



WORKBOOK

TRACING

lines

1

JOUW WARMING-UP VOOR
AL JOUW VISUALS

VISUAL STORYTELLER-
PAULINE

Tracing lines

Geschreven door: Pauline Waals

Illustraties door: Pauline Waals

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www.visualstoryteller-pauline.nl

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Disclaimer: Dit boek is vol passie en overgave geschreven. Door mijn dyslexie vinden taal- en spelfouten het helaas soms toch nog fijn om hierbij aanwezig te zijn.

Welkom bij dit Tracing Lines werkboekje!

Jouw eerste stap naar ontspannen en vloeiend tekenen.
In dit e-book vind je 76 pagina's met eenvoudige lijnen,
bochten en patronen.

Het lijkt misschien simpel, maar het is dé manier om je stift en
je hand soepel te maken.

Door te herhalen, te spelen en te oefenen, train je niet alleen je
motoriek, maar ook je visuele brein.

Zie het als een warming-up: net zoals een muzikant
toonladders speelt of een sporter stretcht, bereid jij je hiermee
voor om vrijer, rustiger en creatiever te tekenen.

Zet je stift op papier, laat je brein meebewegen en ontdek hoe
ontspannend herhaling kan zijn.

Tip: De kleinere figuren zou ik gebruiken voor de dunne
stiften. En de grote figuren voor de dikke stiften. Je zou ze
eventueel achter je flipover papier kunnen plakken en
vervolgens kunnen overtrekken!

Veel tekenplezier!

*Liefs.
Pauline*

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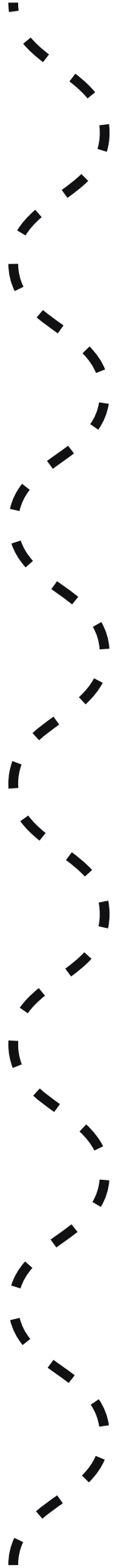


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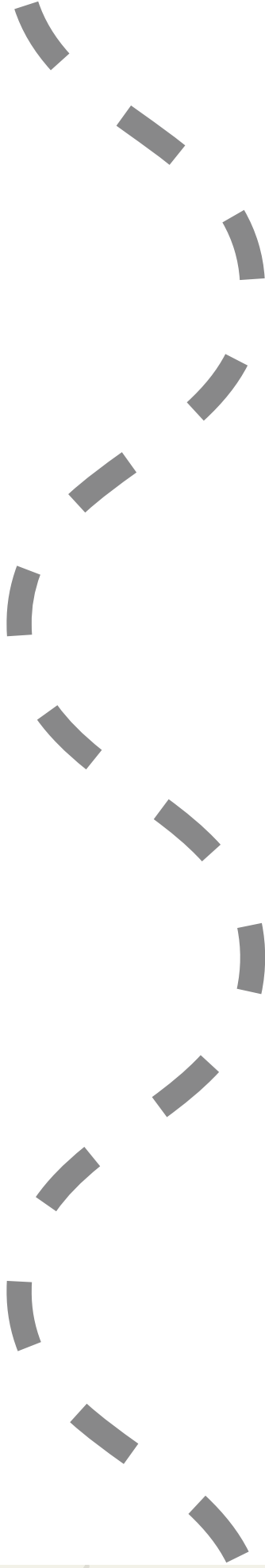


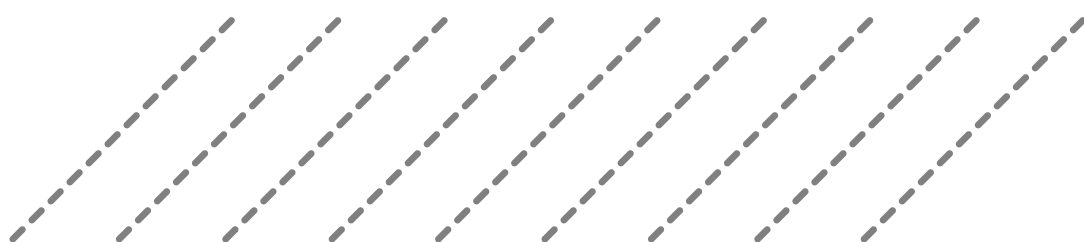
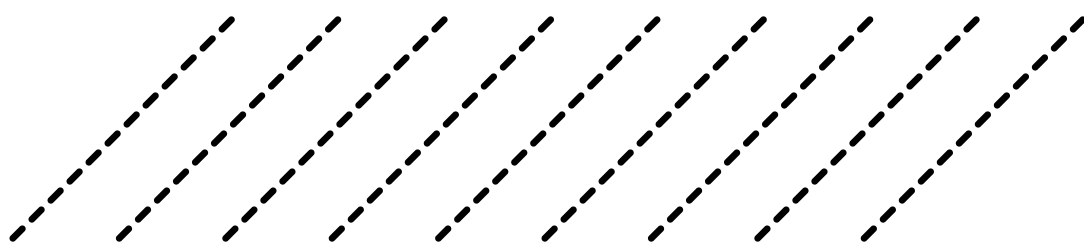
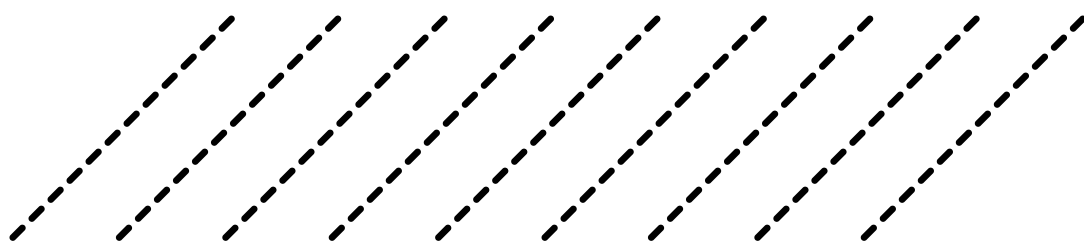
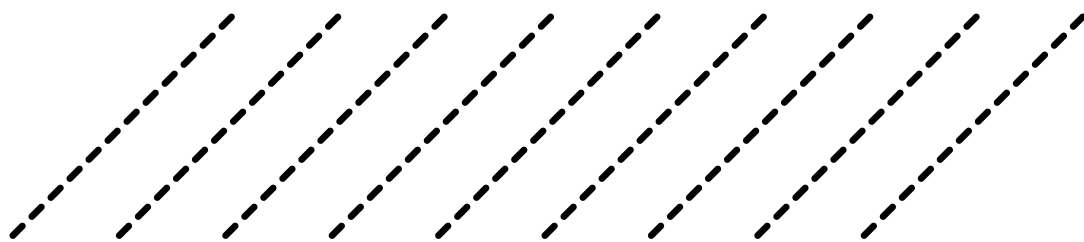


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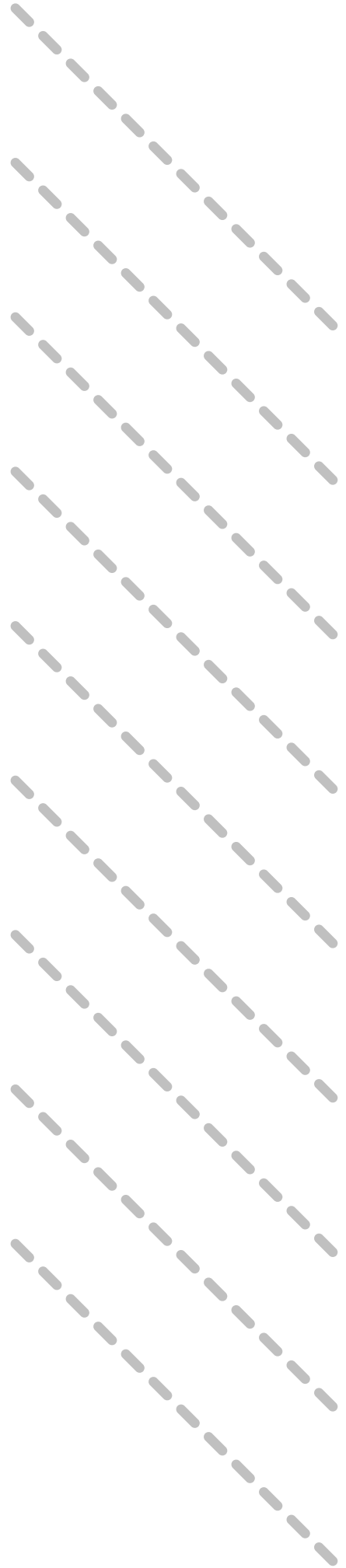
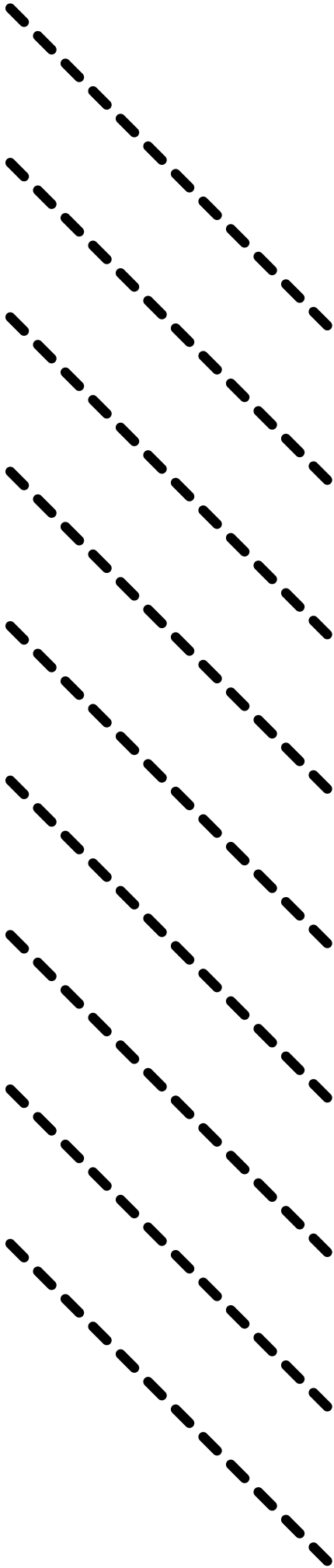


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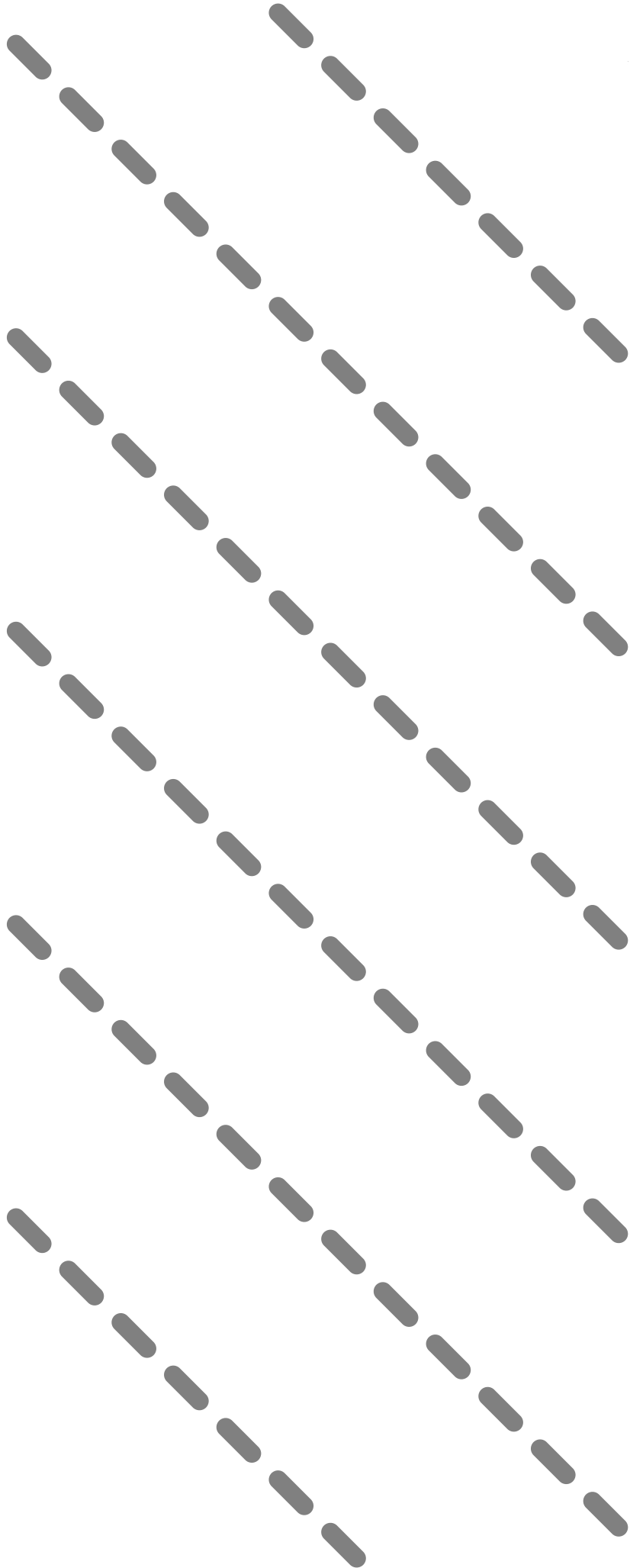




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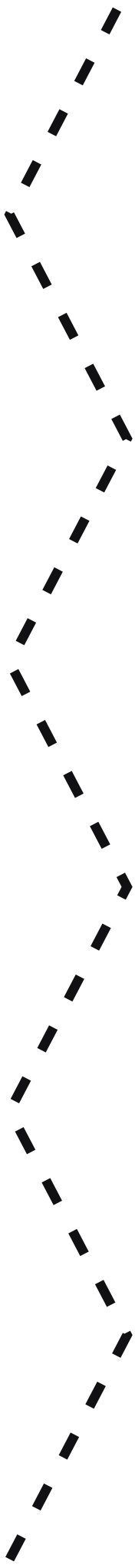


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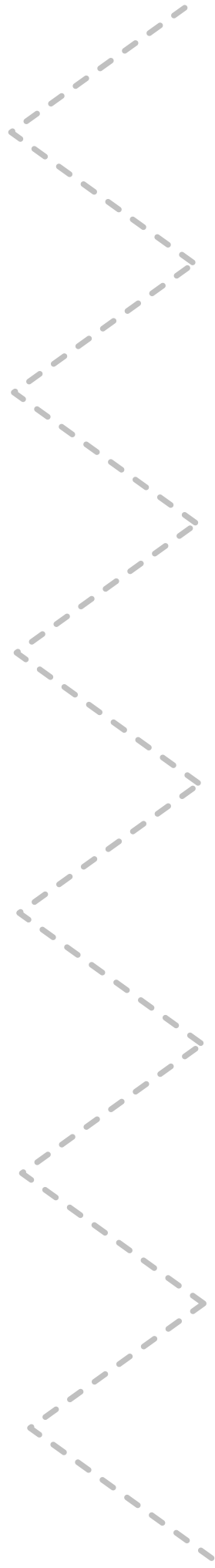
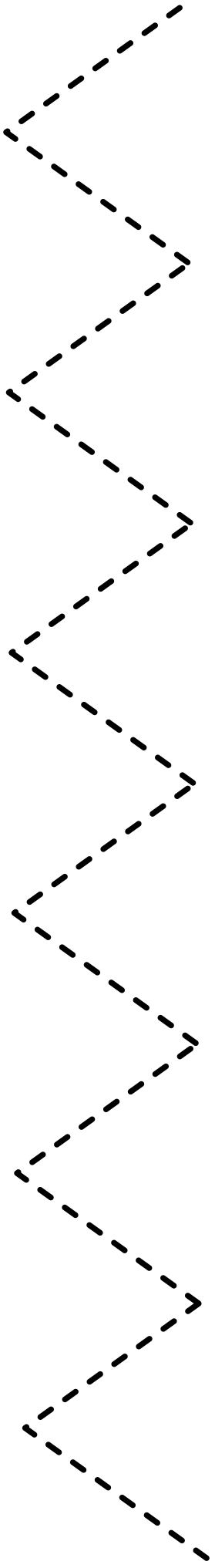


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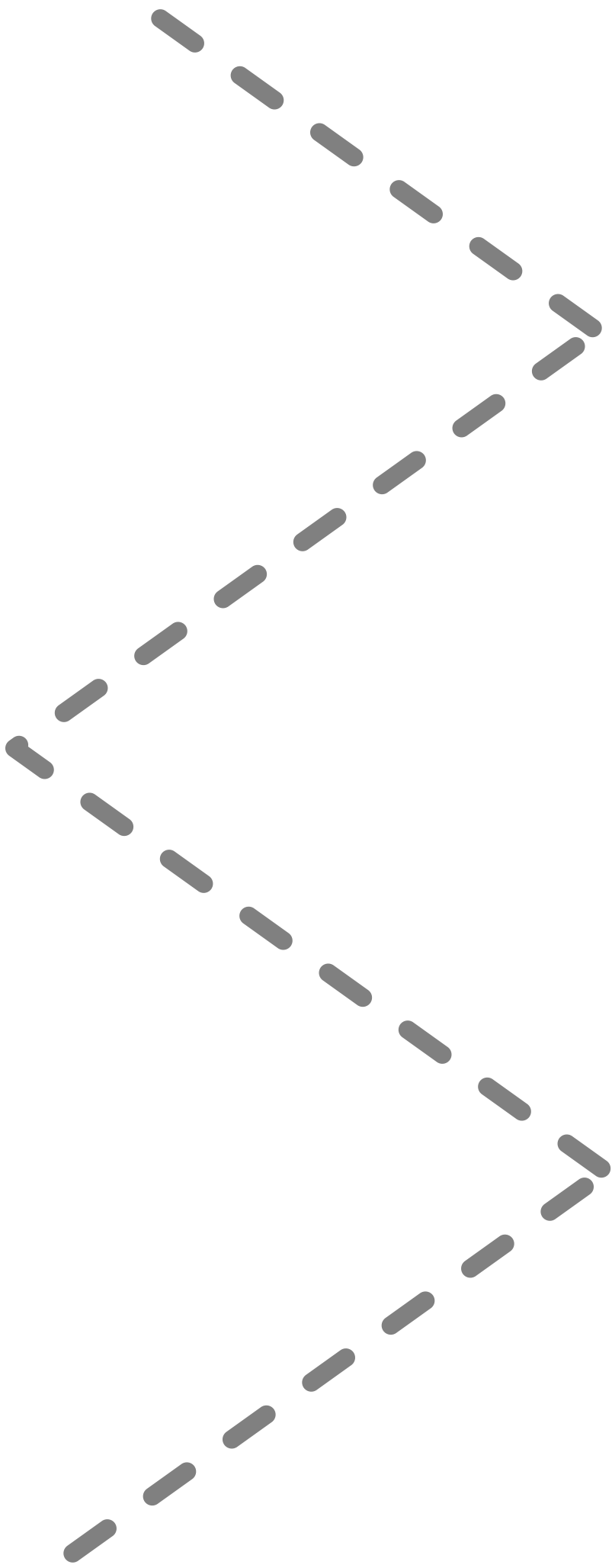




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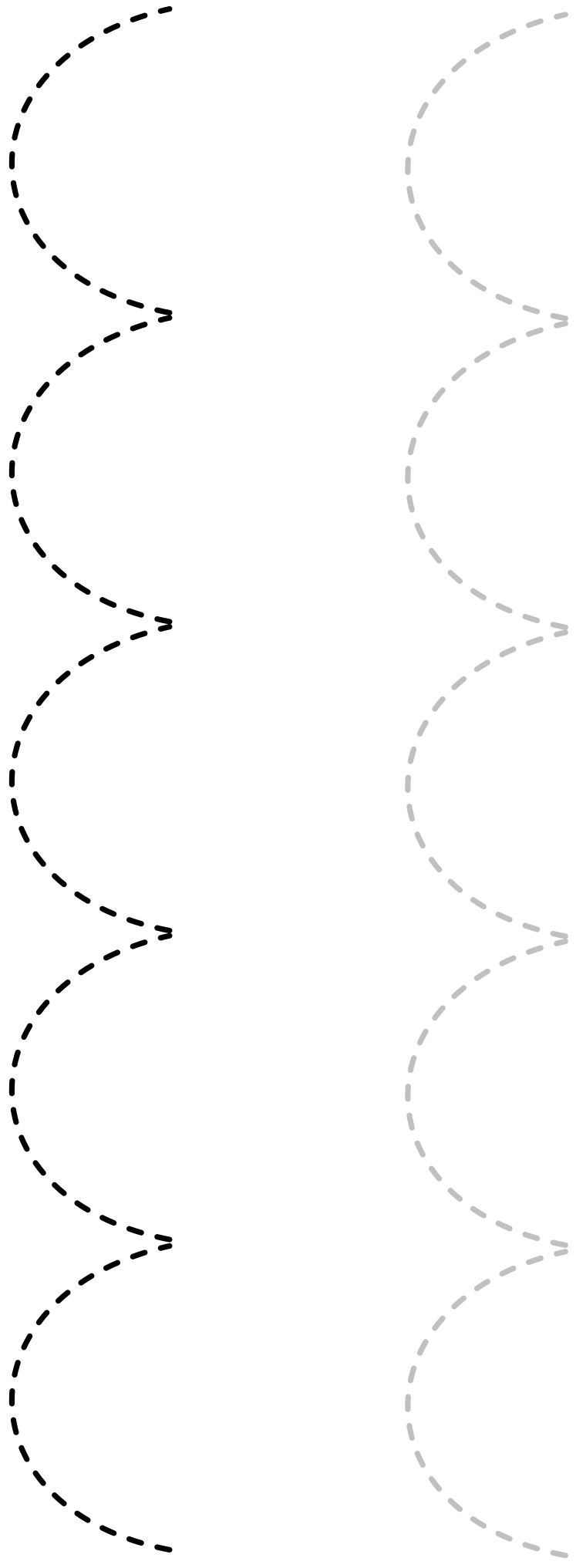


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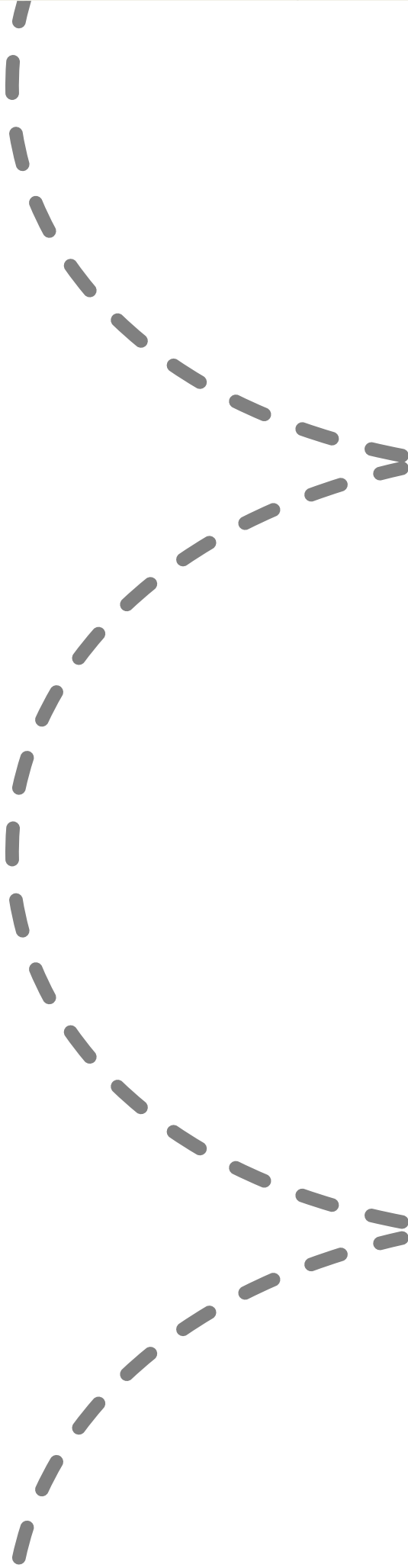


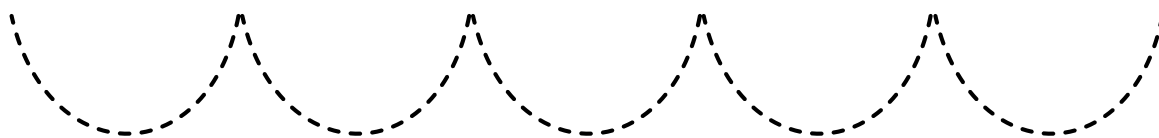
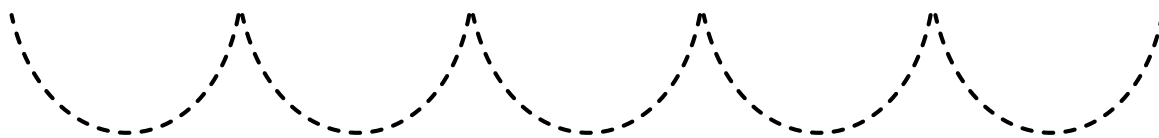


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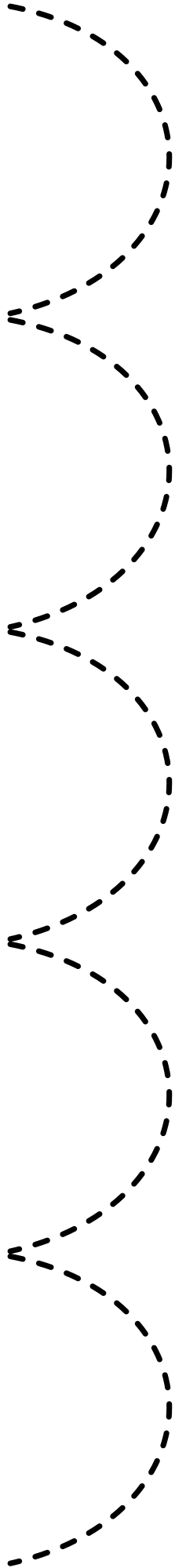


