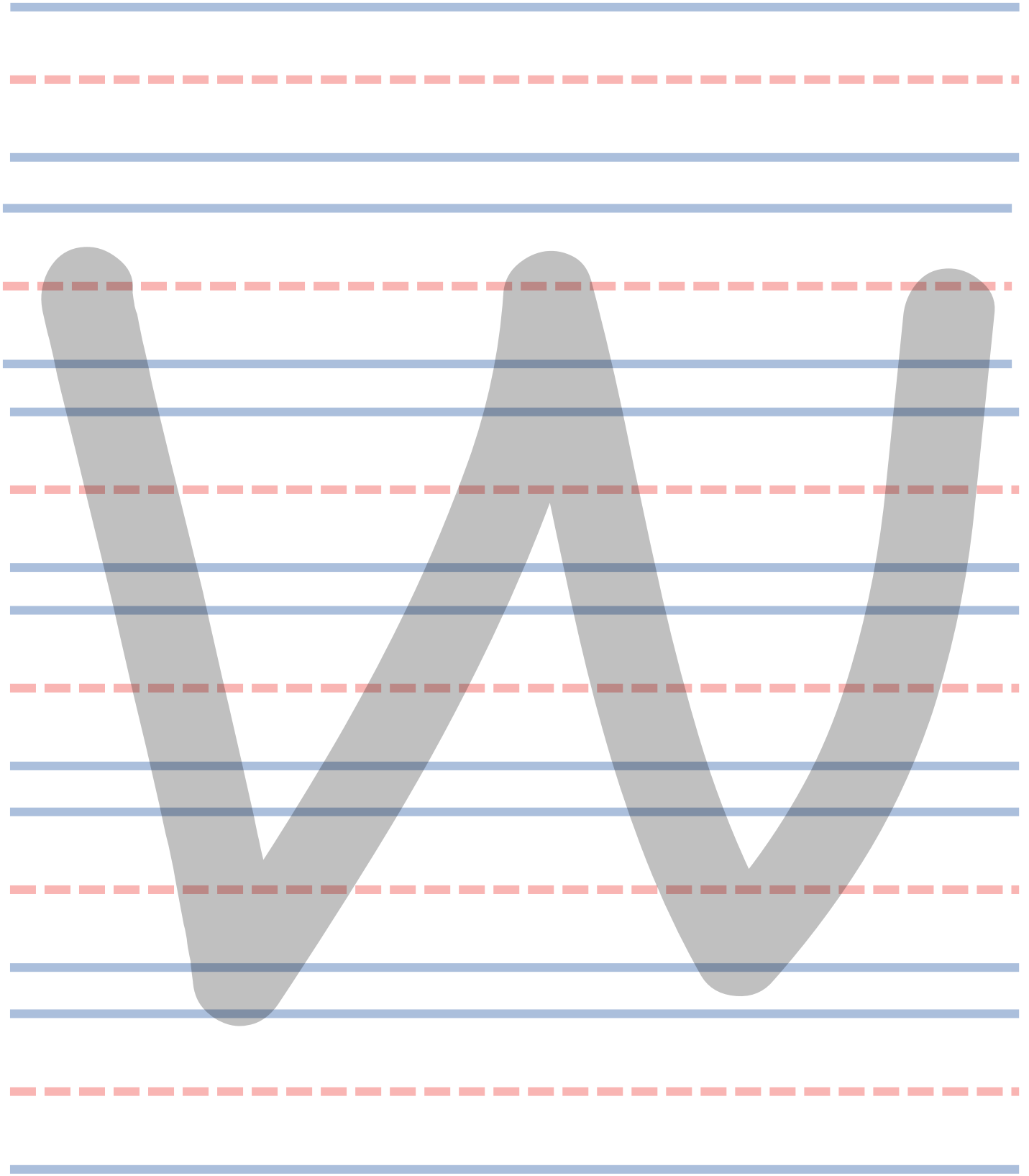
v

W W W W W

W W W W W

W W W W W





x x x x x

x x x x x

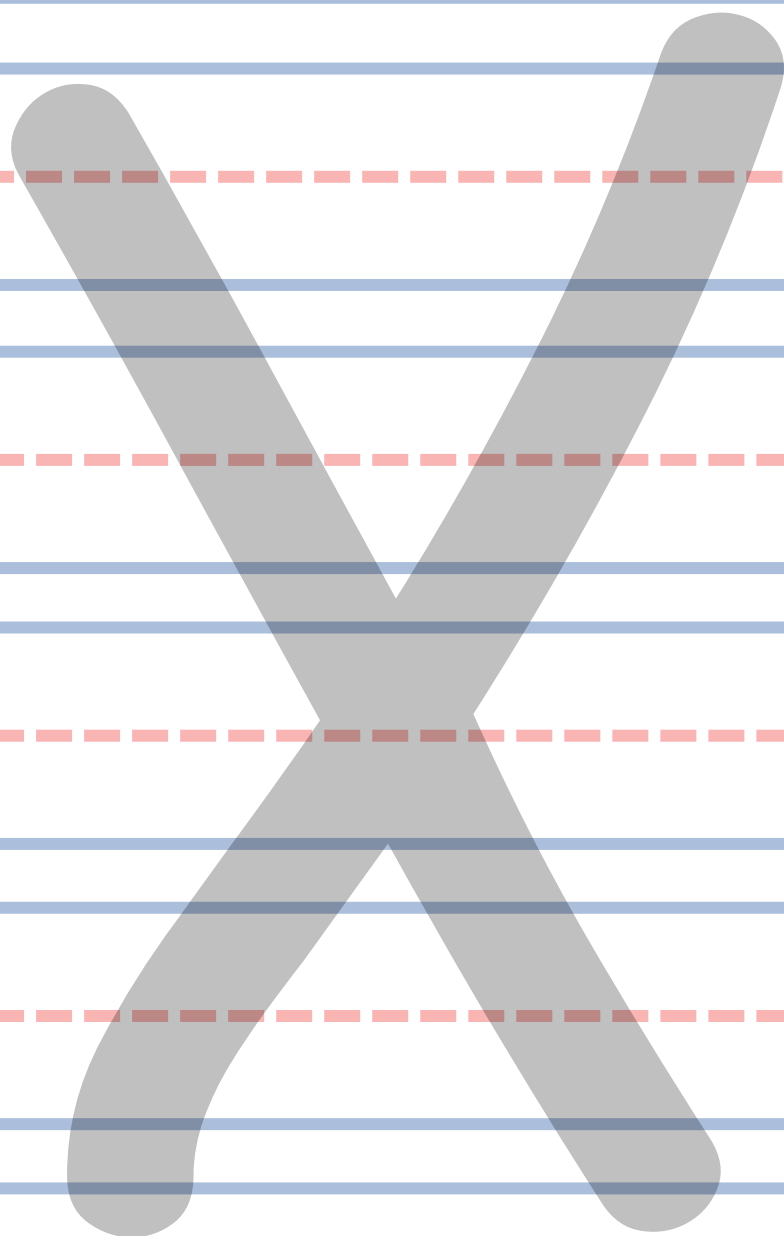
x x x x x

X

X

X

X



Y Y Y Y Y

Y Y Y Y Y

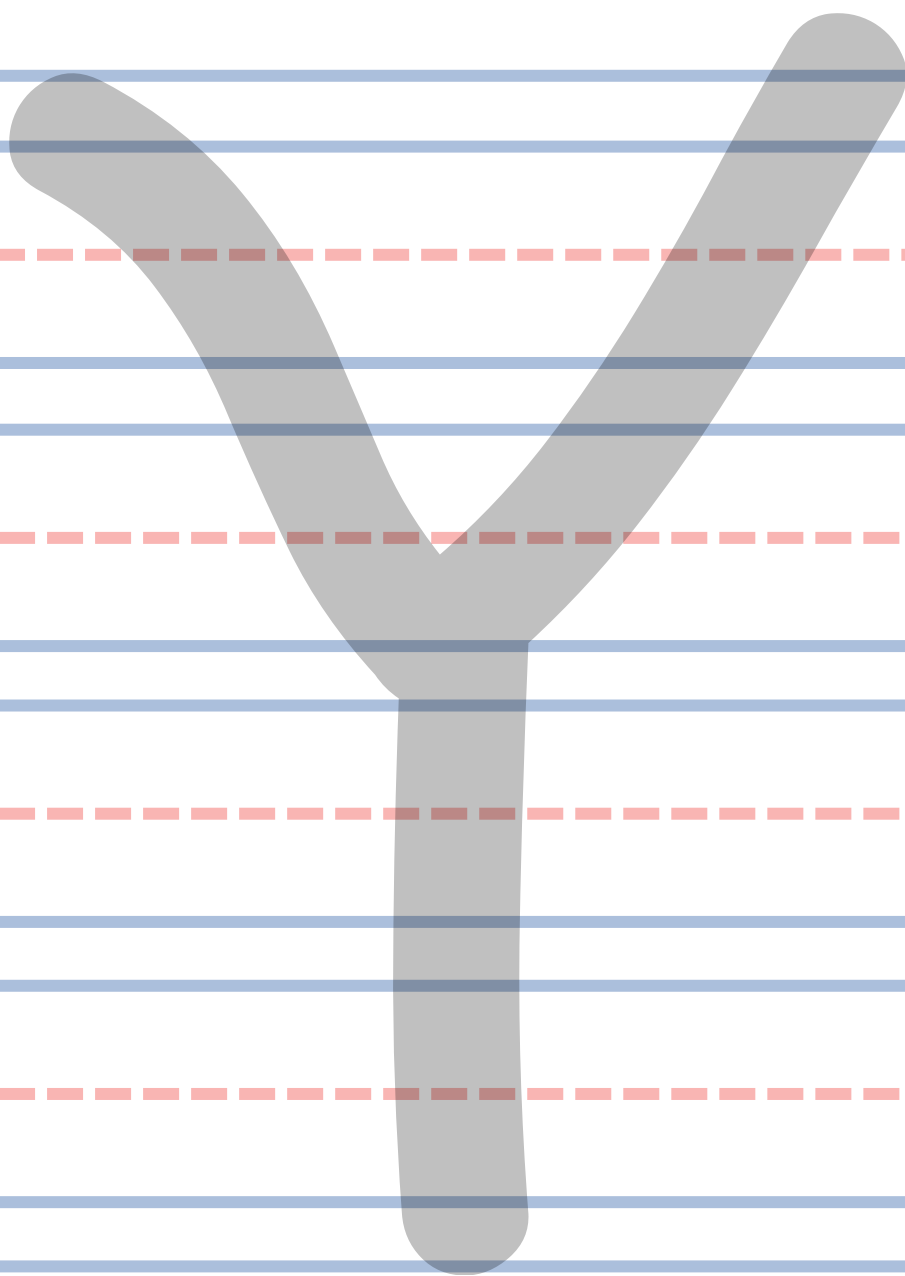
Y Y Y Y Y

Y

Y

Y

Y



z z z z z

z z z z z

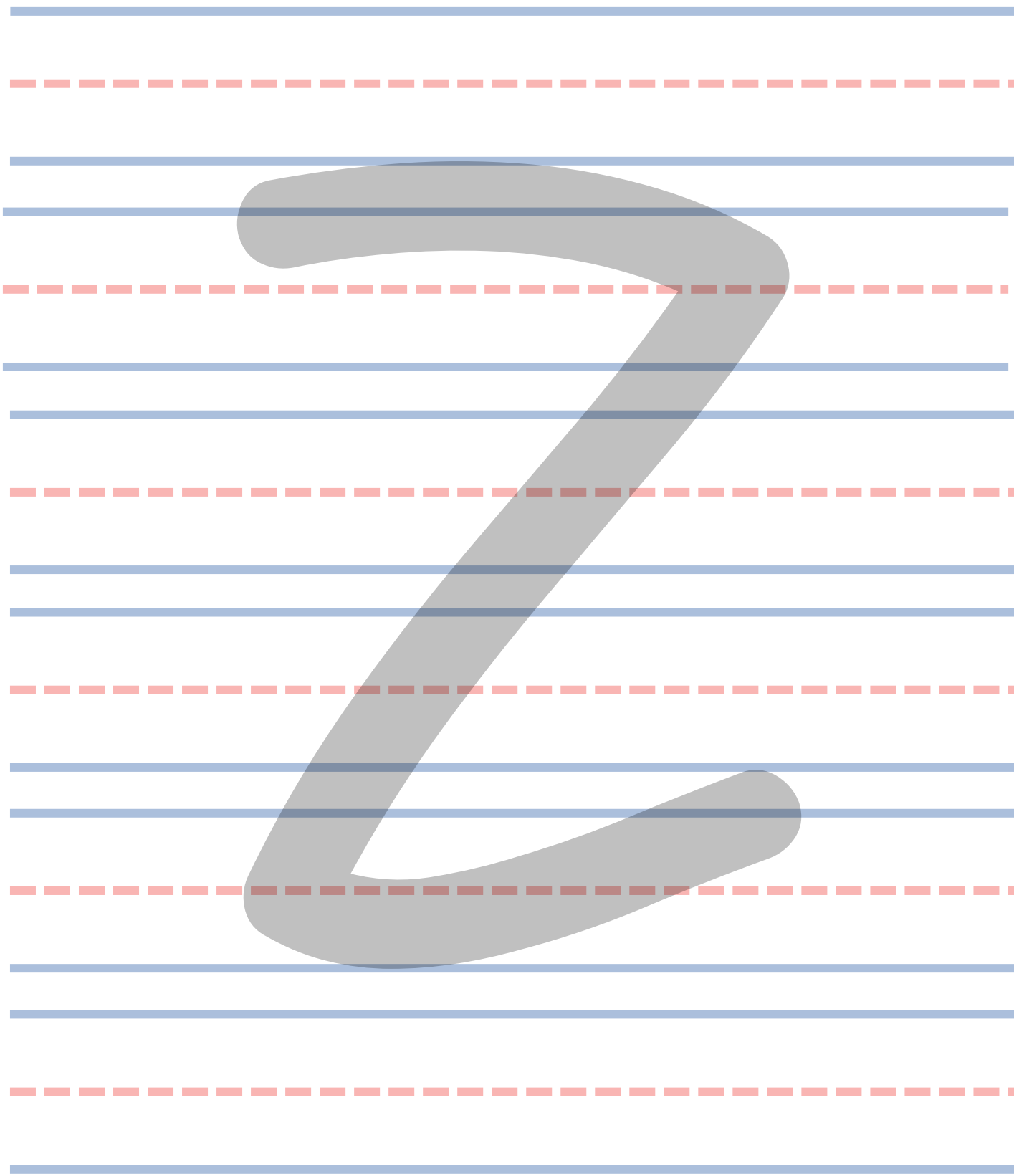
z z z z z

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z

z

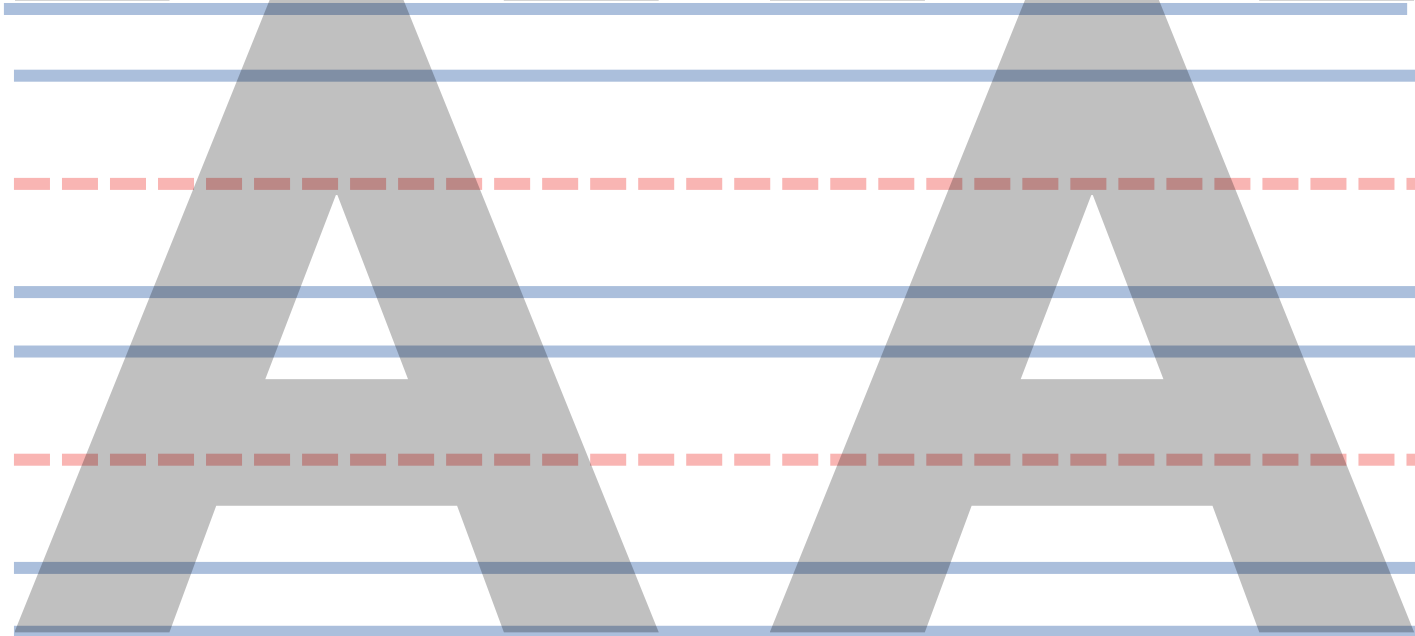
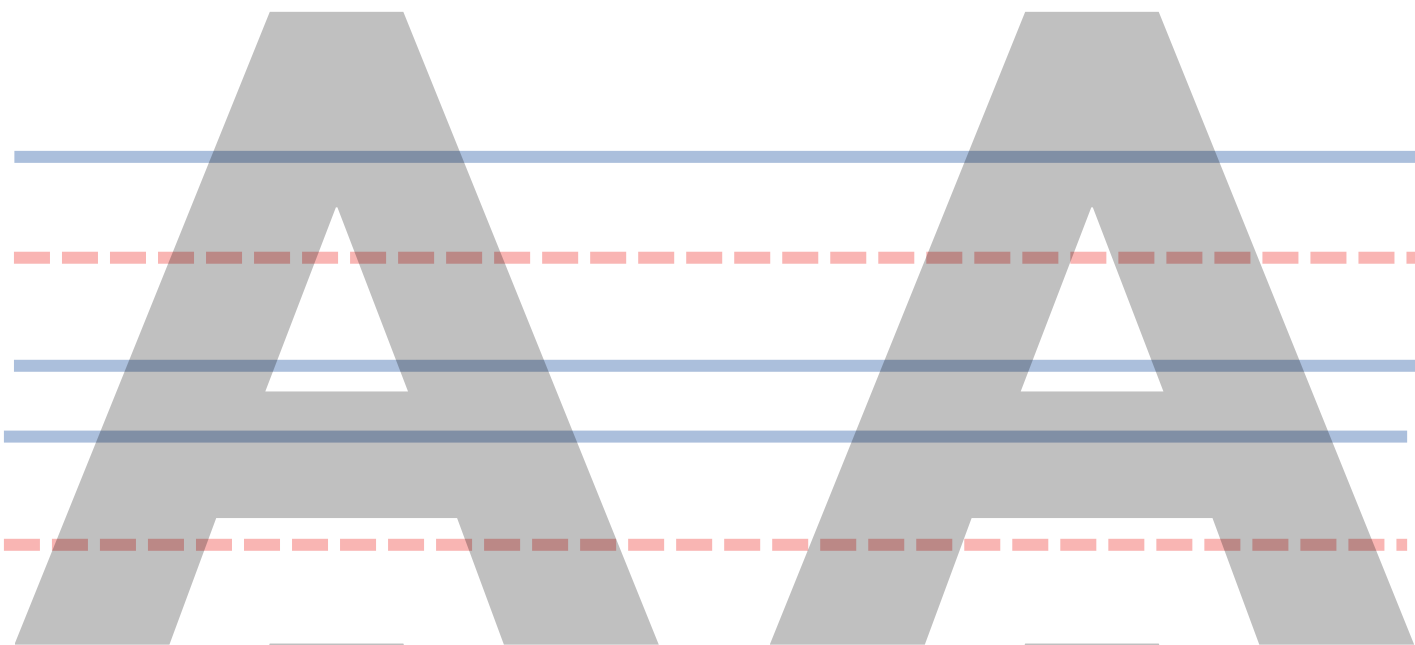


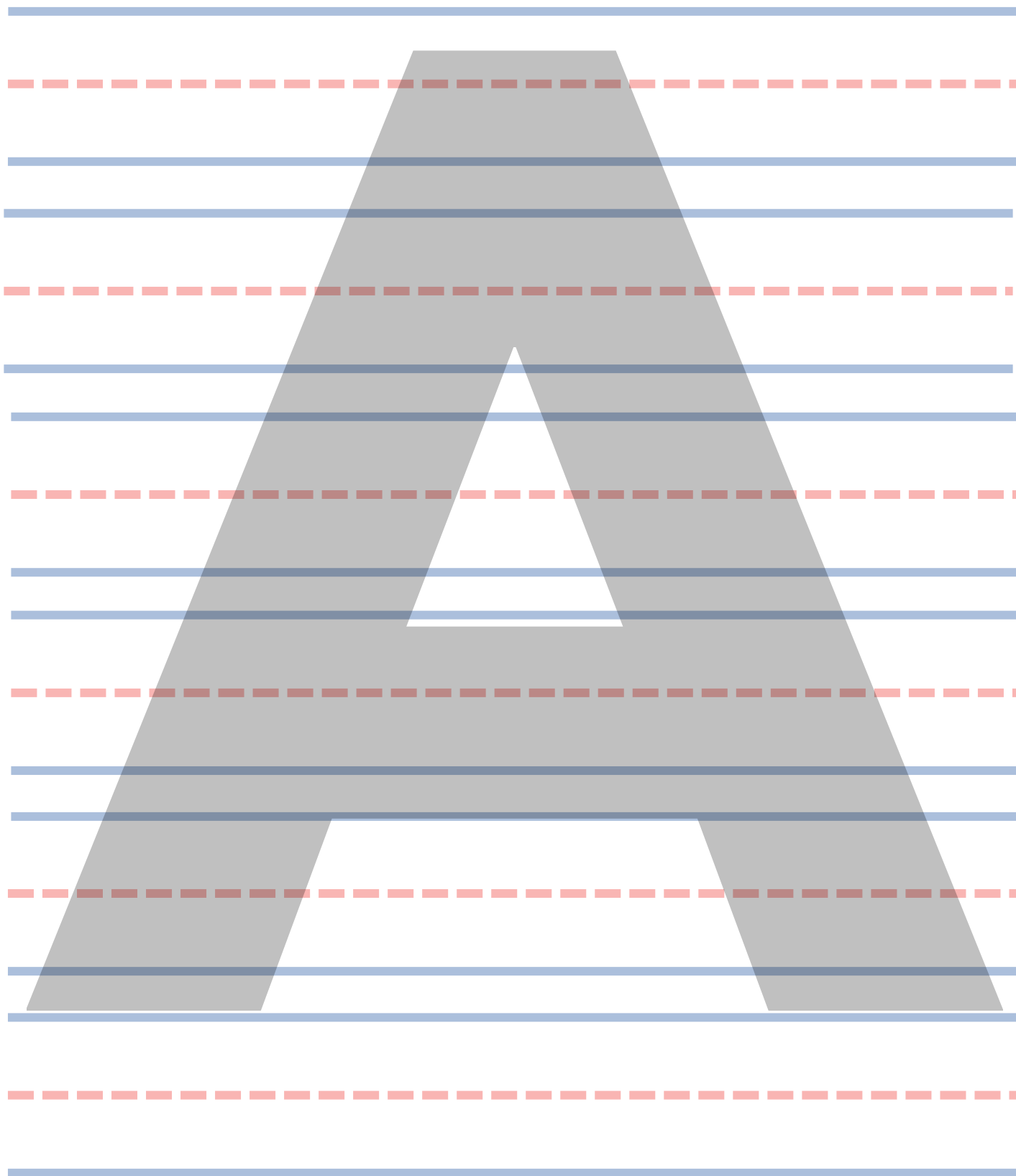
A A A A A

A A A A A

A A A A A

Handwriting practice lines consisting of three rows of empty guides. Each row includes a solid blue top line, a dashed red middle line, and a solid blue bottom line.





V V V V V

V V V V V

V V V V V

B B

B B

B B

B B

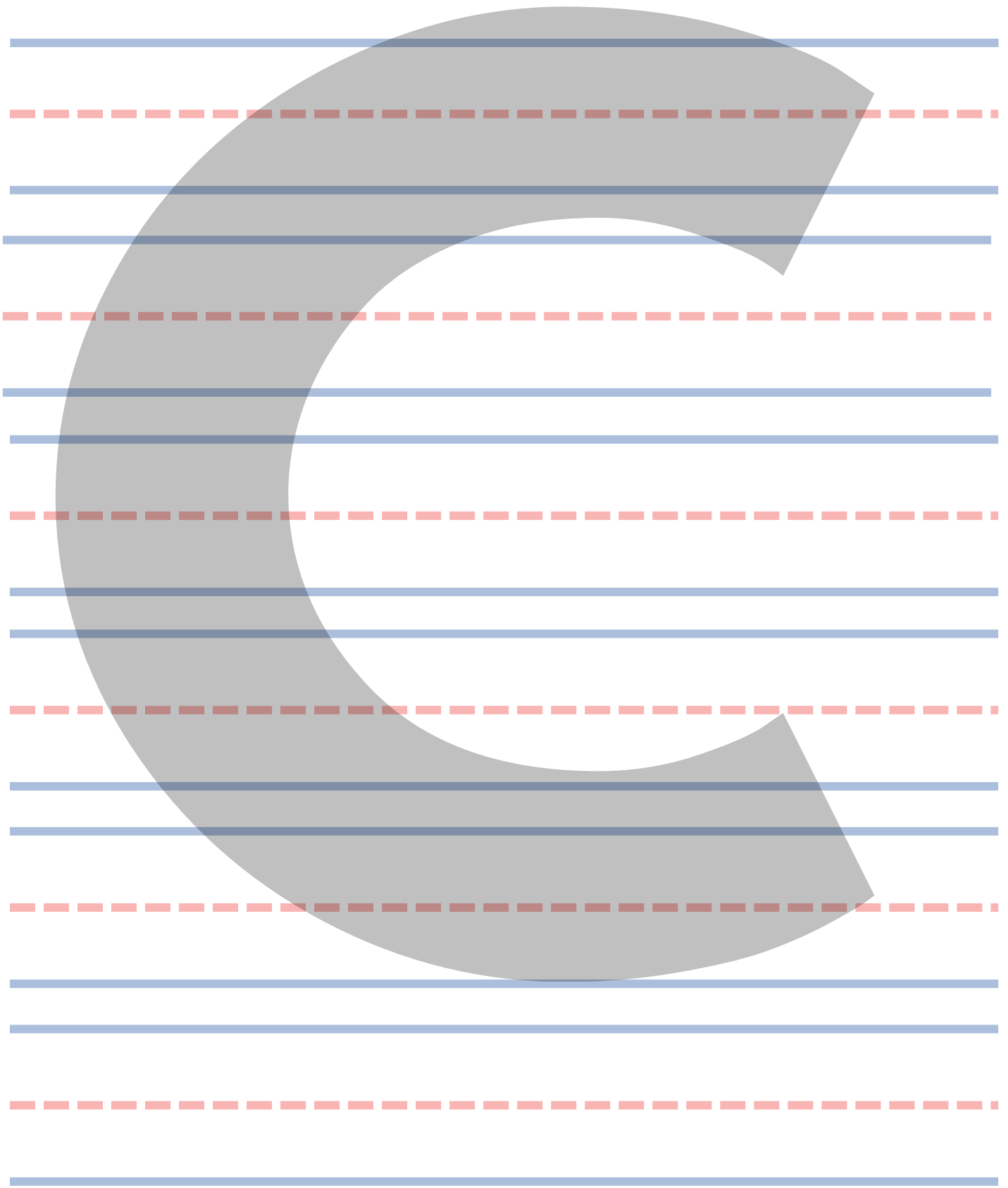


C C C C C

C C C C C

C C C C C

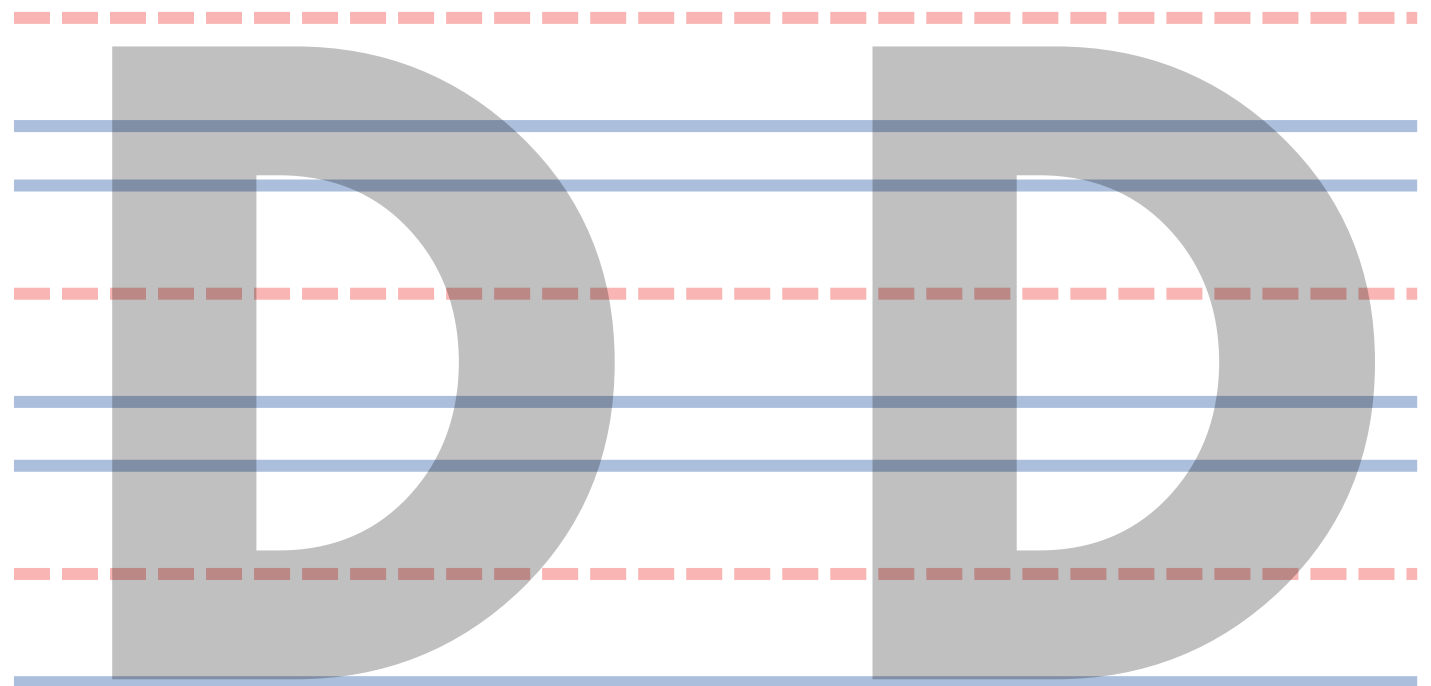
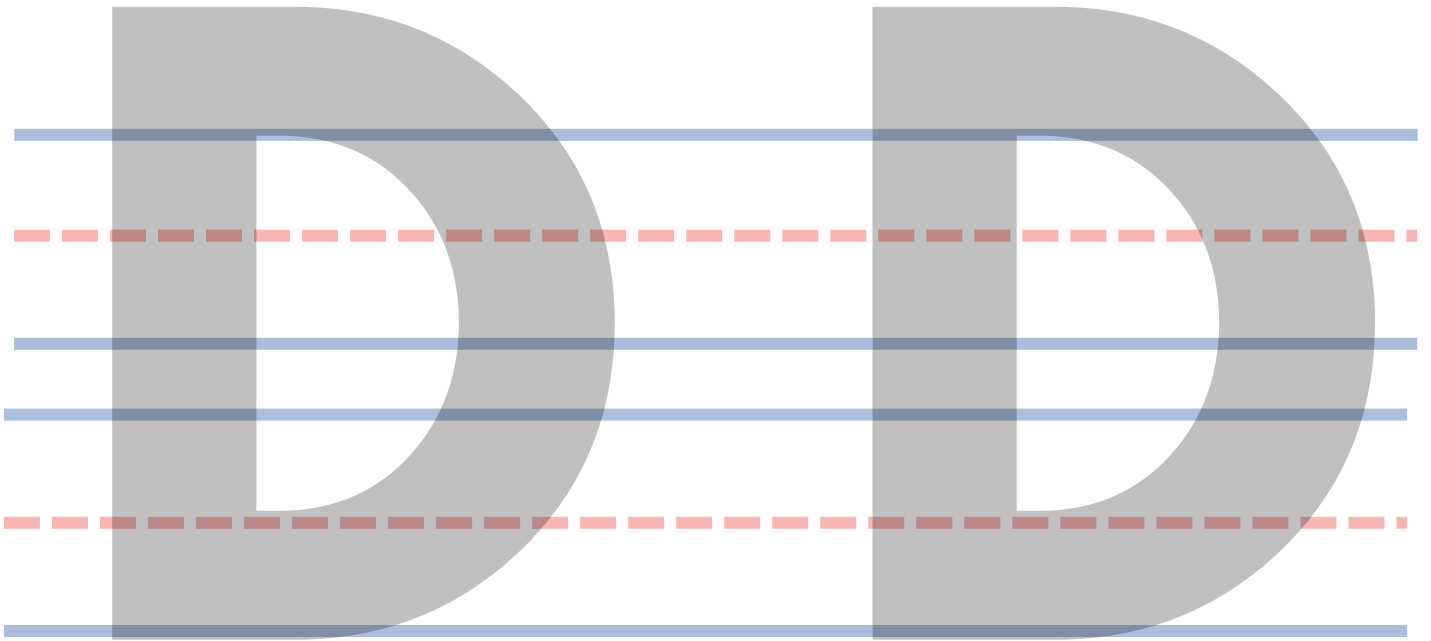


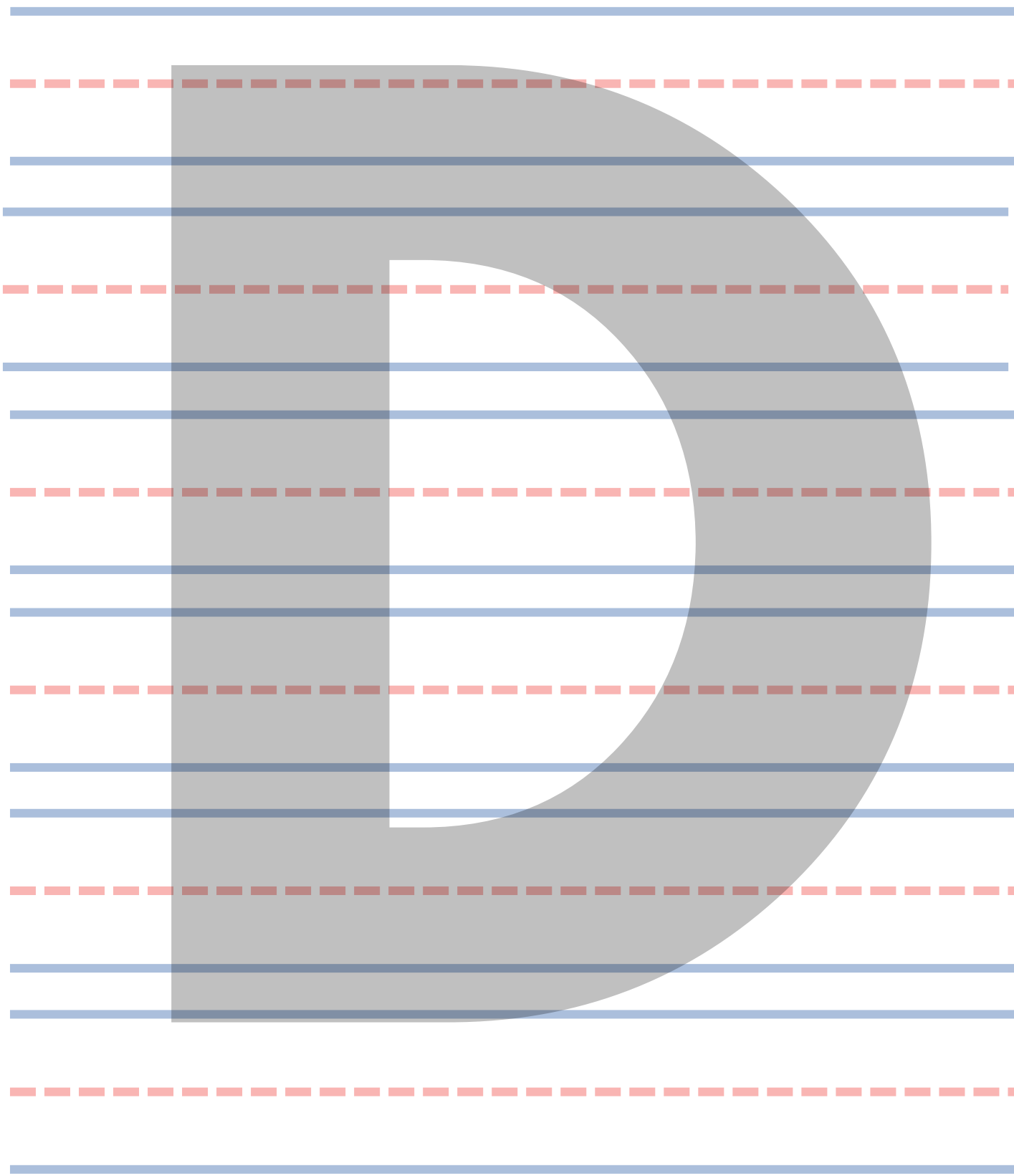


D D D D D

D D D D D

D D D D D

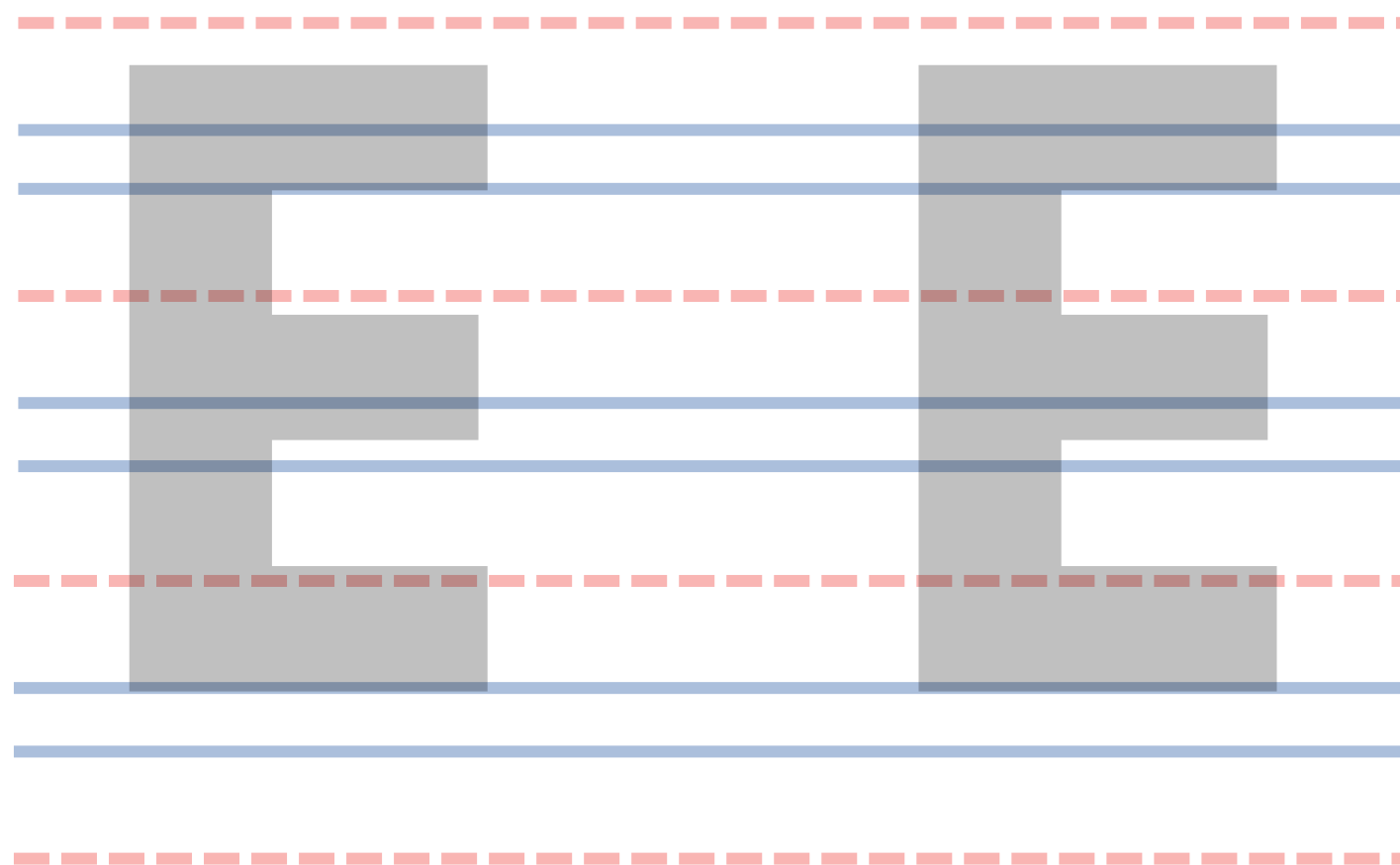
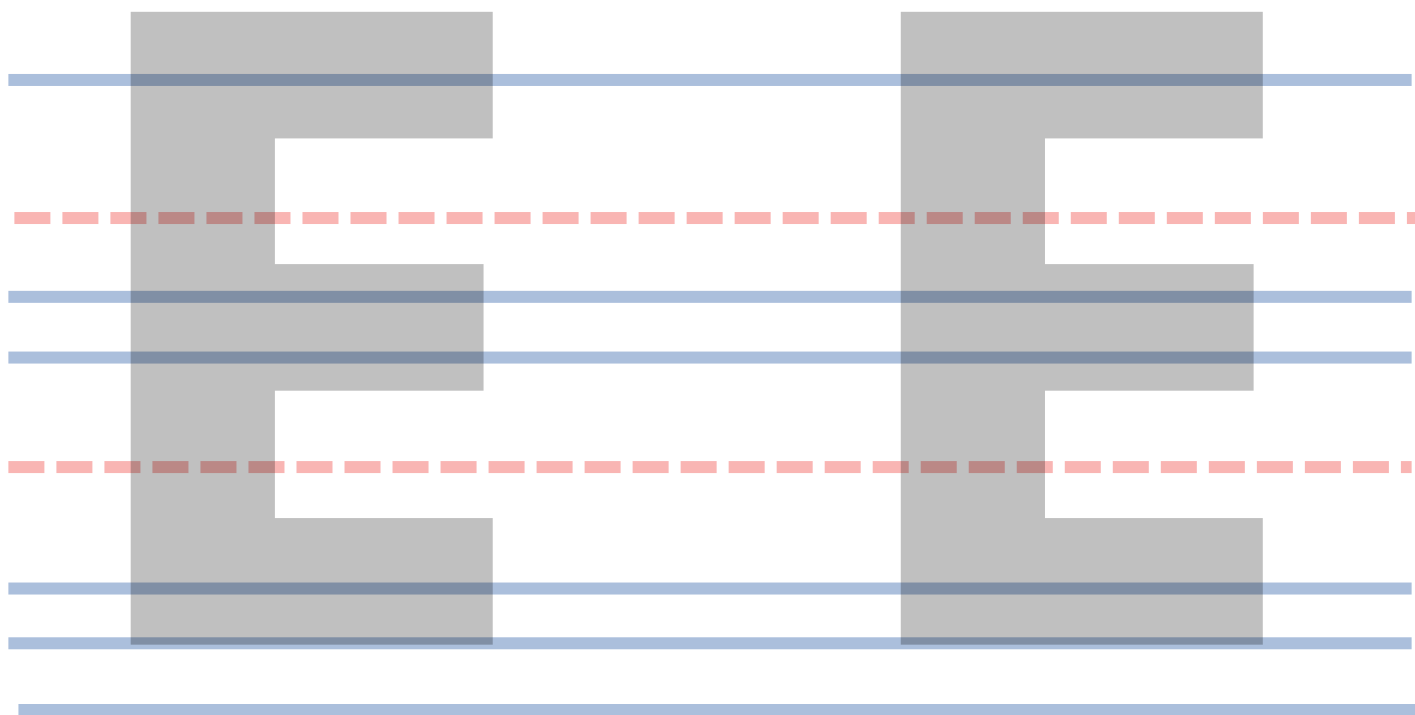