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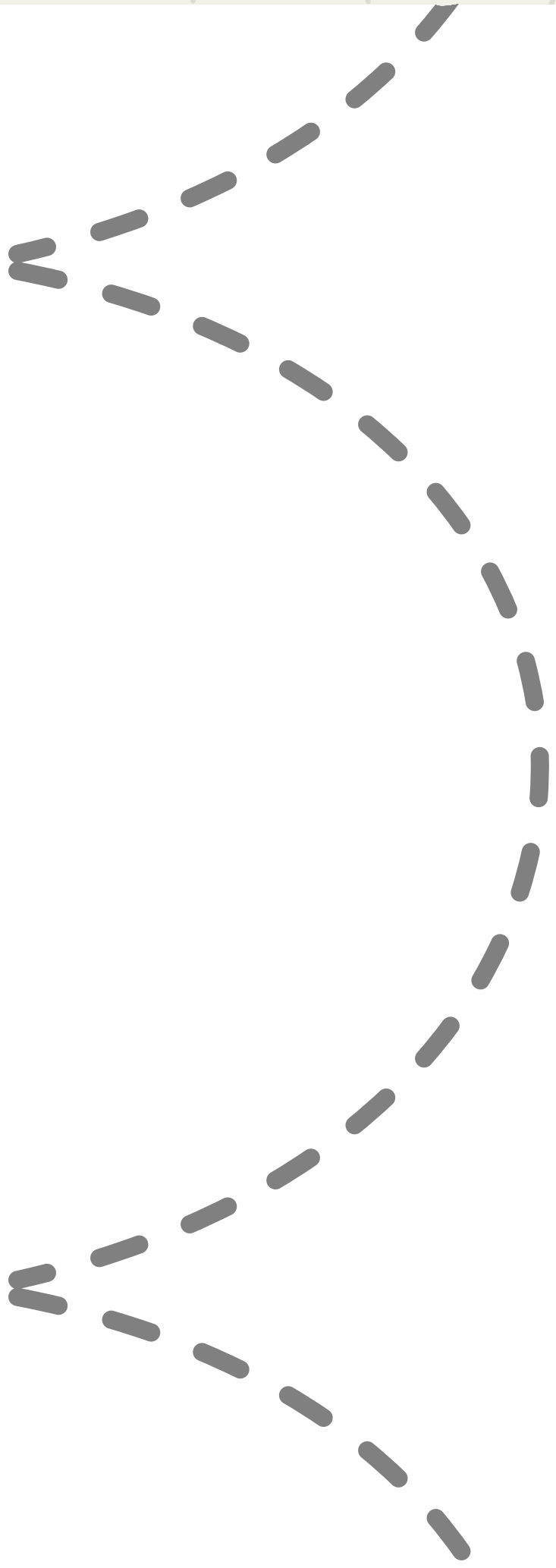


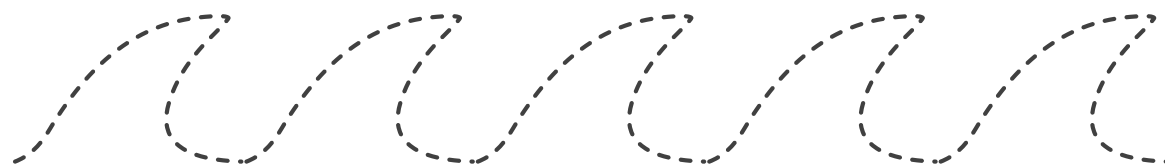
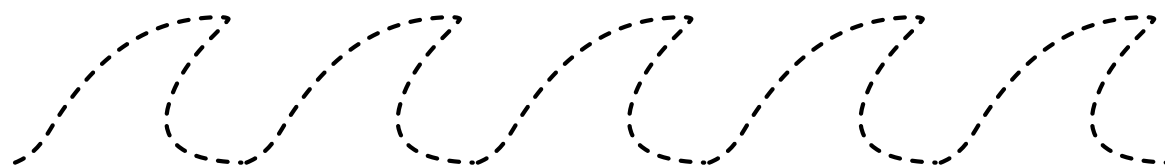
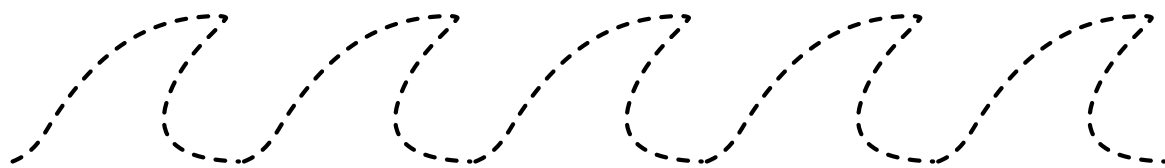


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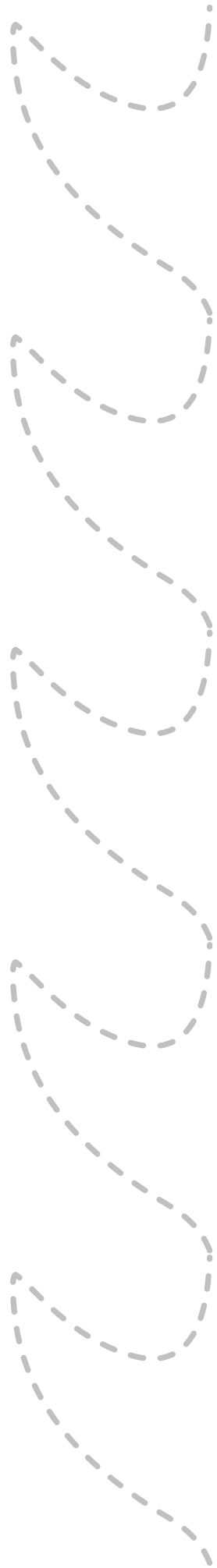
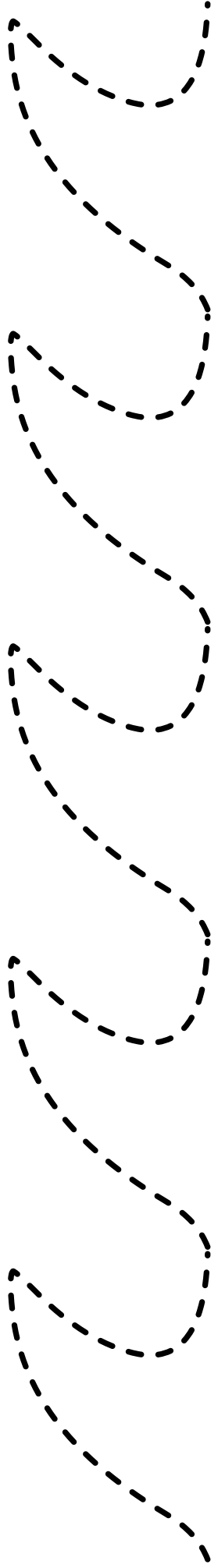


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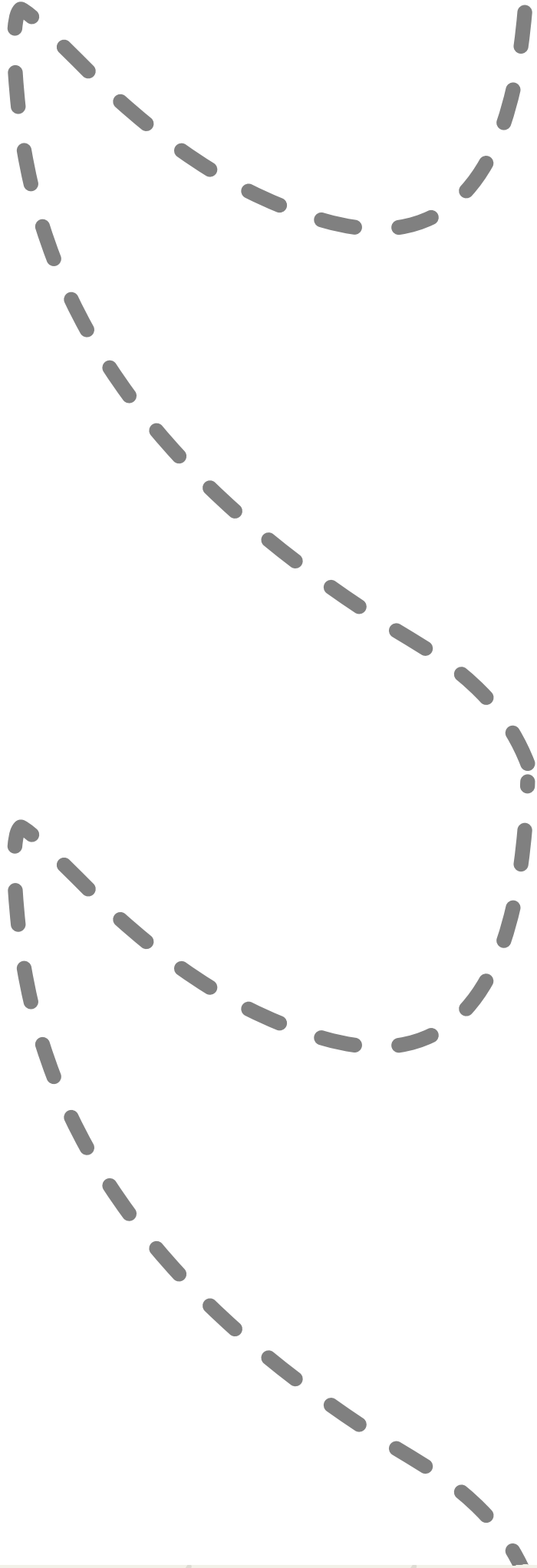


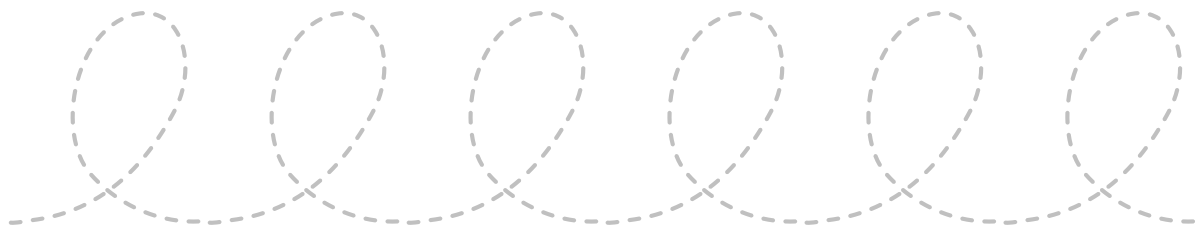
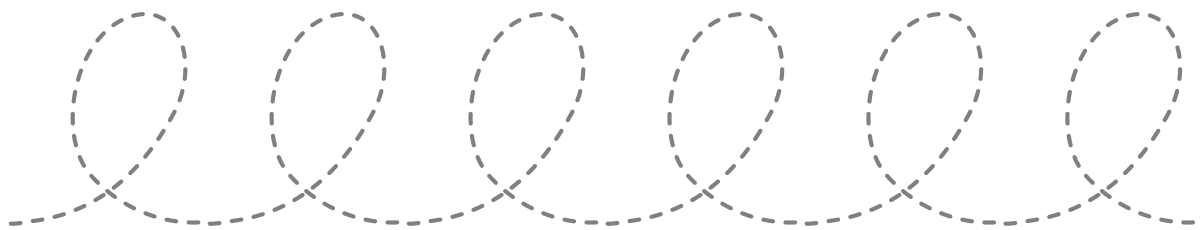
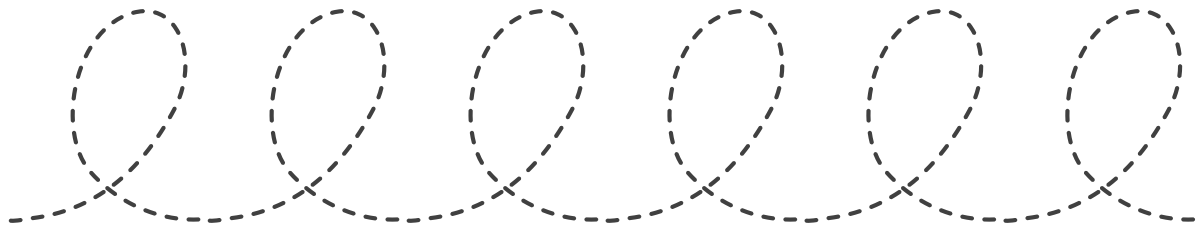
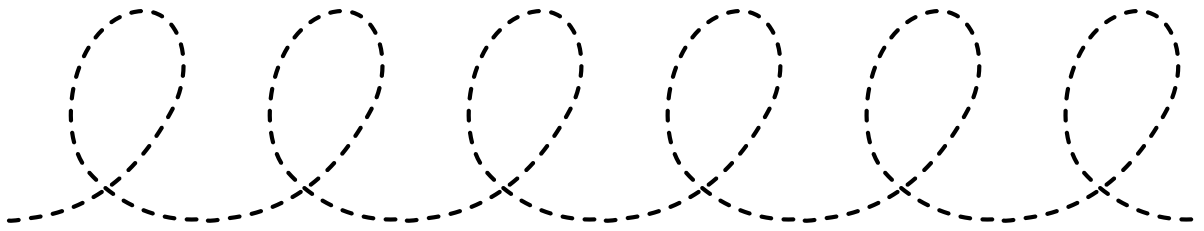
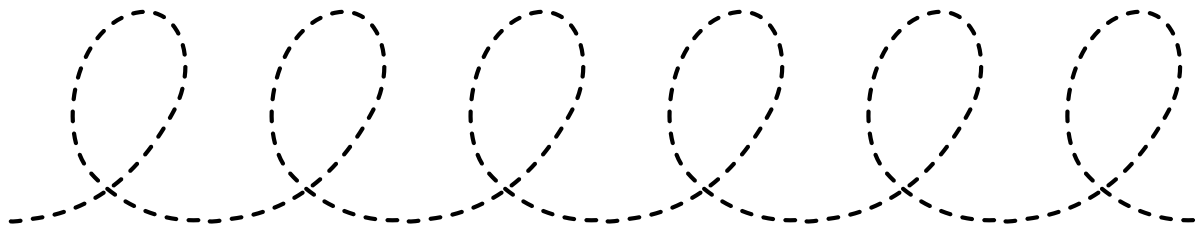


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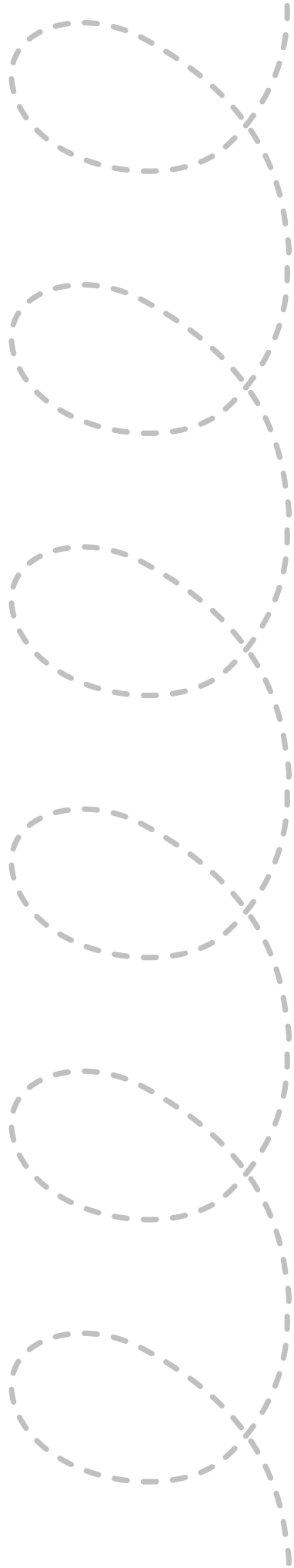
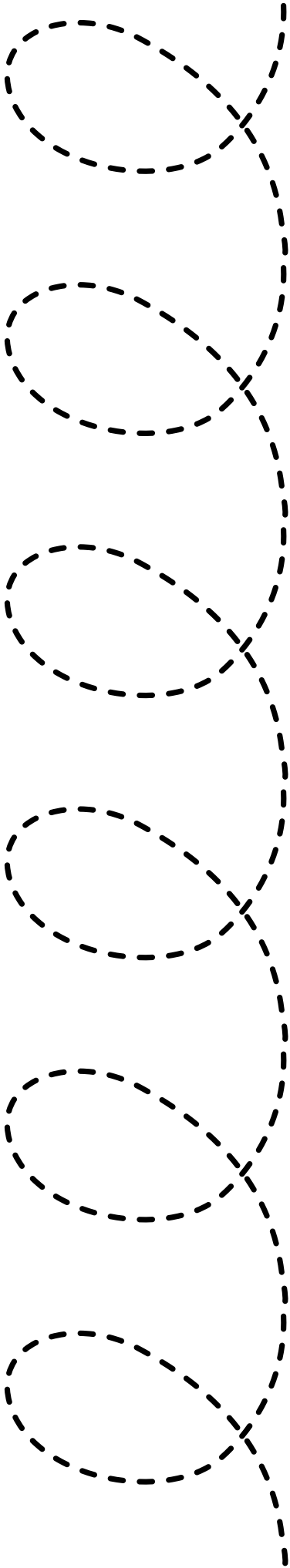


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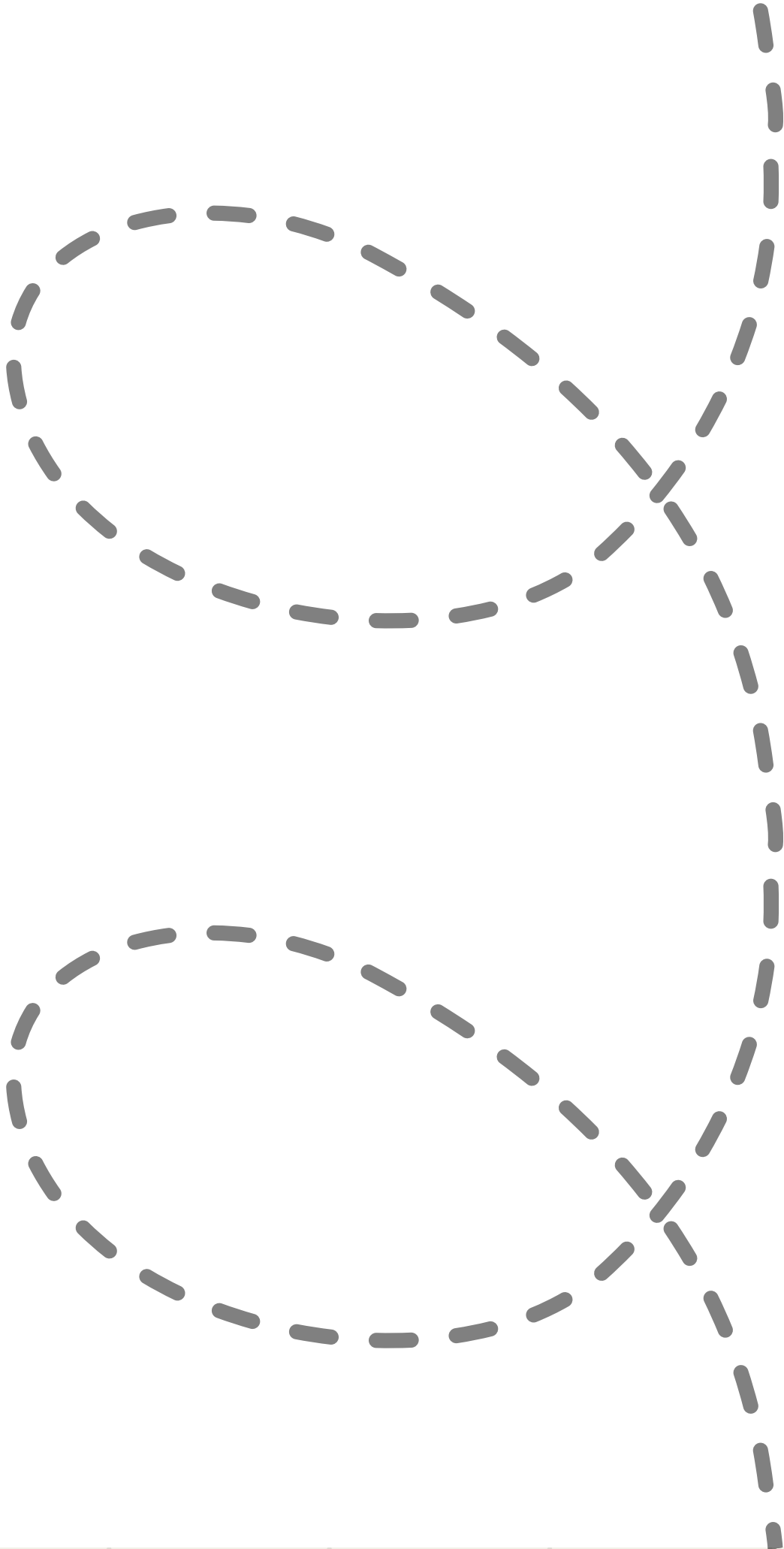


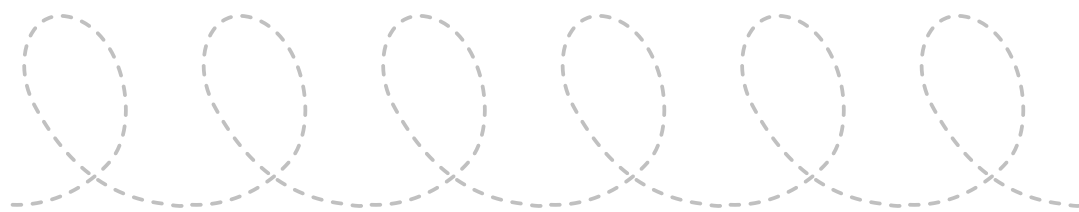
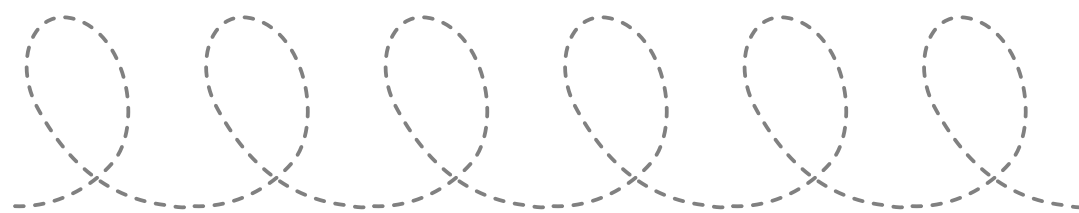
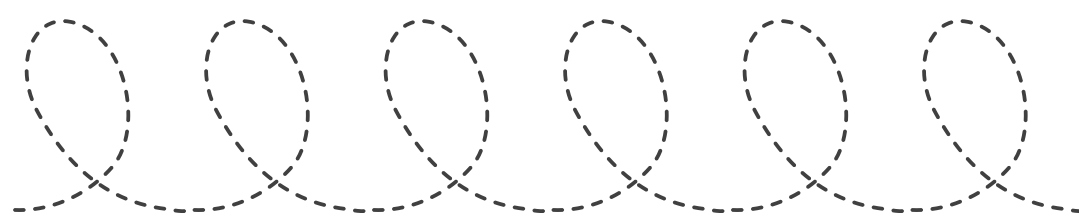
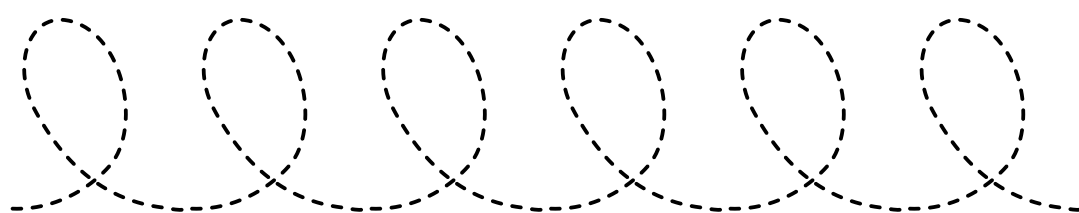
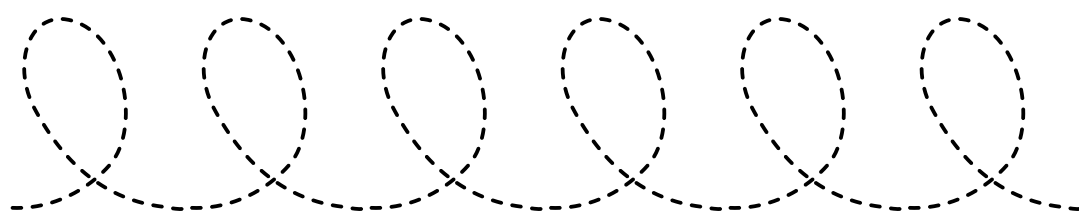