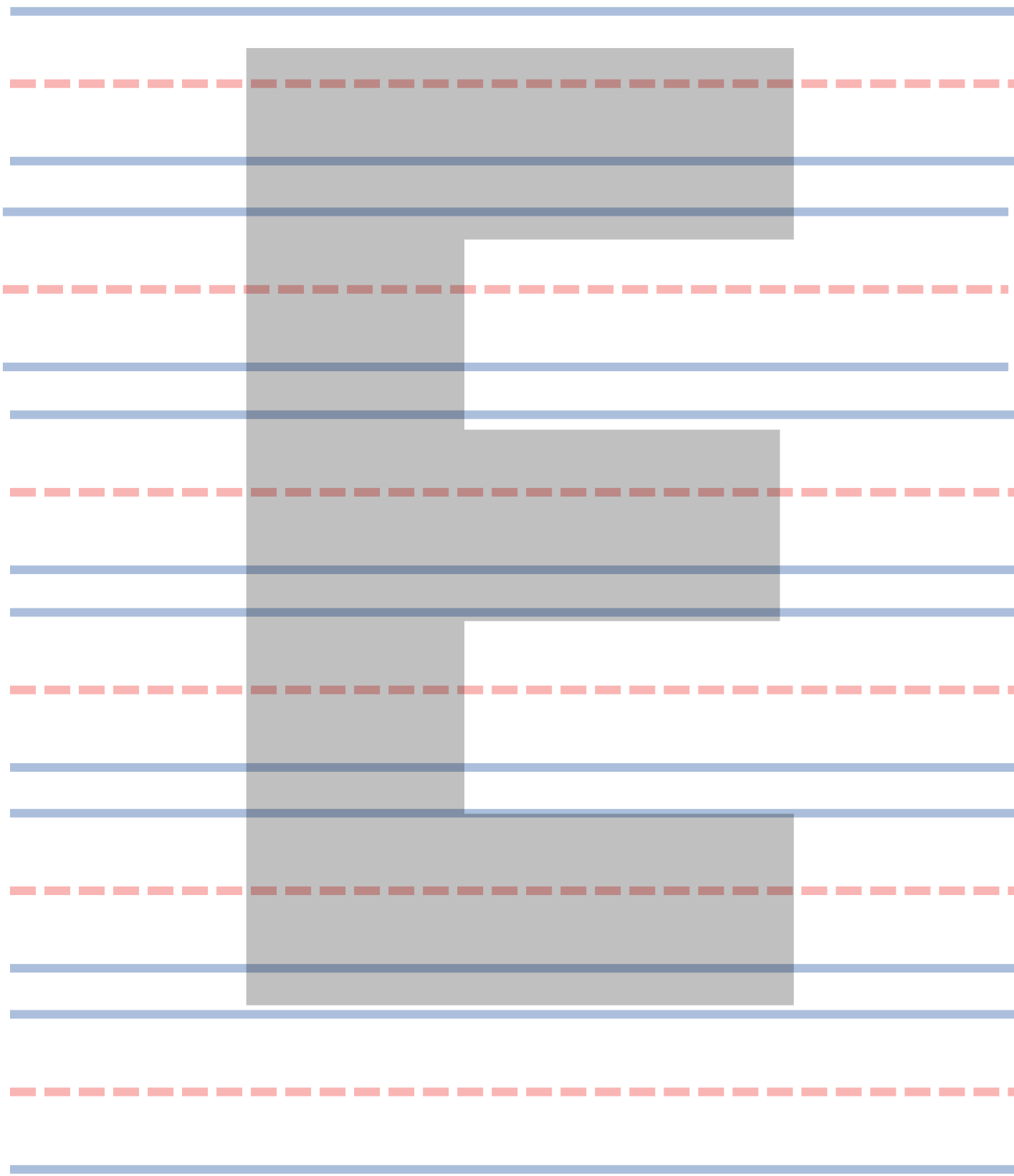


E E E E E

E E E E E

E E E E E

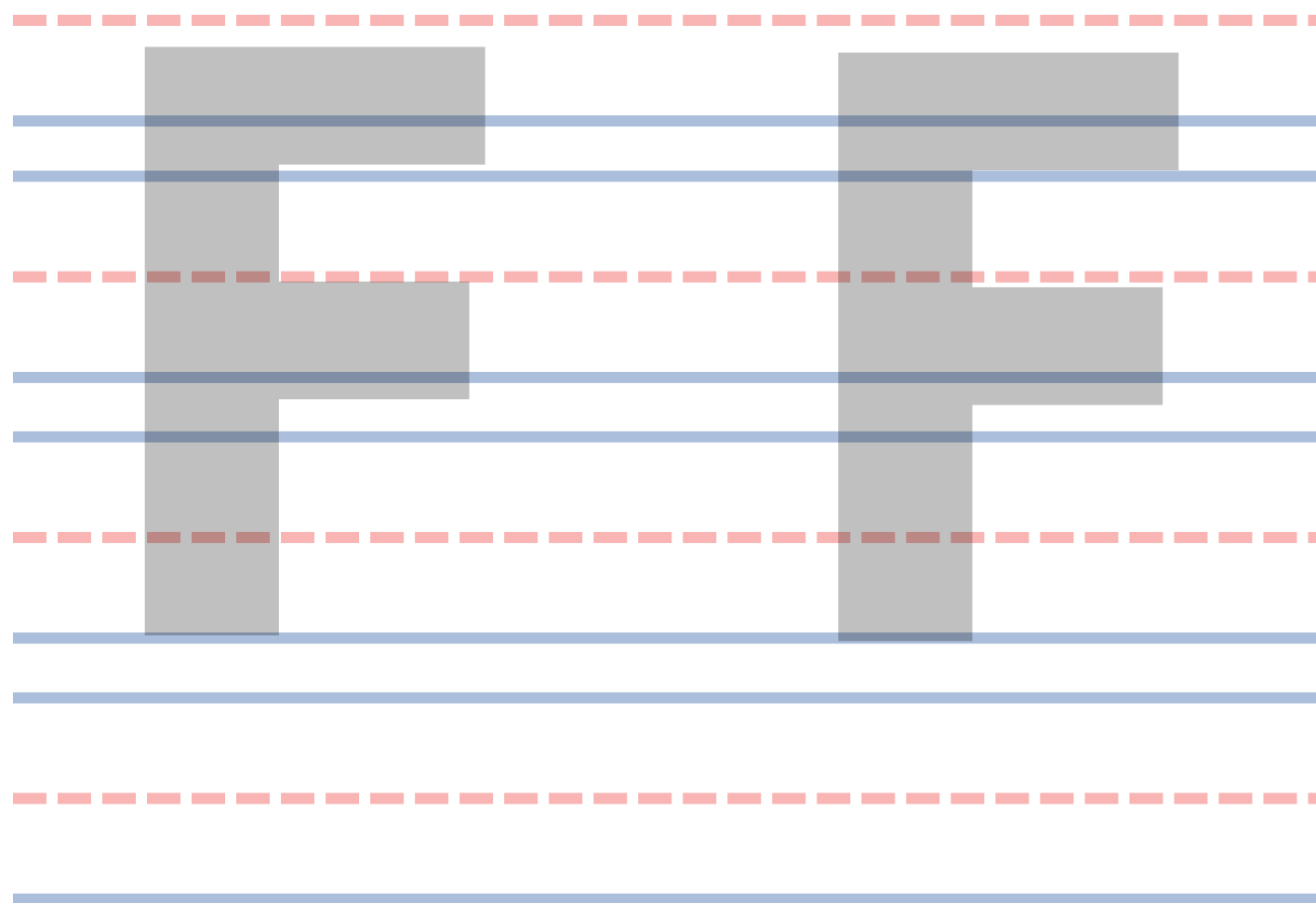
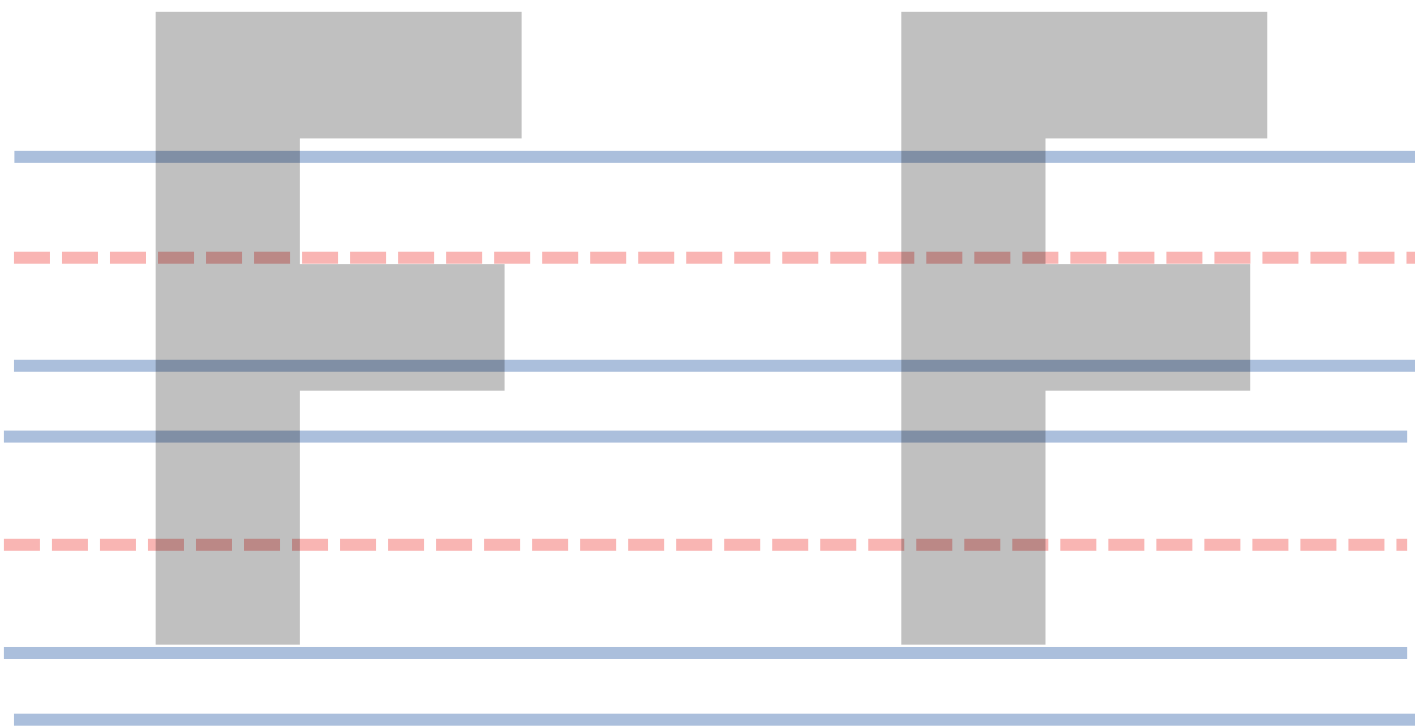


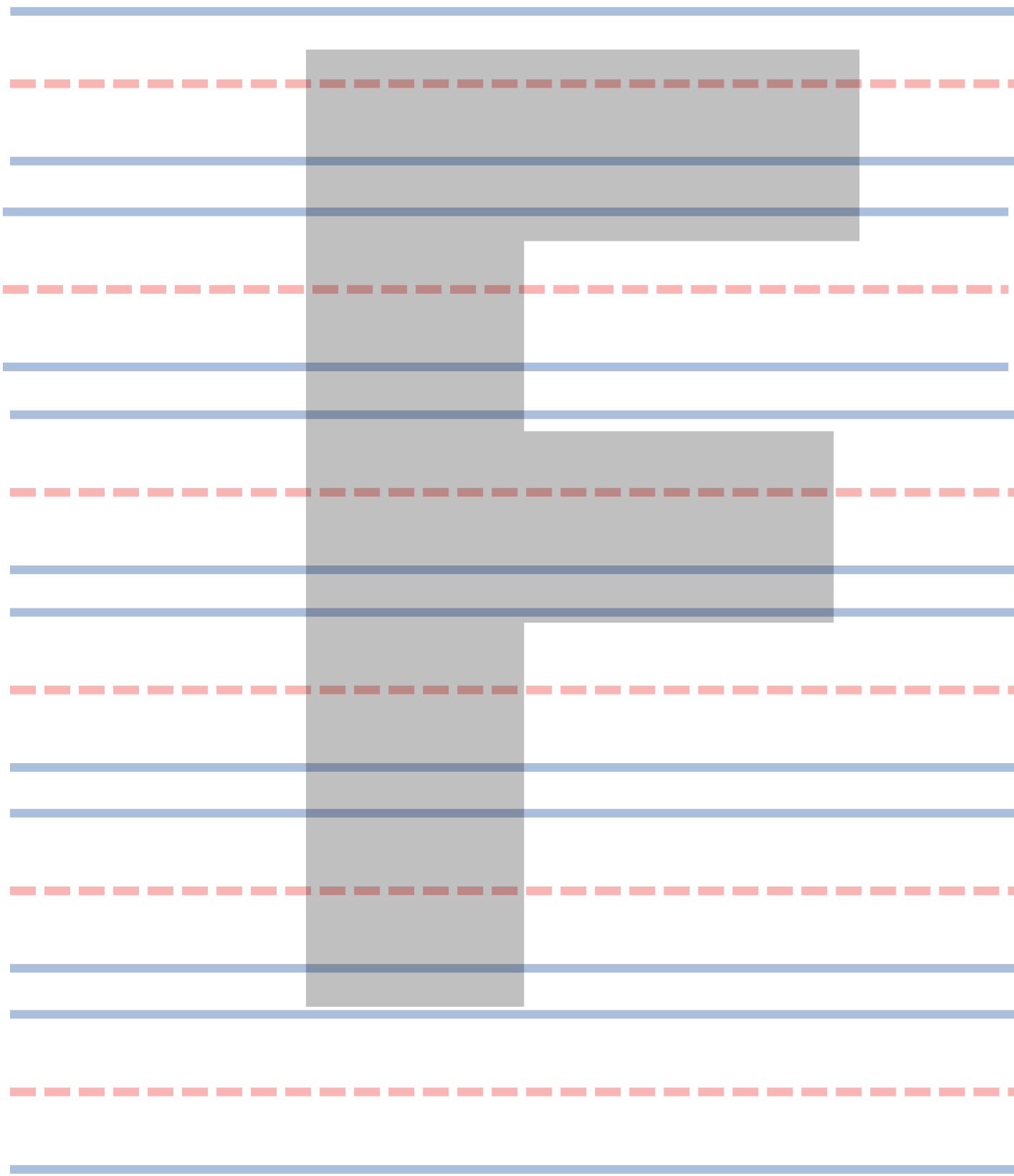


F F F F F

F F F F F

F F F F F





G G G G G

G G G G G

G G G G G

G

G

G

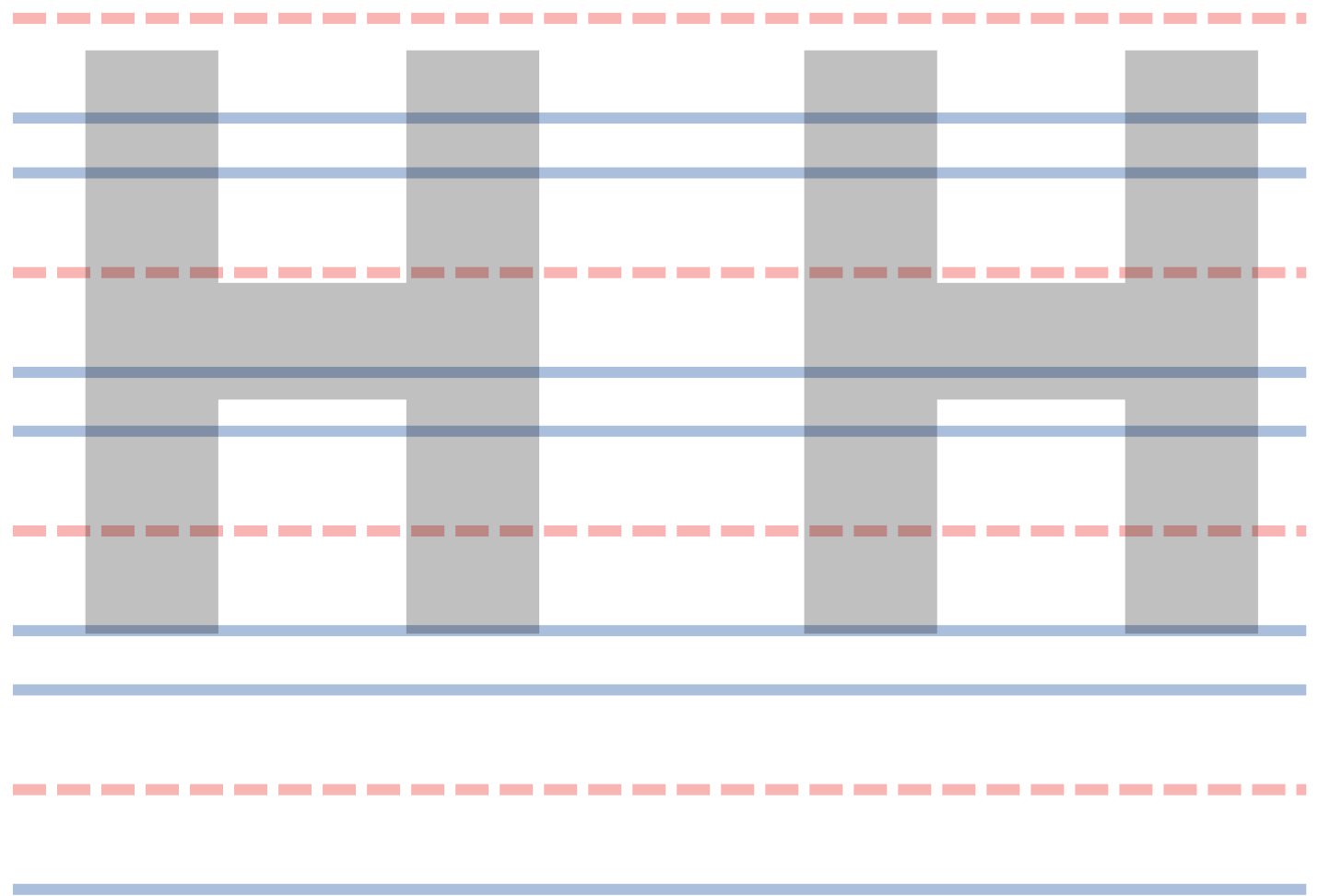
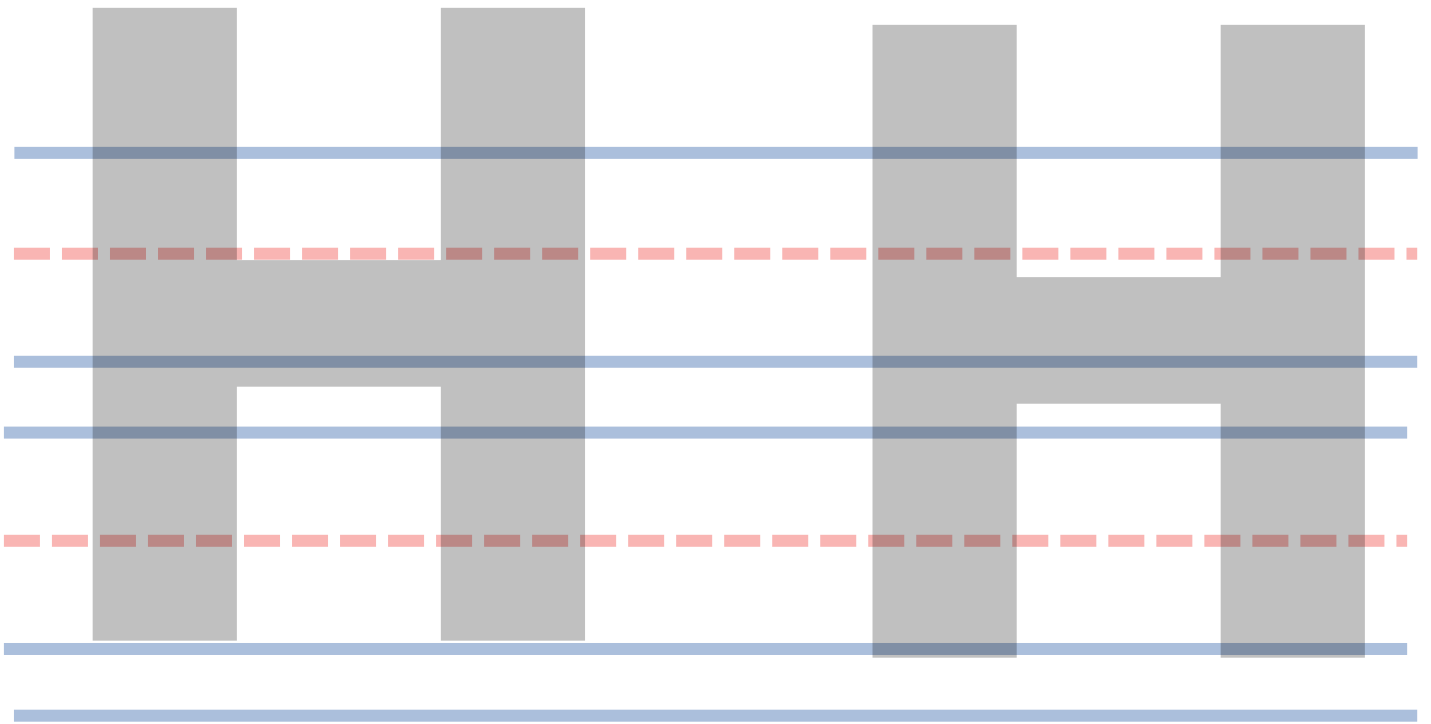
G

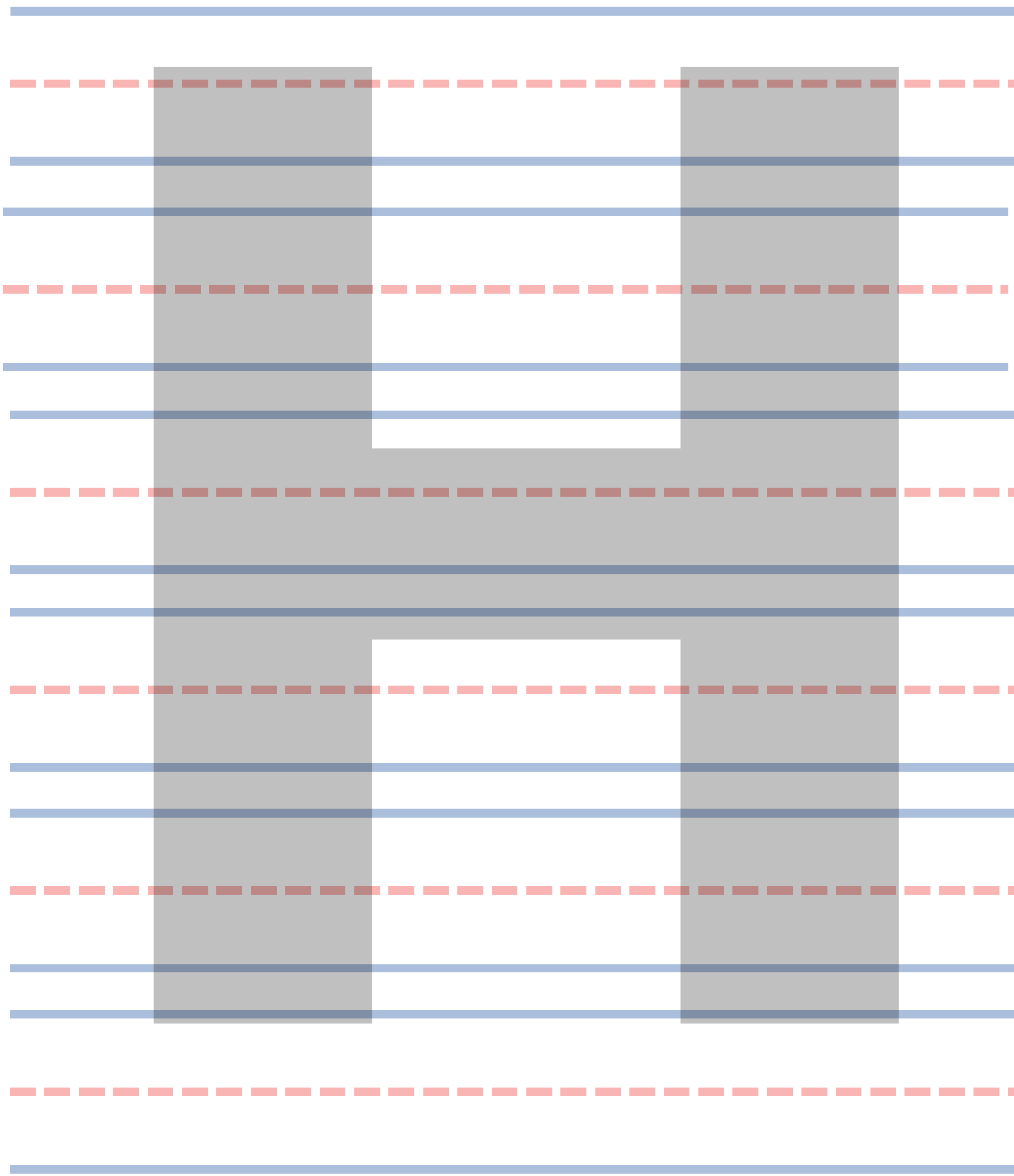


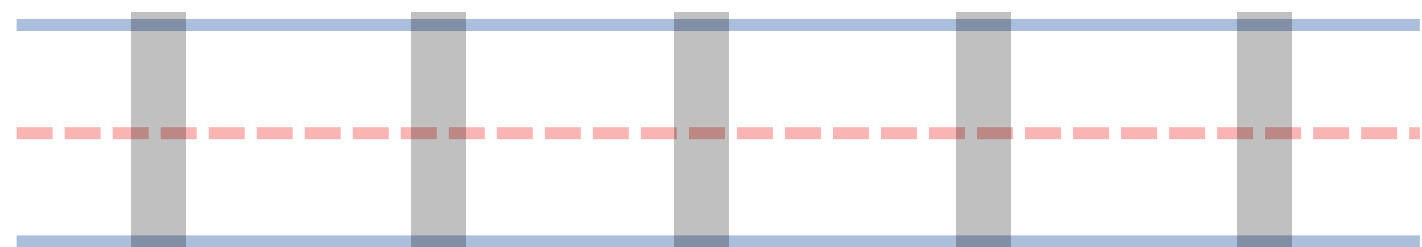
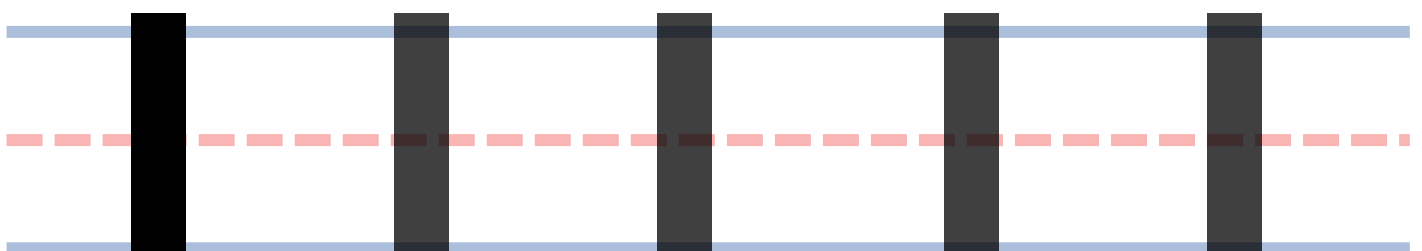
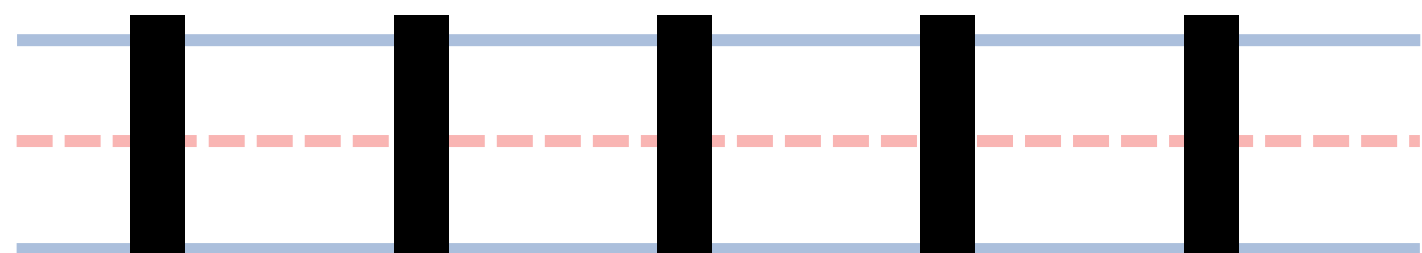
Н Н Н Н Н Н Н

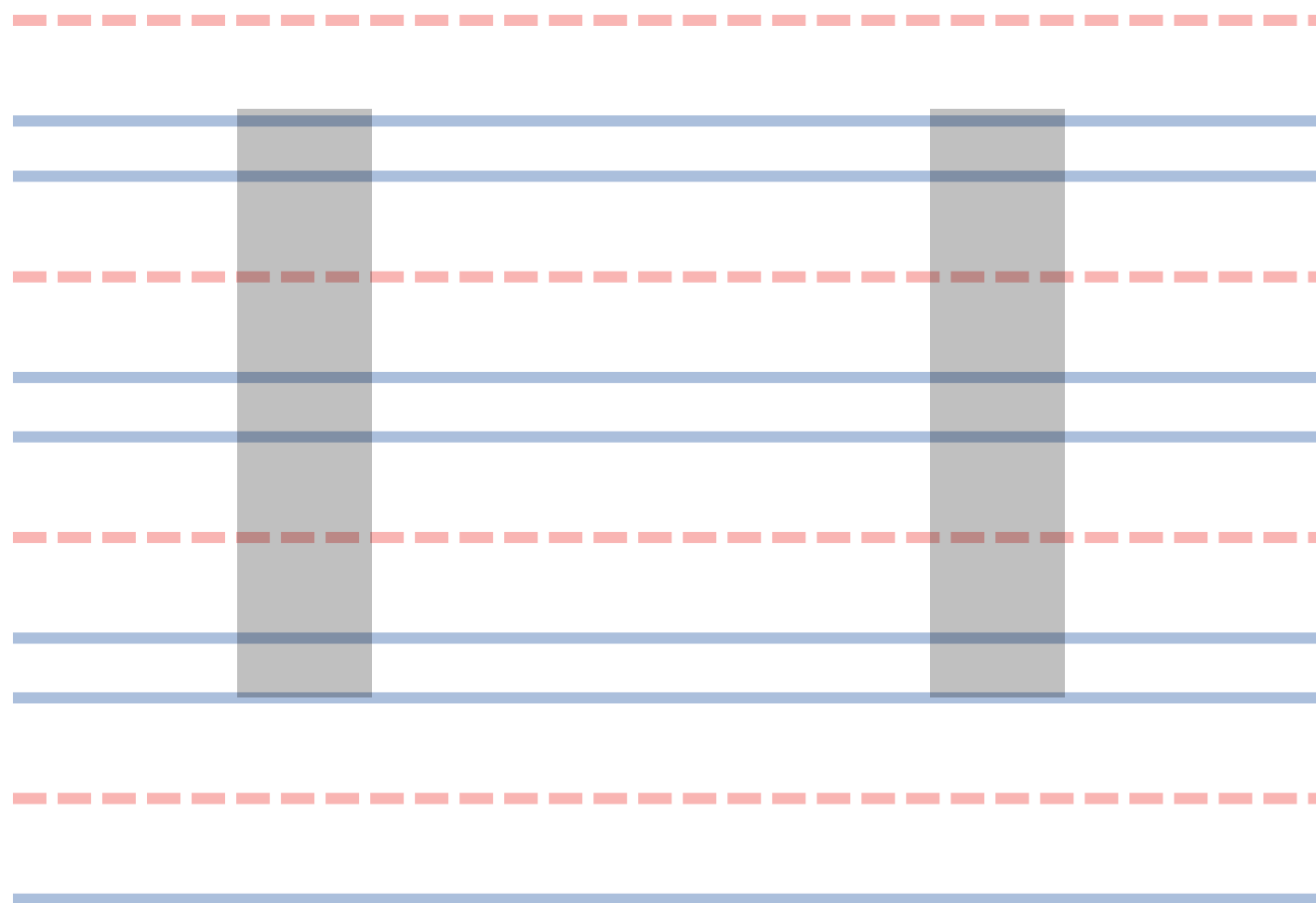
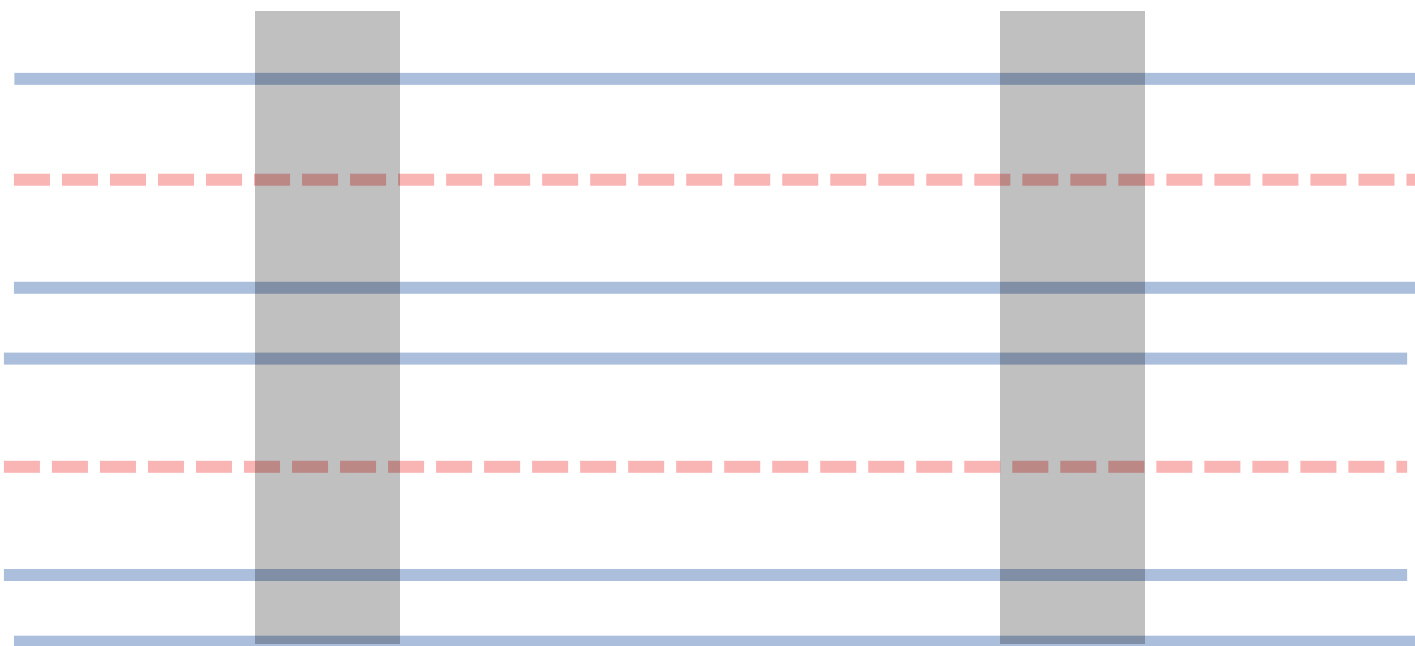
Н Н Н Н Н Н Н

Н Н Н Н Н Н Н











J J J J J

J J J J J

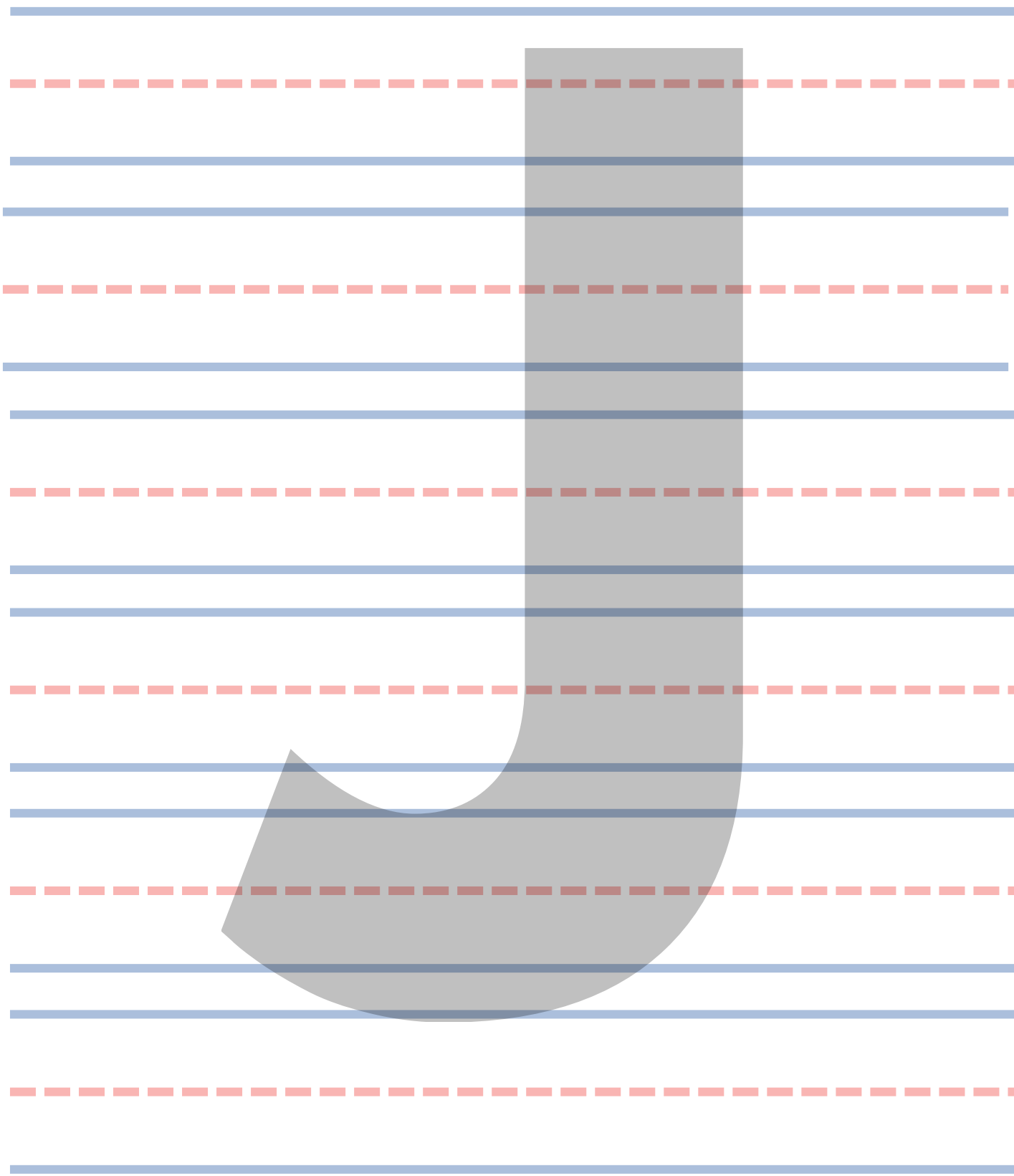
J J J J J

J

J

J

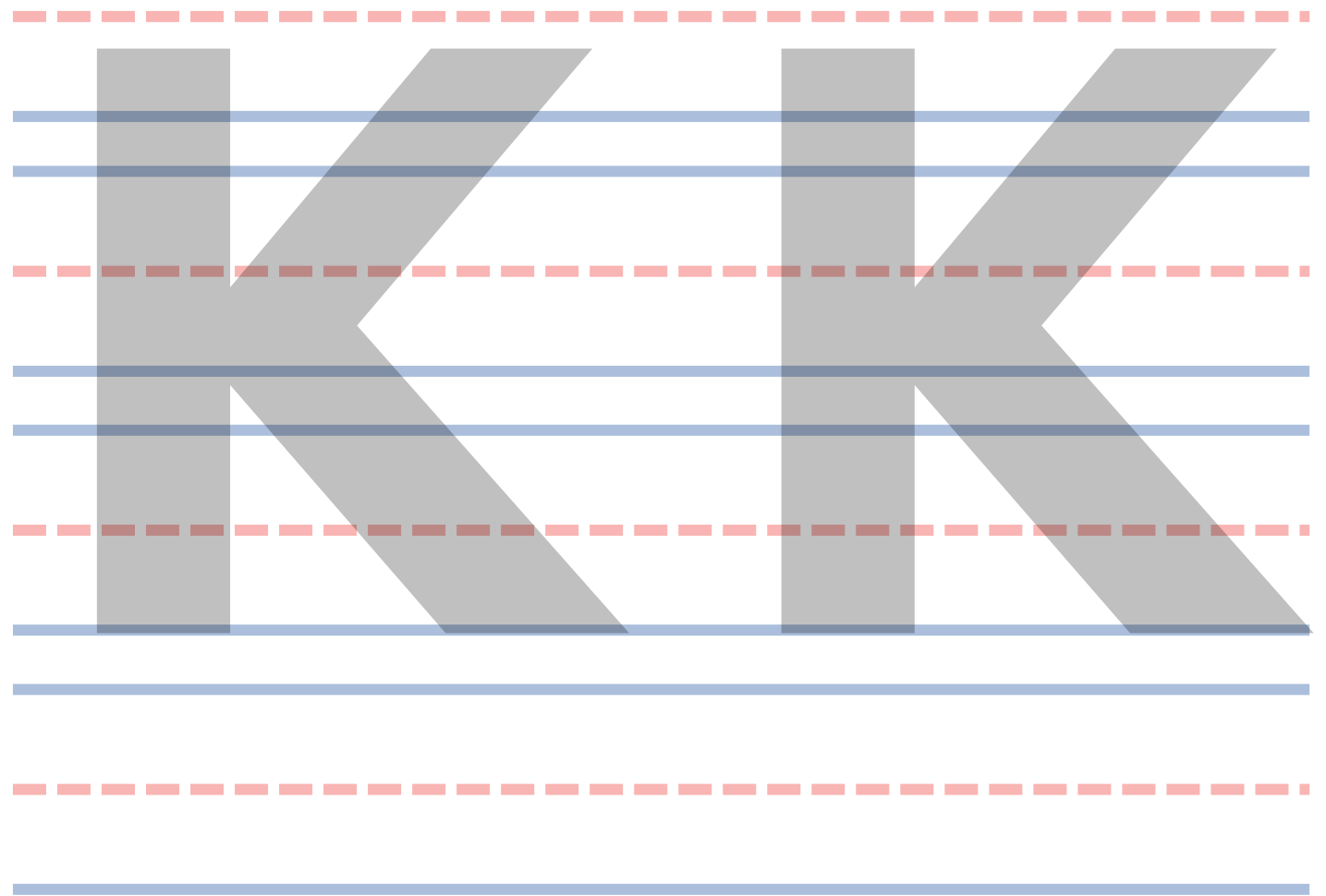
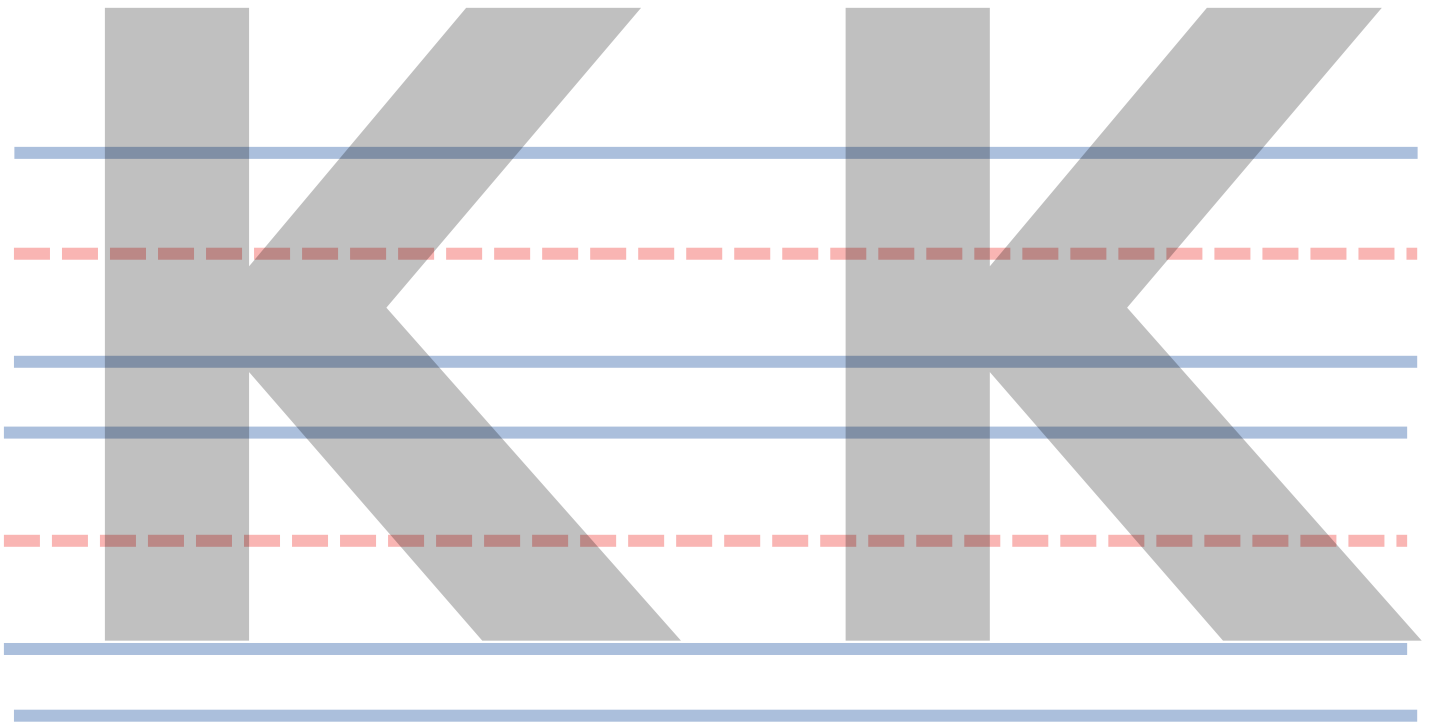
J

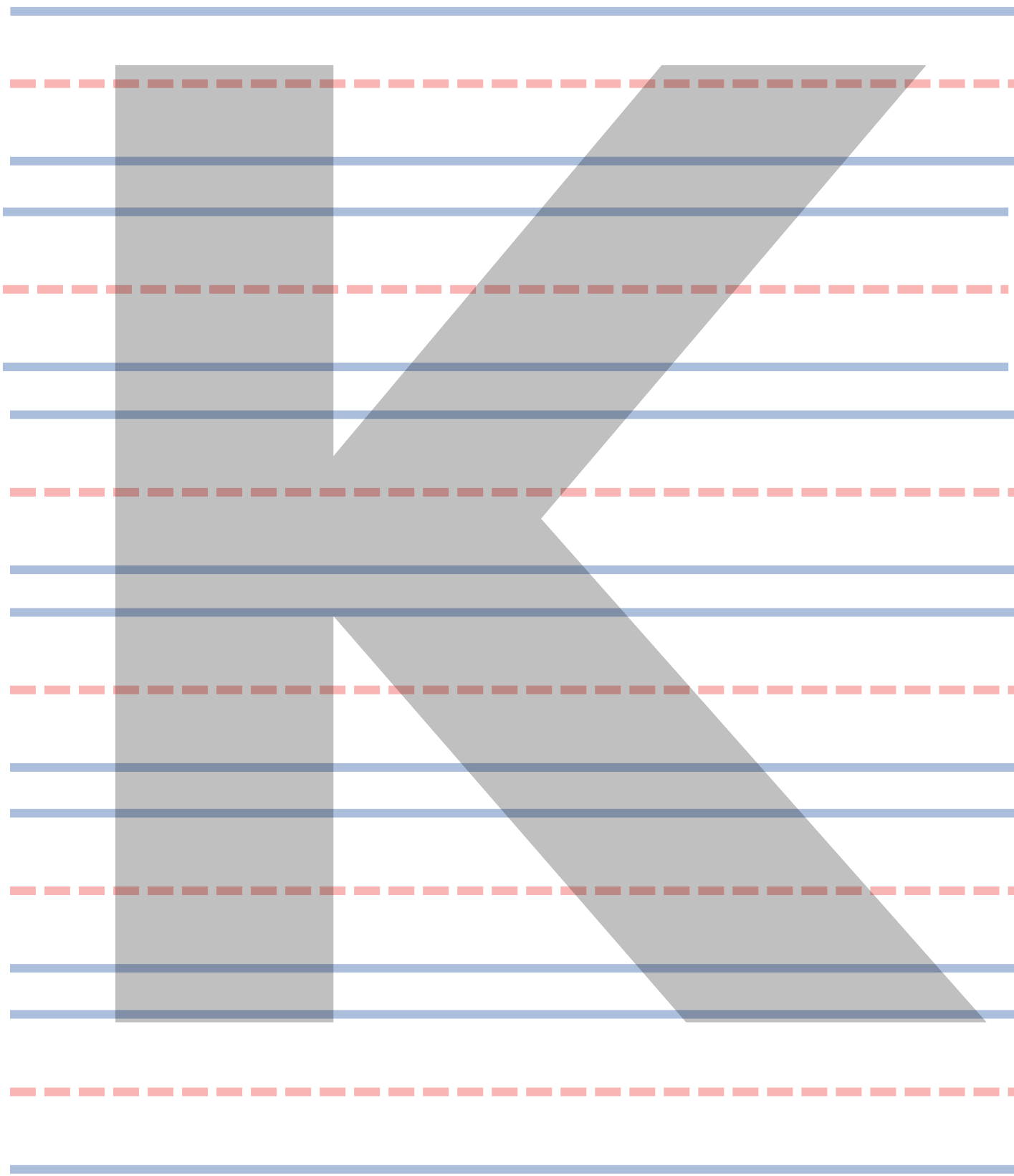


KKKKK

KKKKK

KKKKK





L

L

L

L

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L

L

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L

L

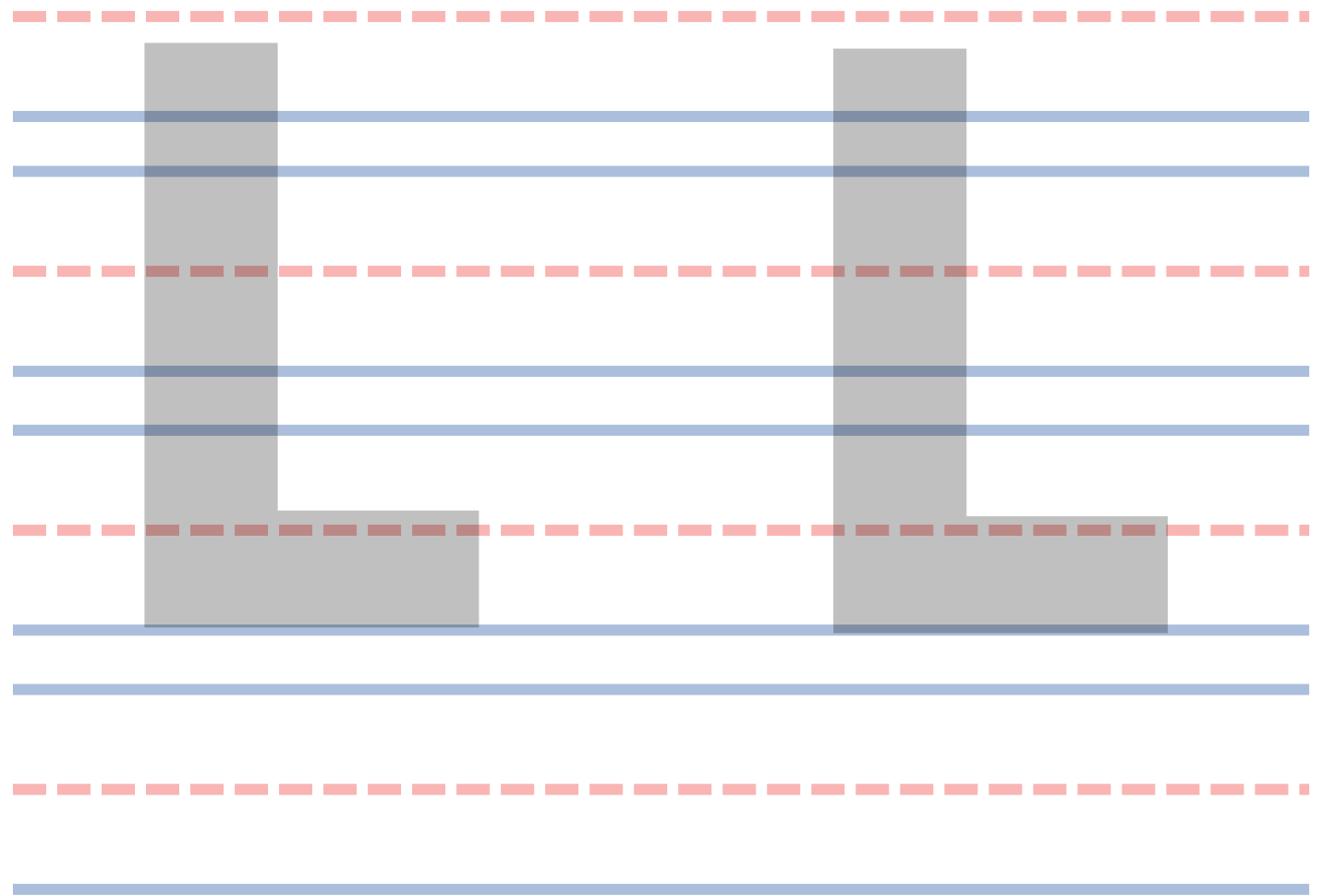
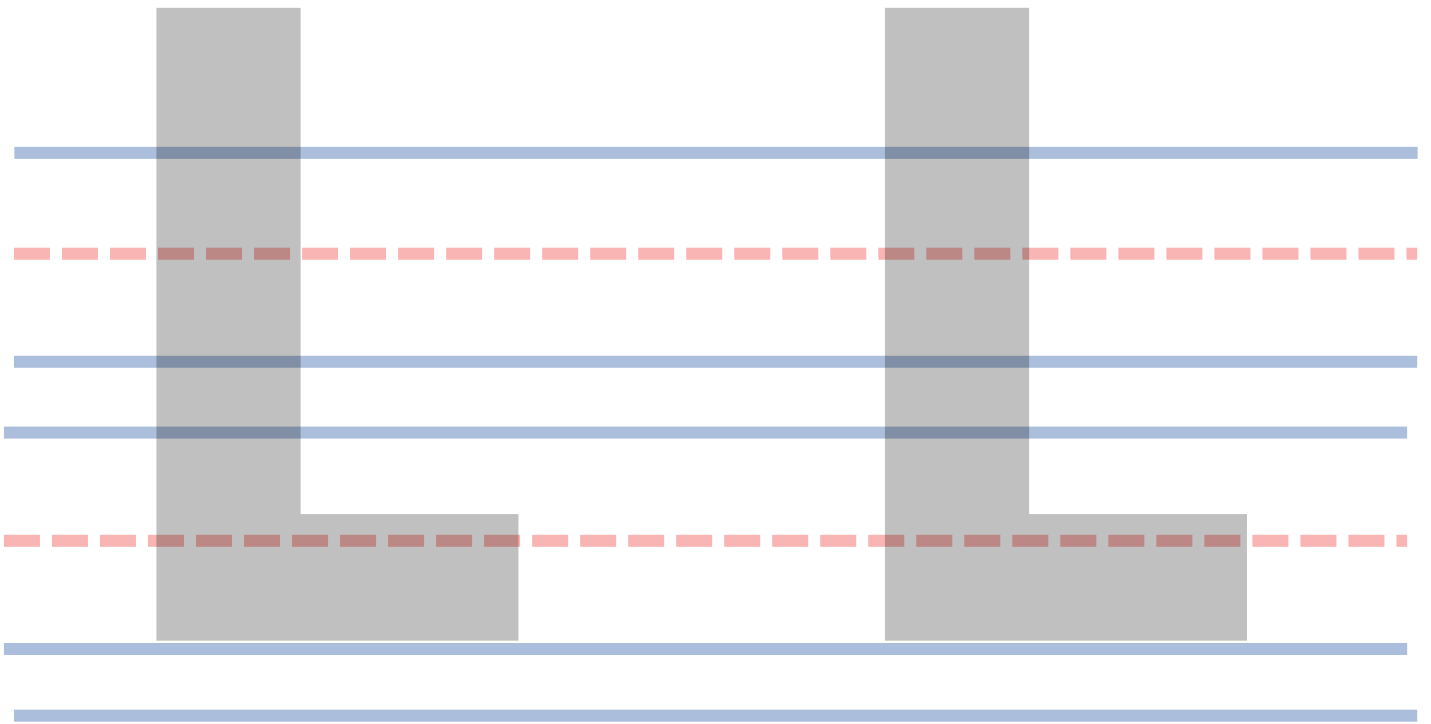
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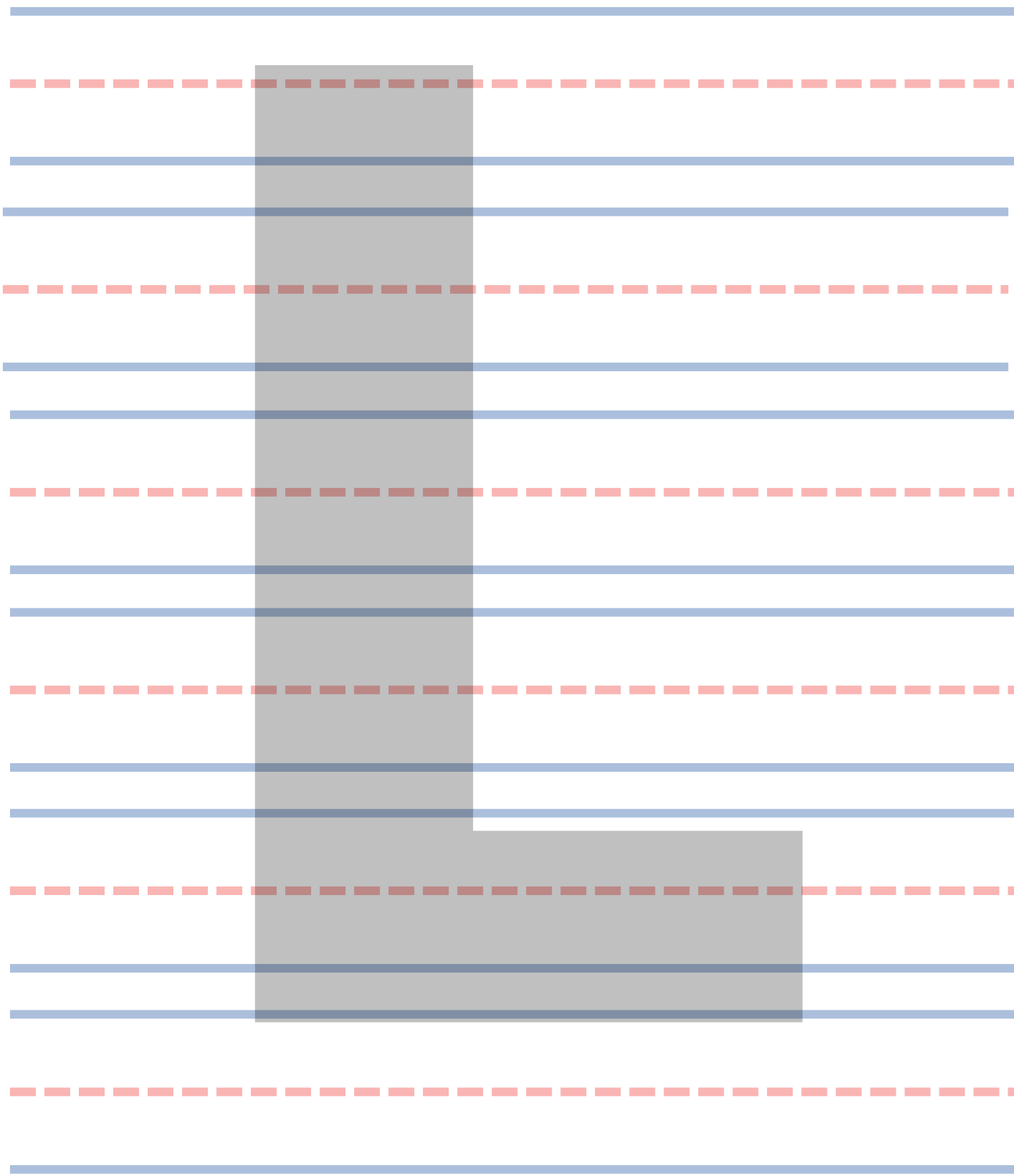
L