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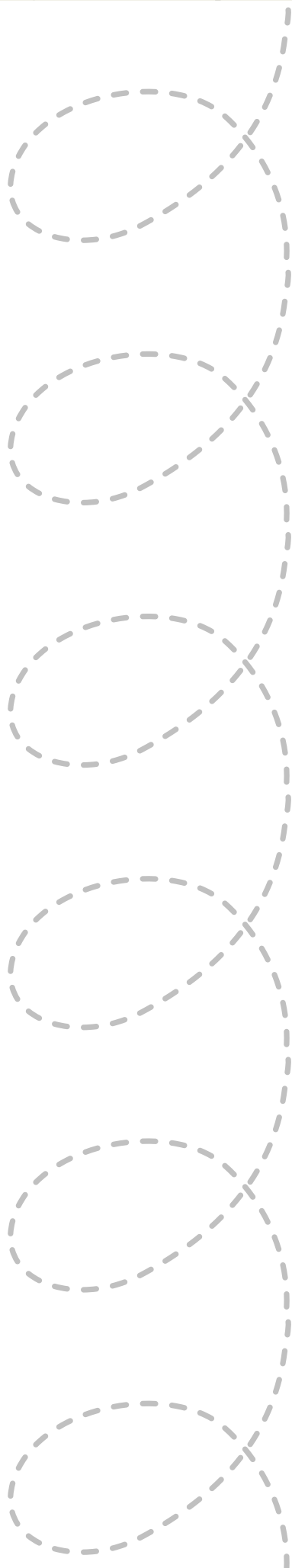
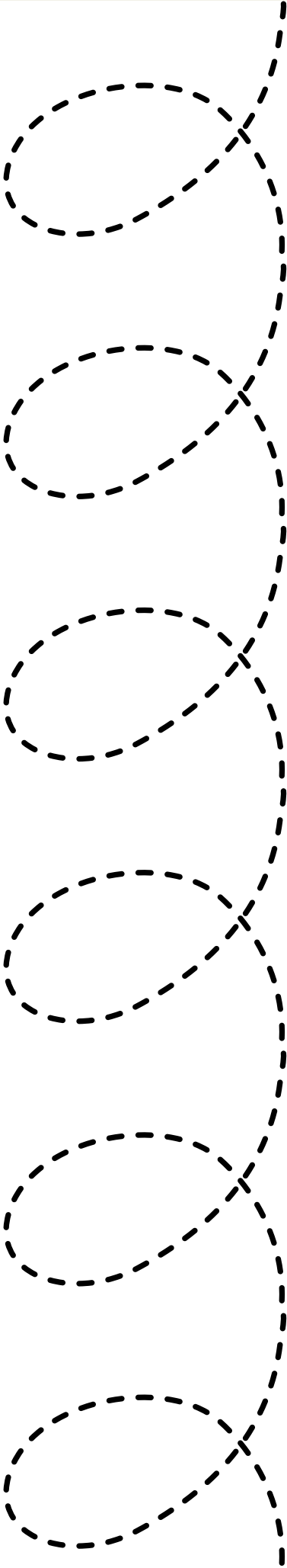


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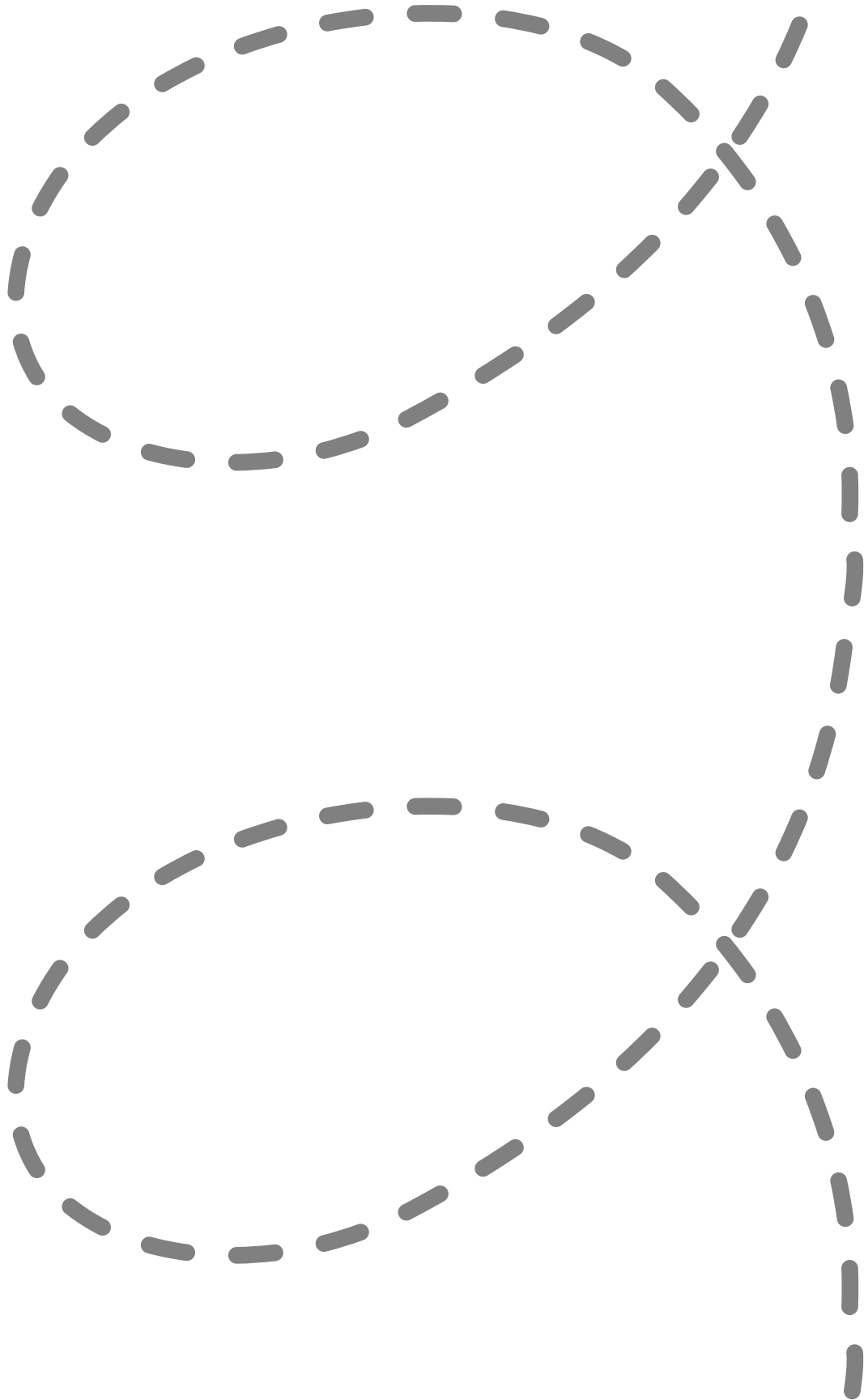


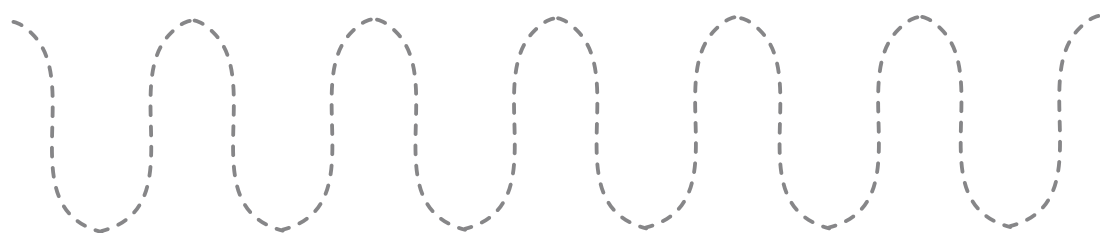
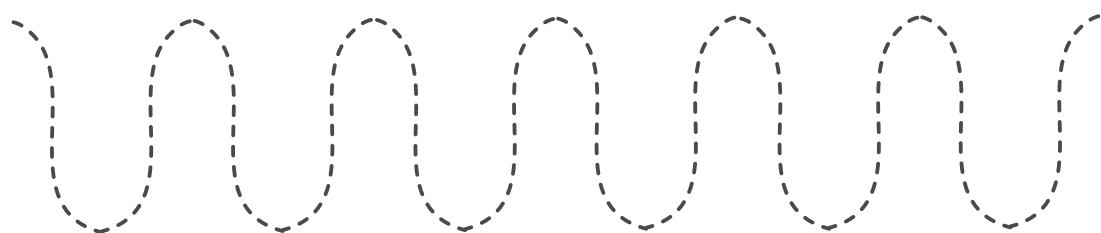
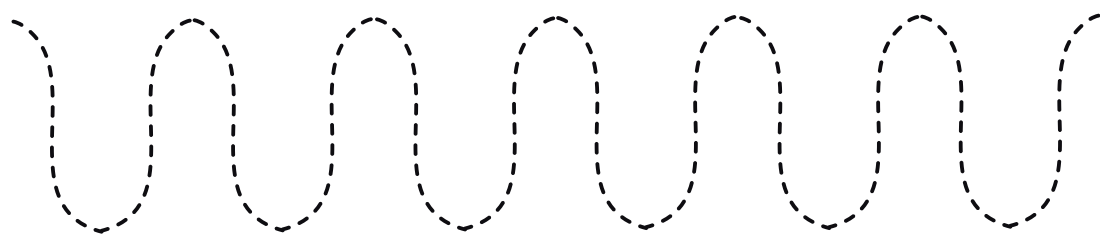
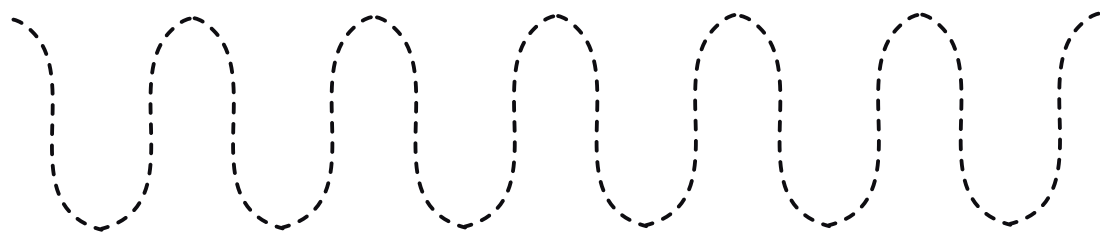


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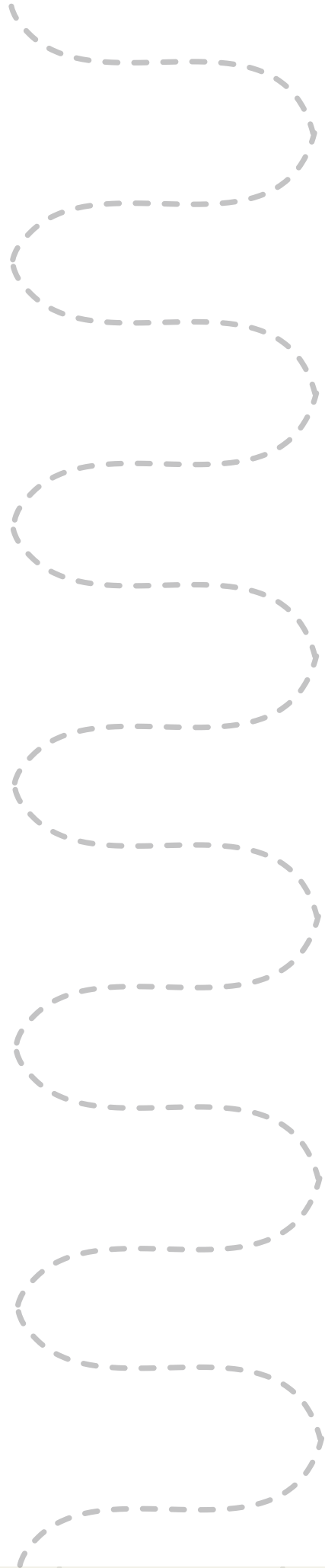
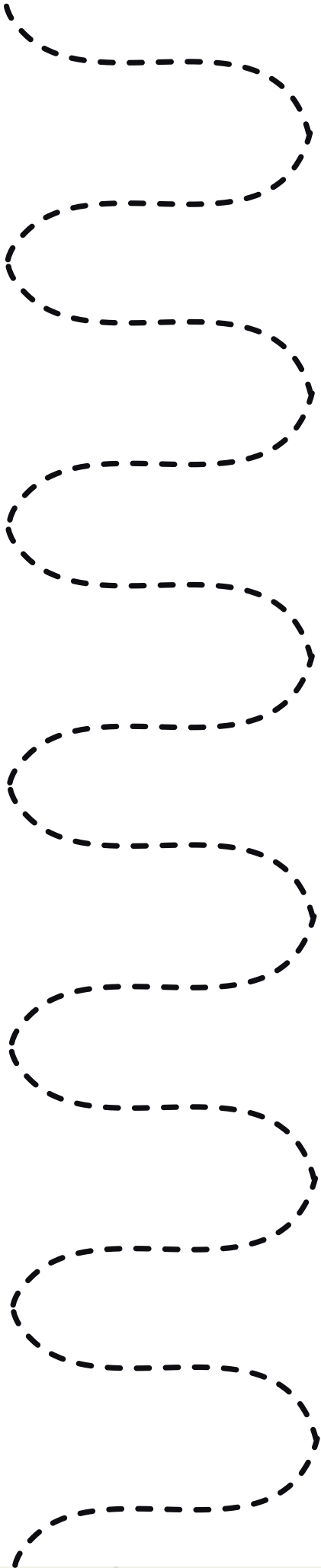


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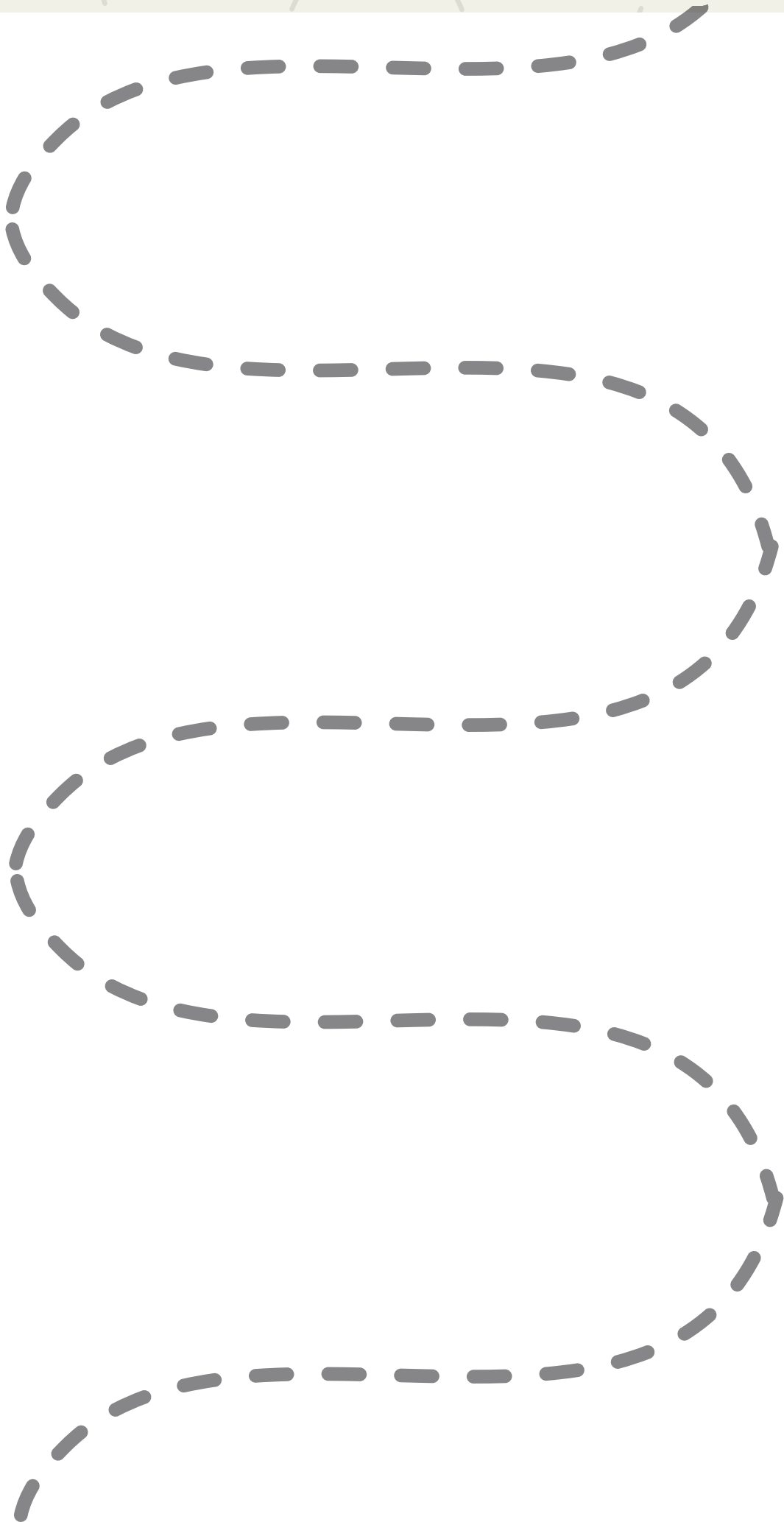


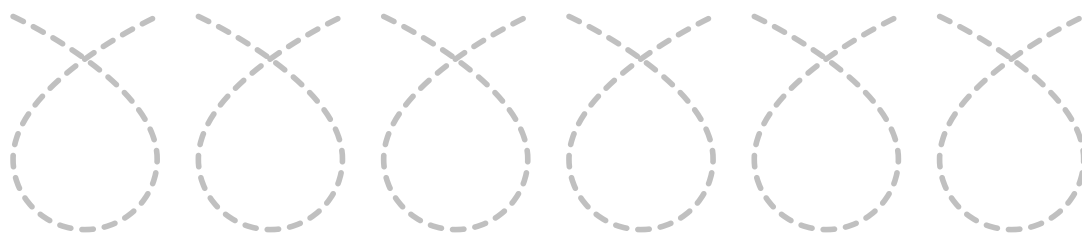
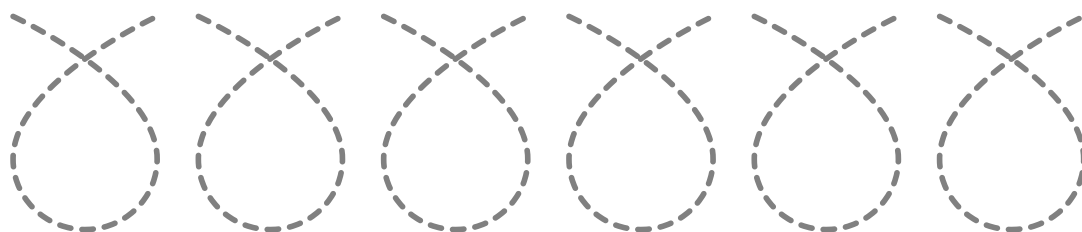
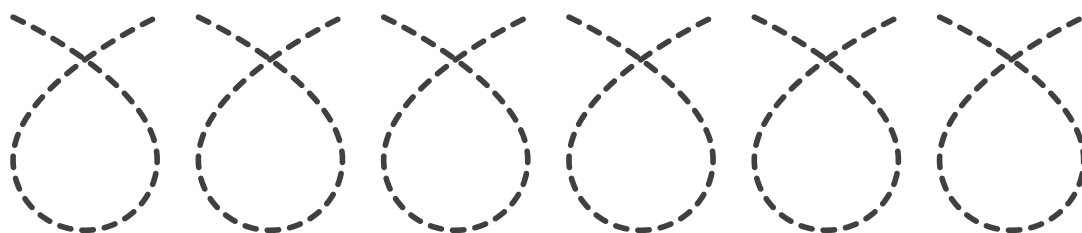
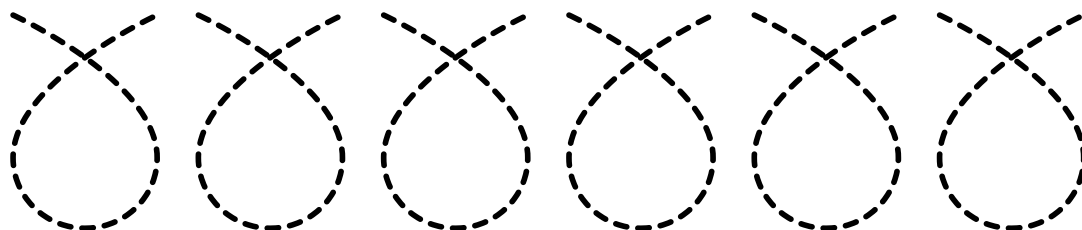
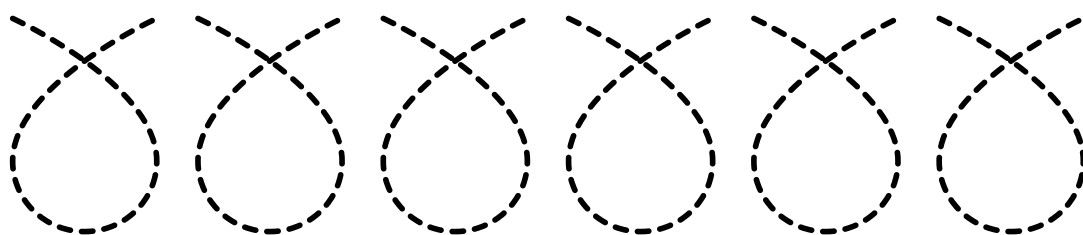


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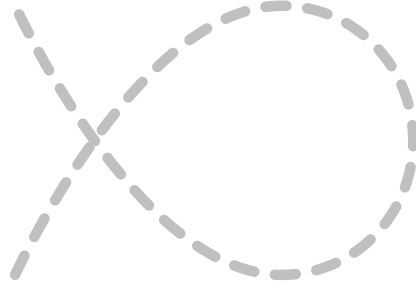
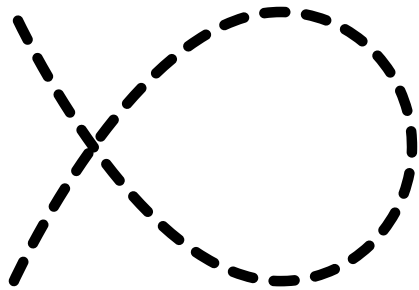
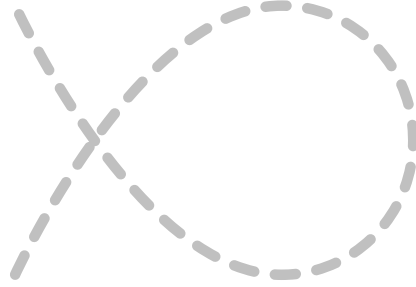
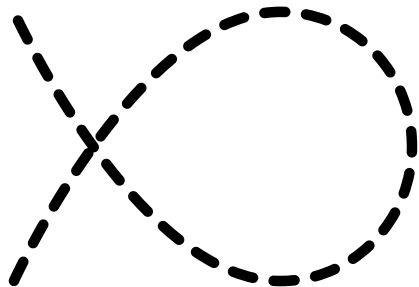
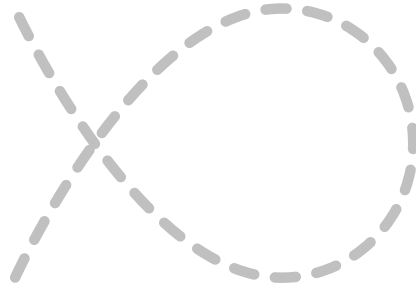
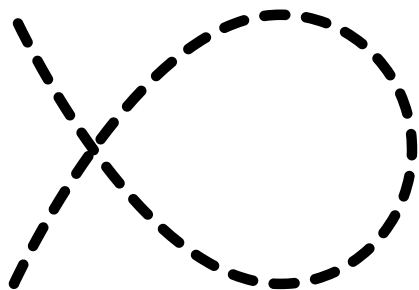
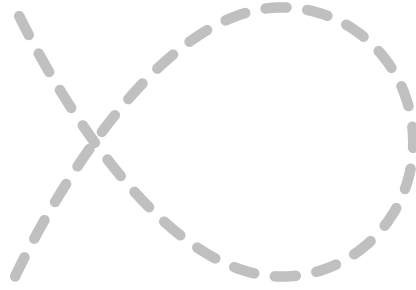
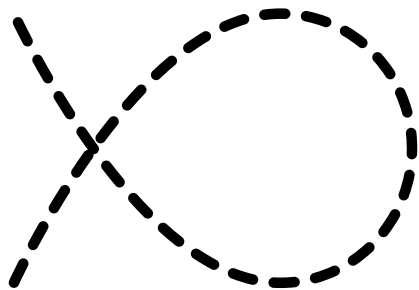
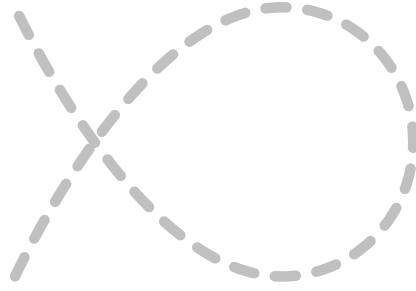
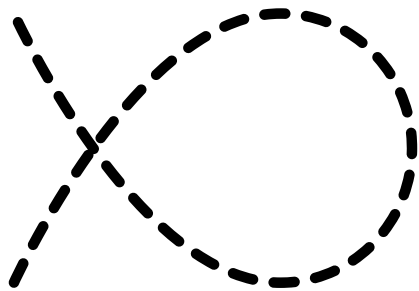
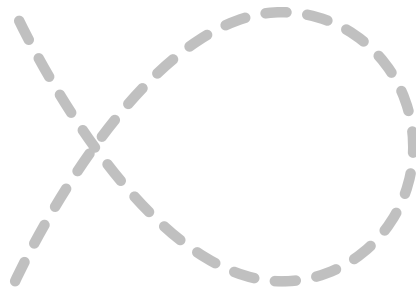
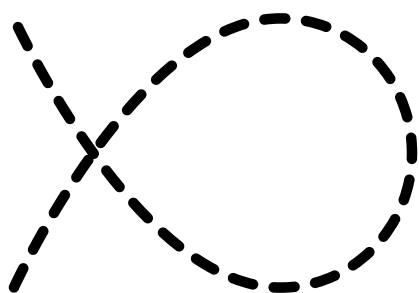