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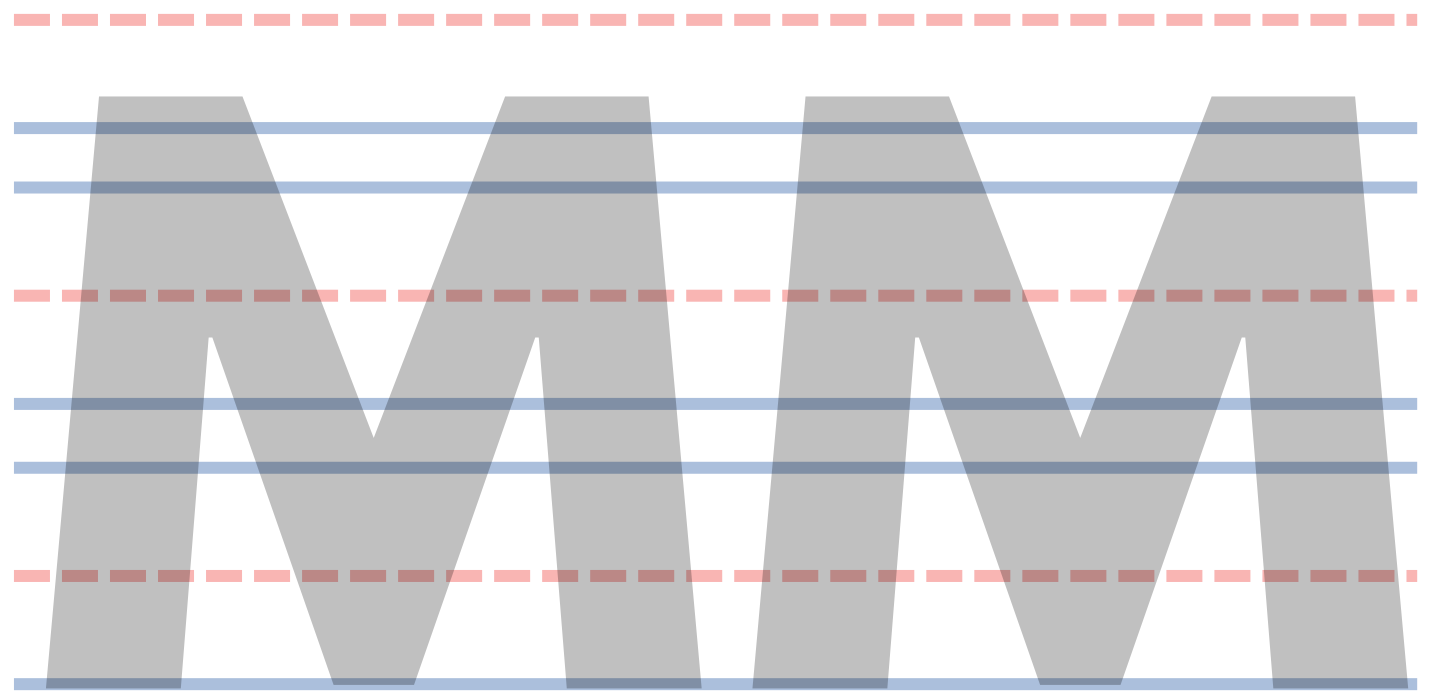
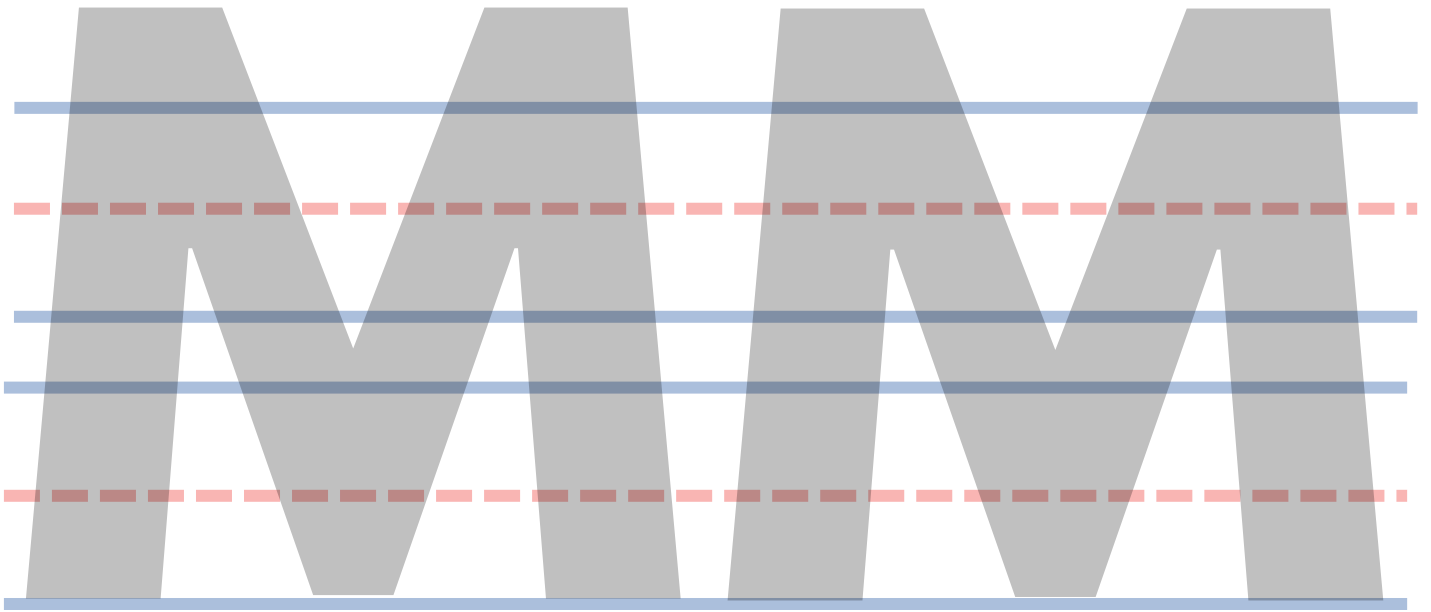


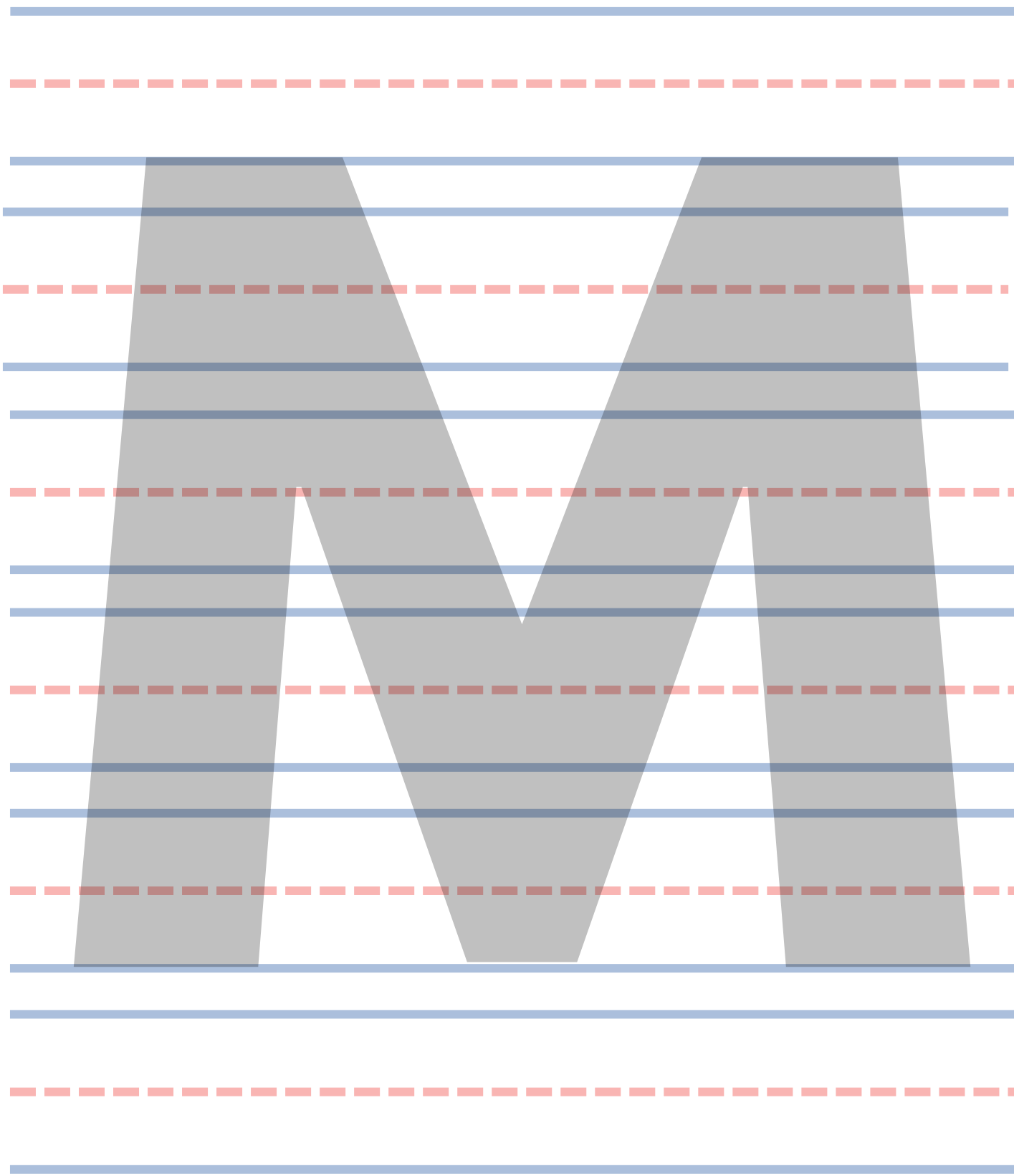
M M M M

M M M M

M M M M

Handwriting practice lines consisting of three sets of three horizontal lines (top solid blue, middle dashed red, bottom solid blue).



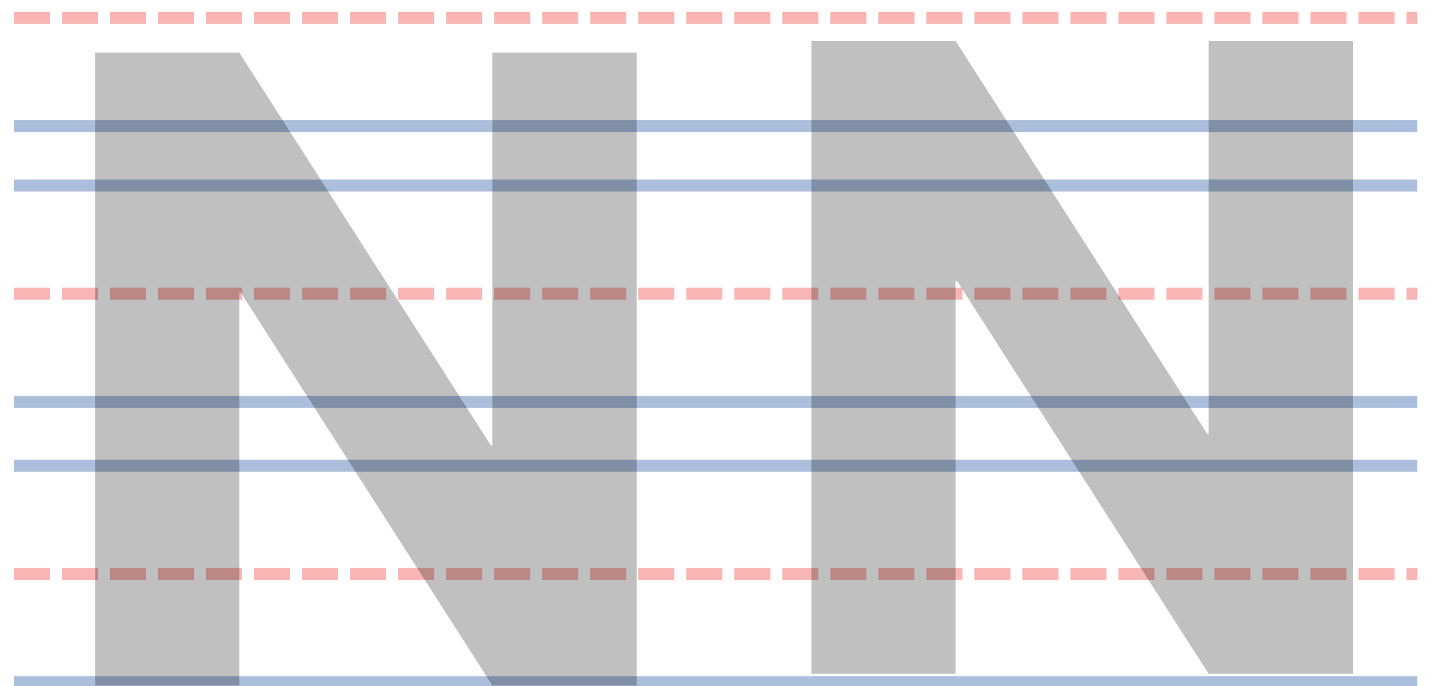
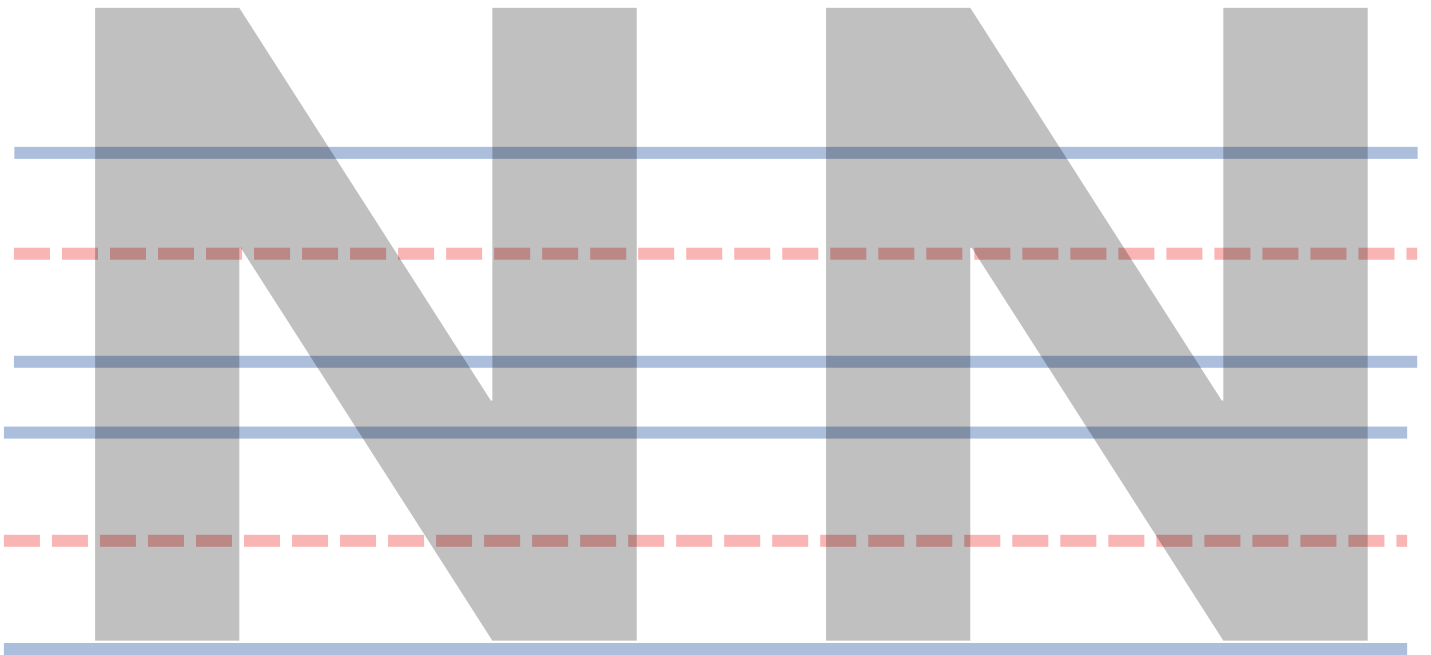


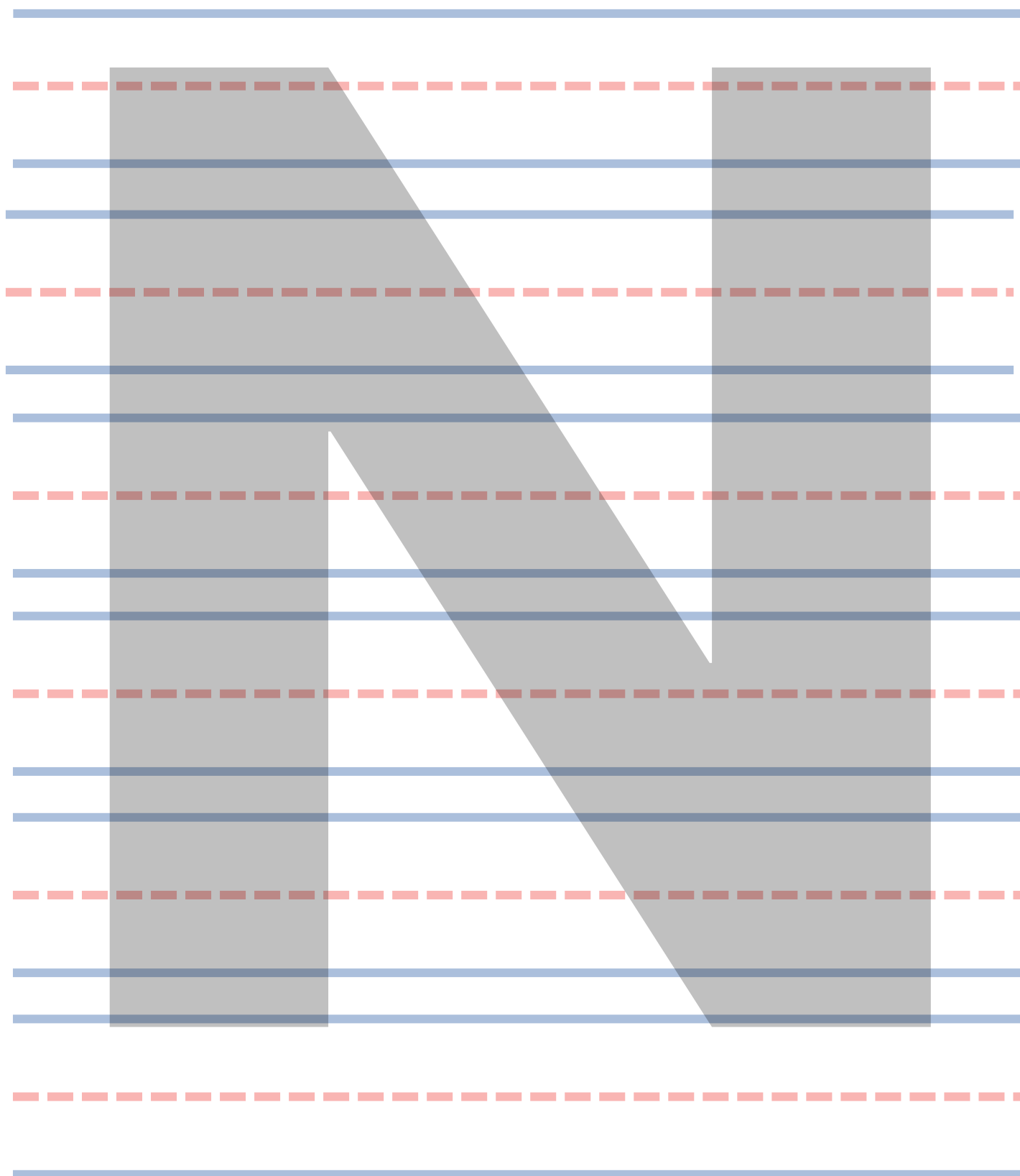
N N N N N N N

N N N N N N N

N N N N N N N

Handwriting practice lines consisting of three sets of horizontal guides. Each set includes a solid blue top line, a dashed red middle line, and a solid blue bottom line, providing a structured space for letter formation.

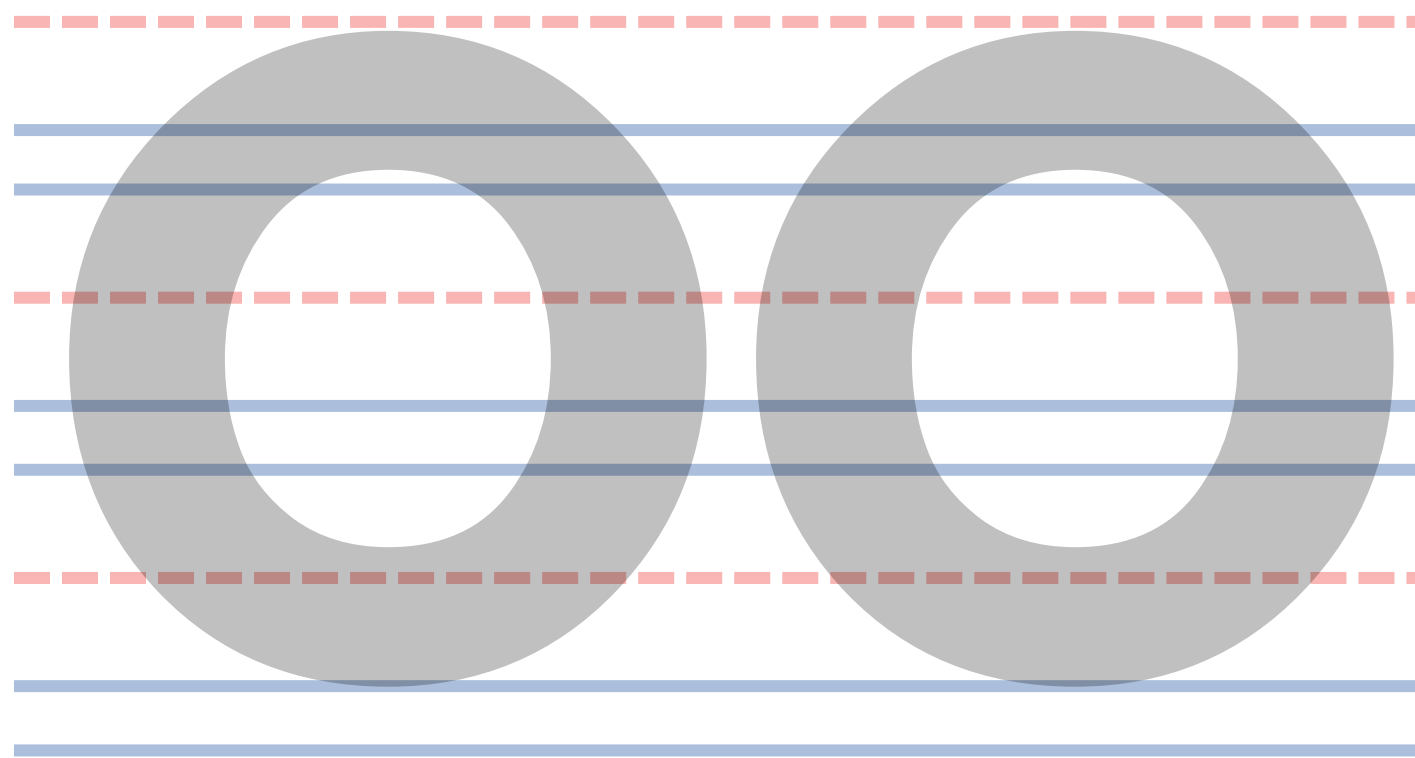
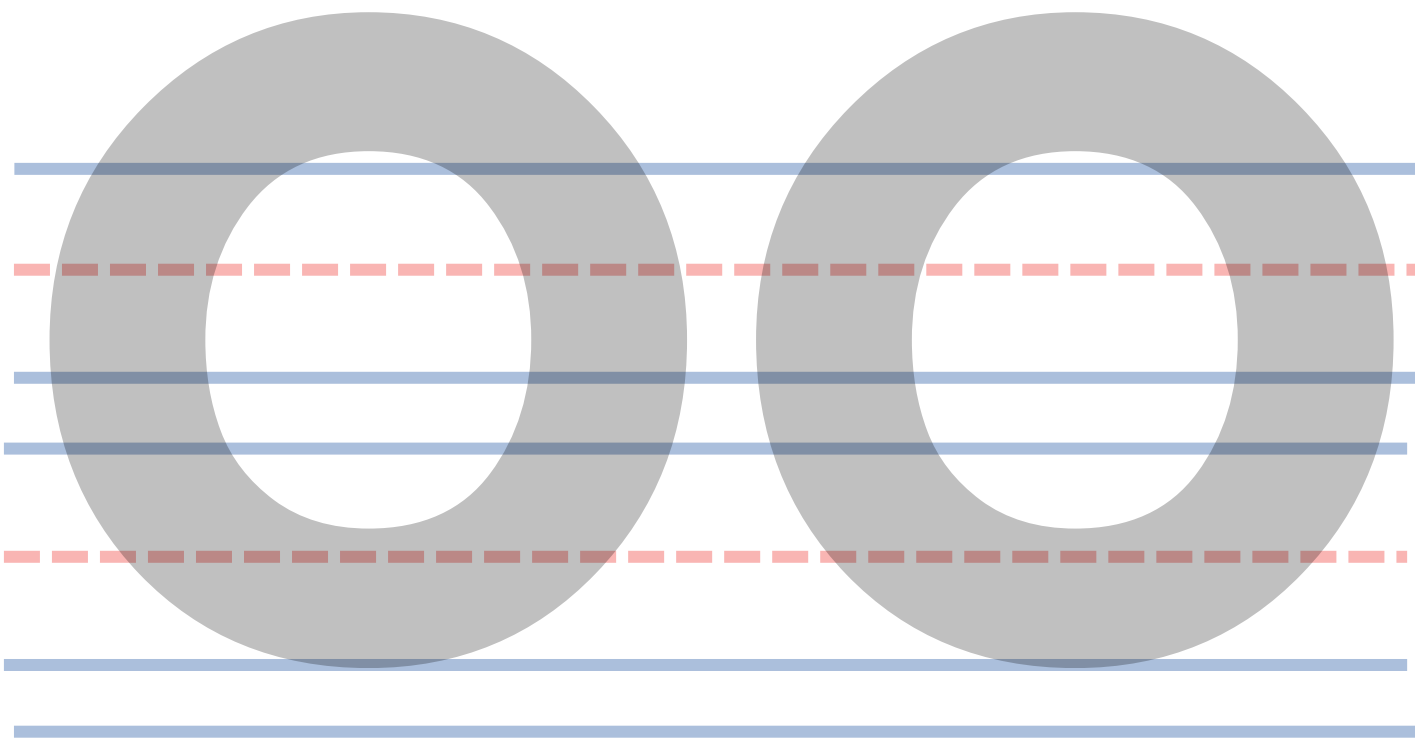


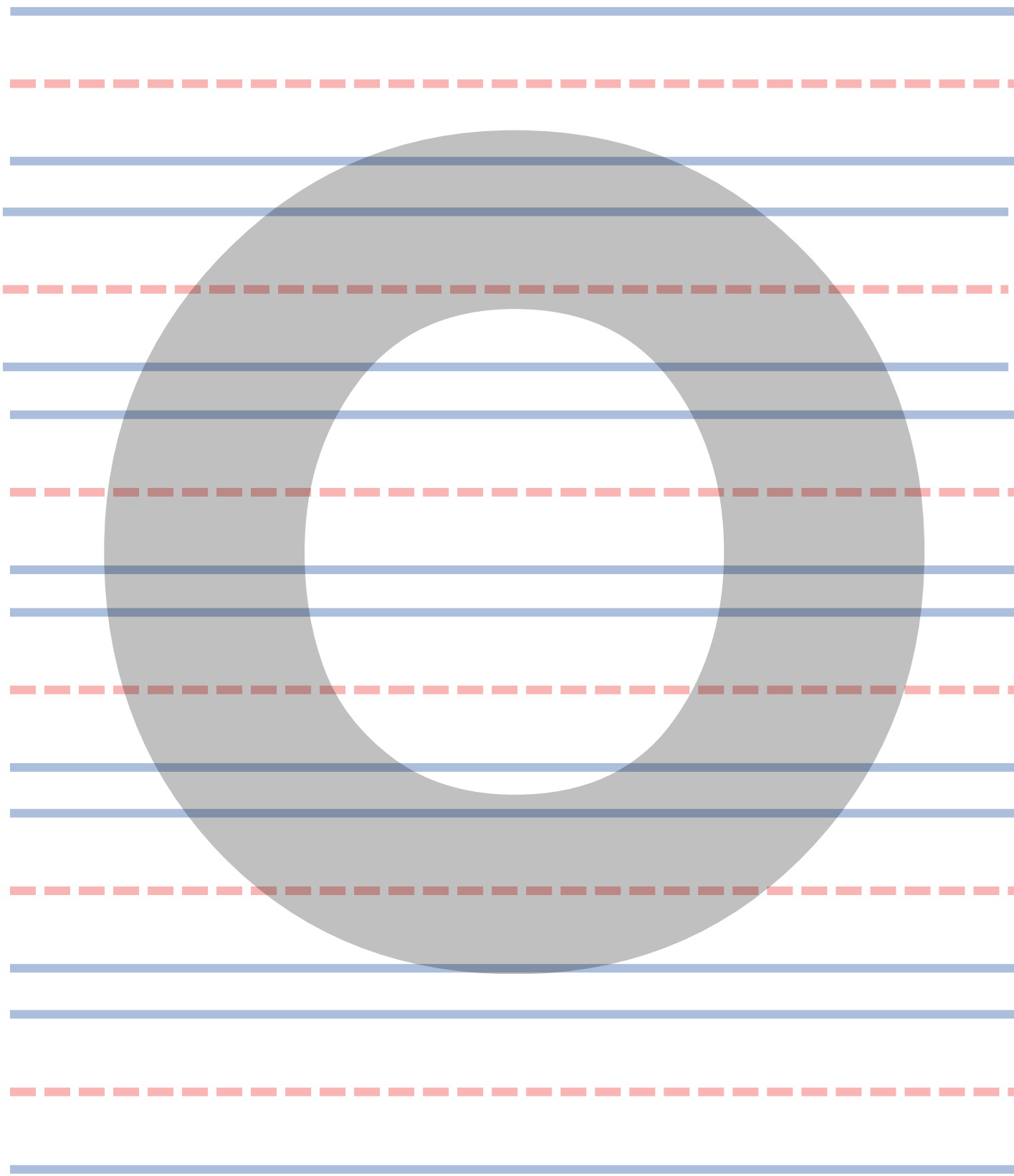


O O O O O

O O O O O

O O O O O





P P P P P

P P P P P

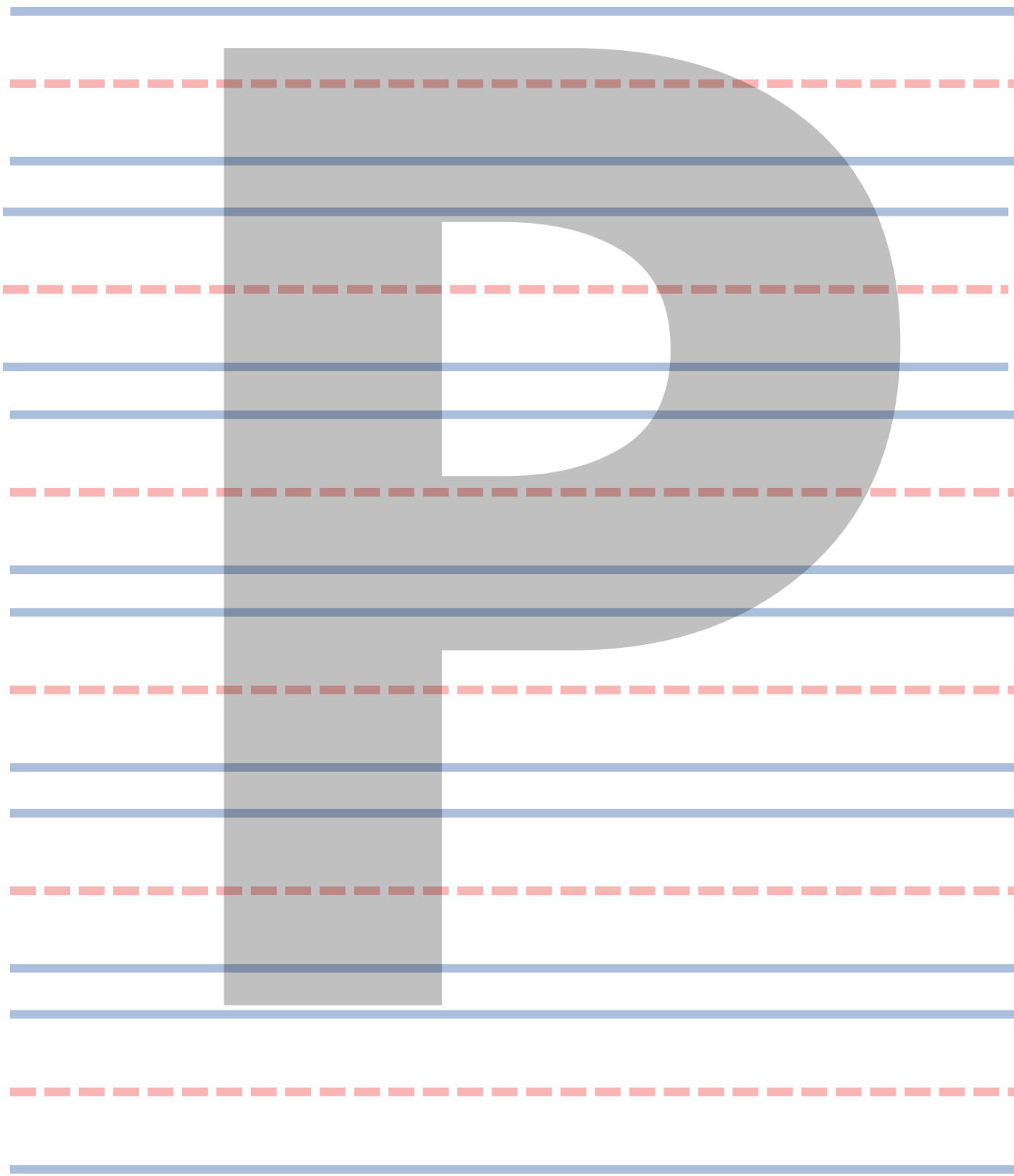
P P P P P

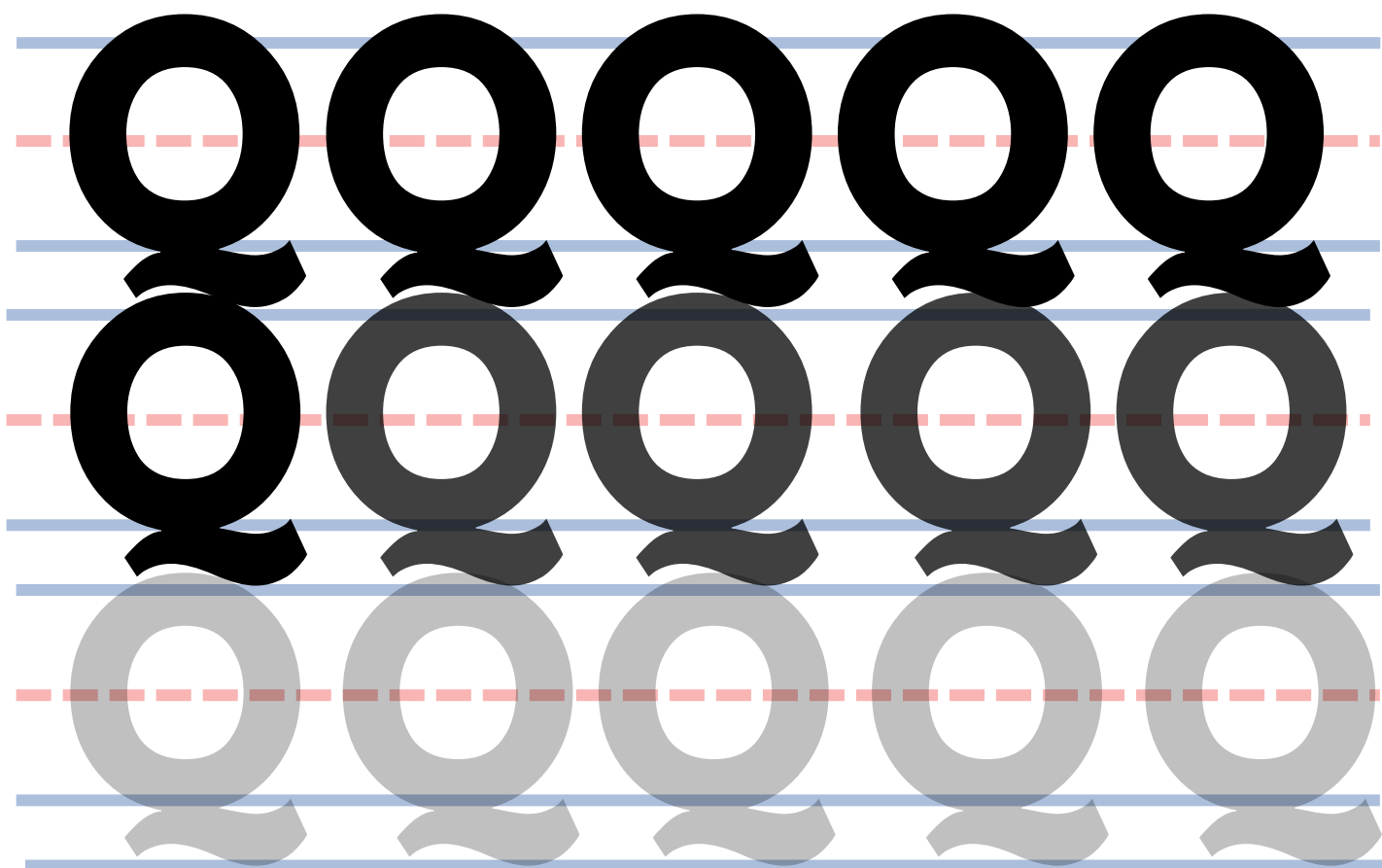
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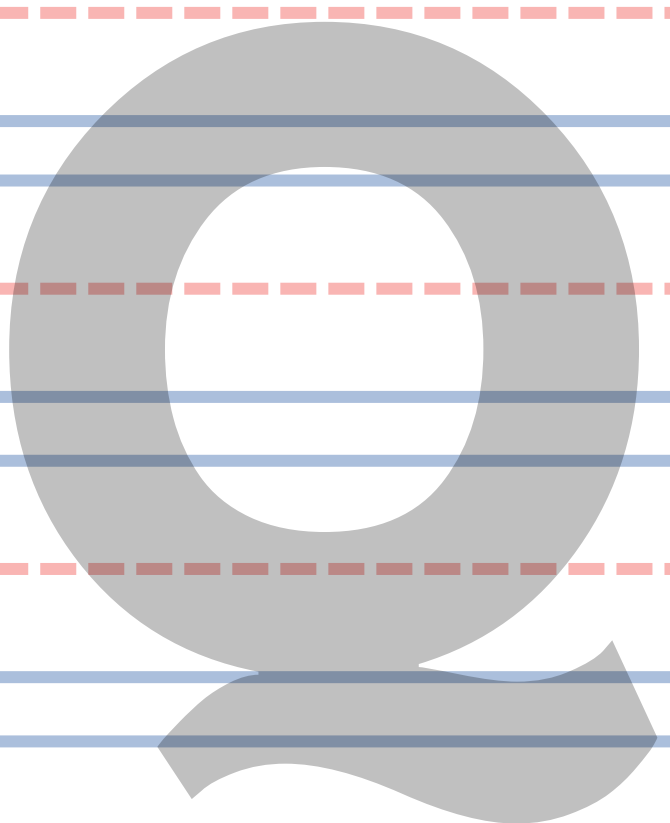
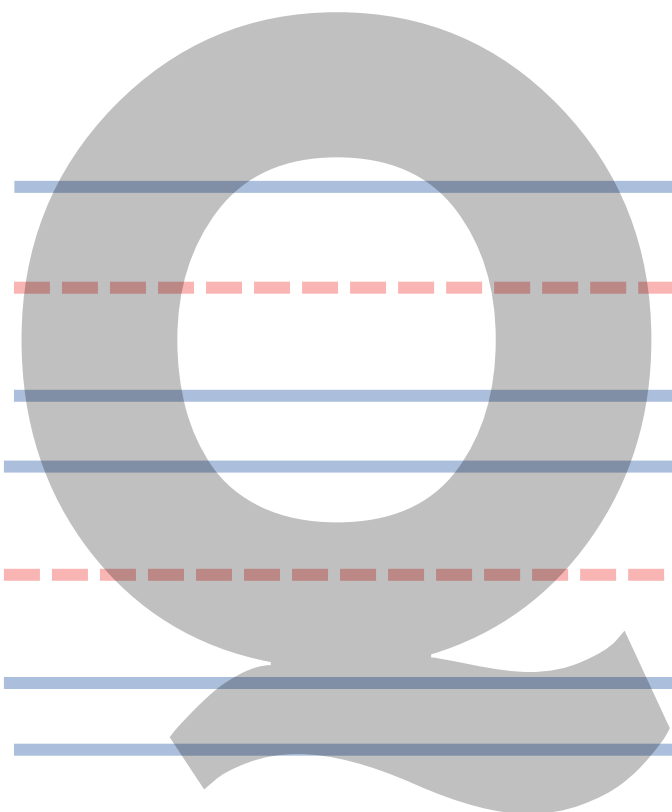
P

P

P









R R R R R R

R R R R R R

R R R R R R

R

R

R

R



S S S S S

S S S S S

S S S S S

S

S

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S



T T T T T

T T T T T

T T T T T

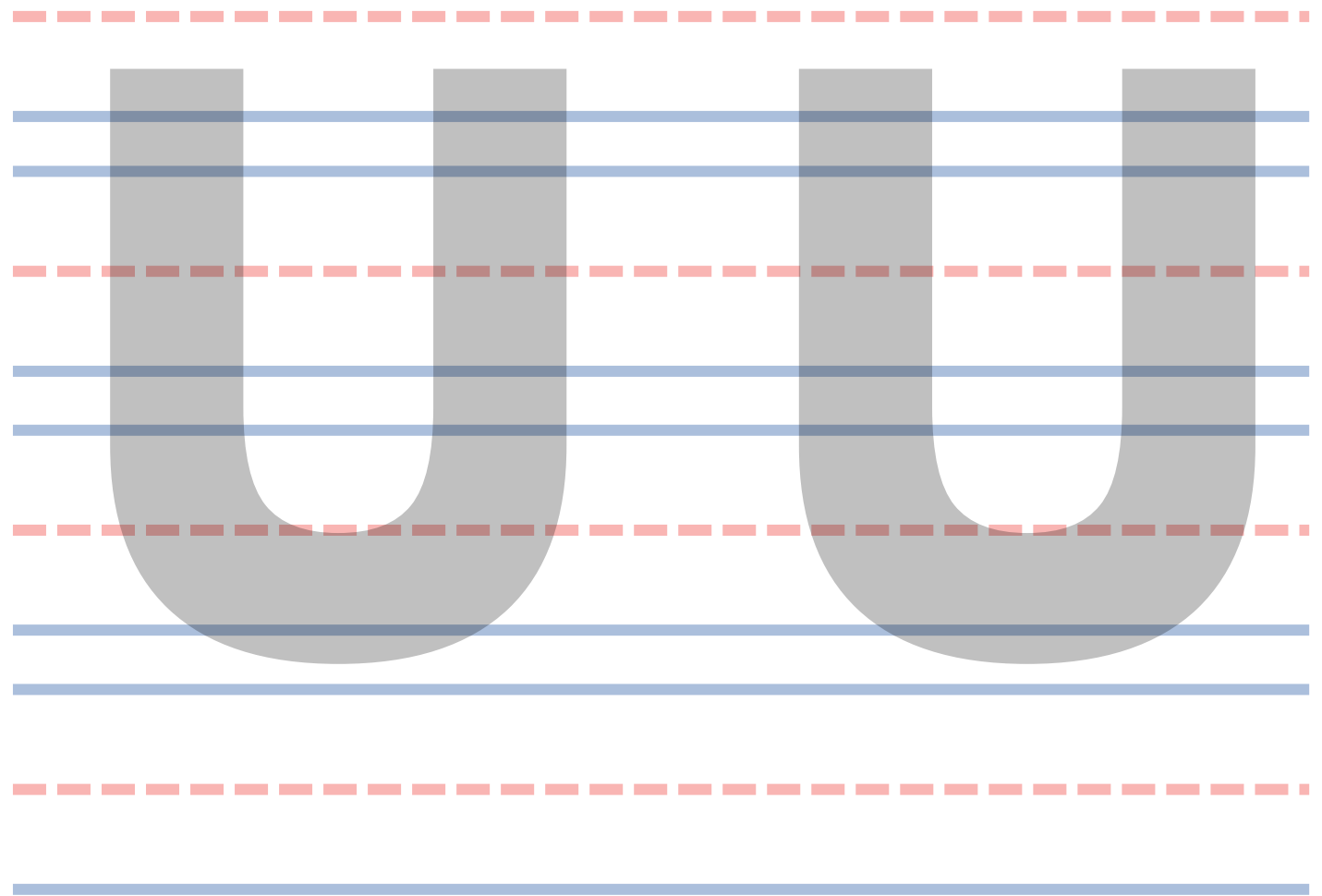
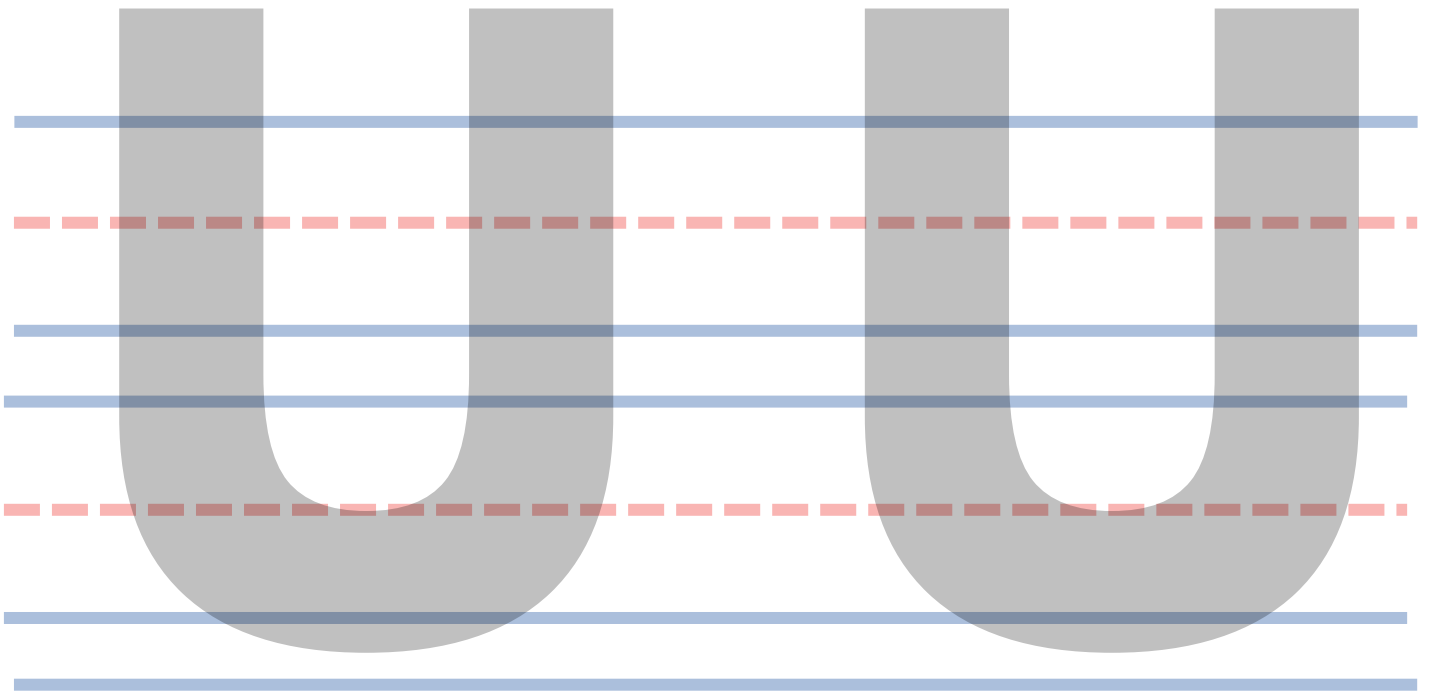