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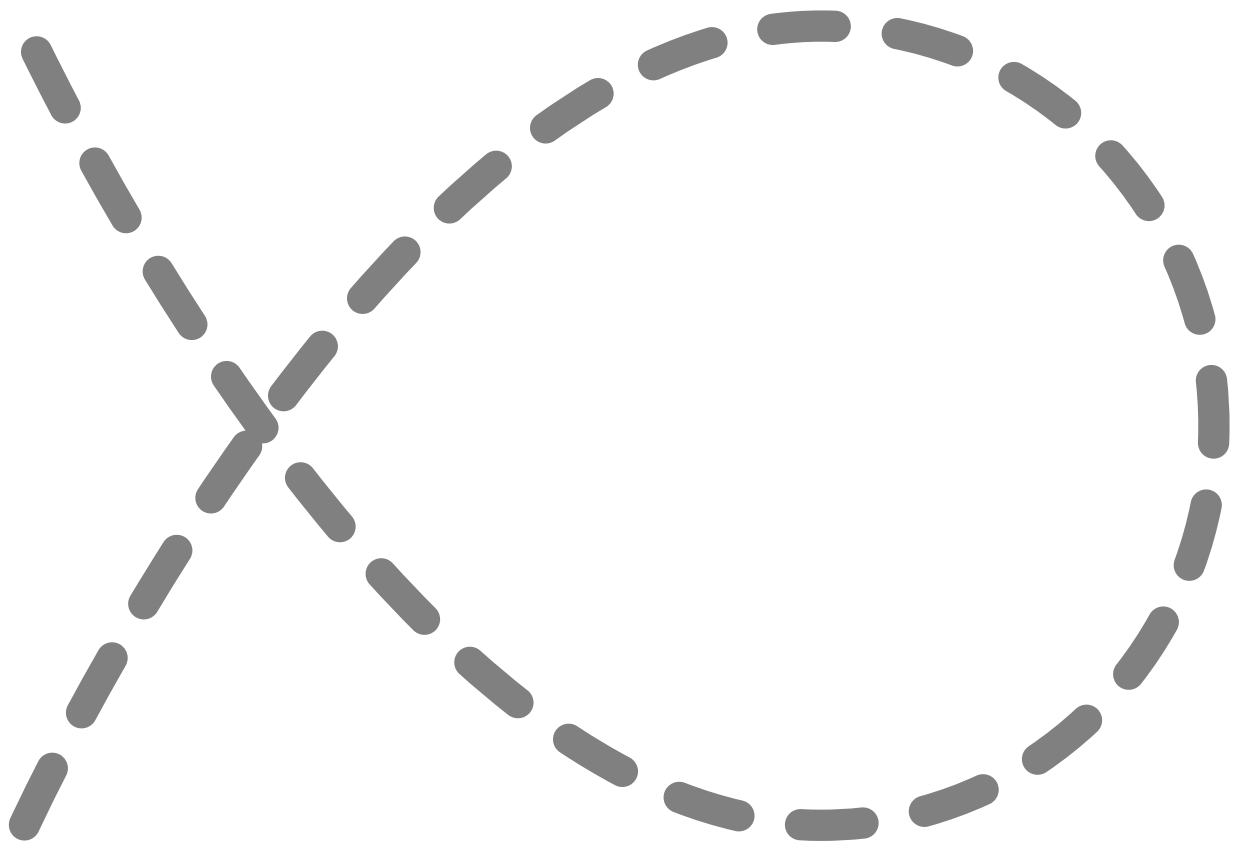




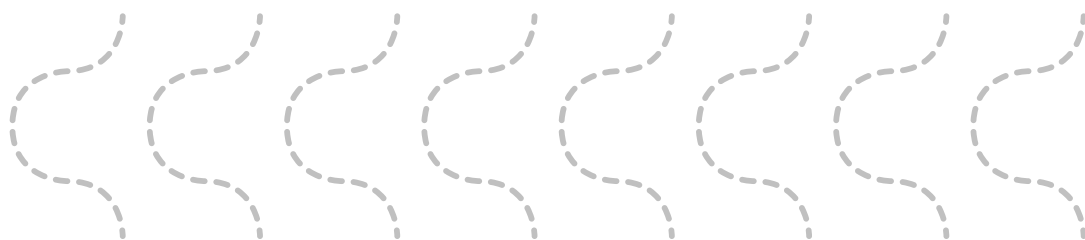
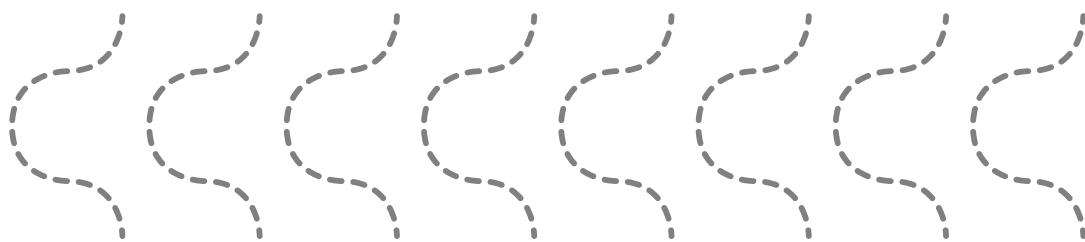
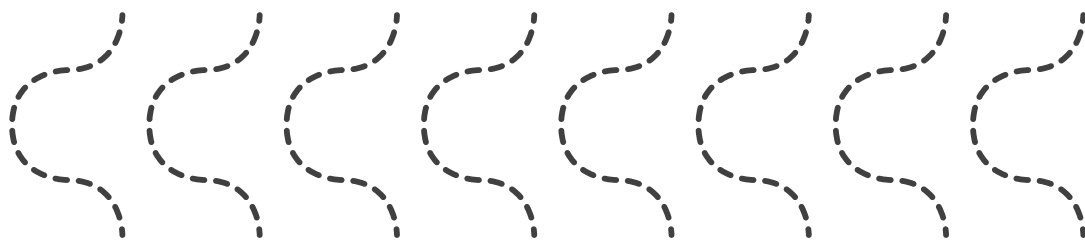
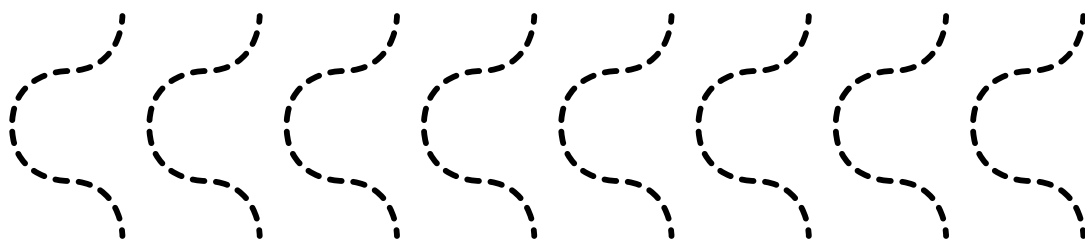
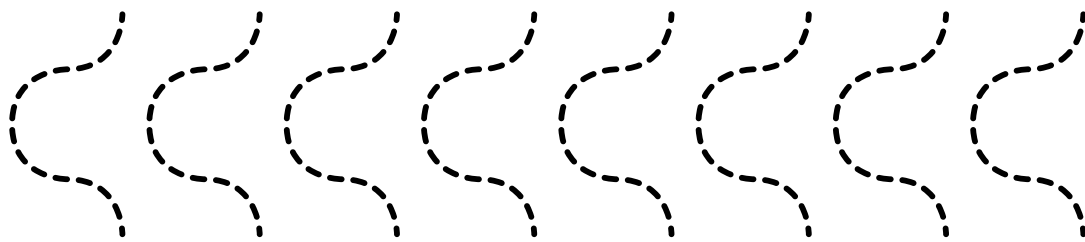
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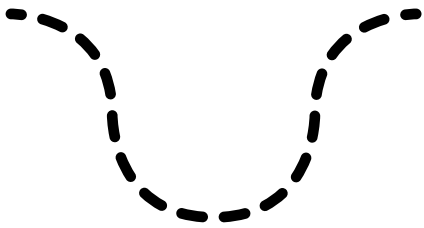
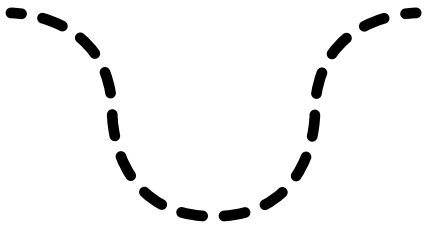
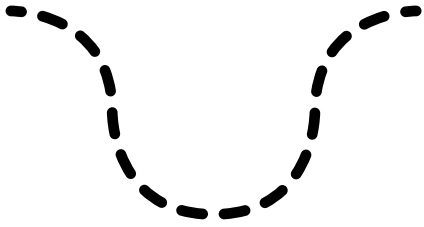
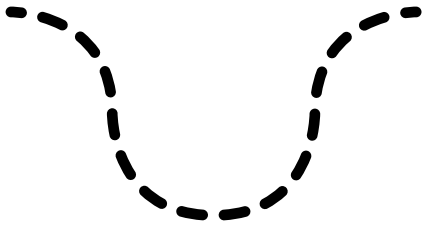
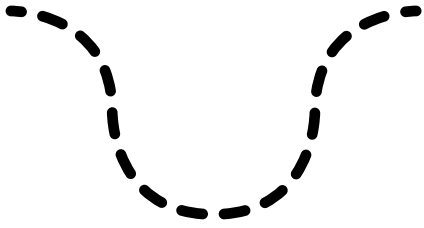
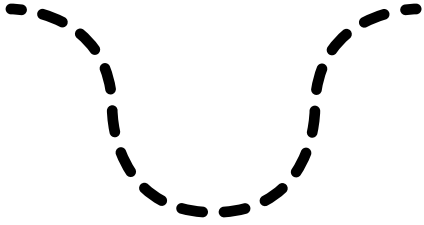
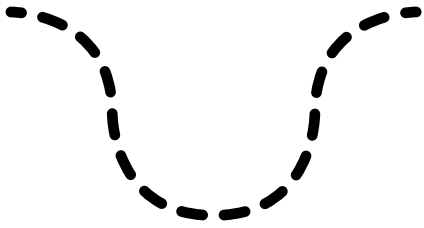
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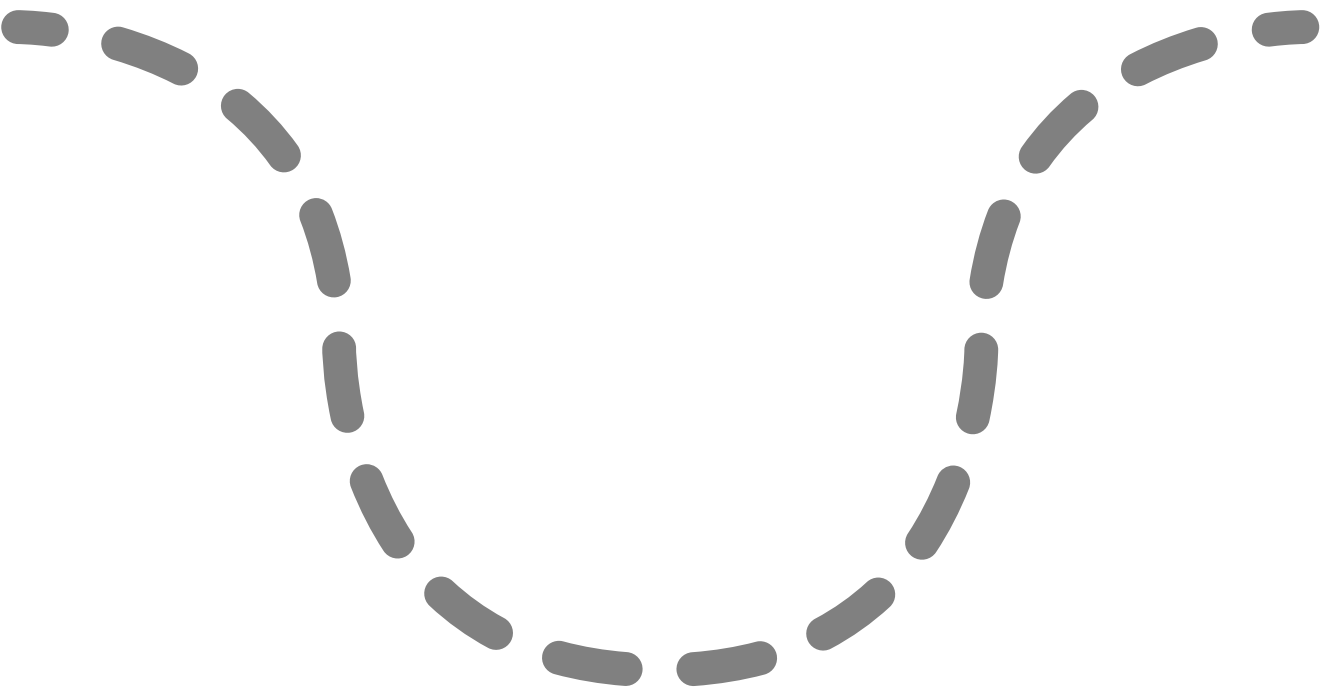
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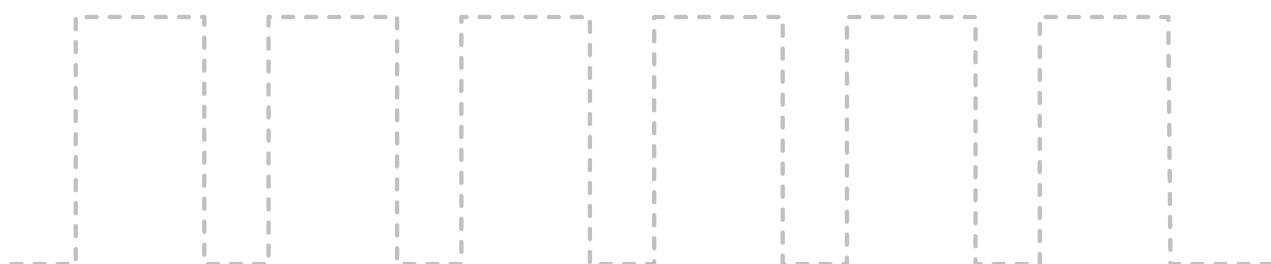
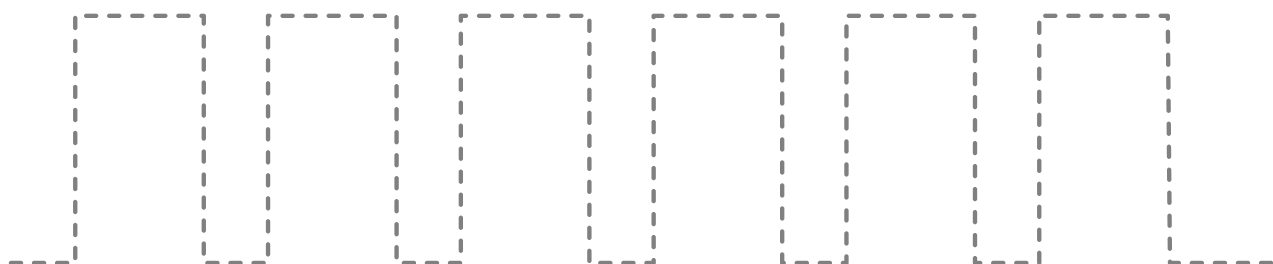
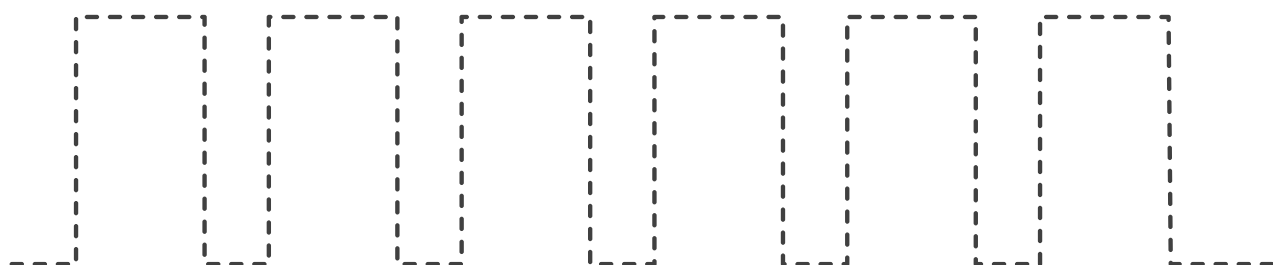
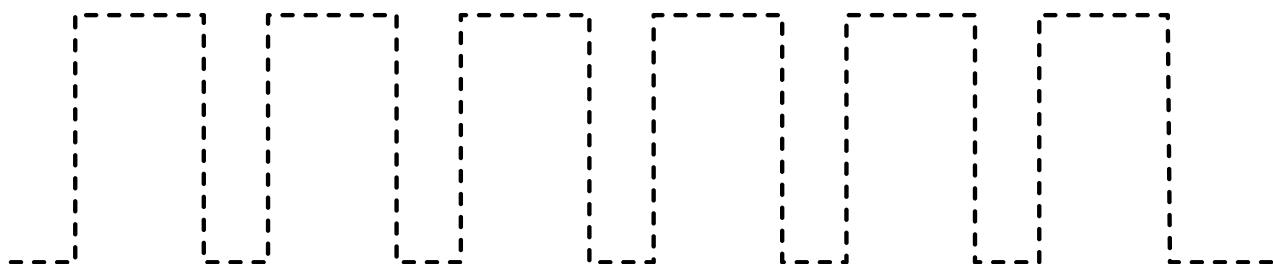
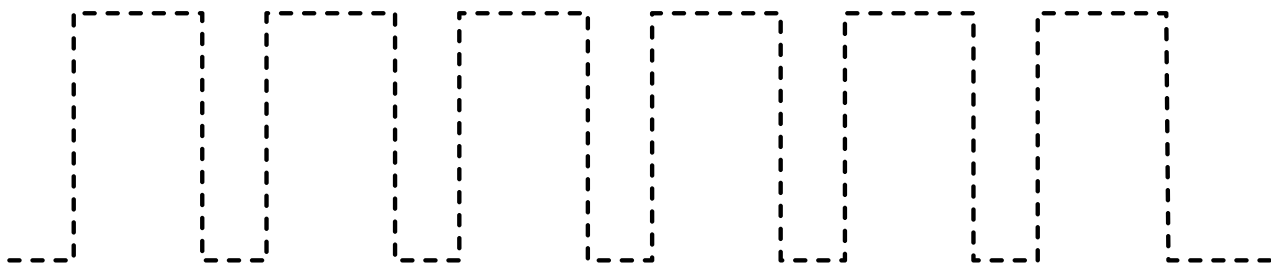


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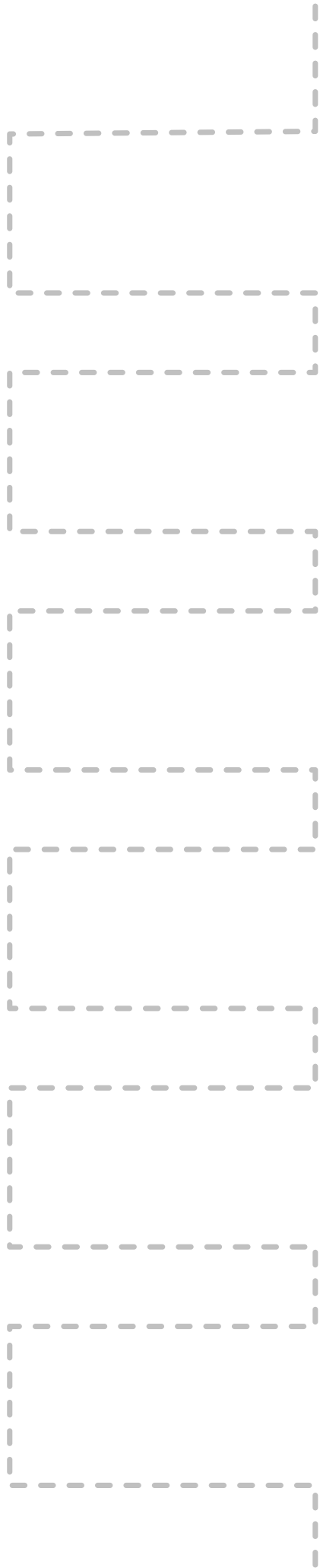
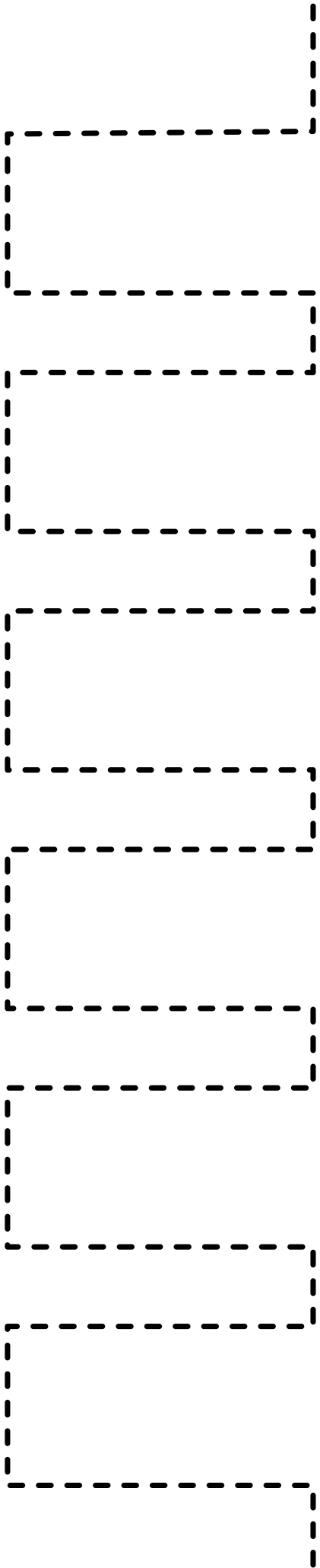


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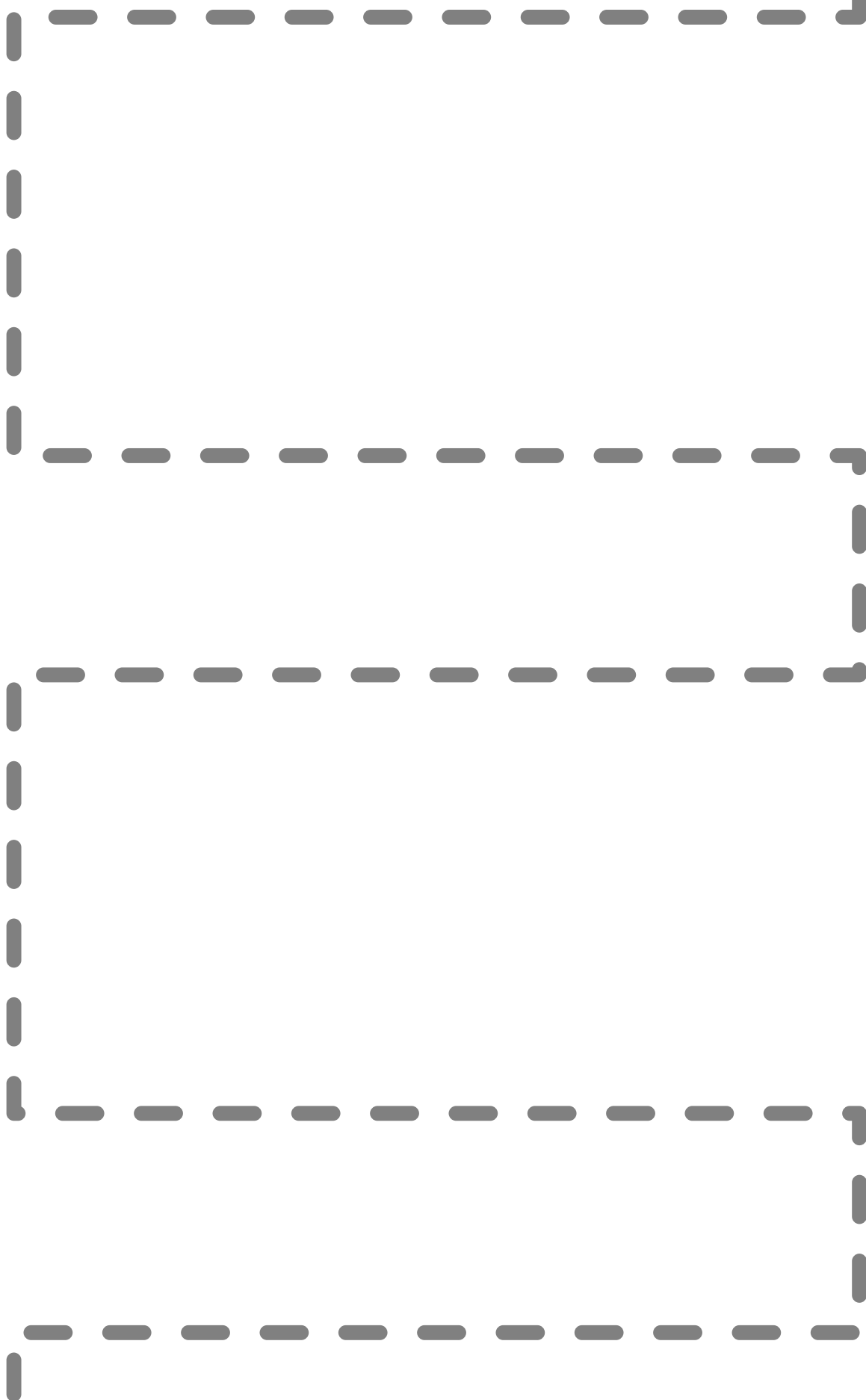