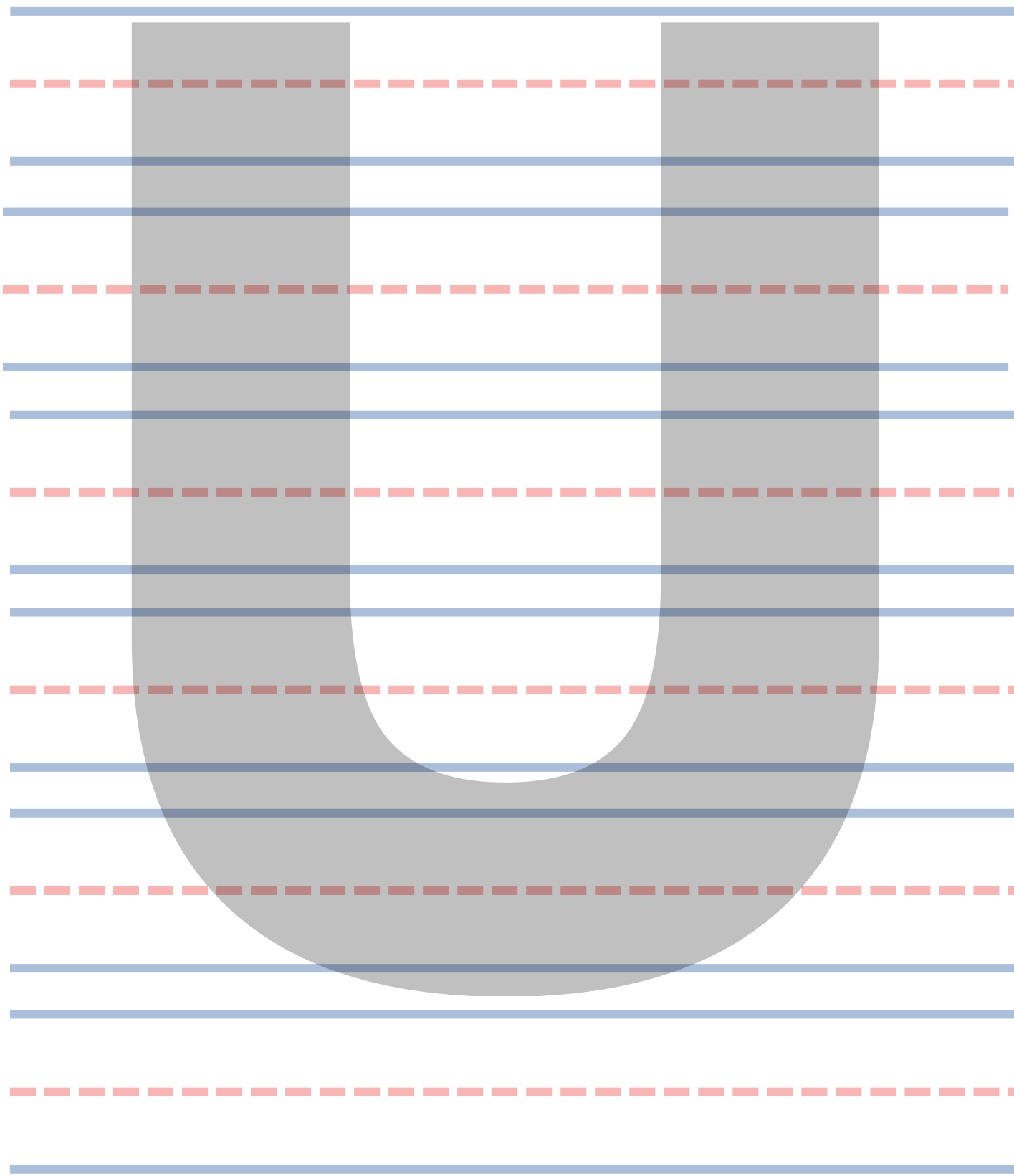


U U U U U

U U U U U

U U U U U

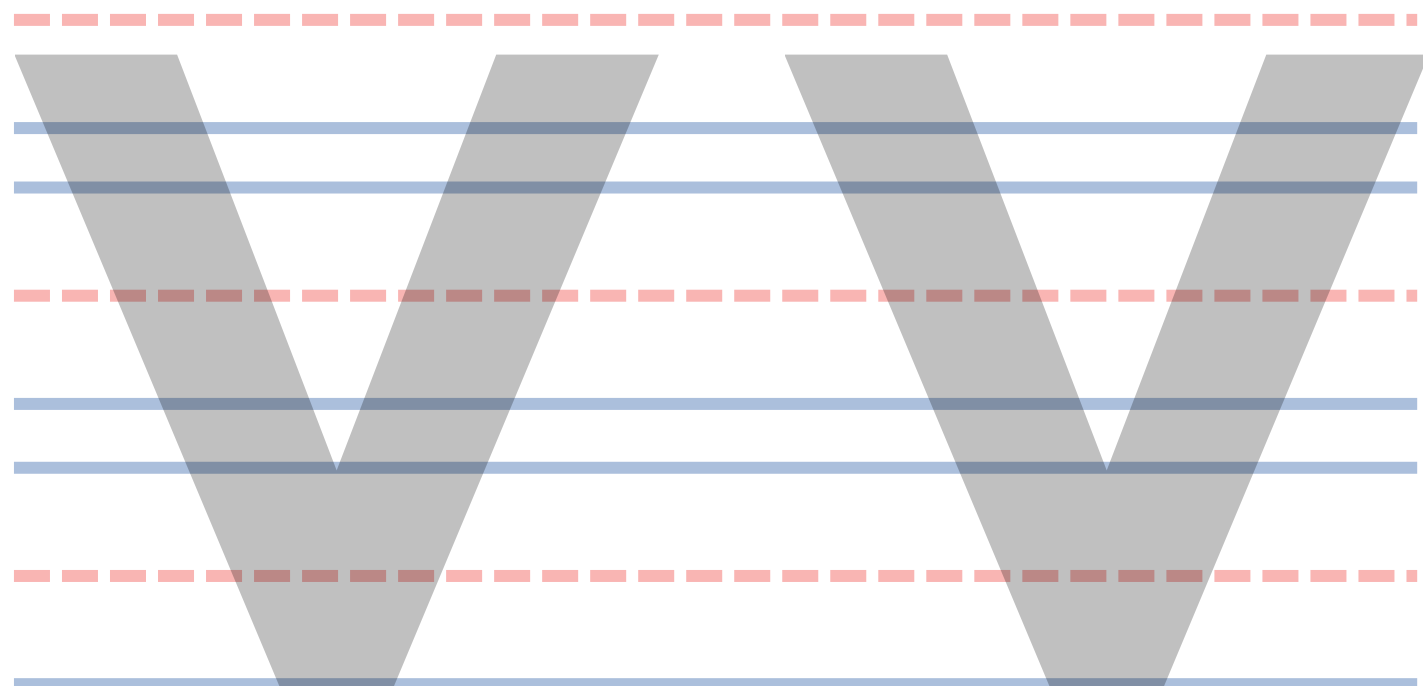
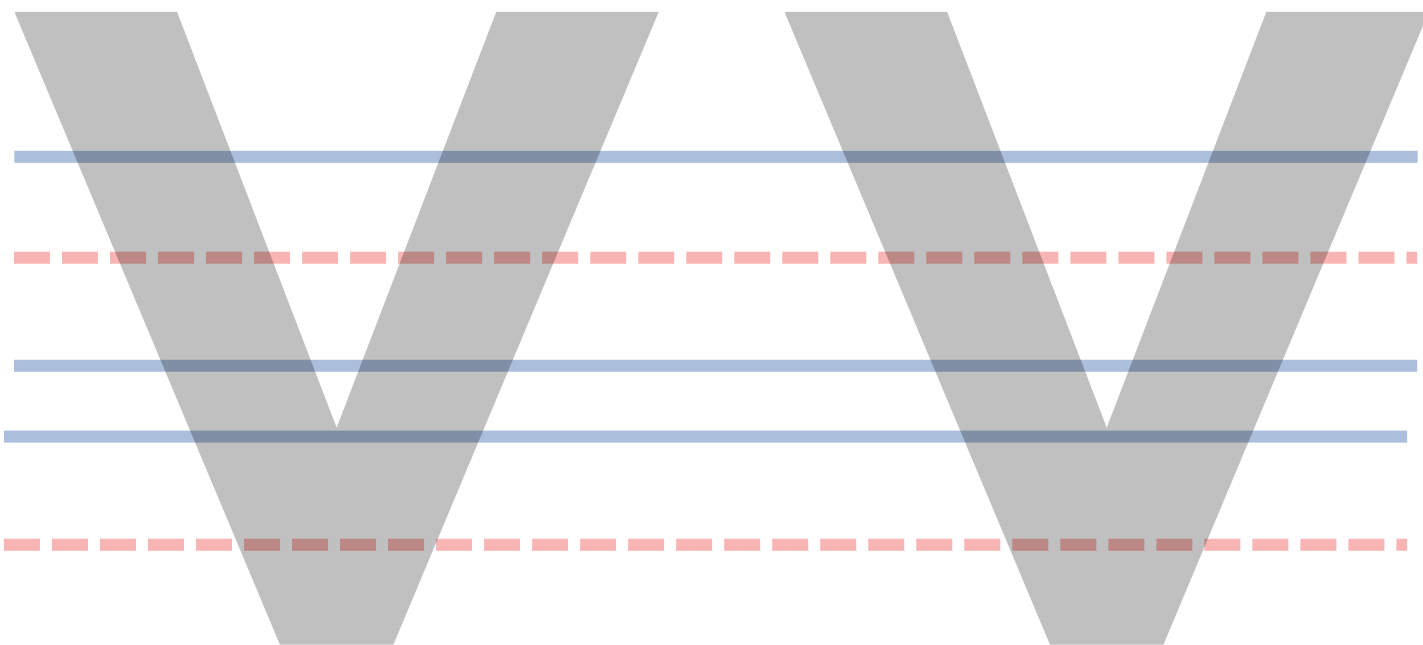


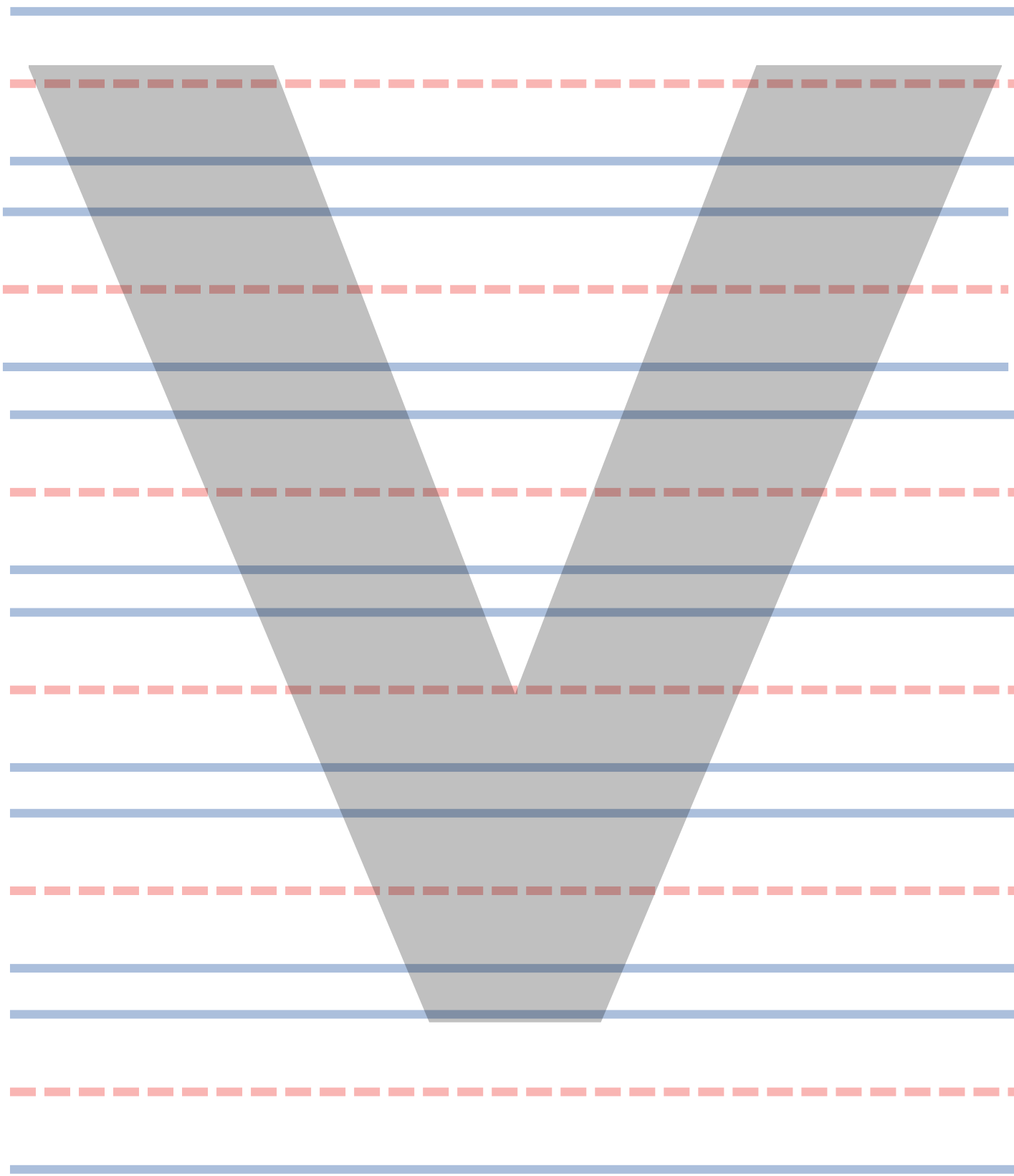


v v v v v

v v v v v

v v v v v

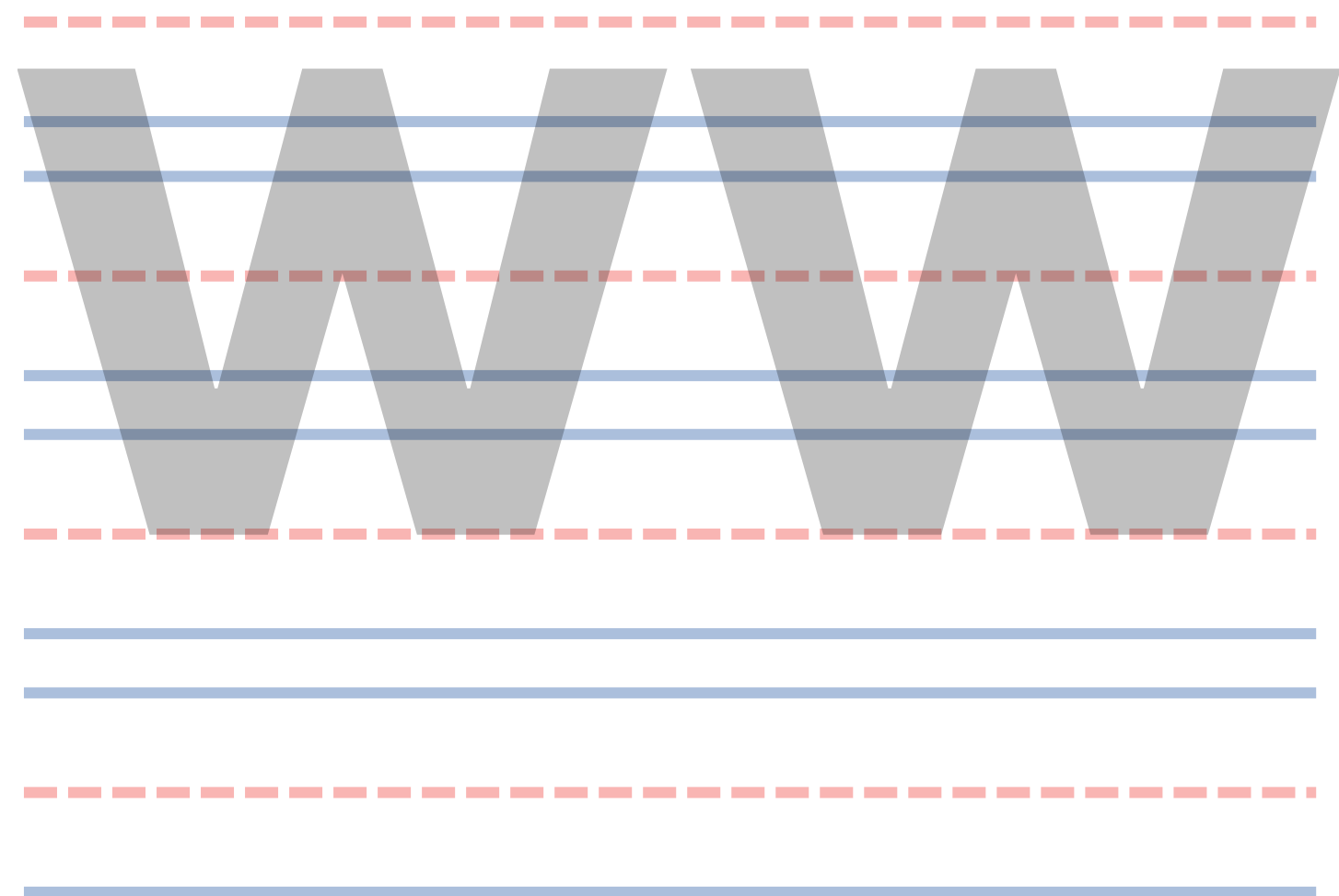
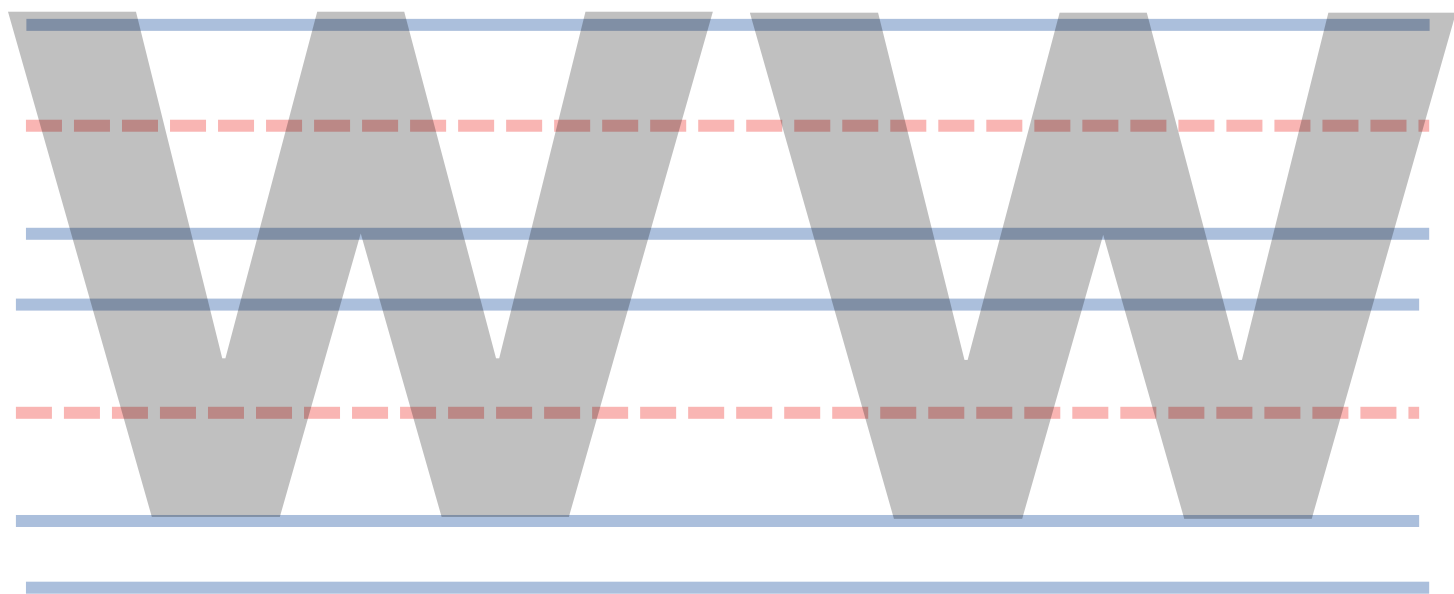




W W W W

W W W W

W W W W

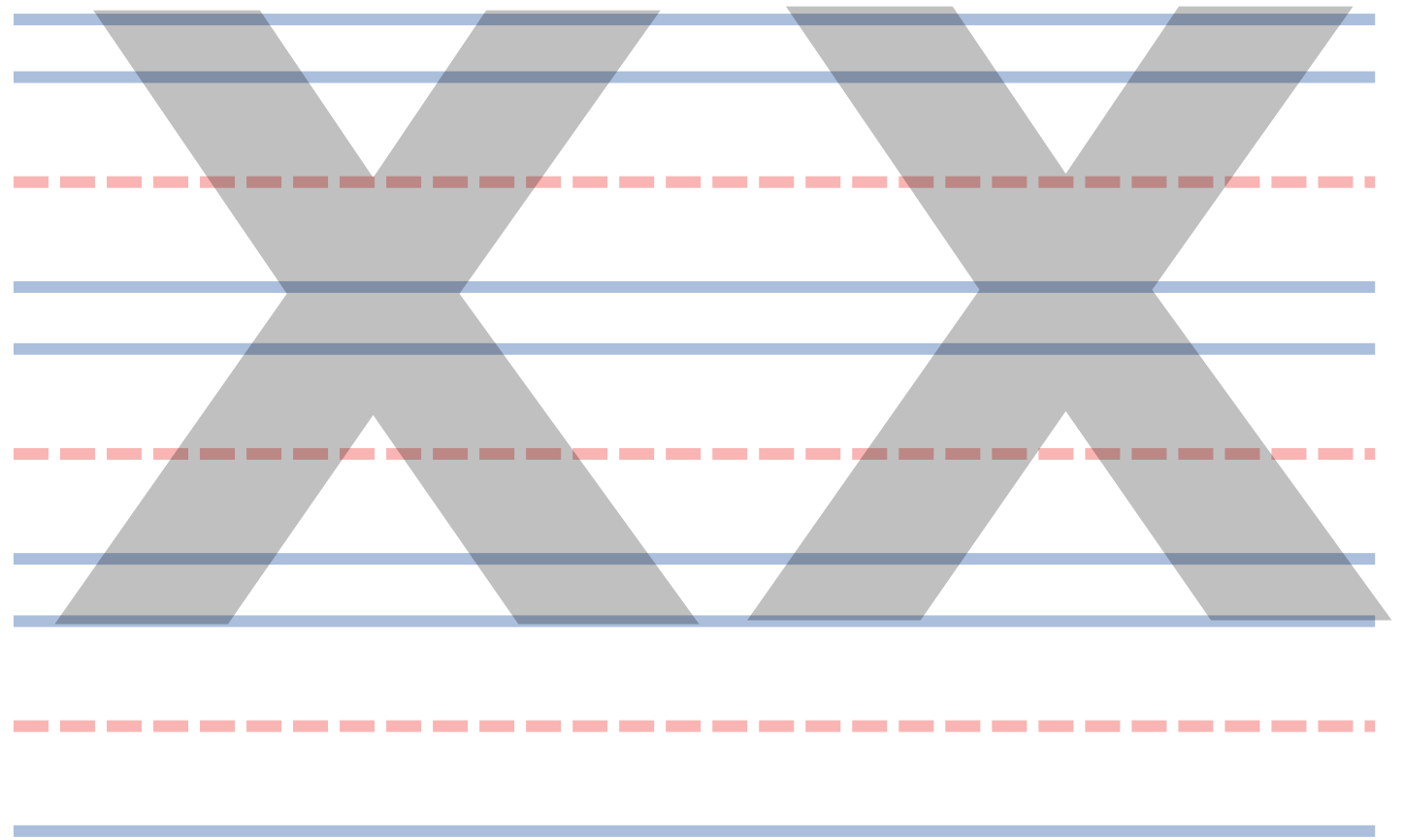
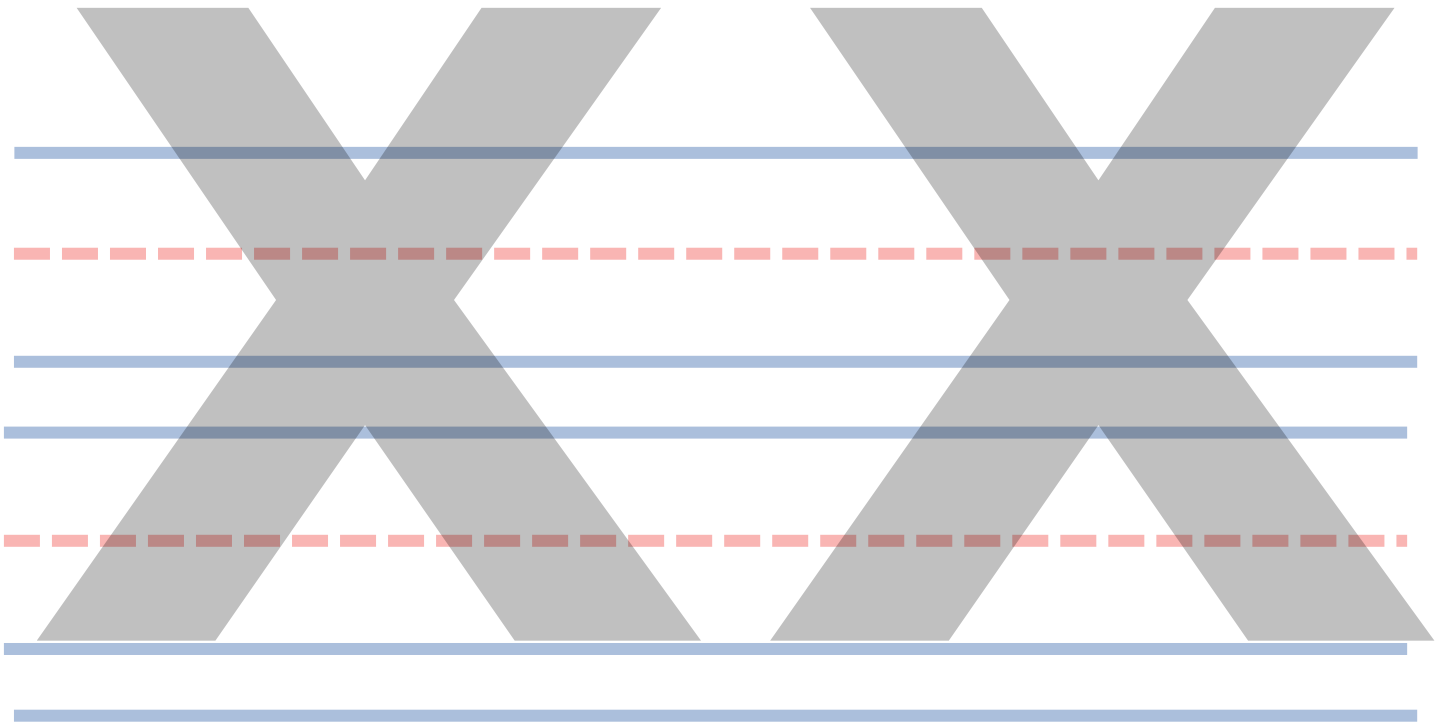