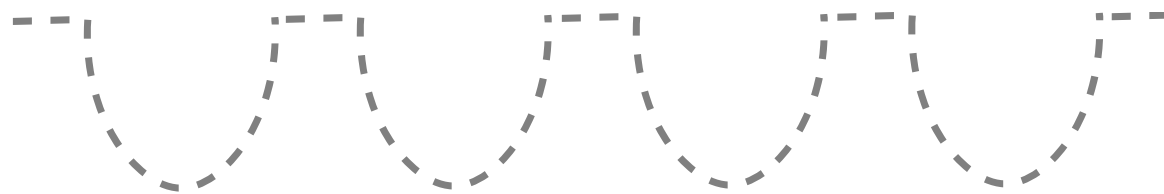
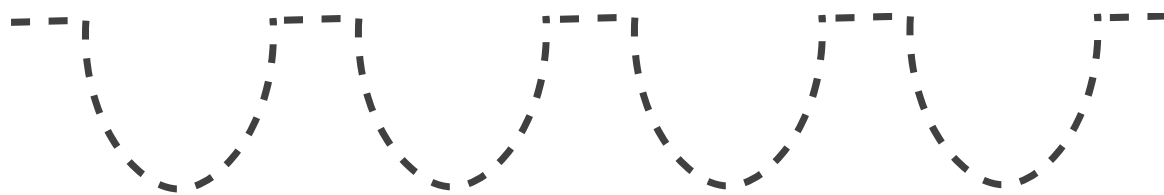
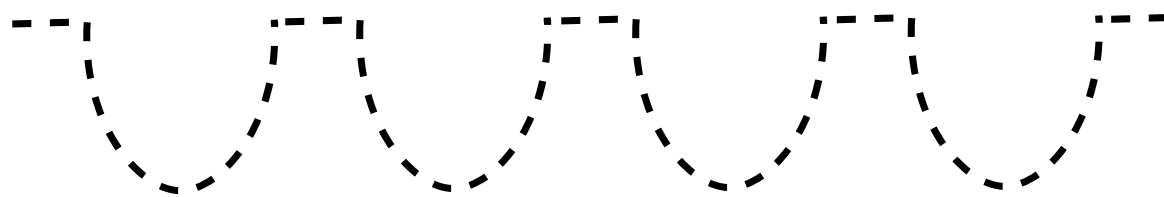
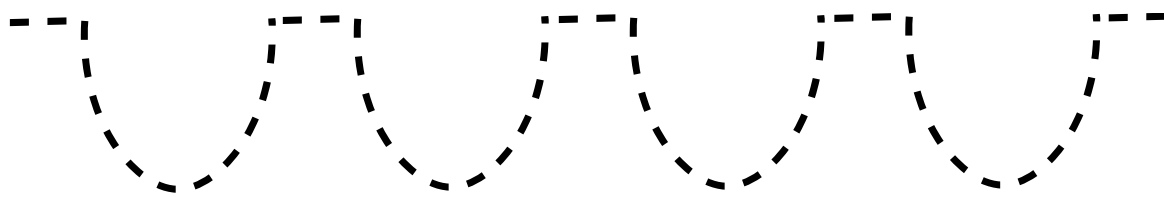


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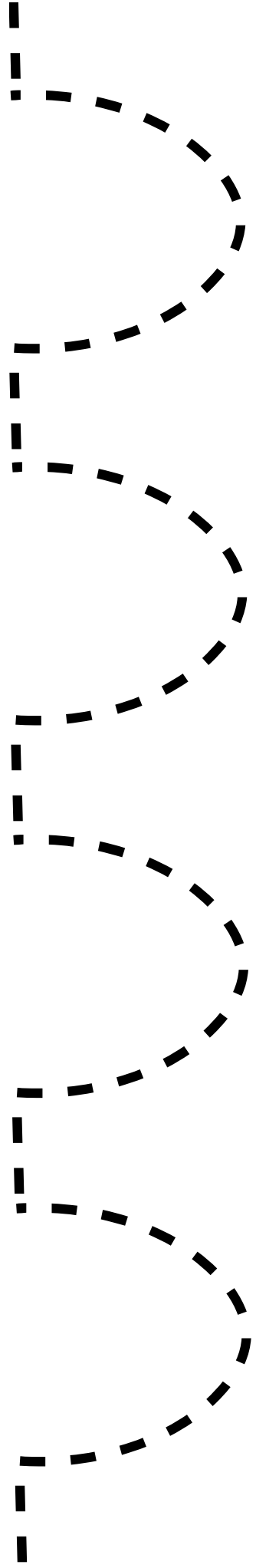


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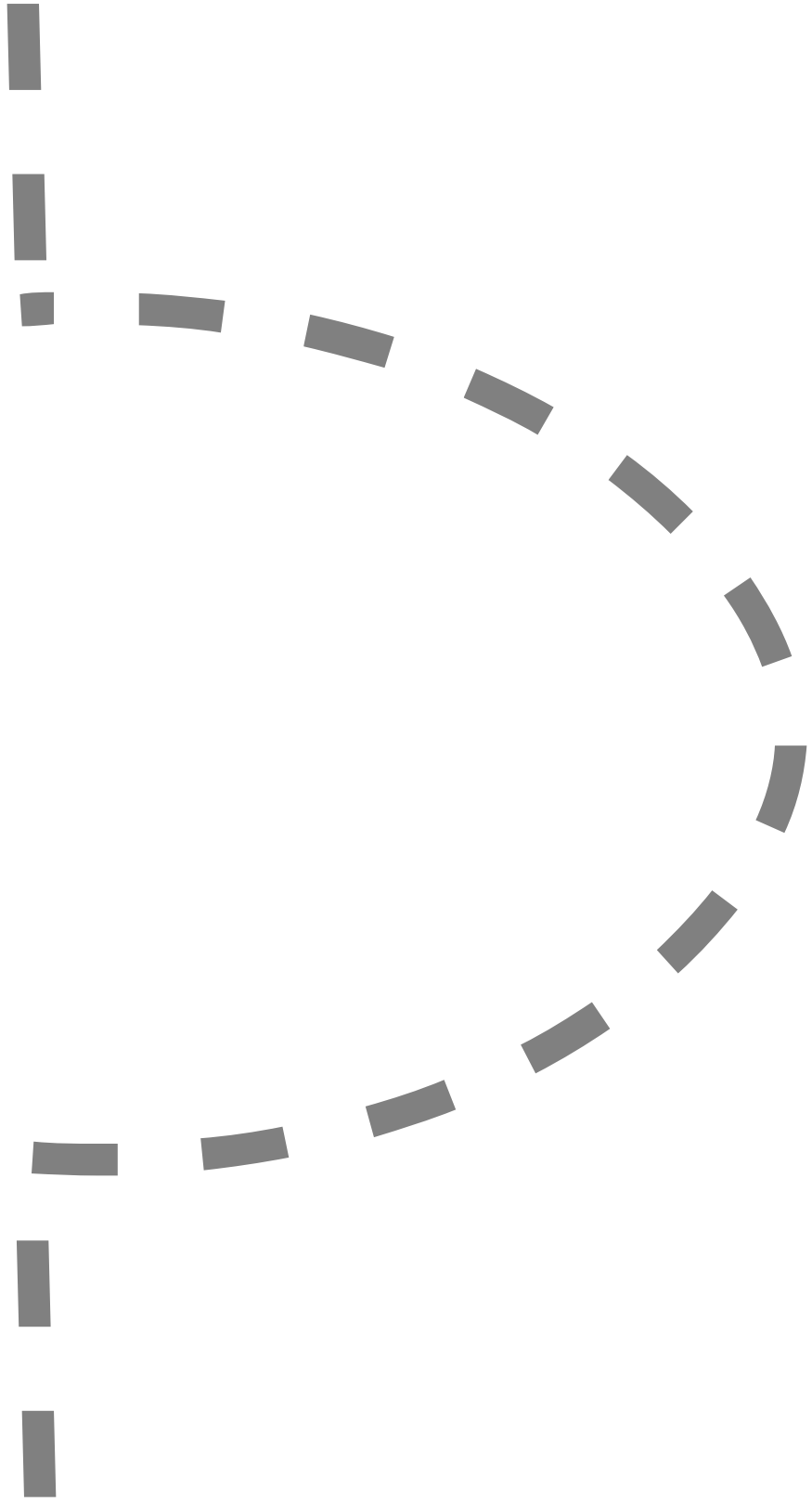


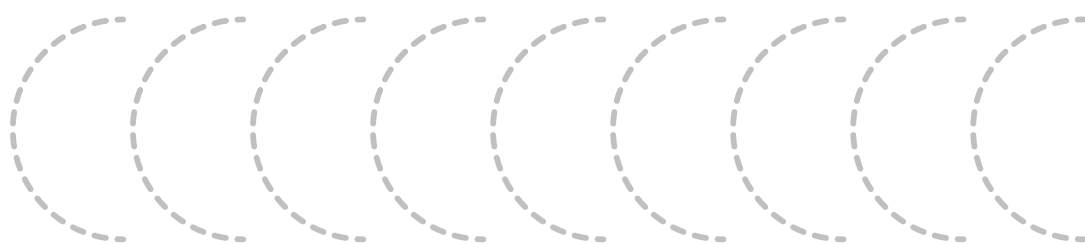
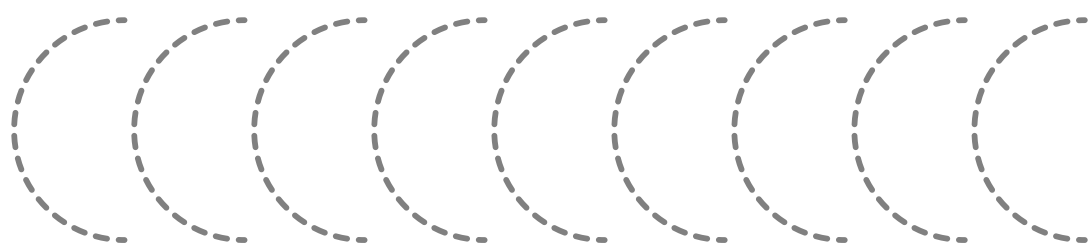
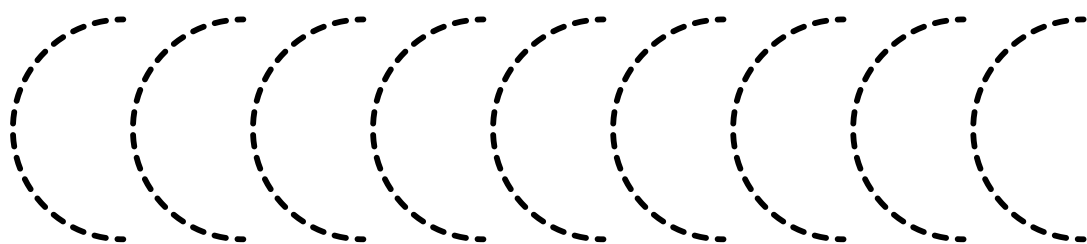
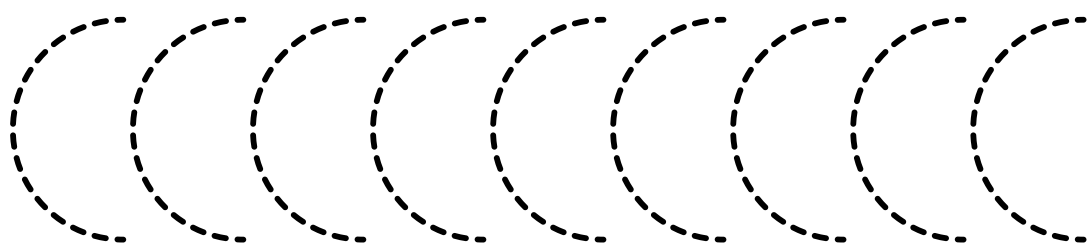


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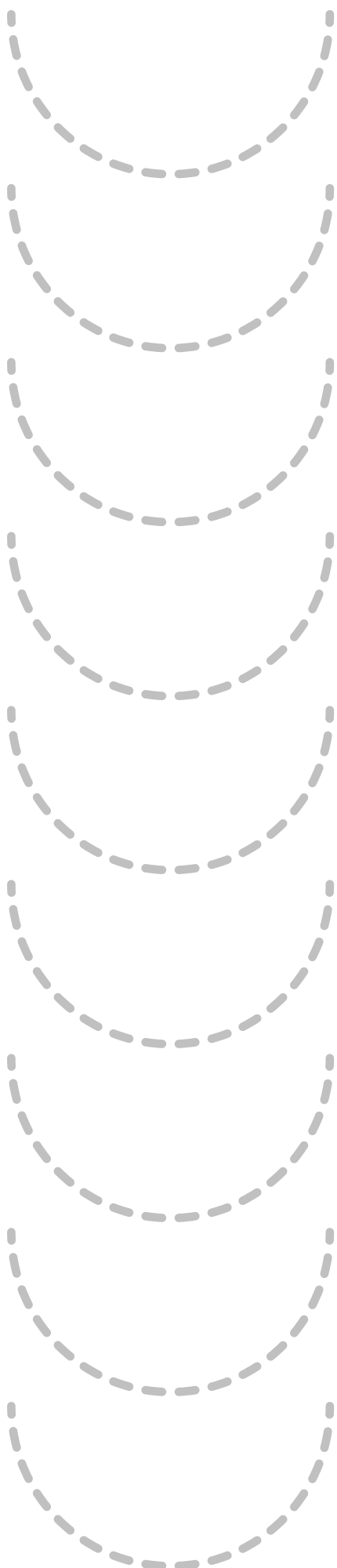
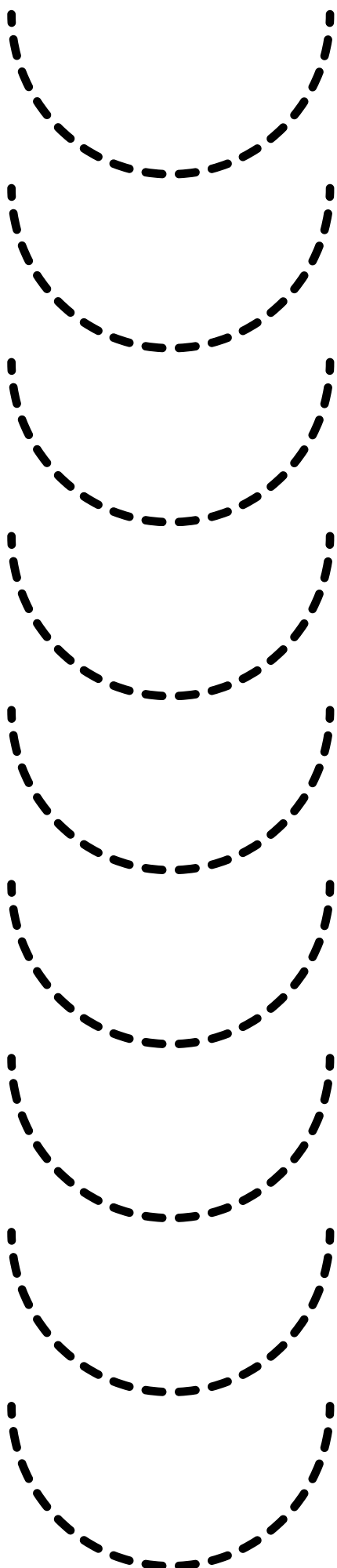


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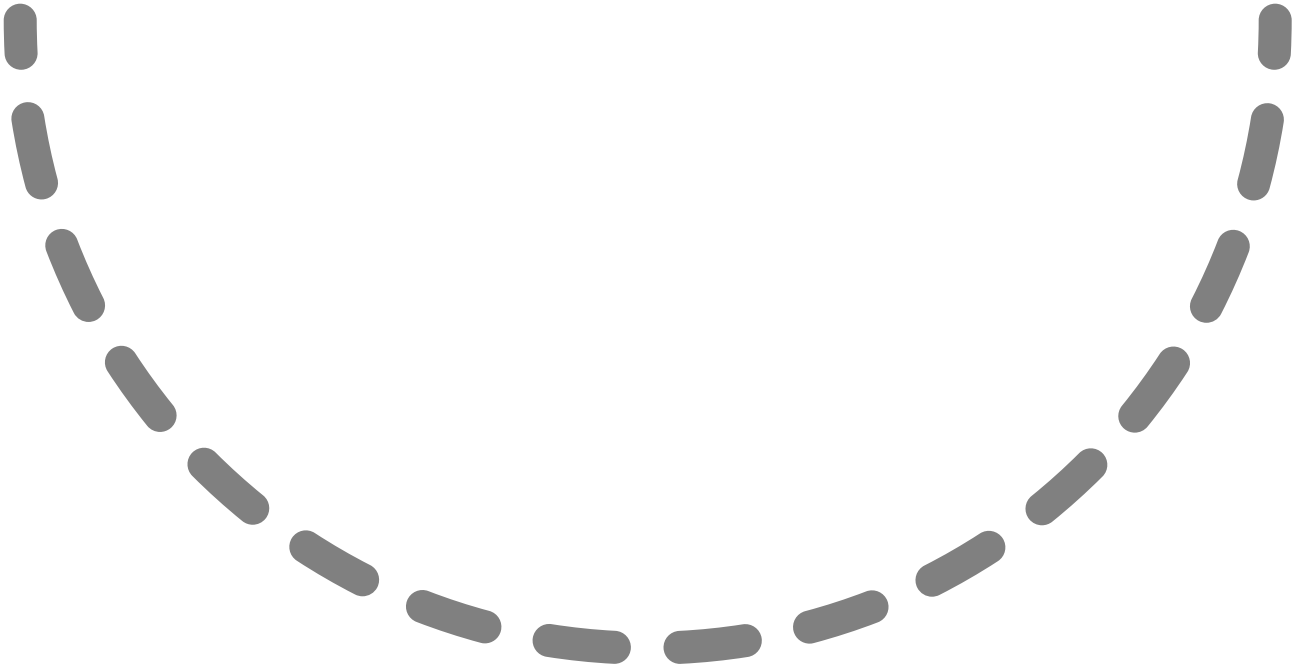


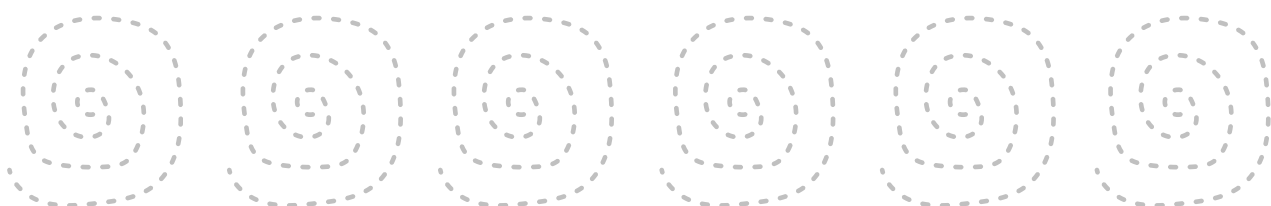
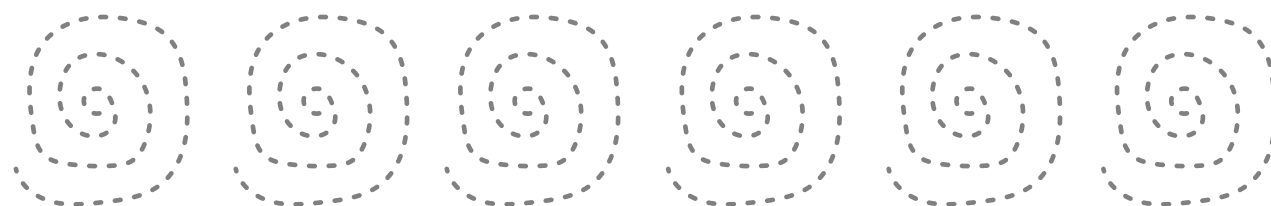
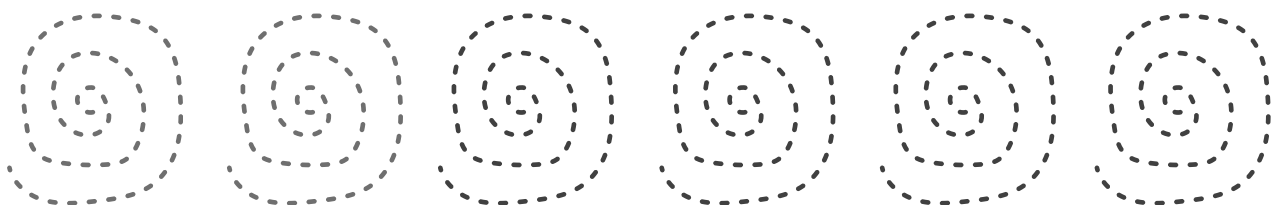
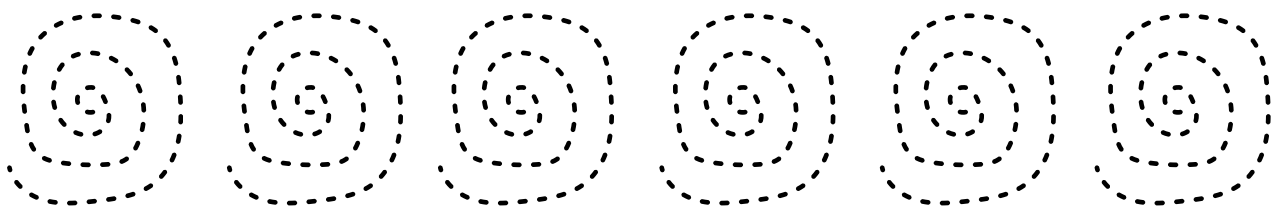
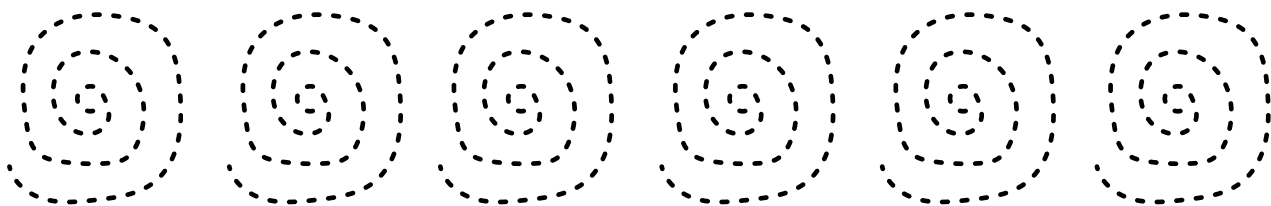


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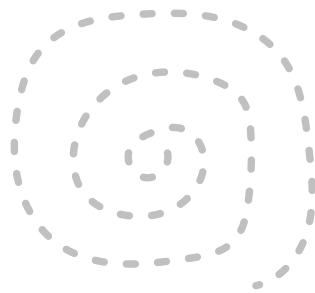
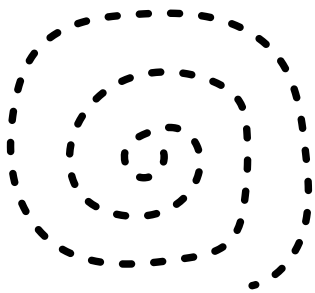
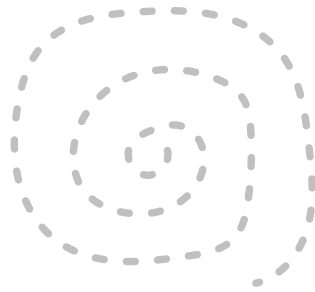
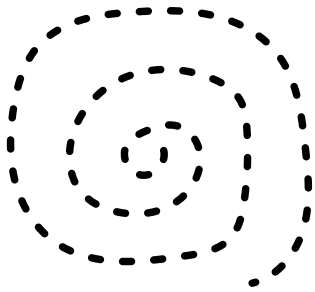
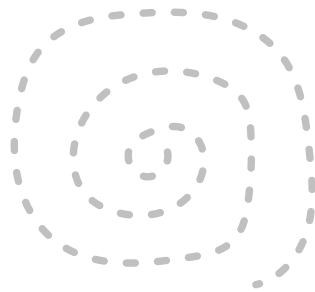
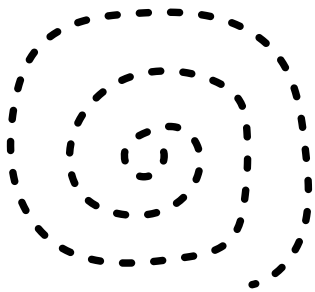
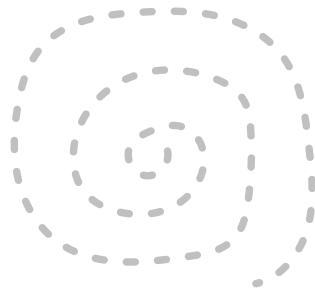
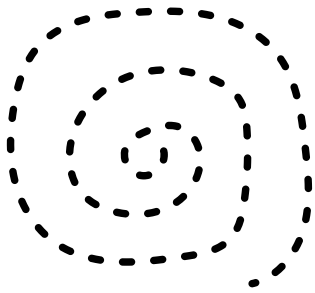
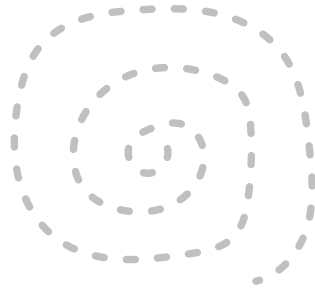
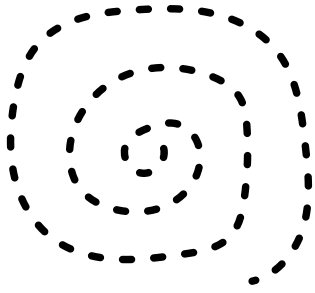
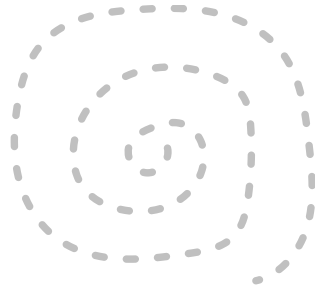
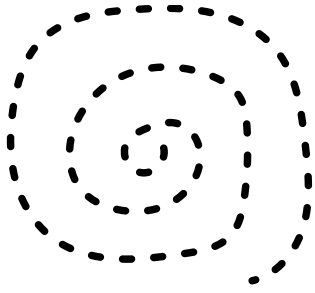


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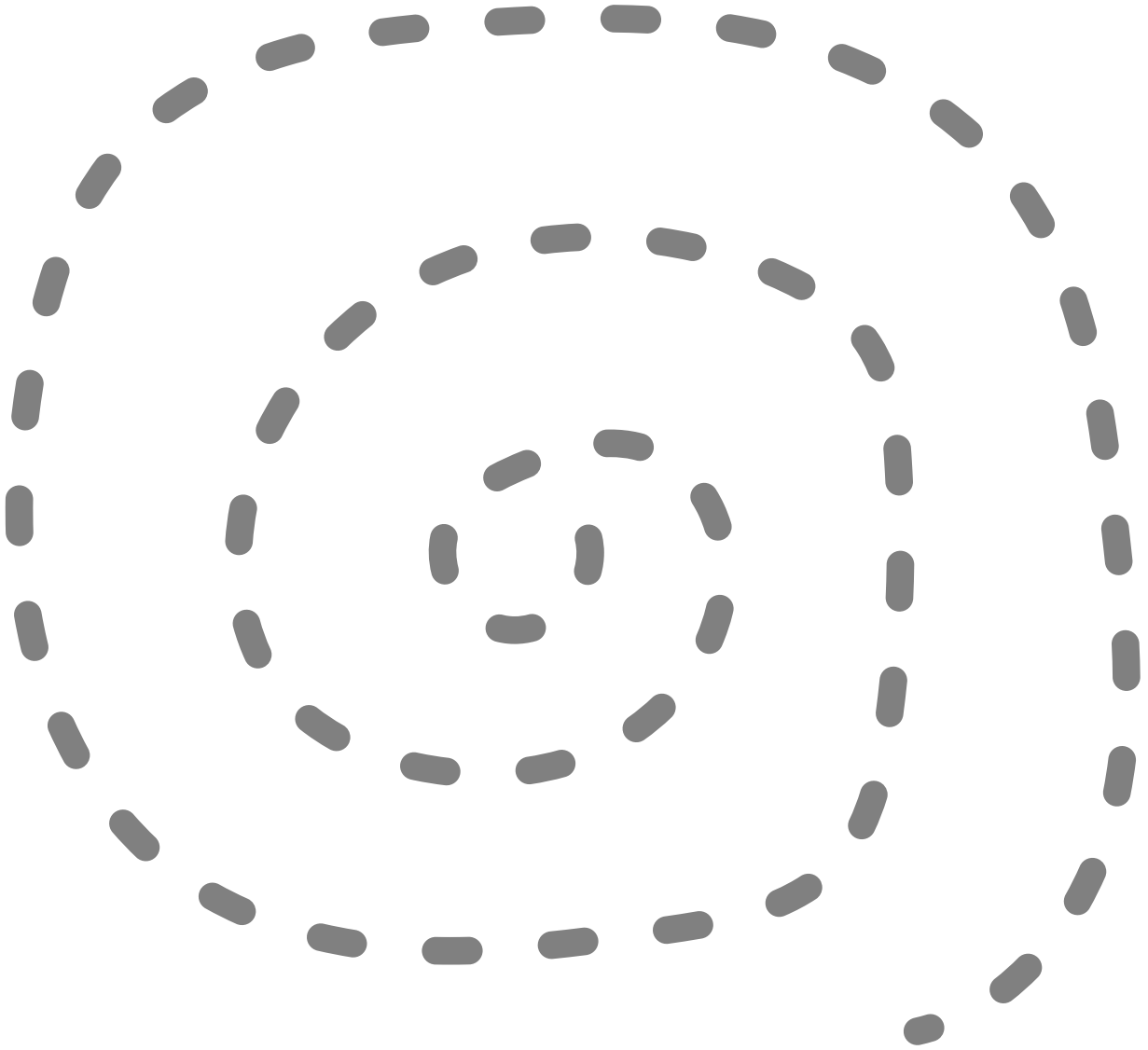


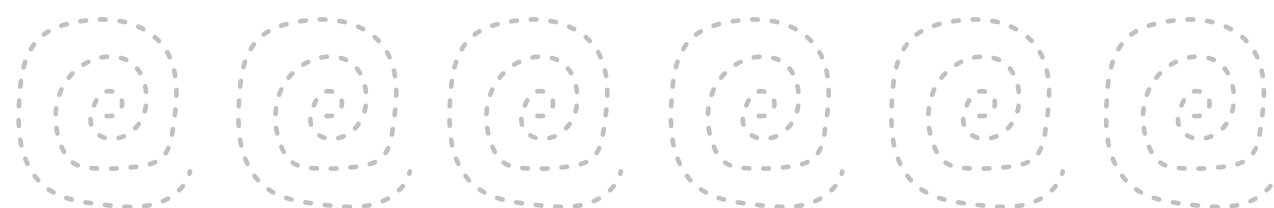
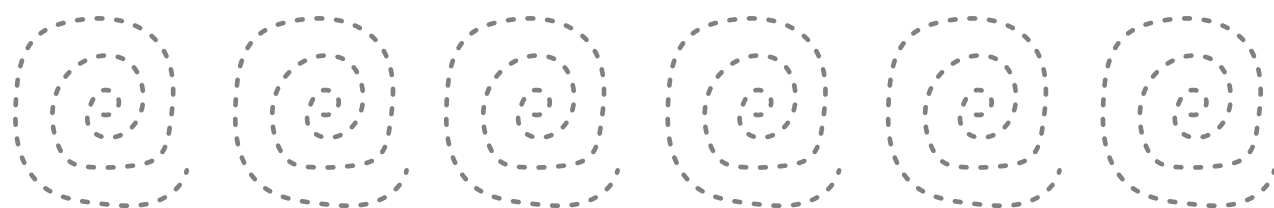
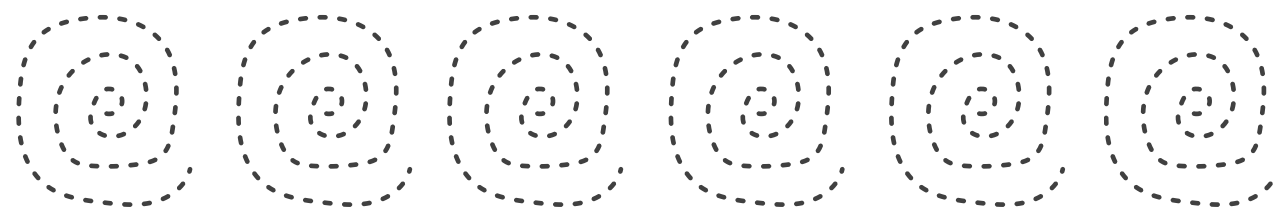
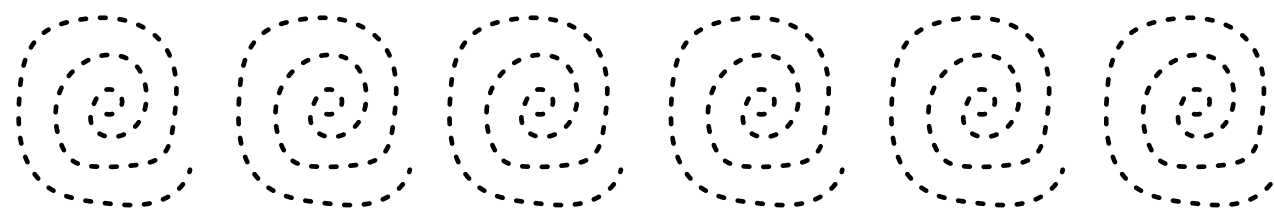
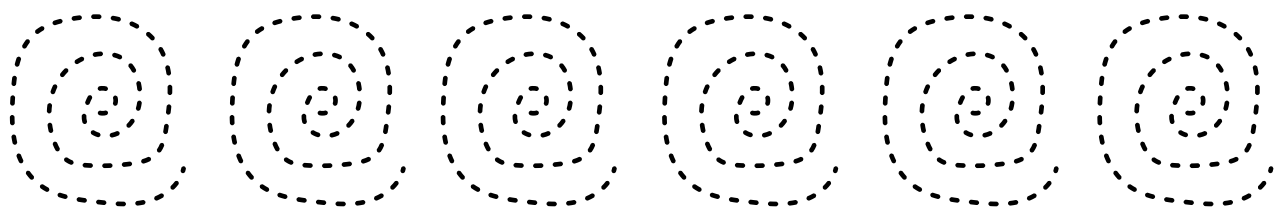


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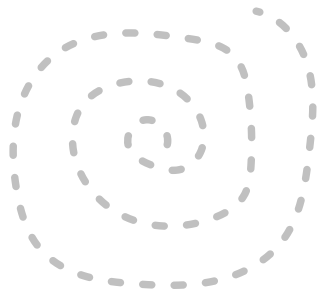
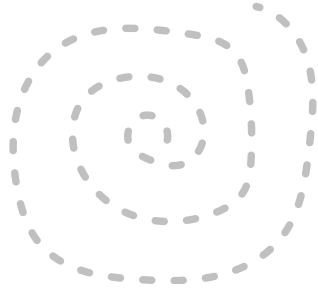
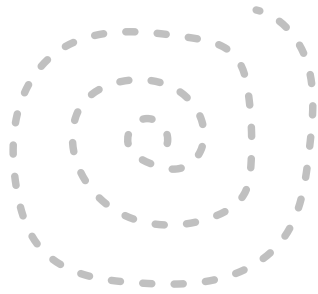
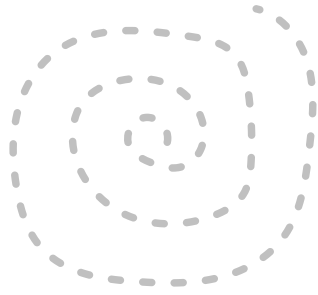
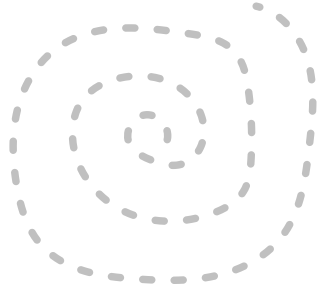
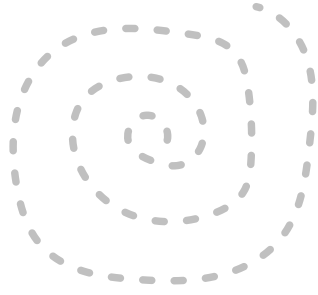
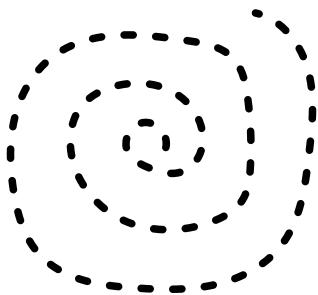
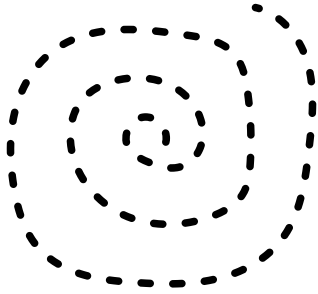
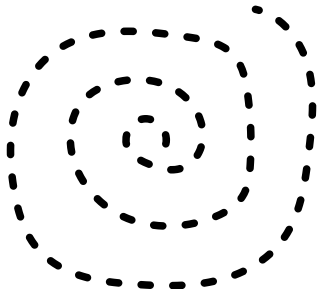
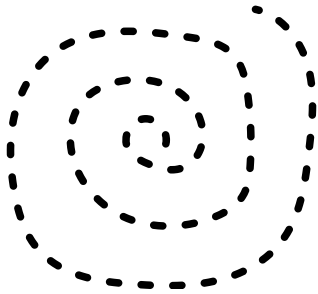
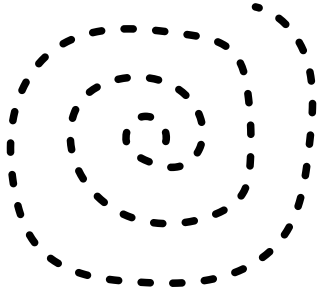
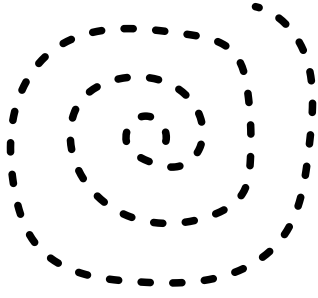


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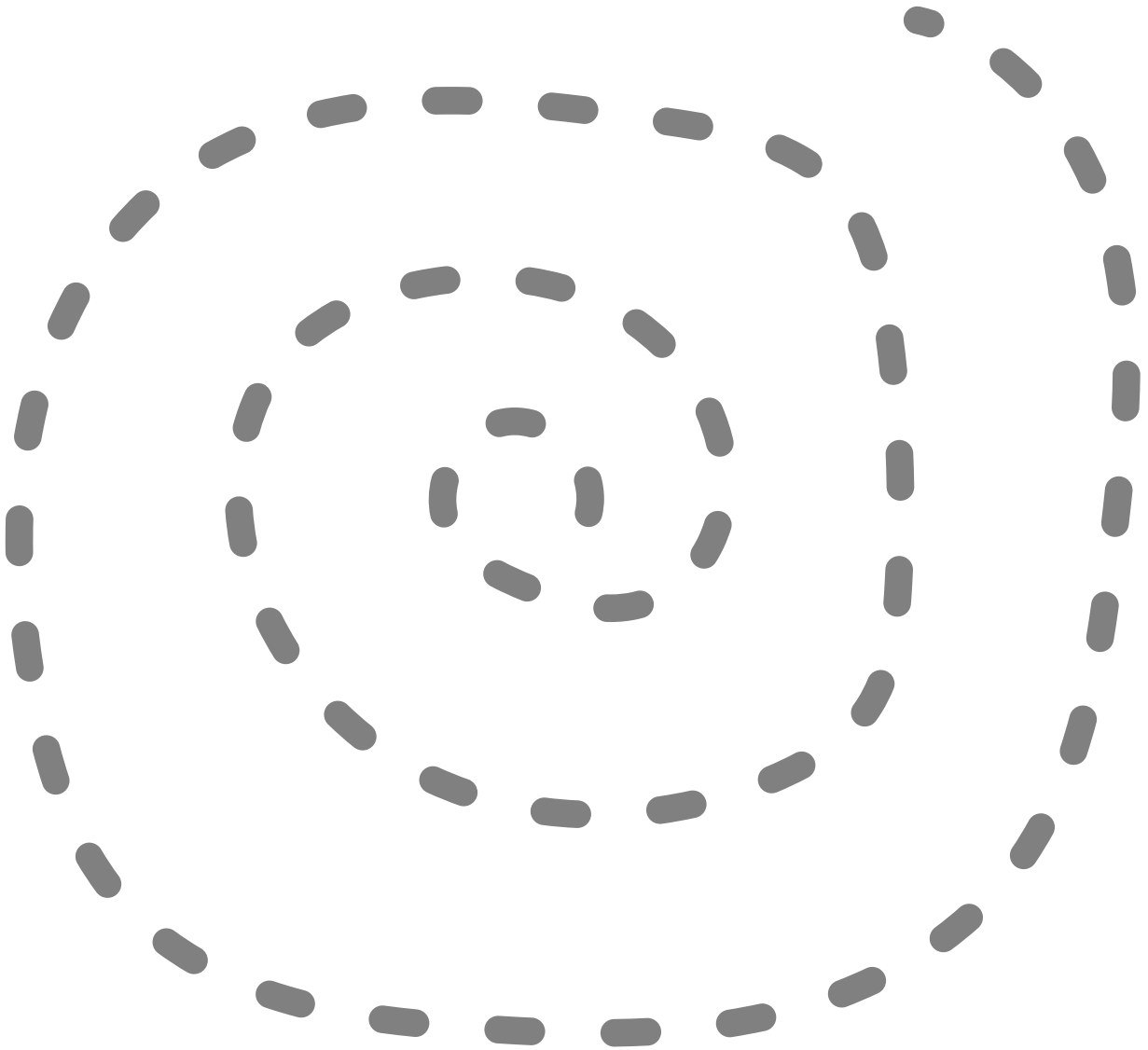


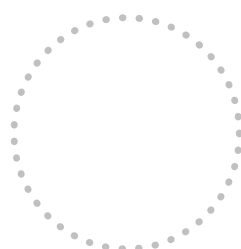
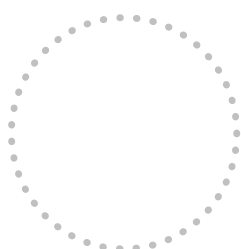
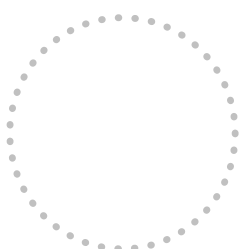
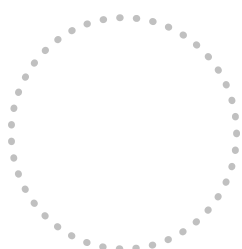
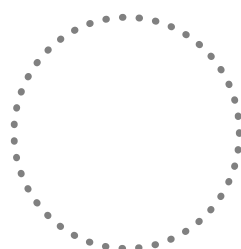
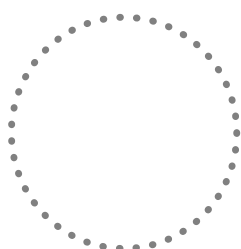
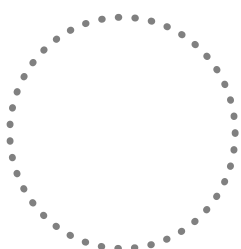
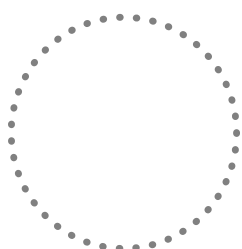
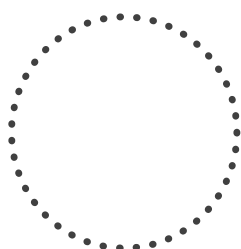
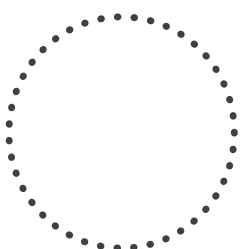
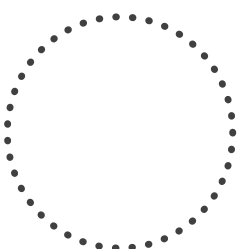
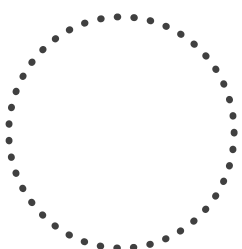
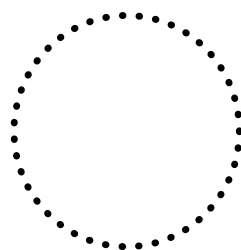
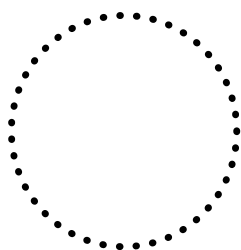
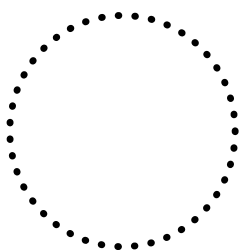
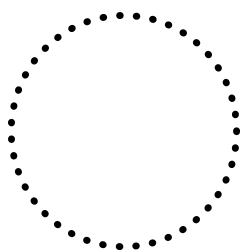
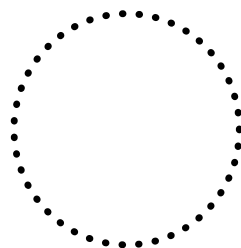
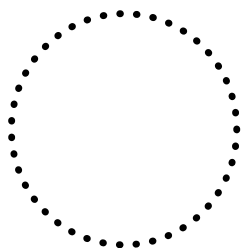
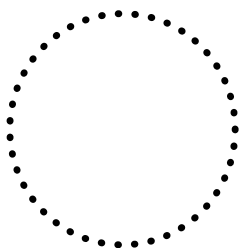
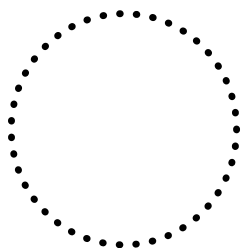


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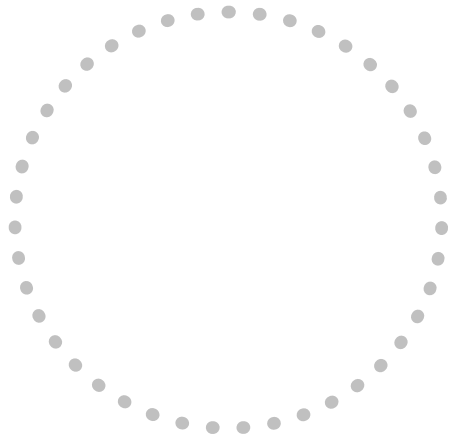
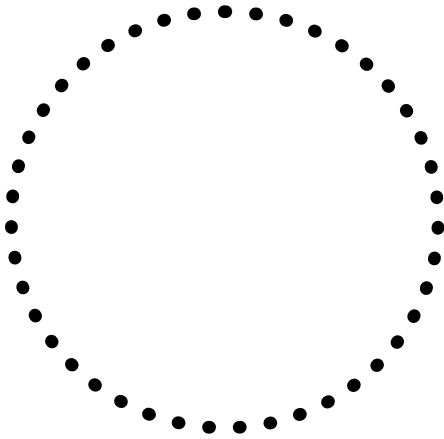
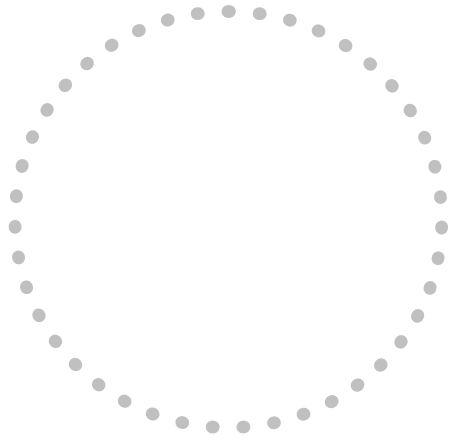
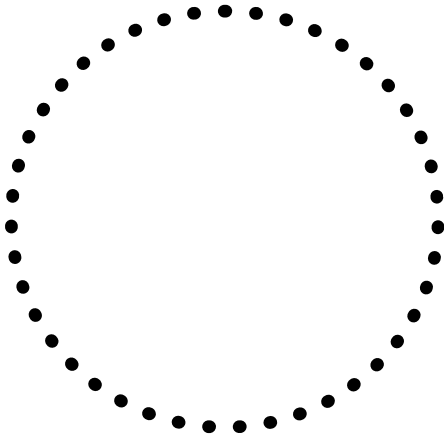
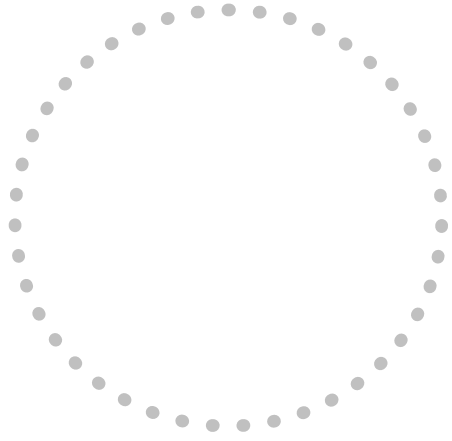
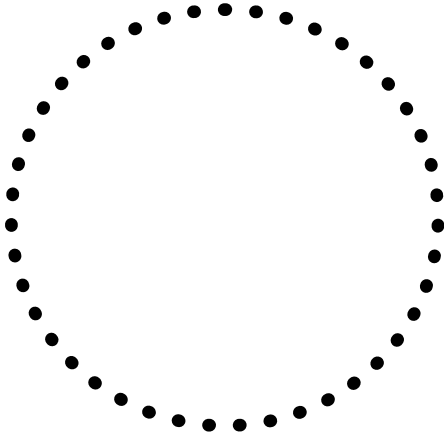
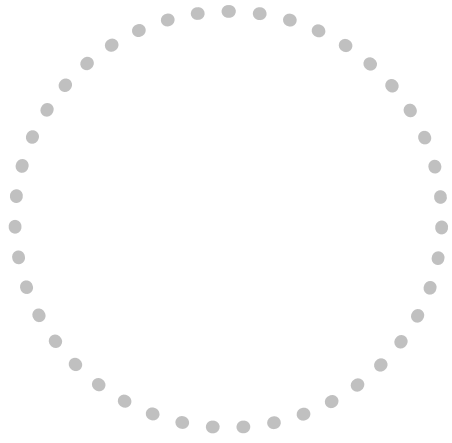
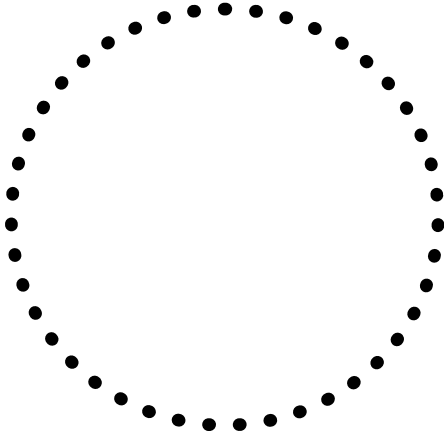