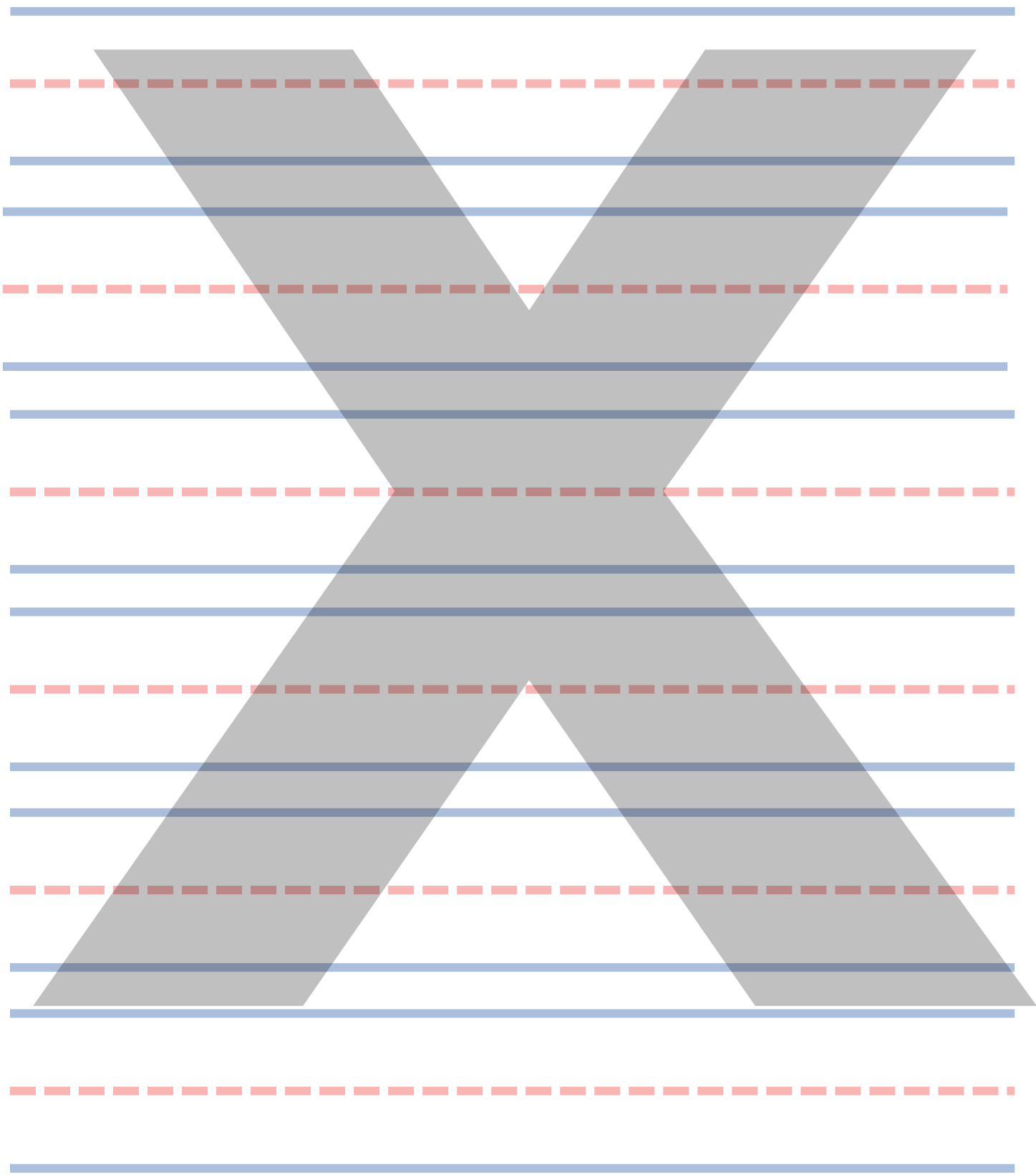


X X X X X

X X X X X

X X X X X



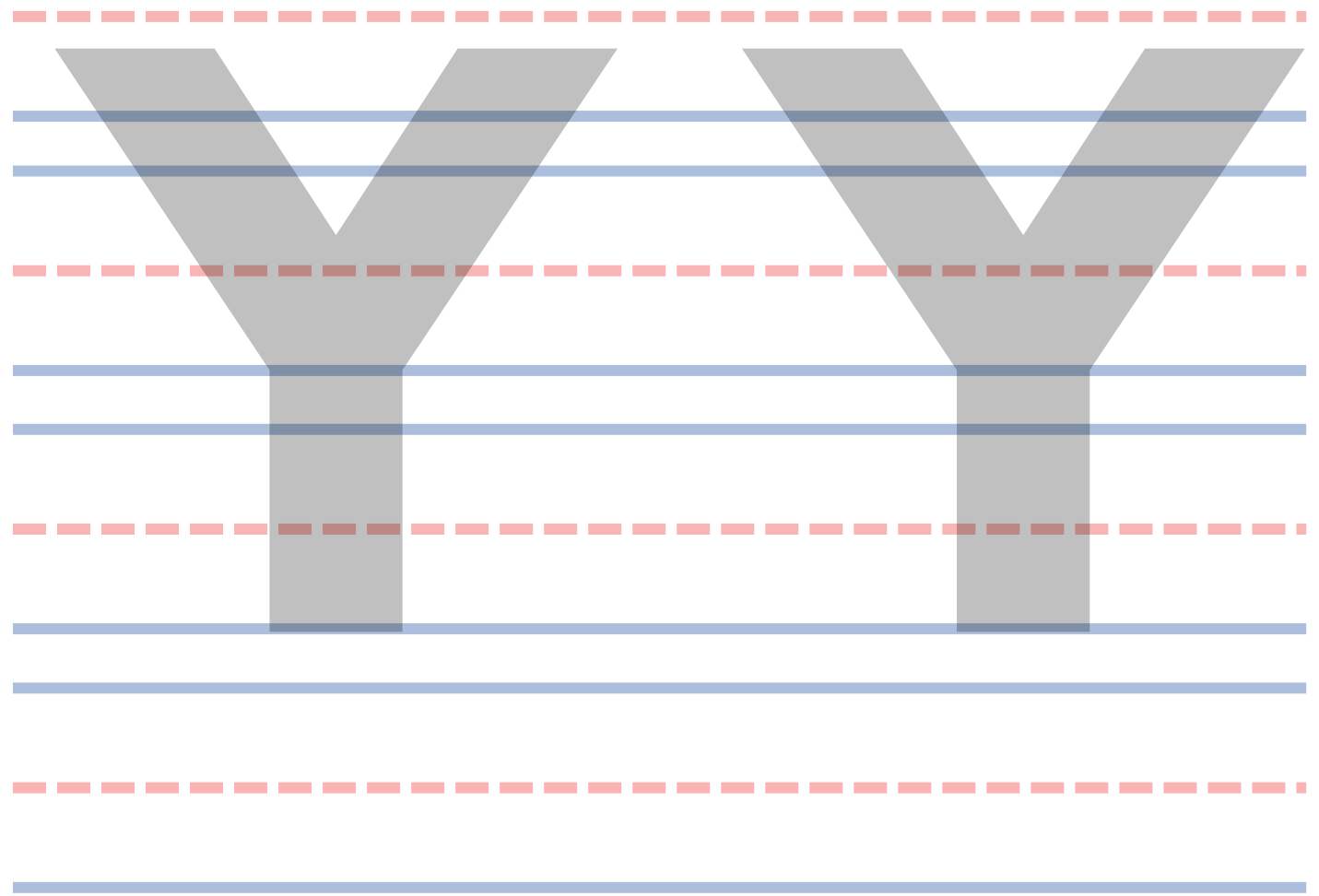
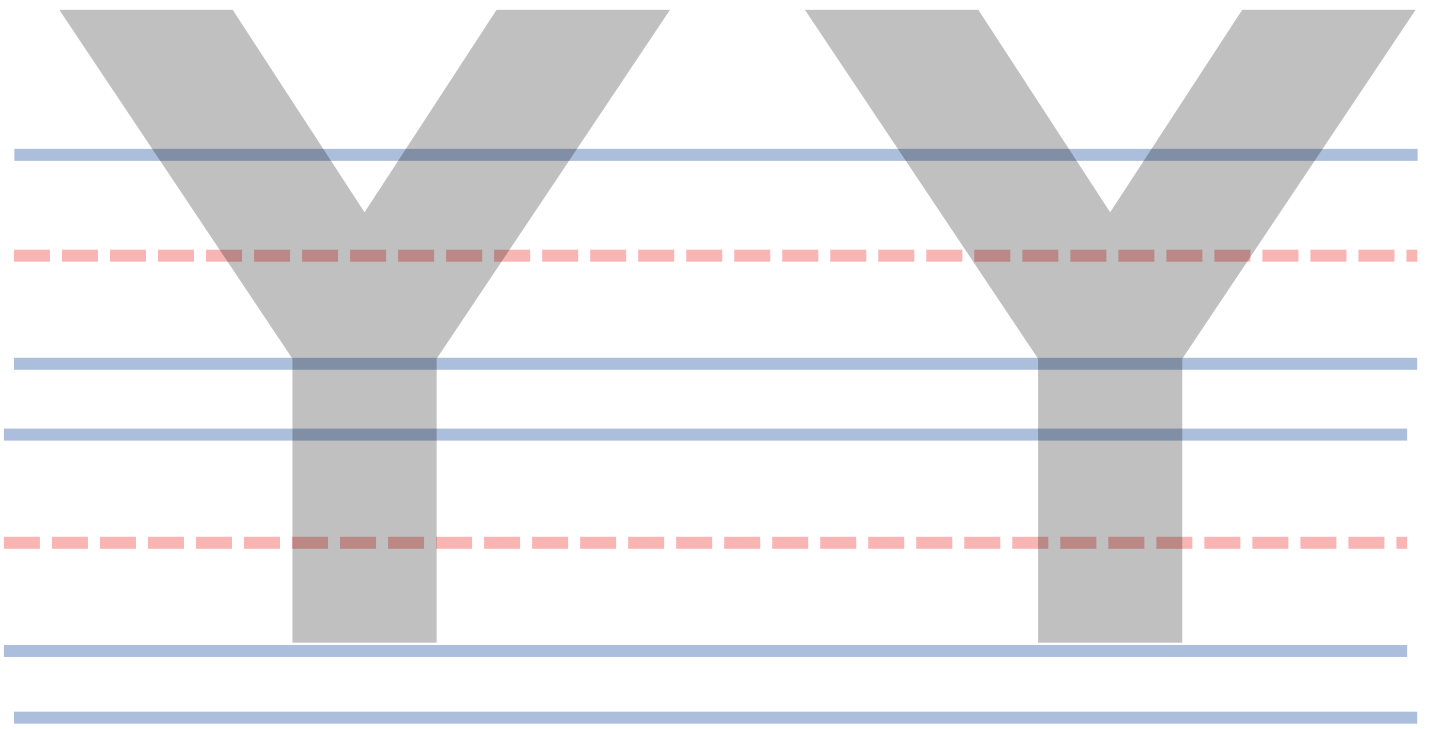


Y Y Y Y Y

Y Y Y Y Y

Y Y Y Y Y

Handwriting practice lines consisting of three rows of blue solid lines and red dashed midlines, providing space for independent letter practice.

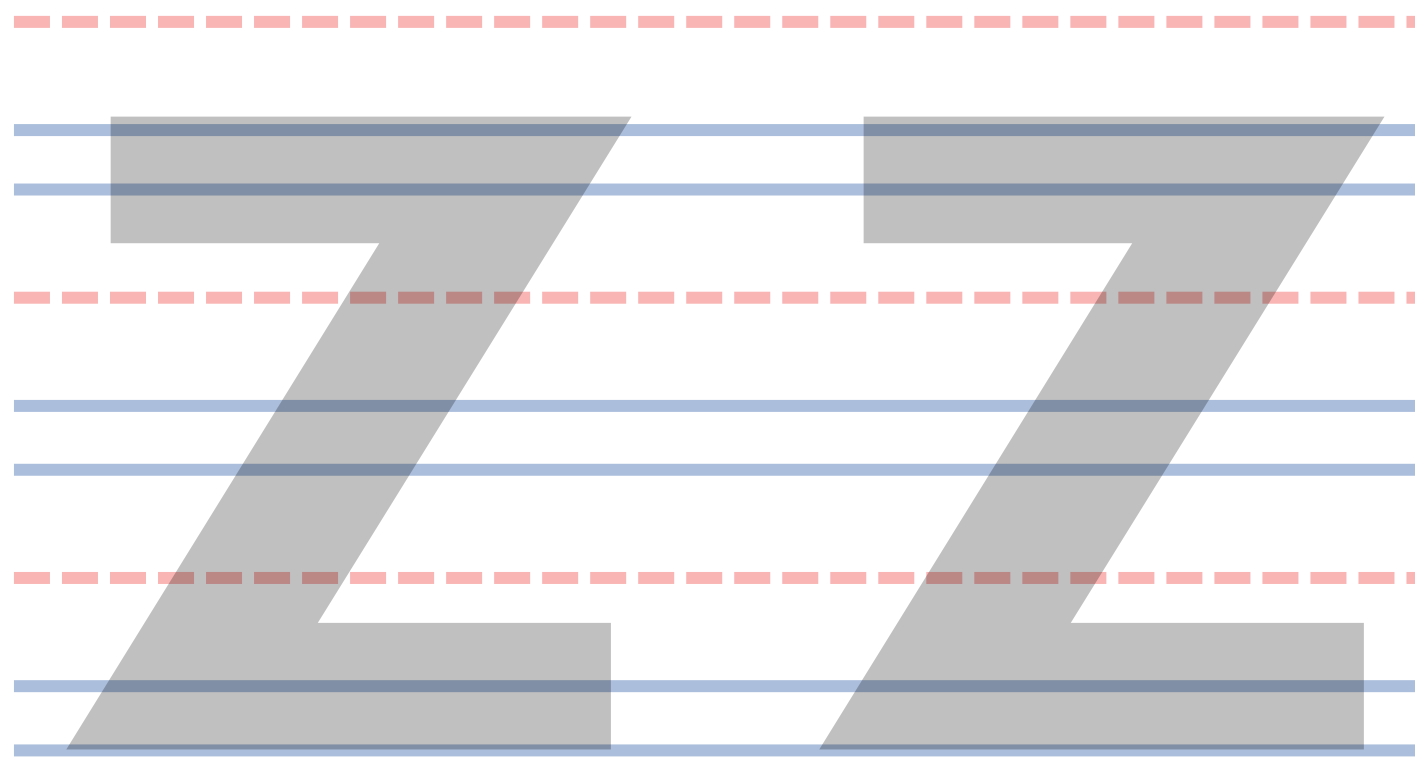
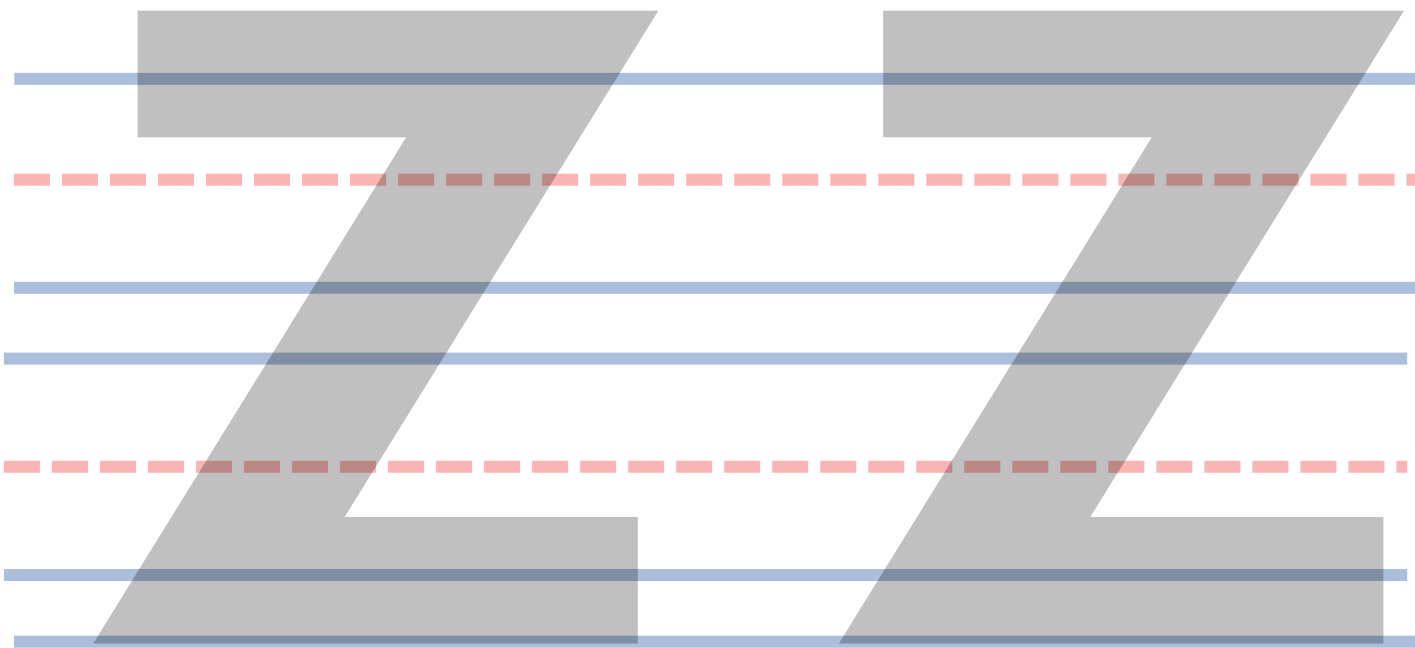


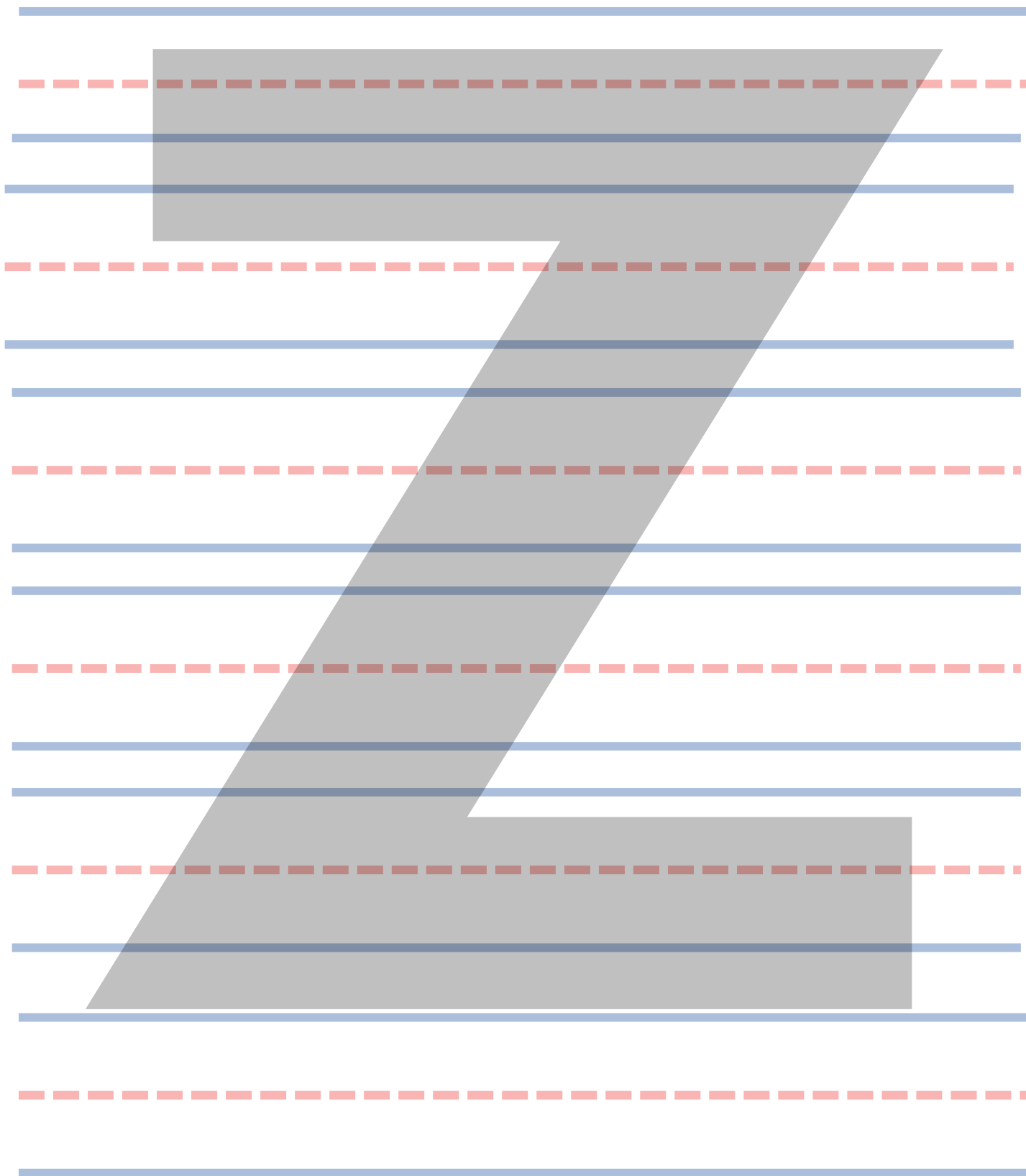


z z z z z

z z z z z

z z z z z







Visual storyteller Pauline: een rasechte beelddenker met dyslexie. En naast het geven van trainingen en workshops in visual storytelling, maakt ze ook illustraties. Pauline heeft een professioneel verleden in het werk met kinderen met ontwikkelingsachterstanden en jongeren met een beperking. De missie om iedereen zo meer aan het tekenen te krijgen is 12 jaar geleden begonnen. Tekenend zit in iedere cel van haar lijf en tekenen werkt!

“ De combinatie beeld & woord werkt voor iedereen, daar gaat je brein echt van op aan! Door beeld meer te gaan inzetten als communicatietool wordt de wereld voor velen een stuk makkelijker! “

Meer willen weten: www.visualstoryteller-pauline.nl