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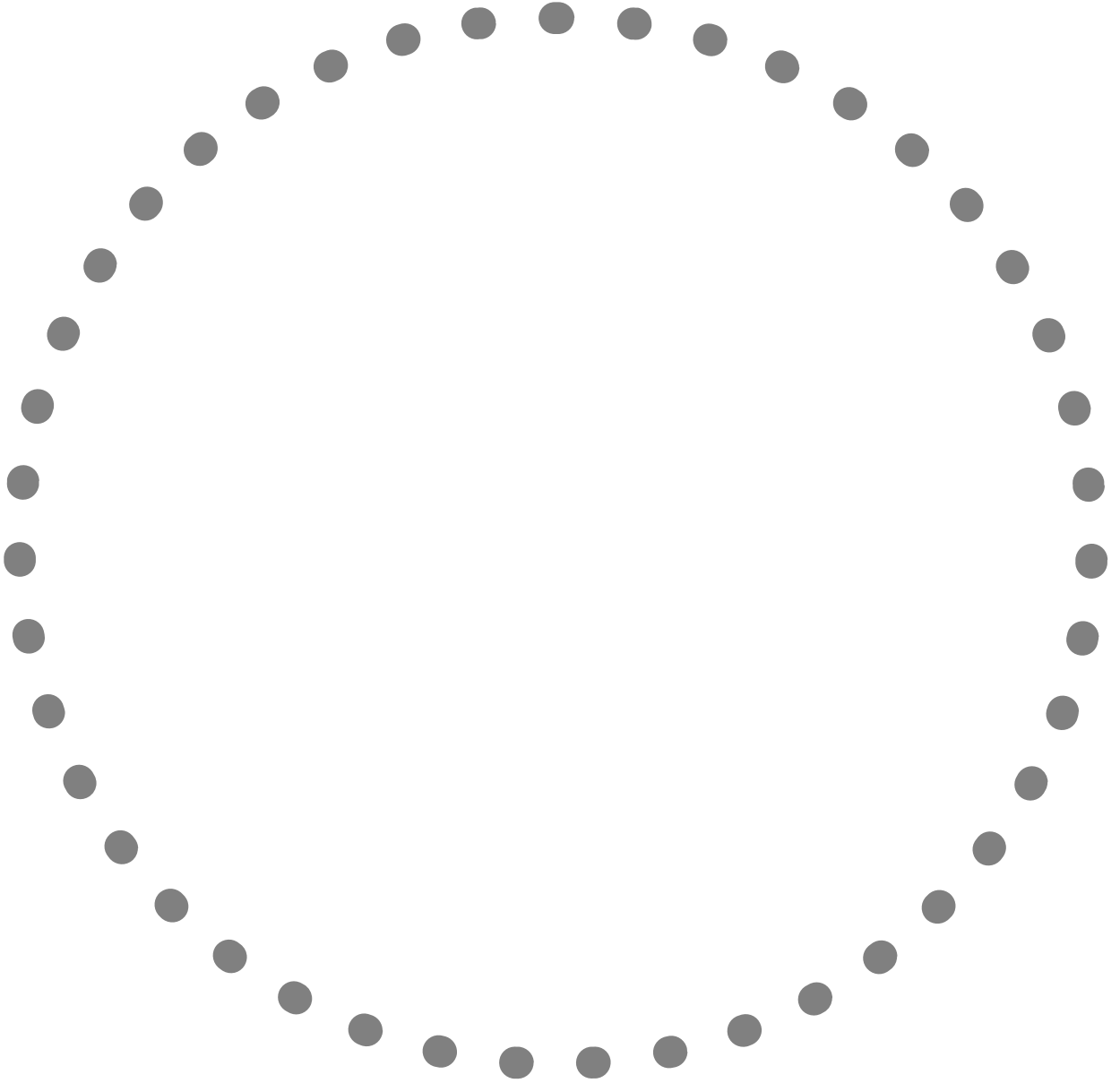


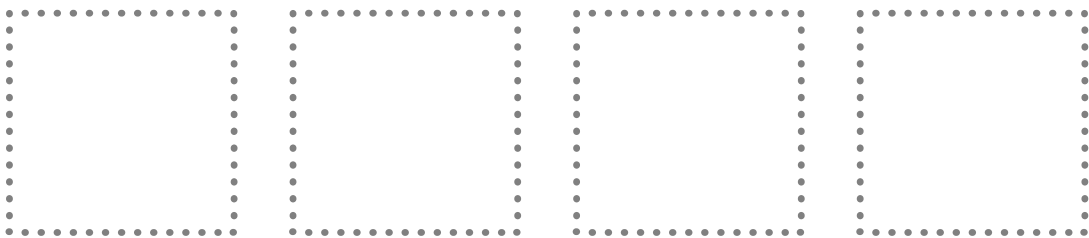
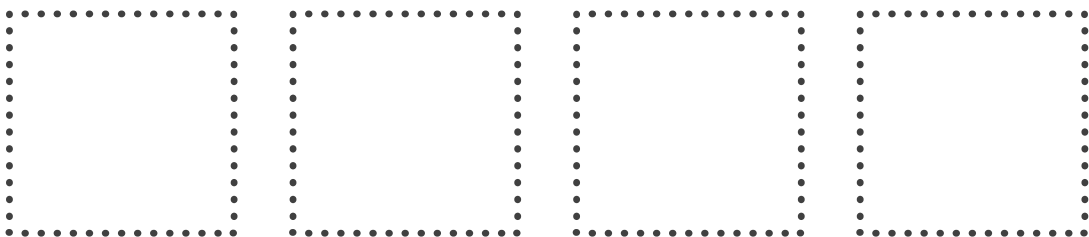
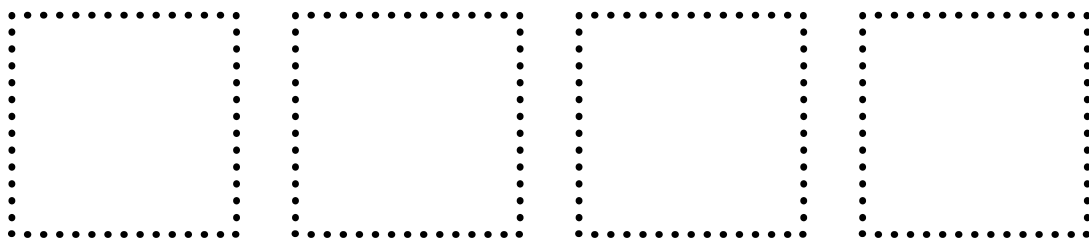
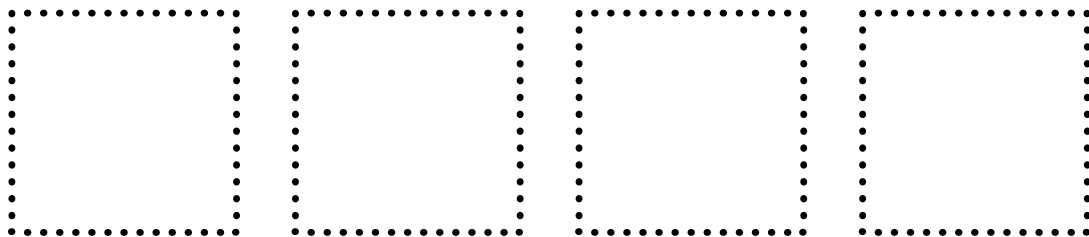


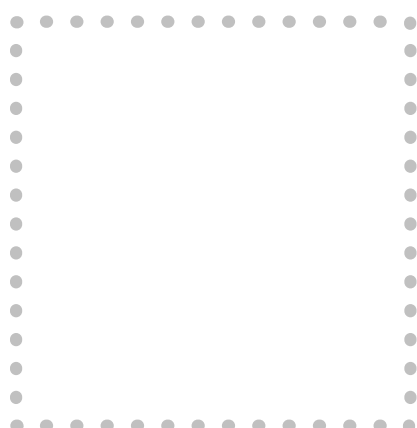
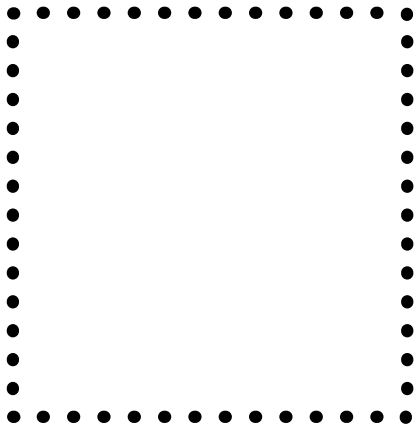
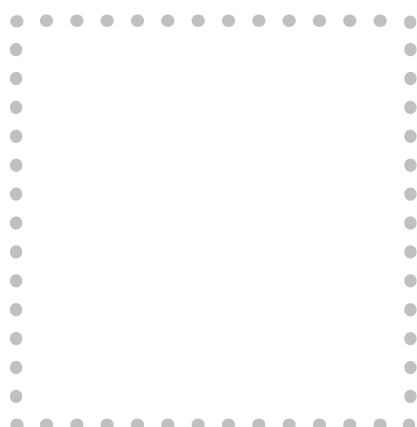
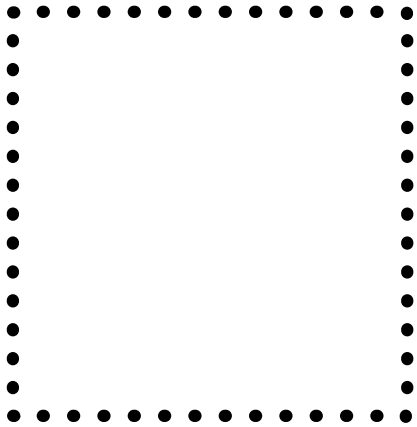
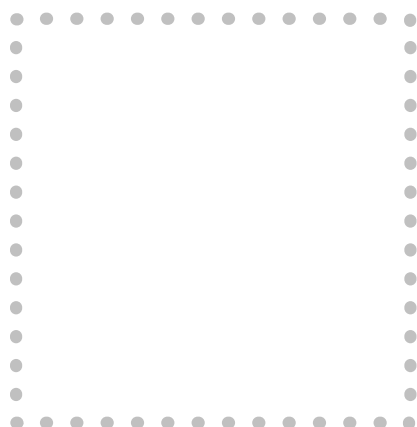
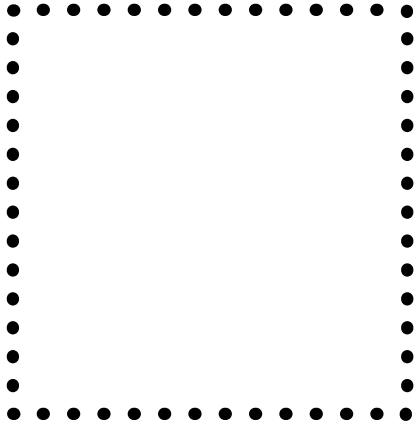
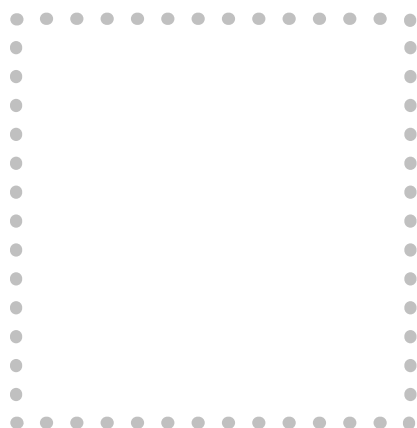
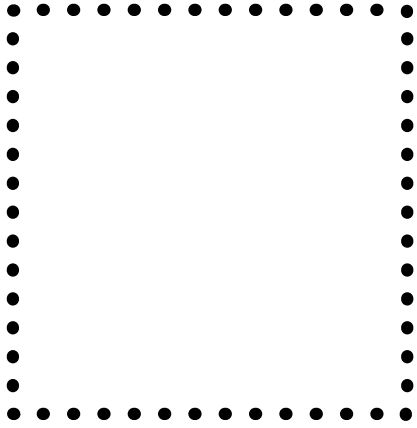
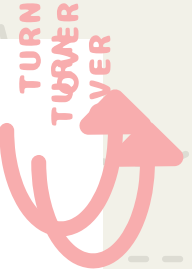
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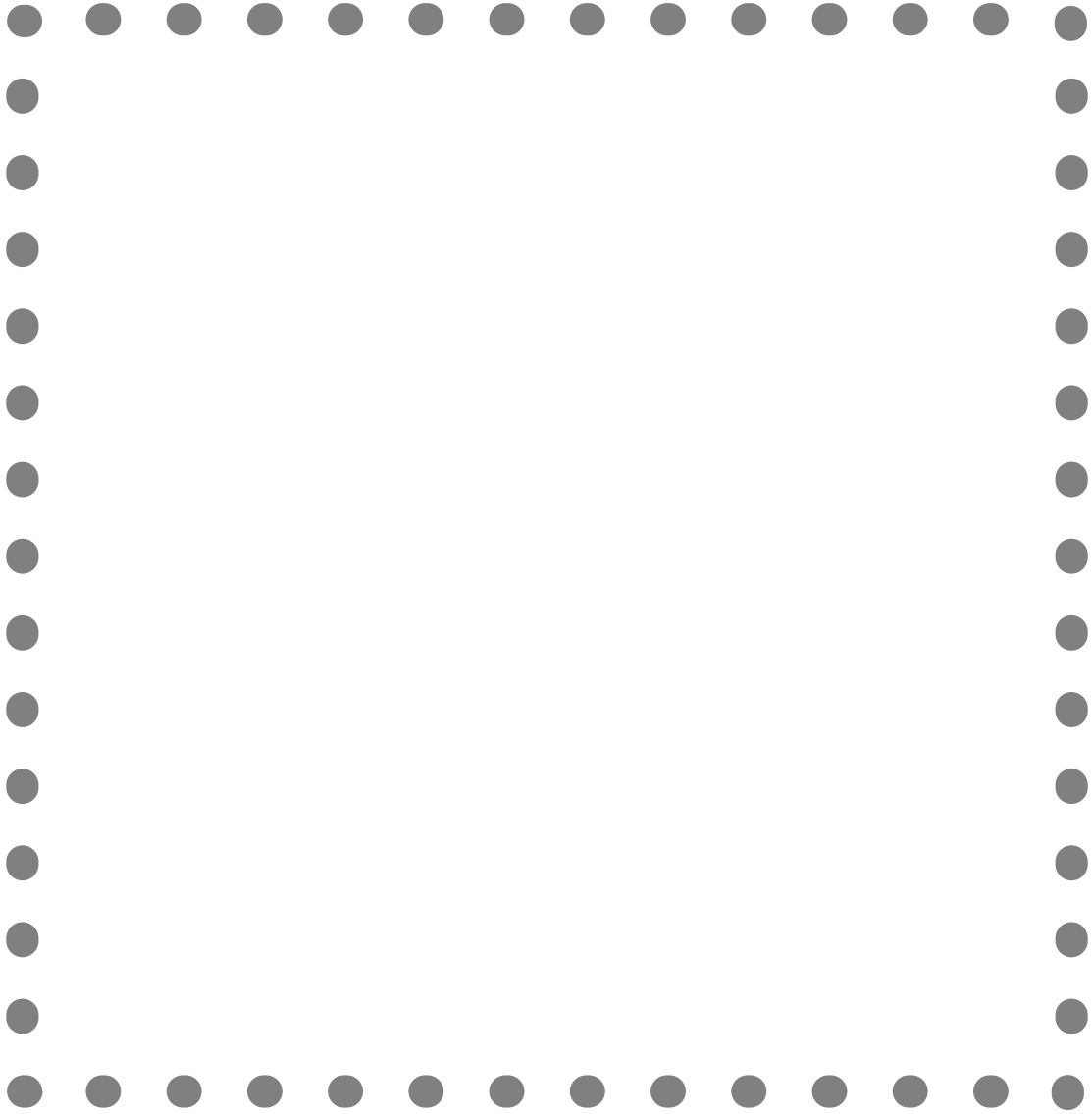
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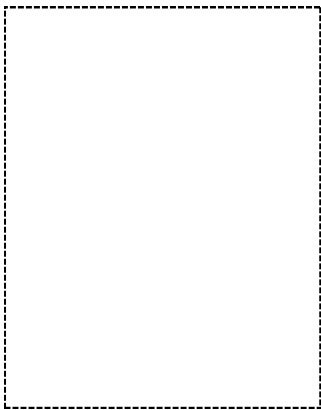
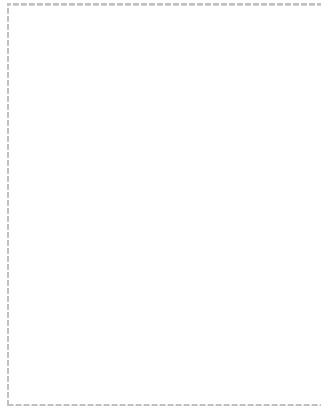
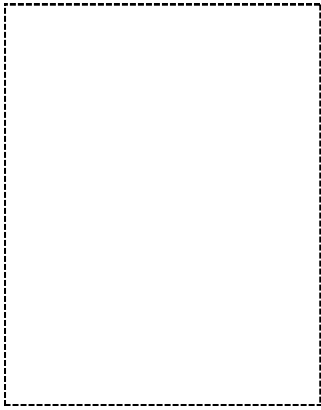
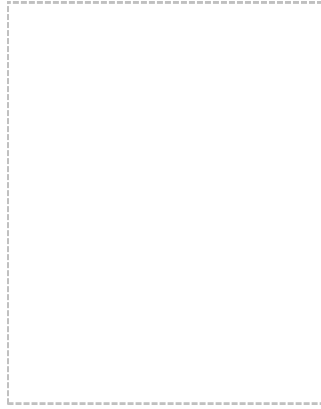
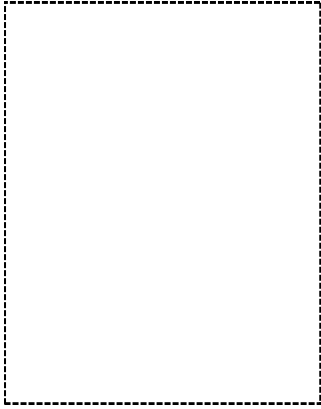
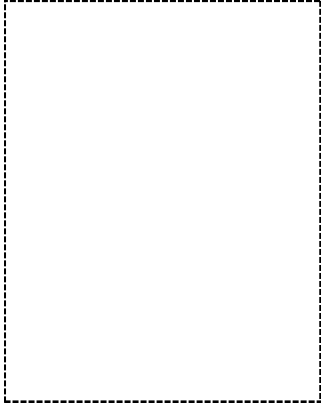


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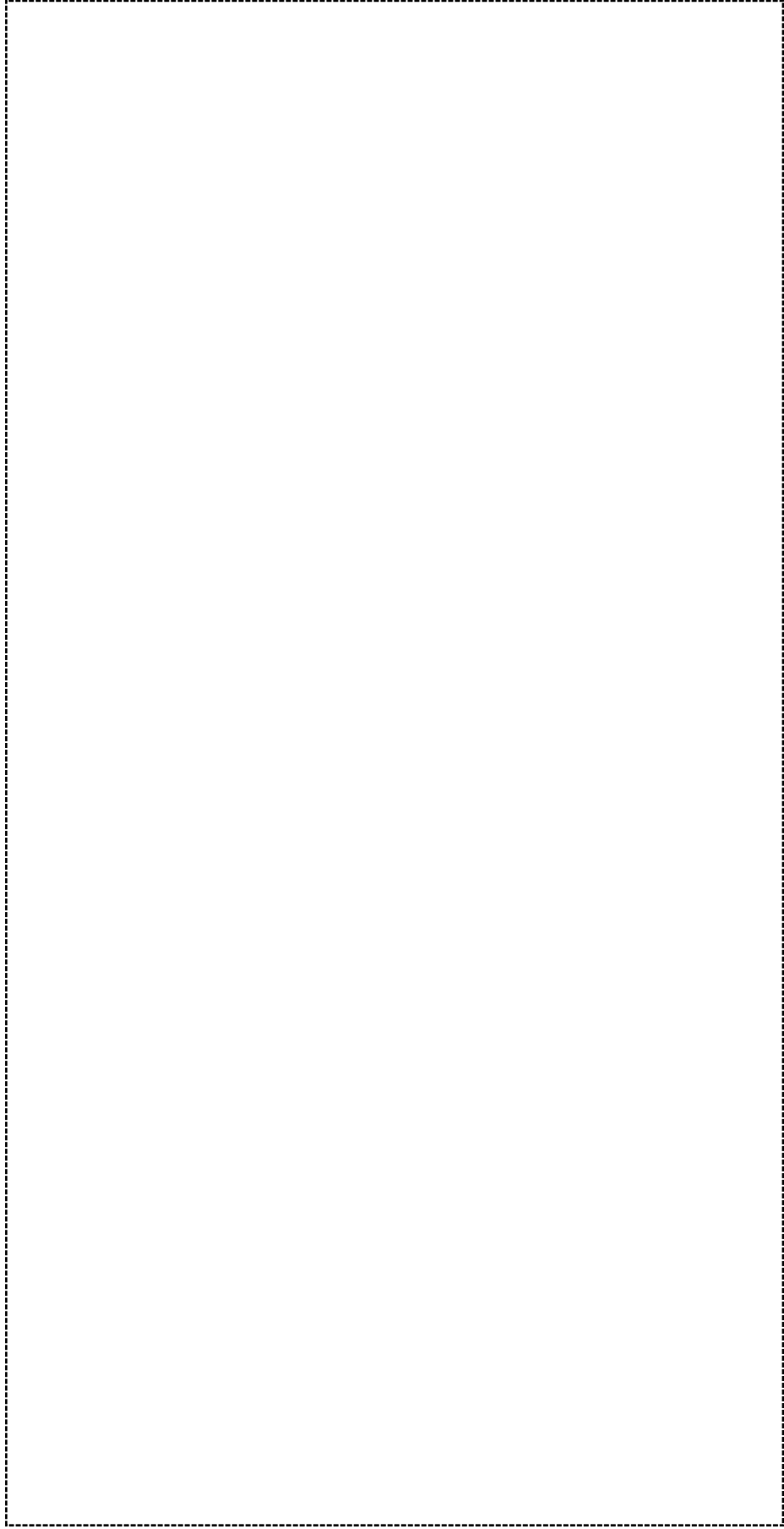


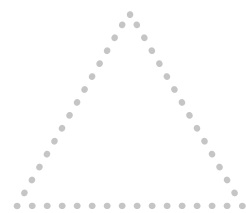
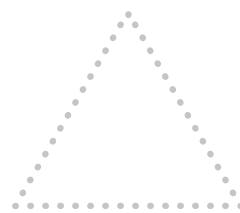
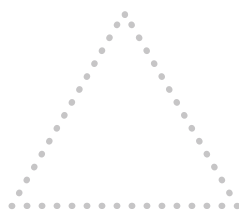
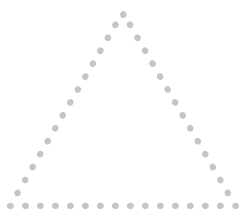
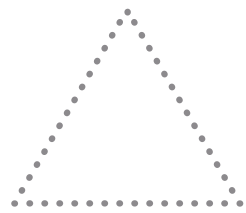
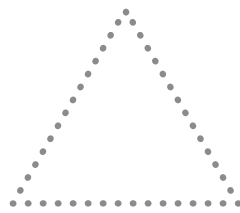
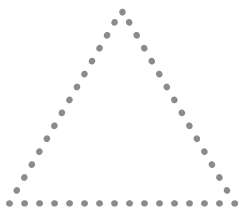
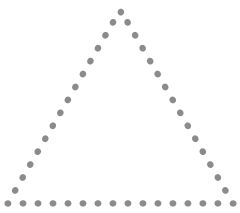
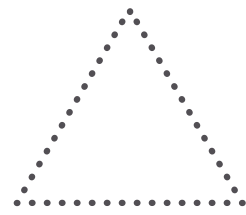
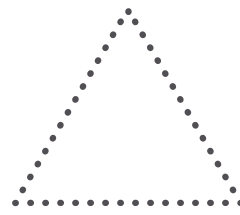
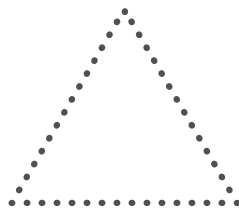
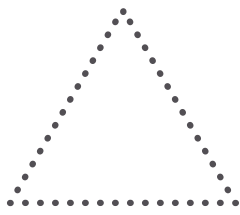
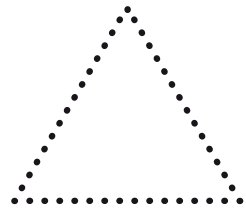
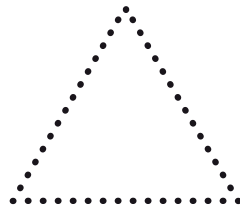
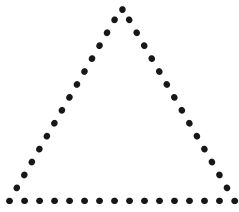
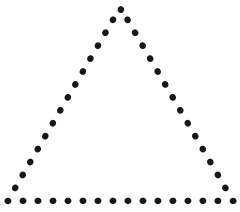
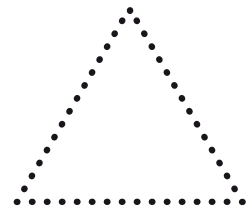
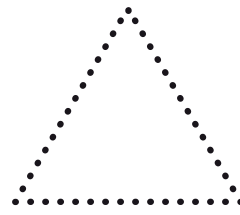
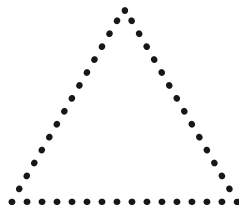
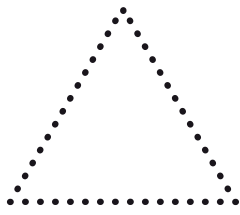


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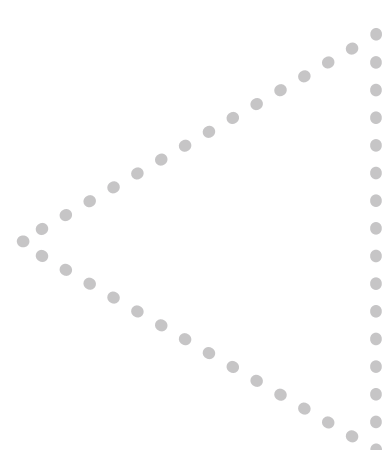
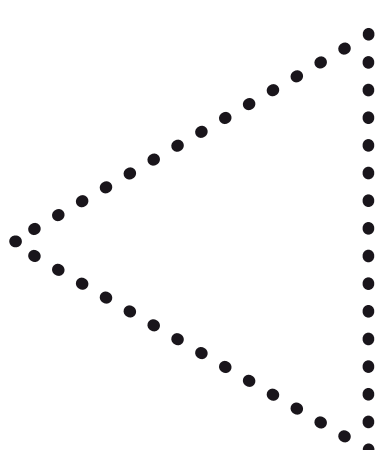
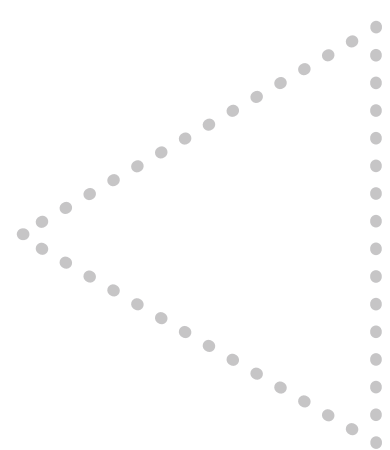
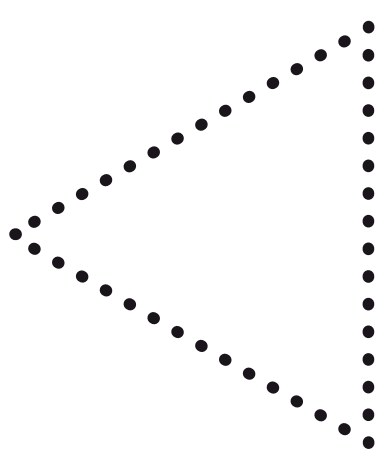
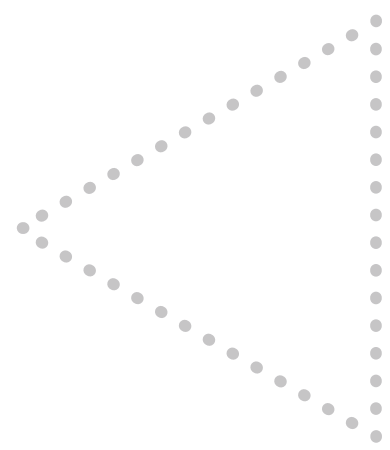
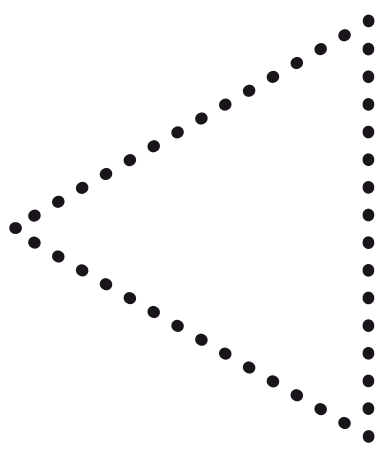
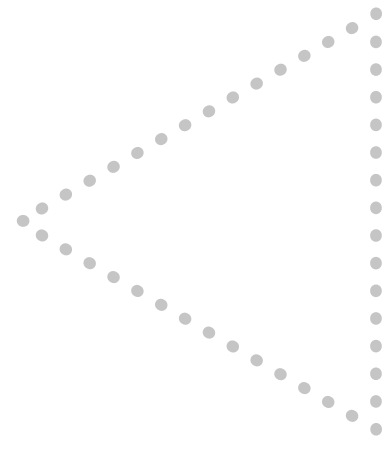
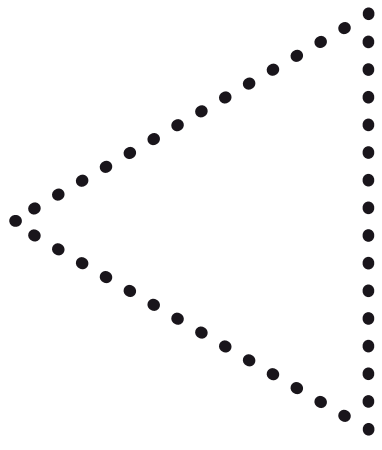


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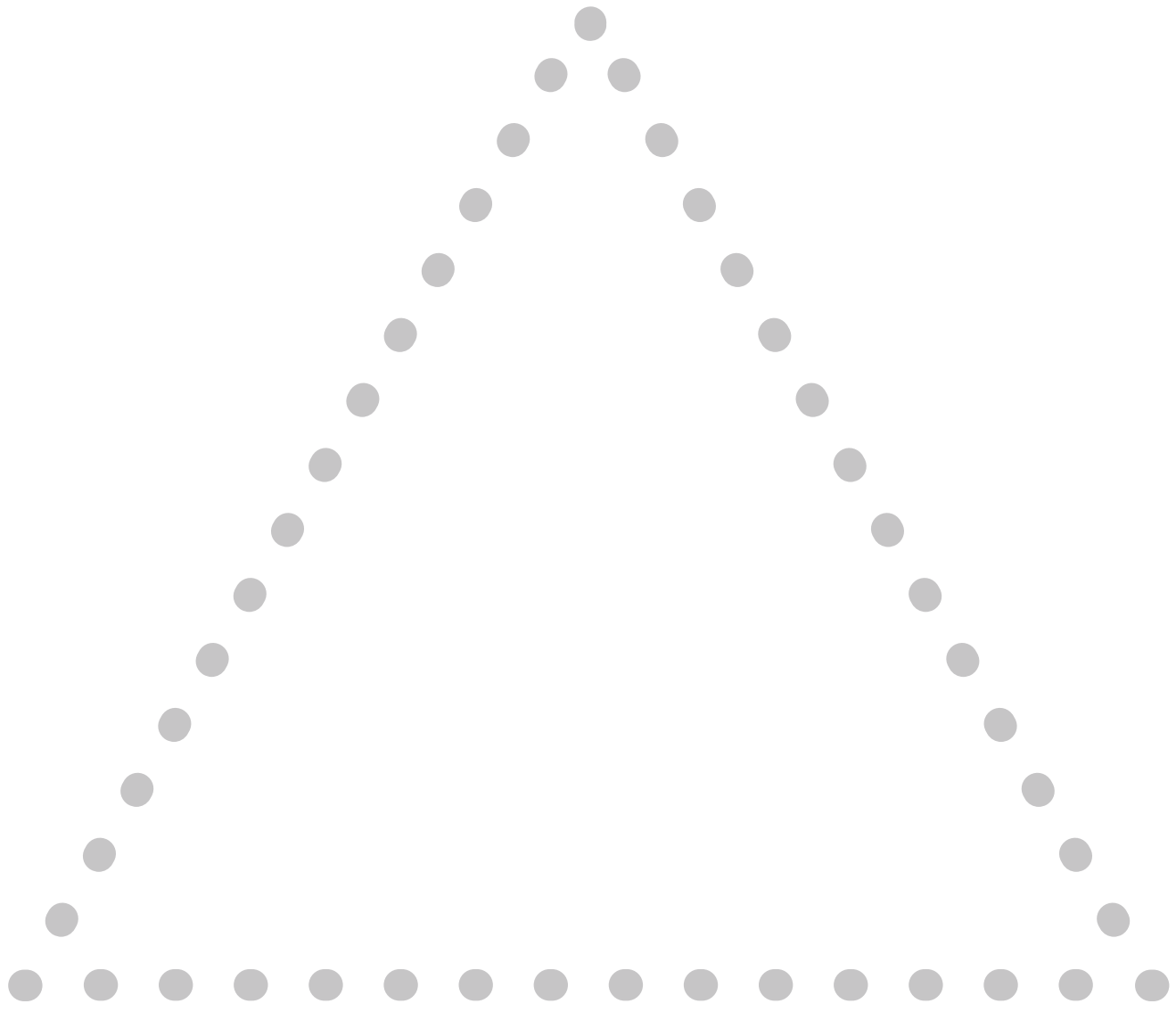


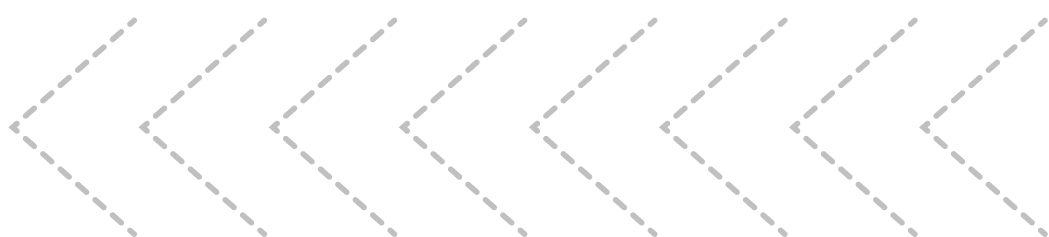
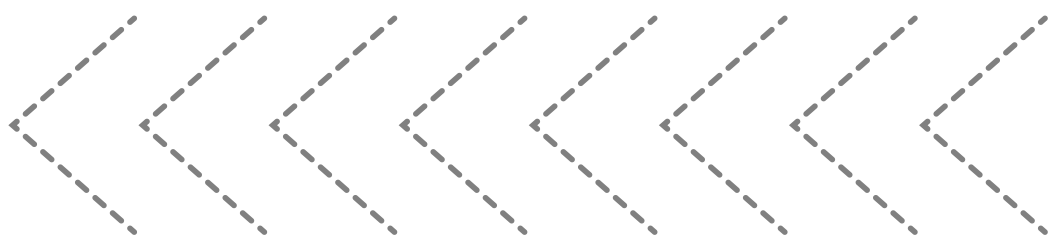
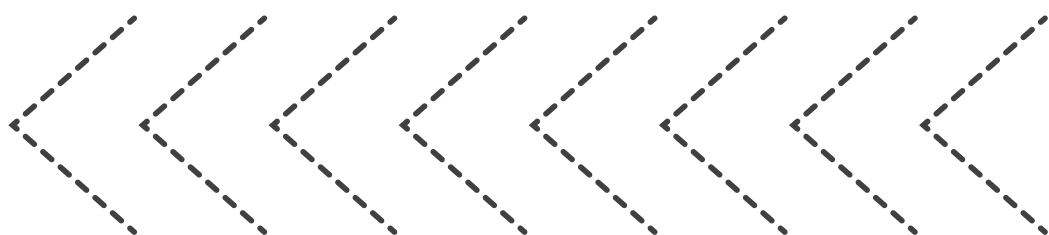
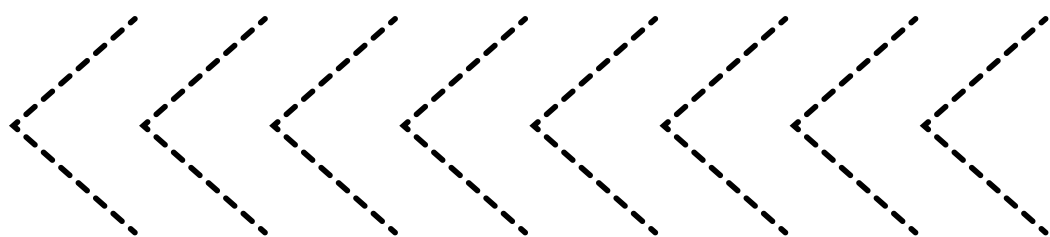
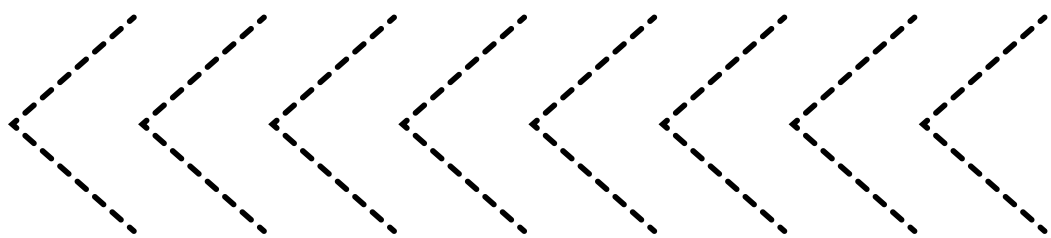


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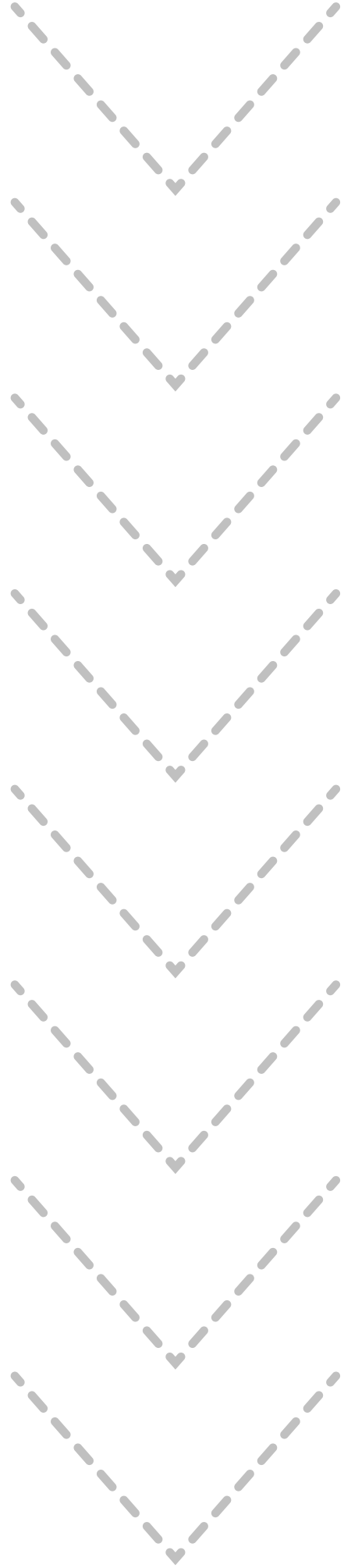
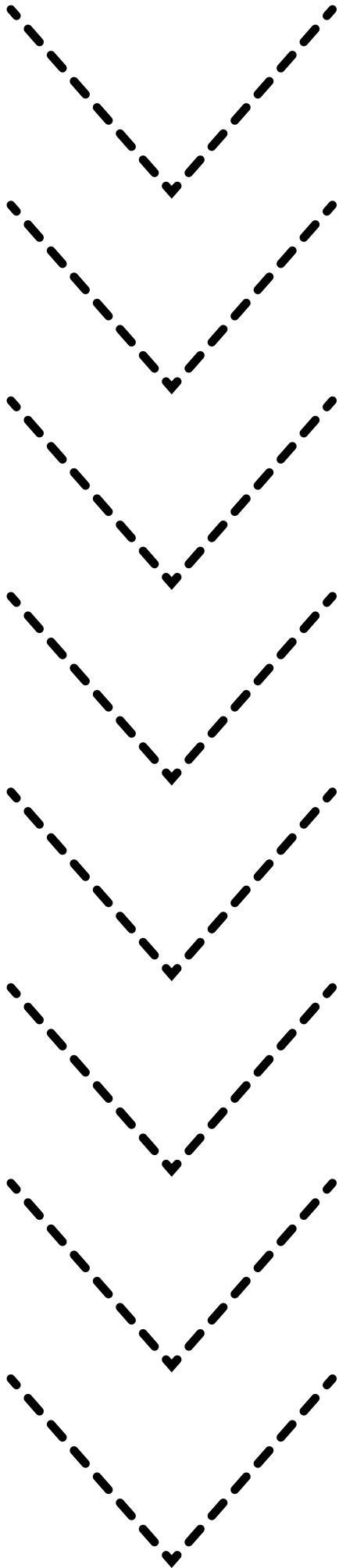


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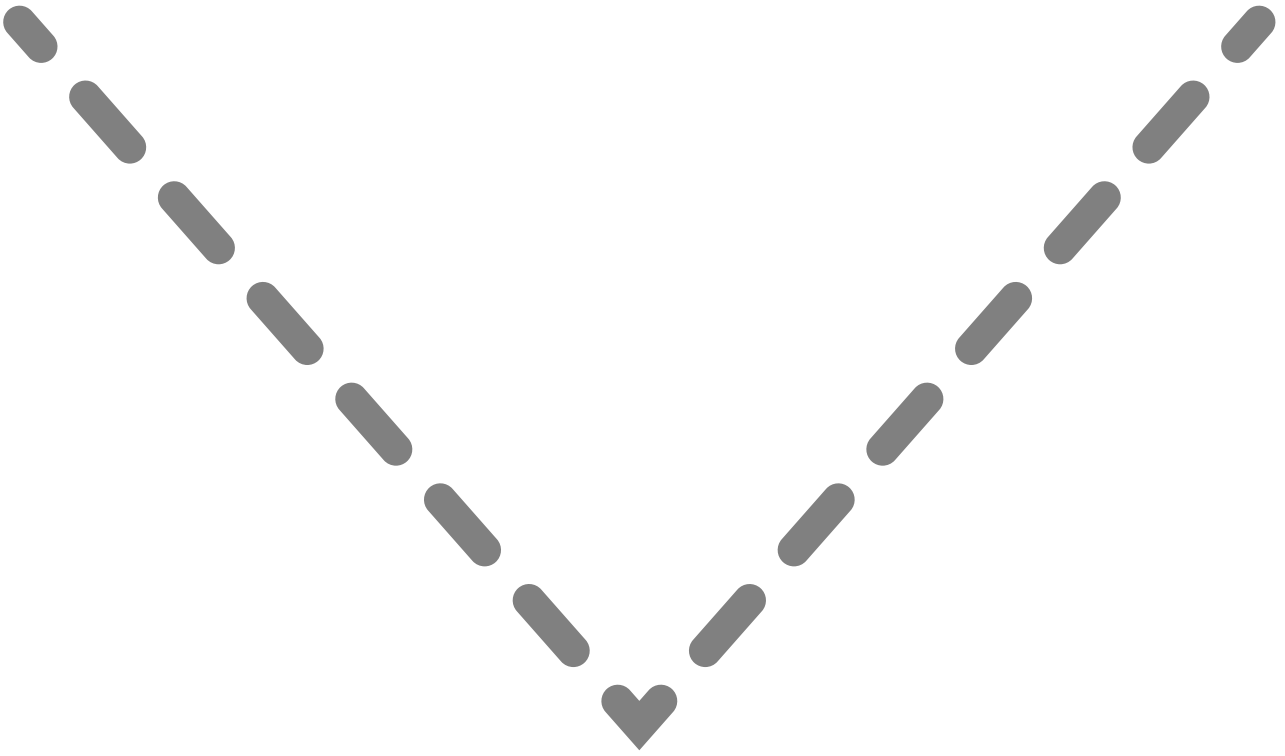




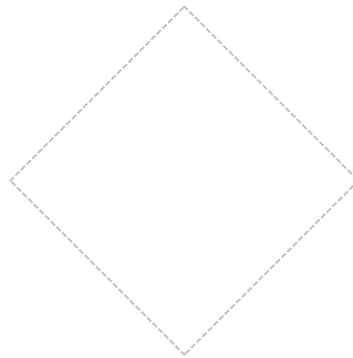
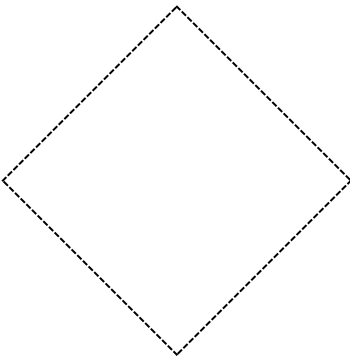
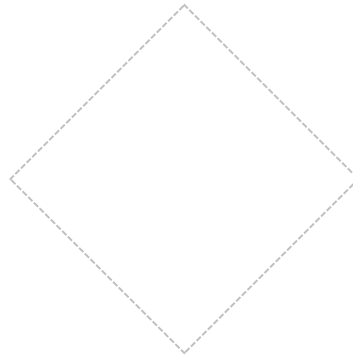
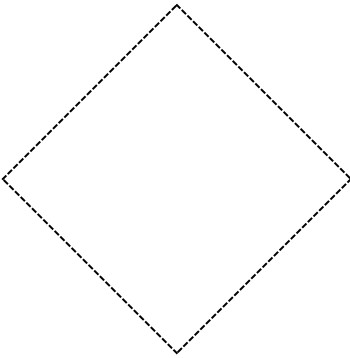
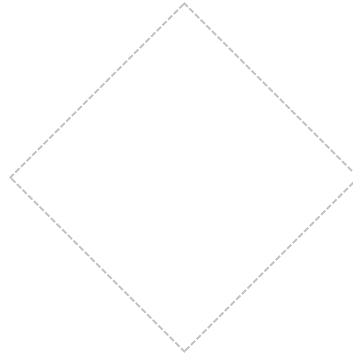
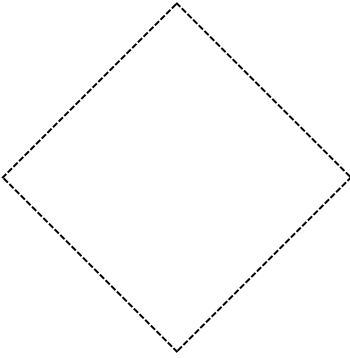
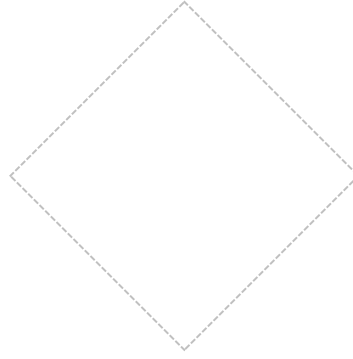
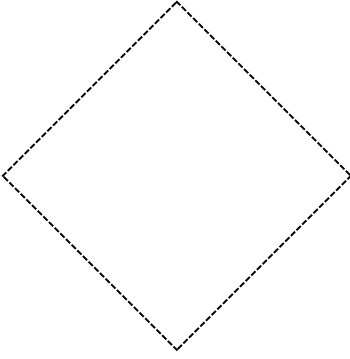
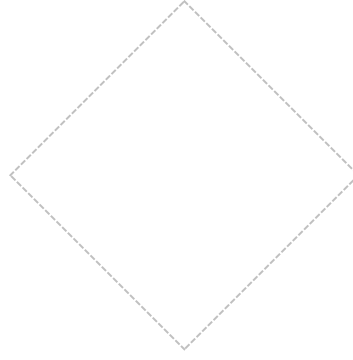
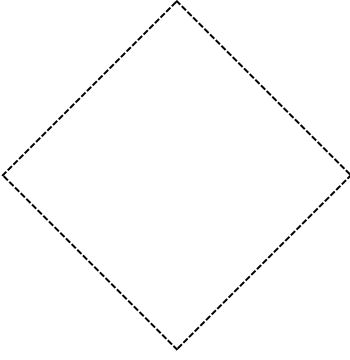
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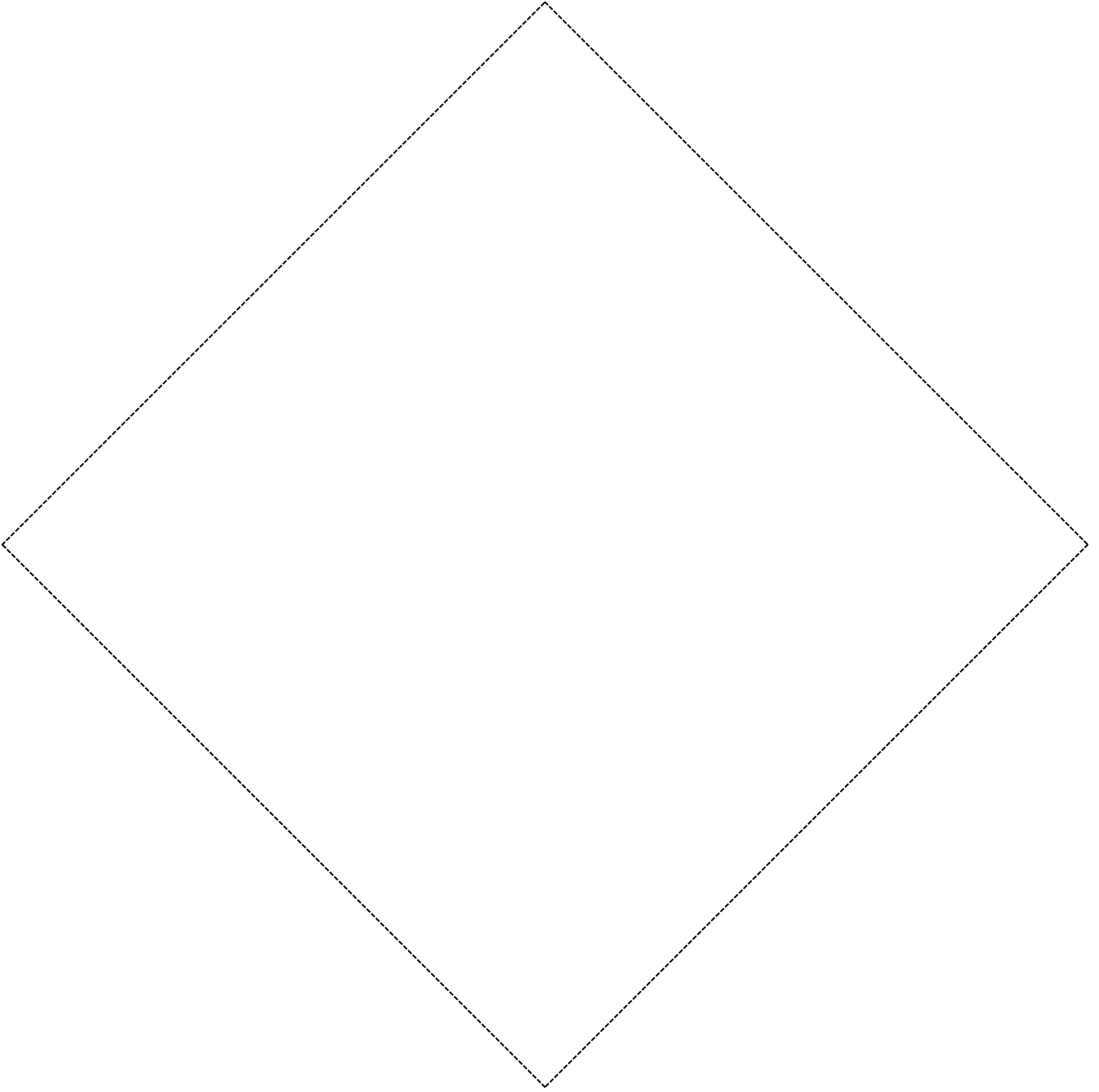
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Visual storyteller Pauline: een rasechte beelddenker met dyslexie. En naast het geven van trainingen en workshops in visual storytelling, maakt ze ook illustraties. Pauline heeft een professioneel verleden in het werk met kinderen met ontwikkelingsachterstanden en jongeren met een beperking. De missie om iedereen zo meer aan het tekenen te krijgen is 12 jaar geleden begonnen. Tekenend zit in iedere cel van haar lijf en tekenen werkt!

“ De combinatie beeld & woord werkt voor iedereen, daar gaat je brein echt van op aan! Door beeld meer te gaan inzetten als communicatietool wordt de wereld voor velen een stuk makkelijker! “

Meer willen weten: www.visualstoryteller-pauline.nl